

# IN THIS ISSUE: Family Focus on... Mental Health over the Life Course

pages F1-F20

"Mental health" is more than the absence of mental illness. It is the balance among the social, physical, spiritual, and emotional aspects of life. Our mental health impacts our choices and our ability to life's challenges.

In this issue, we explore the mental health of interracial couples; poor, rural mothers; noncustodial mothers; infants, and immigrant youth. We also include information on programs that connect families and individuals with mental health resources and mentoring programs.

As always, we welcome your comments.

Next Issue: Family Life Educators

## 2003 NCFR Fellows

he 2003 Fellowship Committee, consisting of Katherine Allen, Larry Kurdek, Alan Sugawara, Harriette McAdoo, and Brent Miller met at the November NCFR Annual Conference in Vancouver, BC and selected four NCFR Fellows for 2003.

The NCFR Fellows were nominated by their peers and selected for their history of outstanding contributions to the field of family studies in such areas as published scholarship, innovative and influential teaching presentations, development and implementation of significant intervention of programs designed to promote healthy family relations, development and implementation of innovative curricula for training professionals in family studies, social policy support for family issues, and a consistent record of superior contributions to NCFR over time.

### THE NEW NCFR FELLOWS ARE:



• William J. Doherty, Ph.D., CFLE, Professor, Department of Family Social Science; Lecturer, Department of Family Practice and Community Health, University of Minnesota; and Director of the Marriage and

Family Therapy Program, University of Minnesota, St. Paul, has significantly contributed to NCFR for over thirty years by serving as President and President-elect, Family & Health Section Chair, member of the Nominating Committee, Program VicePresident, and co-founder of the Men in Families Focus Group. A highly sought-after speaker and presenter, Dr. Doherty is a renowned researcher, therapist/psychologist and community leader. His published works include books, book chapters, and journal articles, and cover a wide range of expertise, most recently *Putting Family First*. Dr. Doherty's award-winning teaching style and contributions to the family field make him most admirable among his peers, students, and the communities he has served.



• Harold D. Grotevant, Ph.D., Distinguished University Teaching Professor of Family Social Science; Adjunct Professor of Child Psychology, Department of Family Social Science, University of Minnesota,

St. Paul, has bestowed numerous achievements upon the family field and NCFR. His research focuses on adoptive family relationships and more than 100 of his articles have been published in journals and books, notably *Openness in Adoption: Connecting Families of Birth and Adoption* (with Ruth McRoy, 1998). Dr. Grotevant is currently serving on the editorial boards of six journals, has been a dedicated member of NCFR for over 25 years by presenting at several conferences, providing leadership for the U of M undergraduate program to become CFLE approved, serves in the Adoption Focus Group, and collaborates

Fellows continued on page 2

## International Year of the Family

In 1994, the United Nations created a proclamation of the International Year of the Family (IYF). The purpose of the proclamation was to raise public awareness of family challenges/needs, guide social policy in family-sensitive directions, and increase the ability to respond to challenges with effective, comprehensive services. The United Nations is currently celebrating the 10th Anniversary of IYF, and NCFR is pleased to participate in this celebration.

NCFR's celebration was officially opened at the November 2003 conference. The celebration began with (a) a flag ceremony introduction and Presidential breakfast for international attendees, (b) an inclusion of international colleagues on plenary panels, and (c) a special presidential forum on international initiatives in family life education. I wish to thank Michael Benjamin, Carol Darling, Cindy Winter, Paul Amato, international colleagues, and NCFR staff for these events.

In collaboration with Michael Benjamin, Cindy Winter, Jay Teachman, and the IYF Committee members, we have generated a proposal of events for 2004. First, a series of notices will be posted in the Zippy E-mail news. These notices may include (a) profiles of international colleagues or American colleagues who

conduct international research/services, (b) invitations/reports on conferences outside the United States, and/or (c) reports on social/ ecological/political/ economic events that have a direct effect on families.

Second, the Affiliated Councils (e.g., local/state/regional affiliate chapters of NCFR) are encouraged to participate. Affiliated councils can participate through events such as guest speakers at local meetings, integration of culturally diverse readings in courses, and/or films that showcase families in other countries. To facilitate such activities, the IYF

Year of the Family continued on page 4

## Report

of The National Council on Family Relations

Mission Statement for the Report:

REPORT, the quarterly newsletter of the National Council on Family Relations, strives to provide timely, useful information to help members succeed in their roles as researchers, educators, and practitioners. Articles address family field issues, programs and trends, including association news.

President: Gay C. Kitson Editor: Michael L. Benjamin Managing Editor: Sasha A. Smith Topics Feature Writer: Nancy Giguere

NCFR Report is published quarterly by the National Council on Family Relations, 3989 Central Ave. N.E., Suite 550, Minneapolis, MN 55421, Fax: 763-781-9348, website: www.ncfr.org.

Third class postage permit.

Report subscription rate: \$20.00 per year; \$5.00 per copy. For bulk rates, call 888-781-9331, ext. 14. Annual membership dues include *Report* subscription. \$15.00 U.S. postage per year postpaid at individual rate.

NEWS DEADLINES: April 5 for June issue; July 5 for September issue; October 4 for December issue.

One copy of any portion of this publication can be made for personal use. Additional reprints of this publication are available by contacting NCFR headquarters at the address above. Bulk rates available.

Copyright © 2004 National Council on Family Relations. All rights reserved.

### **FELLOWS** continued from page 1

with and mentors many graduate students who present at NCFR. It is only appropriate for a member who was elected to serve on the first Fellows Selection Committee to be given this honor.



• Gay C. Kitson, Ph.D., Professor Emeritus, Department of Sociology, University of Akron, is NCFR's current President. Her contributions to NCFR over the last thirty years include

the Annual Conference Program Committee member and Chair, Chair of the 1992 TCRM pre-conference workshop, Treasurer, Appointed Chair of the Executive Director Recruitment Committee, and Chair of the Family Relations review committee. Dr. Kitson is a productive scholar and dedicated teacher whose areas of specialization include sociology of the family, medical sociology, social gerontology, and survey research methods. She has received research grants from the National Institute on Mental Health and the National Institute on Aging, to name a few, that resulted in ground-breaking work on widows, family survivors of violent deaths, and divorce. Her findings have been published in Journal of Marriage and Family and Journal of Family Issues, as well as medical journals. Dr. Kitson encourages

her students to present at NCFR conferences and become members, and lends a guiding hand through the process.



• Karen A. Roberto, Ph.D., Interim Associate Dean for Research, College of Human Science and Education; Director, Center for Gerontology; and Professor, Adult Development

and Aging, Department of Human Development, Virginia Polytechnic Institute and State University, Blacksburg, Virginia, is best known for her contributions to the empirical literature on the family relationships and lives of older women, with a focus on health-related issues. Since 1986. Dr. Roberto has served on the Family Relations Editorial Board. Her work has been presented at several NCFR conferences and she actively participates in regional councils and Sections. Several honors and awards have been presented to Dr. Roberto, particularly the Excellence in Research and Creative Scholarship Award, Sigma Xi from the Scientific Research Society, and the Outstanding Educator Award from the Virginia Association on Aging.

Sasha A. Smith
Report Managing Editor
E-mail: sasha@ncfr.org



## President's Report

## Managing Our Resources and Serving Our Members

continuing question we have in our professional work and as members of NCFR is: What do we know about families and how can that information be used to help family members? Some basic researchers might even ask the question: Should research need to have a practical application beyond contributing to our general fund of knowledge about families?

NCFR's two ends, as stated in the Policy Governance manual (www.ncfr.org), address the organization's position on these issues. The first end states, "NCFR members will have the knowledge and skills to study, teach about, and serve families." The second end says, "Families, professionals, and public decision makers will be better informed about family well-being." The insert on families and mental health in this issue of the *Report* attempts to address these concerns with

one of a continuing series of pullout pages that can be used in working with students or clients.

#### **Mental Health Focus**

Despite the centrality of mental health for NCFR's stated end of furthering information about family well-being, when I did a computer search of the subjects "family and mental health" and "family and wellbeing," I found surprisingly few articles listed as appearing in Journal of Marriage and Family or Family Relations specifically on these topics. With its members in disciplines in the social and psychological sciences, NCFR seems to be especially well positioned to examine such issues in both their social and psychological components. The 2003 2nd edition of John Mirowsky and Catherine Ross's book Social Causes of Psychological Distress (Aldine deGruyter) highlights the duality of social and psychological factors in

mental health. Mirowsky and Ross demonstrate through research based on a representative national sample that over half of the symptoms of depression that the subjects they studied experienced was accounted for by seven social factors: degree of economic hardship, level of education, gender, age, sense of personal control, social support, and mistrust. These same seven factors also played a large role in the distress of those with the highest levels of symptoms, defined in their study as four or more symptoms of depression a day; such symptoms levels generally are linked to psychiatric diagnoses. Even so, this still left about half of the psychological distress the individuals experienced due not to exogenous, or reactive, factors but to endogenous ones such as personality, cognitive style, mental deterioration, chemical imbalances, and, possibly, genetics.

### **How to Manage Our Resources?**

This illustration of the multiplicity of factors that need to be addressed for just the one topic of mental health demonstrates a key issue with which the board and staff of NCFR continually struggle: How should the organization's human (10 staff) and financial resources (a budget of 1.3 million dollars) be used to serve our approximately 4,000 members? There is no easy answer to this with NCFR's basic and applied publications, sections, the affiliated councils, the CFLE program, and family policy initiatives.

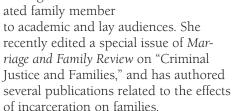
The board will to continue to explore the issue of current and future allocation of resources in the coming year. This will hopefully result in recommendations to the staff of how much time and effort should be applied to each of the two ends that I listed above. As we move forward in this effort, I welcome your thoughts about how we can best use our resources to serve our members and constituencies.

Gay C. Kitson NCFR President E-mail: kitson@uakron.edu

## **New Family Relations Editor**

oyce A. Arditti received her doctorate in Family Studies from the University of North Carolina, Greensboro. Her research interests include family disruption, parent-child relationships, and public policy. Her scholarship in the area of divorce is recognized nationally and abroad and she has published numerous empirical and review articles in therapy, human services, and family studies journals. She serves on the editorial boards of Marriage and Family Review, and Journal of Divorce and Remarriage, and served on the Family Relations' editorial board before her appointment as Editor.

She is a long-time member of the National Council on Family Relations and more recently joined The Academy of Criminal Justice Sciences in 1999. Her current work emphasizes the impact of the criminal justice system on families and she has presented the results of her research on mothers and children visiting an incarcerated family member



Joyce lives in the mountains of Virginia with her husband, son and daughter, and is a hiking enthusiast and avid biker.

Members: Read the Report online! www.ncfr.org

## Journal of Marriage and Family Annual Report

From October 1, 2002, through September 30, 2003, *JMF* received 333 new and 220 revised manuscripts. A decision is pending on 112, or 20.2 percent. Of the remainder, 75, or 13.6 percent, were accepted. The overall acceptance rate was 17 percent. The average time from manuscript receipt to decision letter for new and revised manuscripts was 71.5 days. Only 3.8 percent of reviews requested were never completed.

Between February and November 2003, board members reviewed, on average, 3.8 manuscripts, and 58.4 percent of these reviews were completed within 25 days. Most occasional reviewers completed their reviews within 42 days. We are working hard to raise the average number of manuscripts reviewed by board members to between 6 and 8.

We have rotated 14 of last year's members off the board and have added new members. For volume 66 (2004), 14.3 percent of board members are from outside the U.S. and 14.3 percent are non-U.S. minorities; 52.4 percent are women. This includes deputy editors. Currently, there are 64 reviewers in training.

The supplemental issue to be published in December (2004), *International Perspectives on Families and Social Change*, guest-edited by deputy editor Laura Ann

Sanchez, is shaping up nicely. She received 72 submissions and has invited several papers as well. A subsequent issue, (volume 65, number 4, 2005), will be devoted to theory and methods.

### Making an impact

According to Journal Citation Reports (2002), *JMF* ranked second among 33 family studies journals and fourth among 93 sociology journals in total citations (3,846). *JMF*'s impact factor (the average number of times articles published in 2000 and 2001 were cited in 2002) was 2.030.

In family studies, we were just behind *Family Planning Perspectives*. In sociology,

JMF Annual Report continued on page 5

### **YEAR OF THE FAMILY** continued from page 2

Committee will establish an Affiliate Resource Subcommittee to provide information and recommendations.

Third, family studies departments will be invited to participate in a matching program with departments in developing countries. Colleagues in developing countries are dedicated to family studies, but have fewer resources than their American counterparts. American departments are not requested to financially support the developing country departments. Rather, they are asked to share resources that they no longer utilize (e.g., past editions of books). The matching program is not seen as a unilateral process; colleagues in developing countries have valuable information to

offer their U.S. counterparts. Thus, we hope that colleagues in both countries will communicate throughout the year. An IYF Program Match Subcommittee will coordinate the matching process and serve as a resource to American/developing country departments.

Fourth, there will be two Special Sessions at NCFR's Annual Conference in Orlando (November, 2004). The first session will feature colleagues from the United Nations. These colleagues will discuss the successes and challenges of international family policy/service since the IYF proclamation. The second session will be an extension of the first session. Colleagues will discuss their research on the challenges (e.g., international adoption, family

functioning under war/terrorism conditions, family caregiving, family workplace policies) addressed by the UN panel.

Fifth, NCFR is publishing a special issue of the Journal of Marriage and Family; it will be published in addition to the four regular issues for 2004. The theme is "International Perspectives on Families and Social Change." It is expected that the papers will represent diverse aspects of family functioning across a variety of countries/cultures. The guest editor is Laura A. Sanchez; the submission date for papers has passed. In addition, the Family Focus of the December 2004 Report will be dedicated to "International Family Studies". Given the broad range of international studies and the different nature of the publications, the articles in JMF and the Family Focus will be distinct.

We recognize that this is an ambitious list of IYF events. We do not wish to overwhelm NCFR members, particularly those members for whom international studies is not a particular interest. However, we are trying to showcase NCFR's contribution to the international community and make information accessible to members who might be curious about international family studies. If you have any questions/comments about the IYF events, please feel free to contact me. Thank you for your attention.

Jacki Fitzpatrick IYF Committee Chair E-mail: Jacki.Fitzpatrick@ttu.edu





## Executive Review

## **Public Policy Investment: 2004**

n my first column to the membership back in September 1999, I wrote that "investment in membership services and public policy" would be one of my major initiatives as I worked to carry out NCFR's goals. Now I want to bring you up to date on the public policy portion of that goal!

### Some background

As you may recall, back in 1999 we asked our members what proportion of NCFR resources they thought should be allocated to our two global ends policies:

- EP1 NCFR members will have the knowledge and skills to study, teach about, and serve families.
- EP2 Families, professionals, and policymakers will make family well-being a high priority in decision-making.

At that time, members felt that 75 percent of NCFR resources – both human (staff, members) and fiscal (dues, income) – should be allocated to the first goal, and 25 percent allocated to the second goal.

Three years later, the 2002 membership survey revealed that 60 percent of respondents believed that NCFR should have a stronger public policy presence in Washington. In that same survey, 42 percent indicated that NCFR should have either a paid staff member or a consultant working on our behalf in Washington. In addition, 91 percent indicated that NCFR should continue to develop policy-related products such as the *Family Lens* booklet, fact sheets, and research reports.

### A Capitol office

As a result, we recently opened an office in Washington: 10 G Street, N.E. Suite 700, Washington, DC 20002. This two-person office will provide Margaret Feldman, our Washington representative, and the executive director with an "official home."

In addition, I will request a professional staff person for that office in next year's fiscal budget (2004-05). Having a staff person would allow me to use my time in Washington more strategically. This is

especially important since one of our 2004 goals is to gain recognition by the Department of Labor of the "family life educator" as a job classification at the state and local levels. Having a professionally staffed office would also provide NCFR with more opportunities to network with key Washington policymakers through our contract with Halsey Rains & Associates (see the December 2003 *Report*.)

### **Public Policy and Education Conference**

By now you have received information about NCFR's Fifth Annual Public Policy and Education Conference – "Families at the Crossroads: Economics, Education, Health Care, & Housing" – to be held April 1-2, 2004 in Washington, DC. For the second year, the American Association of Family and Consumer Sciences will be co-sponsoring the conference with us.

We are very excited about two new features of this year's conference: a congressional briefing and a poster session,

Executive Review continued on page 6

### JMF ANNUAL REPORT continued from page 4

we followed American Sociological Review, Annual Review of Sociology, and American Journal of Sociology. Congratulations to Former Editor Robert Milardo for the continuing success of his issues, including the Decade in Review (November 2000).

In conjunction with NCFR, our office has handled four press releases. We were modestly successful, drawing attention from *The Boston Globe*, the *Atlanta Journal-Constitution*, *USA Today*, *SELF.com*, *Ladies Home Journal*, and several radio stations. We will know more about the November press release soon. It has been helpful to have the input of deputy editors Paul Amato, Sally Gallagher, Shirley Hill, Laura Sanchez, and Lynn White in selecting the article to feature.

### **Electronic features**

*JMF* is fully available online via PsychInfo and Sociological Abstracts and all past issues are now available through JStor.

Articles published in 2000 continue to be accessible electronically through Allen Press. Online submission is coming soon!

Thanks to Alan Acock (chair), Cheryl Buehler, Manfred van Dulmen, Larry Kurdek, and Linda Waite, working under the auspices of the Research and Theory Section, for creating an awesome table web site (www.hhs.oregonstate.edu/hdfs/acock/tables/). This site is breaking records and has made a big difference in getting manuscripts ready for publication.

### More reviewers needed

Please send me the names of people you think would be good reviewers or encourage them to sign up on our web site (www.NCFR.com/jmf/become\_review.htm). Although we added 160 people to the database during the last 12 months, we still struggle to get reviewers in some subject areas and especially during some times of the year.

Please suggest new faculty members in your department, doctoral students who have successfully defended their comprehensive exams, the authors of an article you read recently that invigorated your thinking, and so on. These suggestions will be especially useful if they come from those of you who read in journals not known for family-related research.

### A final thank you

Others who have worked hard this year for *JMF* are the 1,432 occasional reviewers, Michael Benjamin and John Pepper from NCFR, Melissa Rodenbeek from Allen Press, and editorial assistants Cheryl Peters and Patricia Meierdiercks. Special thanks to former editorial assistant Jana Meinhold, who is moving on in her graduate work.

Alexis Walker Editor, Journal of Marriage and Family E-mail: walkera@oregonstate.edu

## **Family Relations Annual Report**

hen I became editor of *Family Relations* three years ago, I was committed to refocusing the journal on its revised mission "...articles should be conceived and written with the needs of practitioners in mind." As editor, I interpret this to mean that each manuscript must explicitly identify and thoroughly discuss the implications of the research for practitioners. Here is how we have met this goal:

- All manuscripts published include extensive implications, and reviewers are instructed to make sure their comments reflect this aspect of journal's mission. We have initiated a new category of editorial decision—"rejected without implications." This category includes manuscripts that lack implications for practice or include only limited implications. Manuscripts in this category are not sent out for review, but authors are encouraged to revise the manuscript with the mission of the journal in mind and resubmit it for the review process.
- We commissioned "companion pieces" for several featured articles as a way of extending the implications for practice. Here is an example:
  - 1. Orme, J. G., & Buehler, C. (2001). Foster family characteristics and behavior and emotional problems of

- foster children: A narrative review. *Family Relations*, *50*, 3–15.
- 2. Barth, R. P. (2001). Policy implications of foster family characteristics. *Family Relations*, *50*, 16–19.
- 3. Lindsey E. W. (2001). Foster family characteristics and behavior and emotional problem of foster children: Practice implication for child welfare, family life education, and marriage and family therapy. *Family Relations*, *50*, 19–22.
- We include "Innovative Strategies and Techniques," that specifically address practices appealing to subgroups of the readership such as college educators, researchers, and program developers.
- The associate editors are actively involved in recruiting potential authors and manuscripts from various disciplinary audiences. For example, manuscripts from social work have been solicited at relevant professional conferences, and manuscripts from marriage and family therapists have been solicited at AAMFT. However, our best estimates suggest that manuscripts received from these sources will be initially categorized as "reject, no implications;" followed by a positive response after we invite the authors to revise and resubmit with implications explicated.

• Dr. Lynn Blinn Pike resigned as the Associate Editor for Books and Materials effective April 1, 2003. She was replaced by Dr. Wallace Goddard. He, too, is a state specialist in extension and a CFLE, with a history of strong contribution to such reviews in the past.

### **Manuscripts and impact**

We have published fewer manuscripts since 2000, when the total was 50. In 2001, 2002, and 2003, we published 41, 41, and 42 manuscripts respectively. This occurred even though we worked hard to increase the number of published pages in 2003. January 2004 included 119 pages of text.

Of concern is the reduction in the impact factor from .888 in 1999 to .545 in 2002. Clearly, since 2001 there have been fewer manuscripts published; thus, there are fewer to cite. However, we are not sure that this is the only reason for the reduced impact. It is also possible that our commitment to practice rather than pure research is another factor.

It also possible that social workers are less interested in implications and less likely to include our citations, thus affecting our status in social work category of journals. In addition, the number of potentially competing journals has increased, which means that authors have more places to submit manuscripts. For example, *Journal of Family Psychology* has adopted a strong clinical focus. *Fathering: A Journal of Theory, Research and Practice About Men as Fathers* will likely draw potential manuscripts from *FR*, as will the new *Journal of Homosexuality and Families*.

Special collections and/or special issues continue to be a part of the *FR* tradition. In October 2003, we published "Controversies, Clarifications, and Consequences of Divorce's Legacy" co-edited by Dr. Sanford Braver and Jeffery Cookston. This collection has received media attention, and we anticipate the manuscripts included will be widely cited and become required reading by students, budding scholars, and seasoned professionals.

### Improved review process

One of our goals for 2003 was to reduce the time required by the review process. We have successfully done so. Currently

FR Annual Report continued on page 8

### **EXECUTIVE REVIEW** continued from page 5

which will both take place during the April 1 "Day on the Hill." The day will begin with a continental breakfast during which NCFR members will brief members of Congress and their staff, the press, and the public on issues related to military families. In addition, NCFR and AAFCS members will present their research to policymakers through a peer-reviewed poster session. A Capitol tour and visits to congressional members will follow.

On Friday, April 2, we will present four plenary sessions: Economics and Families, Education and Families, Housing 2004, and Healthcare and Families.

### **New fact sheets**

We will continue to produce fact sheets with recommendations for policy outcomes. These fact sheets are educational, research-oriented, and brief. Since marriage formation is a highly political issue this year, one of the first fact sheets will be on this issue. Other fact sheets planned for 2004 will focus on military families and immigrant families – both "hot topics." We have both development and review teams in place to ensure that these policy-related documents reflect the best thinking of NCFR members.

### New policy briefs

With support from the Annie E. Casey Foundation, we are planning two policy briefs. These are longer than the fact sheets — four pages instead of two. The briefs will focus on the theme of our 2004 annual conference in Orlando: *Inequalities and Families*.

As always, I welcome your comments.

Michael L. Benjamin, M.P.H. NCFR Executive Director E-mail: mbenjamin@ncfr.org



## CFLE Directions

## Family Life Education Careers Booklet Now Available! Single copies are FREE



CFR is very excited to announce a new publication, Family Science: Professional Development and Career Opportunities. Prepared by NCFR Project Director Laura Eiklenborg with the aid of a number of NCFR members, the booklet provides both students and potential students with the information needed to contemplate and navigate their academic training in the family sciences, while fully preparing for their professional career. The booklet includes the following information:

Family Science and the National Council on Family Relations - A Key to Your Future

### Family Science as a Discipline and Profession

Family Science Family Specialties

### Family Science: Capitalizing on an Undergraduate Degree

Training Specific to Family Science Additional Experiential Opportunities

### Family Science: The Graduate Path

Research, Teaching, or a Clinical Career? Selecting a Graduate Program

### Family Science: Career Opportunities

Career Opportunities for Graduates with a Bachelor's Degree Career Opportunities for Graduates with an Advanced Degree

### The Certified Family Life Educator

Certification Abbreviated Application Process Benefits of Certification FLE Career Opportunities

### Ethical Principles and Guidelines for **Family Scientists**

### National Council on Family Relations

About NCFR Student Affiliate Councils NCFR Section Membership Student and New Professional Membership in NCFR

References

"I'm thrilled to finally have a resource that I can distribute to prospective and current family science students which clearly articulates the distinct nature of family science as a discipline. This publication provides a concise overview of the discipline of family science, offers valuable insights for maximizing both undergraduate and graduate school experiences in the discipline, outlines the field's guiding ethical principles, exemplifies the multitude of career options for family professionals, delineates the unique benefits of becoming a Certified Family Life Educator, and highlights the value of professional affiliation in an organization like NCFR. I plan to maintain a supply of this publication in my office for multiple uses!"

Raeann R. Hamon, Ph.D., CFLE Professor of Family Science & Gerontology Chair Department of Human Development & Family Science - Messiah College

Individual copies of Family Science: Professional Development and Career Opportunities are FREE. Multiple copies are available as follows:

2-49 copies \$1.00 each 50+ copies \$ .75 each An additional discount is available for orders over 500.

The response to Family Science: Professional Development and Career Opportunities so far E-mail: dawn@ncfr.org

has been excellent. We've received numerous orders in the hundreds by schools distributing them to all their family science students. Contact Lorna at lorna@ncfr.org or by calling 888-781-9331 x 14 to order.

### The submission deadline for the Spring 2004 CFLE Review is March 3, 2004.

Dawn Cassidy, M.Ed., CFLE Certification Director

### CERTIFIED FAMILY LIFE EDUCATORS

Following is a list of Certified Family Life Educators designated since October 15, 2003. (\* - Provisional)

Alabama

Emily Schulz

Florida

Denise Blanton Janine Kirk Ellen Palumbo DeMatos Victoria Scataglini

Carol Hampton \*

Kansas Laura Brooks \*

Kentucky Mixon Ware

Louisiana Rosalind Dumesnil Michigan Nina Bingle Robin Groat \* Israel Kafeero Mary Karabetsos \* Benjamin Schlenker \*

Tommy Standen Lawrence Wood \*

Minnesota Erin Bluhm \* Brad Fiksen \* Jackie Mosqueda Lynn Roberts \*

Mississippi Carla Stanford

Missouri Sheila Miller \* New Mexico Maria Flores Nevada

Elizabeth Donahoe Jeanne Hilton

North Carolina Erin Swinson \*

Ohio

Kathy Berry \* Christina Bowman \* Colleen O'Malley ' Jennifer Sackett 7

Oregon Susan George Jessica Miller \*

Pennsylvania Holly Blattler \* Deborah Herman \* Texas

Deborah Cashen Christine Schroeder

Utah

Bryan Ramboz David Schramm \*

Virginia Amy Pearson \*

Wyoming Lori Burton \*

Canada Giselle Goetze \*

Japan

Izumi Yamashita \*



## Members in the News

## Spotlight on S/NP Professional Activities: Dr. Elise Radina

r. Elise Radina studies roles of women in familial and social relationships within the specific context of their own, a family member's, or friend's illness experiences. She has particular interest in investigating cultural influences on these experiences.

Dr. Radina's dissertation research examined the processes of preparation for the role of caregiver for aging parents among Mexican American caregiving siblings. Using qualitative methods and template analysis, she interviewed Mexican American adult sibling pairs about individual-

and family-level processes of decisionmaking, caregiver selection/designation, anticipation of potential caregiving responsibilities, and planning for future care needs. Central findings of the study were that a) caregivers' expressed the

Dr. Elise Radina continued on page 9



50 percent of manuscripts are completed within 70 days of receipt, down from a median of 83 days in 2002. The time needed for second reviews is down from a median of 78 days in 2002 to 67.5 days in 2003. Third round reviews required a median of about 20 days in both 2002 and 2003

These changes reflect the efforts of reviewers and editorial board members to turn reviews around more quickly. It also reflects the increase of editorial assistance provided by an advanced undergraduate student who receives a small stipend to help coordinate reviews.

Another goal for 2003 was to reduce the crude acceptance rate and to reject outright manuscripts with little chance of acceptance after the revision process. We have done so successfully, and our current crude acceptance rate is now 16.5 percent.

### **Garnering submissions**

Our goal this year was to increase the number of submissions, but we did not succeed. To garner more submissions, we continued to review the programs of professional meetings to identify potential authors and invite them to submit their manuscript. We do not have the staff to track the number of submissions that result from these invitations.

As noted earlier, the associate editors also have continued their efforts to attend conferences of other professional organizations to which they belong — for example, SRA, AAMFT, and AFT. There they advo-

cate on behalf of *FR*. From the informal feedback we have received, their personal contact with authors has more impact than a letter from the editorial office. These efforts have not, however, resulted in a substantial increase in submissions.

### Operating budget

NCFR has continued to provide support for operating the editorial office, support that has increased over the period. The University of North Carolina at Greensboro also has continued to support the operation of the editorial office at a level substantially above that provided by NCFR.

### **Future efforts**

We ended 2003 with a special collection with an emphasis on marital education edited by associate editor Dr. Jeffry Larson. We have scheduled a fifth issue for March 2004. This special issue, "Lowincome and Working Poor Families: Realities, Needs, and Recommendations," is the result of the three study groups funded by Annie E. Casey Foundation in 2002. It was co-edited by Dr. Patricia Dyk, a member of the editorial board.

In 2003 we expanded the editorial board from 56 to 64 members. We continue to ask excellent reviewers to serve on the board. Our hope is that this expanded membership will result in more applicants when NCFR is seeking future editors for the journal.

2004 represents both the end of my term as editor, as well as the transition year for a new editor. FR will also begin using an electronic manuscript submission and

monitoring system (ScholarOne). In addition, we will begin working with a new publisher, Blackwell Publishing.

### **Recommendations**

- The editor and the entire editorial team must remain vigilant to exclude manuscripts that fail to address the journal's mission. At the same time, we should generate good will through a diplomatic approach that socializes authors to the mission through the use of the "rejected without implications" category.
- We need to re-engage those writing about family-related issues during later adulthood and old age. Between 1997-2000, FR published 41 manuscripts 21 percent of the total that addressed these issues. Since 2001, however, only 10 manuscripts with this focus have been published.
- Members of the editorial board should be encouraged to serve more actively as ambassadors for FR. This will increase the likelihood of additional submissions. We have prepared a flyer that can be reproduced and made available to members to distribute at other professional meetings. In addition, NCFR could provide small stipends to board members to support this effort.
- We need to make a greater effort to understand why the reduction in the impact factor has occurred and to identify how we can improve our rating.

Kay Pasley Editor, Family Relations

E-mail: bkpasley@office.uncg.edu



## Annual Conference



## NCFR Conference Provides Great Experiences for Universities and Colleges

he university/college is the heart-beat of the community where they are located. Typically the research sets the stage for outreach programs to help the community. It also serves as the cultural center with concerts, lectures, and workshops. Young people - the future leaders of the world - are trained at universities and colleges and frame the future of the world. Yes, universities and colleges play an important role for our nation. Approximately 70% of NCFR members work in a university or college setting.

## Bring Your Students to the Conference

With the importance of the role of education, we invite professors to bring your students to the NCFR Annual Conference to augment their experiences at college. Many of NCFR leaders today attribute their involvement in NCFR to the wonderful experiences they had as students when they attended our conference and the mentoring provided by their professors. NCFR is pleased to welcome students to the conference.

Let me give some examples of some professors who have provided a way to bring their students to NCFR conferences.

■ Chloe Merrill, Weber State Univ., Utah, consistently brings at least 20 students to NCFR. They have bake sales and other fund raisers to give financial assistance to the students. Her students have really appreciated their experiences as student aides, meeting leaders in the family fields,

Conference continued on page 10

### DR. ELISE RADINA continued from page 8

opinion that caregivers and care recipients should be of the same sex (i.e., female care recipients and female caregivers), b) contrary to expectations based on culturally-based familial interactions, implicit decision-making strategies did not dominate decision-making among these families, and c) many family members used the activity of anticipatory talking to establish a foundation for future family decision making and planning.

### **Donations**

The following person has made a donation. Her generosity aids NCFR in continuing its programs and awards.

CFLE Program
Sara Kay Smullens – Philadelphia, PA

For more information on contributing to NCFR, contact:

Michael L. Benjamin, NCFR Executive Director 3989 Central Ave. NE, Suite 550 Minneapolis, MN 55421 Toll free: 888-781-9331 ext. 21 or mbenjamin@ncfr.org Dr. Radina also investigates the experiences of breast cancer survivors and their families. Using largely qualitative methods, she studies the ways in which breast cancer survivors, in particular those who have developed post-breast cancer lymphedema (the buildup of lymph fluid in the arm following damage to the lymph nodes often a result of breast cancer treatments), renegotiate their social roles with family members, friends, and co-workers. In addition, Dr. Radina has begun exploring the ways in which mothers' breast cancer experiences influence the subsequent family roles (e.g., caregiver, information source, and cheerleader) and personal and familial experiences of their adult daughters. Dr. Radina is also beginning work examining the largely understudied experiences of Latina breast cancer survivors.

Building upon her previous work, Dr. Radina is designing a larger-scale study to examine the long-term impact the

cancer experience has on rural, familial caregivers of survivors. Rural communities present a unique context in which to study cancer caregiving, as social stigmas often associated with cancer and limited access to caregiving resources in rural areas may influence caregiving experiences. Also, rural caregivers are particularly vulnerable to isolation and negative outcomes (e.g., burden, stress). Thus, this research will be essential to identify factors (e.g., attitudes toward caregiving, coping mechanisms) that may help rural, cancer caregivers achieve positive outcomes and to develop specialized social services programs for these caregivers.

Dr. Radina received her Ph.D. in Human Development and Family Studies from the University of Missouri in 2002 and is an assistant professor of family services in the Department of Design, Family, and Consumer Sciences at the University of Northern Iowa.

Thanks to Michael Benjamin, Executive Director of NCFR, the exciting work of one NCFR Student or New Professional will be highlighted in each NCFR Report. If you know of a Student or New Professional who is conducting exciting work (basic or applied) in the area of children and families, please contact Adriana Umaña-Taylor (umana@uiuc.edu). Self-nominations are welcome!

## **NCFR Awards Bestow**

## **Opportunity to Honor Outstanding Colleagues**

Liver since NCFR was established in 1938, we have had many leaders in the family field who have distinguished themselves because of their outstanding work to help families. NCFR boards wanted to recognize the accomplishments of these men and women and established awards in their honor or memory. Many members donated money to build funds to a level that awards can be given every two years.

Being selected for one of these awards is a high honor. Surely you know some of your colleagues who are worthy of these honors. If you do, fill out a nomination form, ask 3 other colleagues to write letters substantiating the worthiness of the candidate, and **send to the NCFR office by April 15, 2004**. A nomination form is enclosed in the *Report*. (There are a few awards with different deadlines - check the awards form for details.) Selection teams will score the nominations and choose the winners of the awards.

Awards that will be given this year include:

- Ernest Burgess Award for a distinguished career in Research
- John McAdoo Dissertation Award to provide support in the amount of \$1,000 for the completion of an ap-

proved doctoral dissertation with a focus on issues related to families of color

- Marie Peters Award recognizing distinguished scholars, researchers, and practitioners who have made a significant contribution in the area of Ethnic Minority families
- Jan Trost Award recognizing Outstanding Contributions in Comparative Family Studies
- Two Jessie Bernard Awards recognizing a graduate student/new professional who has demonstrated excellence in research and potential contribution to feminist scholarship and recognizing a graduate student/new professional who has published or is about to publish a paper using feminist frameworks and methodologies in research
- Ruth Hathaway Jewson Award given to fund the best Family Studies dissertation proposal submitted by a doctoral candidate
- NCFR Student Award given to an NCFR graduate student member who has demonstrated excellence as a student with high potential for contribution to the field of family studies
- Anselm Strauss Award recognizing outstanding qualitative family research.

The **Reuben Hill Award** was given to the author(s) of the best research article for 2003. There is a separate committee that analyzes the articles in all the family journals. There are no nominations for this award.

There is another award that can be given at any time: The Mary Jo Czaplewski Fellowship Award given to fund additional training in Administration for a NCFR member who is making a midcareer change to Administration.

We encourage you to show your support for the award winners by attending the **Awards Ceremony and Presidential Address** given by NCFR President **Gay Kitson** during the NCFR Annual Conference.

Take time to read through the brochure and nominate someone this year.

### **CONFERENCE** continued from page 9

learning from the sessions, networking with other students through the activities and sessions led by our Students/ New Professionals headed by Adriana Umaña-Taylor and Jennifer Parker.

- Kay Pasley, Univ. of North Carolina-Greensboro, works with her grad students throughout the year as they together prepare proposals, plan their paper or poster presentations, and arranges networking opportunities for them with NCFR leaders at the conference. What is the result of all this work? Several of her students are now leaders in NCFR. One of them is president of a state affiliate, and doing a great job.
- Sharon Price, Emeritus Professor, Univ. of Georgia, always worked with her students, helped them prepare dynamic presentations, arranged for networking opportunities prior to the conference, and taught her students and others how to prepare for interviews. Many of her students are now leaders in NCFR.
- Stephanie Coontz, Evergreen State College, Washington, gave all of her students in one of the classes the opportunity to come to NCFR last year. She used a grant to supplement their expenses to make it affordable for all of them. About 3/4 of her class took advantage of this offer. Some of

the students worked as student aides-including picking up plenary speakers at the airport. Stephanie told me that her students were ecstatic about their experience at NCFR. She said that this experience motivated some of the students to now work in the family field - a decision they hadn't made before.

These are just a few of the testimonials we have heard throughout the years.

You will find that NCFR offers more services for your students than most professional associations. Here are some opportunities.

Student Aide positions at the Conference enable students to have half of their registration fee refunded when they work for 8 hours. Students enjoy meeting professionals as they work at registration, the employment matching service, the Hospitality Center, the Exhibits, door monitors who sign forms for those who are getting APA and NASW continuing education credit, etc. The Student Aide's Chair this year is Dr. Margaret Crosbie-Burnett, Box 248065, Dept. of Educational and Psychological Studies, Univ. of Miami, PO Box 248065, Coral Gables, FL 33124-2040. E-mail: mcrosbur@miami.edu. Fill out the Student Aides Form and e-mail Dr. Crosbie-Burnett before September 1, 2004.

Conference continued on page 11

### **CONFERENCE** continued from page 10

- Special registration fees for graduate and undergraduate students. See the NCFR website www.ncfr.org for details.
- Students are encouraged to submit proposals for the conference. These proposals are blind reviewed the same as those submitted by seasoned professionals.
- Special student housing rates are available at the Conference Hotel. Check the NCFR website: www.ncfr.org under Student Services for details.
- Mentoring sessions sponsored by NCFR Students/New Professionals. There are round table sessions on topics that are geared especially for every-
- thing students and new professionals are going through as they work toward their degrees. There is also a "how to" session each year. Some of the topics in the past have included: "Ima Lookin" -Entering the Job Search," and "Passing the Torch: Feminist Mentoring of Graduate Students." Another very popular activity is the Networking Sessions over the noon hour. There are light refreshments, prizes, and discussions led by some NCFR leaders.
- Look for a job at the Employment Matching Service at the Conference. You can fill out an application form and look for a position in which you are interested. When you see a job, you can leave a message, and make

arrangements for an interview with the university representative during the conference. Check the NCFR website: www.ncfr.org, in the latter part of the summer for details.

### Market Your Department and Recruit **Students for Your Program**

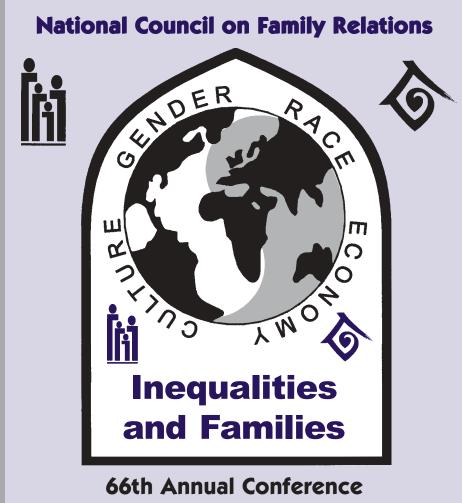
- One of the most popular networking events at the NCFR Annual Conference is the **All-University Receptions** on Friday evening, November 19. We invite you to participate. Some department chairs have told us that this is a great way to spend recruiting dollars. Your alumni will come back to see their colleagues, and tell new students what the program offers. NCFR offers this service to you at a low cost of \$50 to cover the administrative costs. After you sign up, the NCFR staff will send menus and work with you in planning, and we do the rest of the work for vou. Your department will be billed for the cost of the food plus the \$50 administrative fee approximately 3-4 weeks after the conference. Contact Cindy Winter, Conference Director (cindy@ncfr.org) for details.
- Reduced prices for a Display in the NCFR Exhibits. Contact Lynda Bessey (e-mail: lbessey@ncfr.org) for details.
- Look for people to fill your faculty positions at the Employment Matching Service at the Conference. You can advertise your position for a low price, and search for candidates. When you see someone that could fit the position, you can leave a message, and make arrangements to conduct an interview during the Conference. Check the NCFR website: www.ncfr.org, in the latter part of the summer, for details. Many departments have filled their positions from the candidates they interviewed at the Employment Matching Service.

We encourage university personnel to begin planning now to come to the NCFR Conference and maximize your professional experience.

Cindy Winter, CMP Conference Director E-mail: cindy@ncfr.org

Jay Teachman

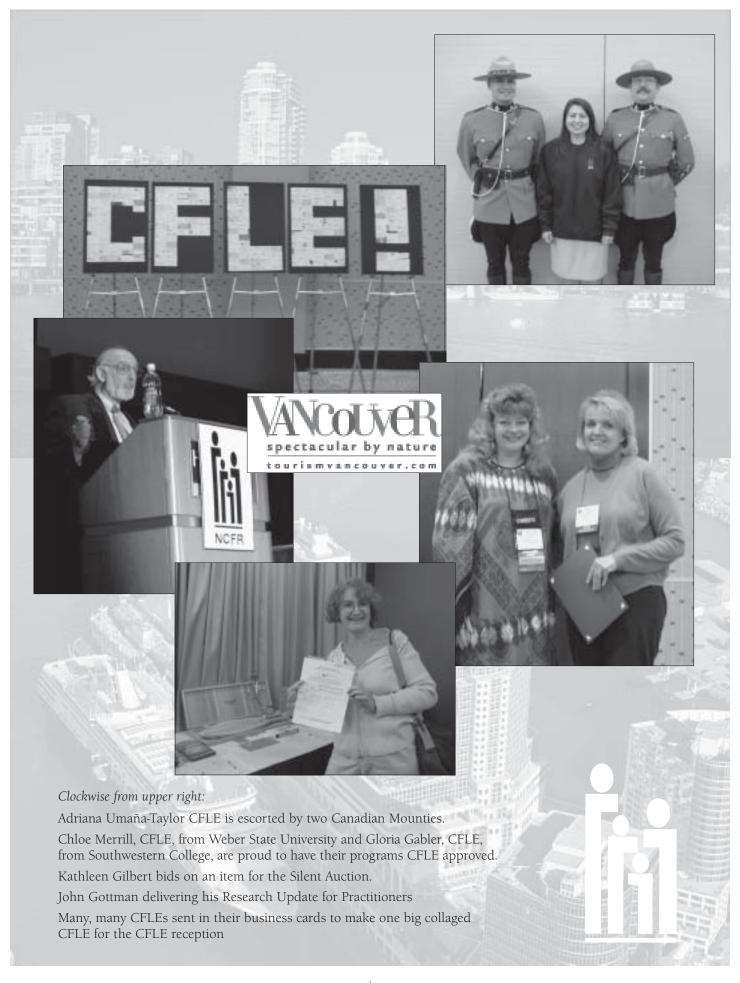
Program Chair E-mail: teachman@cc.wwu.edu



November 17-20, 2004

Pre-conference Workshops November 15-16, 2004 Rosen Centre Hotel, Orlando, Florida

Program Chair: Jay D. Teachman, Western Washington University



## Students: Assist at the NCFR Conference and Have Half of Your Registration Fee Refunded!

ome of the greatest times for students at the NCFR Annual Conference is with the **Student Assistant Program**. Think of the useful hands-on experience you will gain as you work behind the scenes and meet some of the leaders in the family field as you are at your posts. Many NCFR leaders started as Student Assistants (ask **Adriana Umaña-Taylor**, NCFR Students/New Professionals Representative about her experiences as an Assistant). **Students who work 8 hours qualify for a refund of half their registration fee**. (Refund checks are mailed approximately 2 weeks after the conference).

DO NOT SEND IN THIS FORM UNLESS YOU ARE PLANNING TO ATTEND THE CONFERENCE AND FULFILL YOUR COMMITMENT TO WORK. You will not be assigned a position unless we have your commitment in writing.

Accommodations for physical limitations will be made whenever possible. You will receive notification of the status, position, and scheduled times you are to work by October 1, 2004. You must return the acknowledgment form to Dr. Margaret

**Crosbie-Burnett, by October 10.** If your acknowledgment form is not returned to Dr. Crosbie-Burnett by that date, your name will be removed from the list immediately, and the assignment will be given to another student.

### What are the Responsibilities of a Student Assistant?

- Acquaint yourself with the conference program BEFORE coming to the conference so that you are able to answer questions.
- Check in at the Student Assistants desk before your assigned work time and be at your work station 15 minutes early for orientation and instructions.
- Be willing to do any tasks necessary for the smooth operation of your assigned project and the conference as a whole.
   (Note: Some positions may include moving boxes and audiovisual equipment.)
- Turn in your signed work form to the Student Assistant desk by Saturday, Nov. 20, 5:00 pm, to receive your refund. Those who do not turn in forms will not receive the refund check.

## STUDENT ASSISTANT FORM SUBMISSION DEADLINE: DEADLINE SEPTEMBER 1, 2004

Name			School		
Address					
		_ State/Province		Zip/Postal Code	
Phone(include area code) Day			Night		
		E-mail			
	<u>eas</u> in which you woul				
☐ No Preference	☐ Student Desk	Local Information	☐ Workshop Regist	ration	
Assist with check-in for Continuing Education verification Registration Exhibits					
Liaison for emergencies, AV set-up, door monitors, audio taping					
work because of ot	her commitments. A t	able to work (1 is top otal of 8 hours is required times, but it may be	red; you must work a	minimum of 4 hours	
Have you submitte giving a presentation	1 1	nnual Conference?	Yes No (We will	not schedule you to	work when you are
Mon., Nov. 15	Tue., Nov. 16	Wed., Nov. 17	Thurs., Nov. 18	Fri., Nov. 19	Sat., Nov. 20
afternoon	morning	morning	morning	morning	morning
	afternoon	afternoon	afternoon	afternoon	afternoon
	evening	evening	evening	evening	evening

Complete this form and return by SEPTEMBER 1, 2004, to:

**Dr. Margaret Crosbie-Burnett**, Box 248065, Dept. of Educational and Psychological Studies, Univ. of Miami PO Box 248065, Coral Gables, FL 33124-2040

E-mail: mcrosbur@miami.edu. E-mail is preferred.



## **Section News**

### **Family Science Section**

he 16th annual Teaching Family Science Conference sponsored by the Family Science Association will be held June 16-19th in West Yellowstone, Montana at the West Yellowstone Conference Hotel. This year's theme is "Sharing Information about International Families Through Teaching and Research." Most conference sessions are interactive and about 40 minutes in duration.

The conference is open to all who teach about families and who have an interest in family science education at the university or secondary level, persons who do informal education, extensions professionals, and students. The conference is co-sponsored by the Family Science Association and the Education and

Enrichment and Family Science Sections of the National Council on Family Relations. Conference attendees do not have to be members of the sponsoring organizations.

To register, please send a check for the registration fee of \$160 (non FSA members) or \$120 (FSA members) made out to FSA/NCFR, along with your name, address and e-mail by April 9, 2004 to Dr. Sandy Bailey, Conference co-chair, Department of Health & Human Development, 316 Herrick Hall, PO Box 173540, Bozeman, MT 59717-3450.

The conference will start on Wednesday June 16 at 1 p.m. and end on Saturday, June 19 at 2 p.m. The registration fee

includes a light dinner on the 16th, breakfast and lunch on the 17th and 18th, a chuck wagon dinner on the 18th, a buffet breakfast on the 19th, and breaks. Accommodations will be at the West Yellowstone Conference Hotel in West Yellowstone, Montana (1-800-646-7365, www.yellowstoneholidayinn.com). The conference rate is \$109 per night.

West Yellowstone is the west entrance to Yellowstone National Park. The nearest major airport is in Bozeman, a 90 minute drive. Shuttle service is available. West Yellowstone Airport, served by Sky West, is another option.

Laura S. Smart, CFLE Section Chair, Family Science Section E-mail: lsmart@niu.edu

### ATTENTION: STUDENTS AND NEW PROFESSIONALS

## THE FEMINISM AND FAMILY STUDIES SECTION OF THE NATIONAL COUNCIL ON FAMILY RELATIONS ANNOUNCES 2004 AWARDS APPLICATIONS

The Feminism and Family Studies Section of the National Council on Family Relations is seeking applicants for TWO awards to be given at the November 2004 NCFR Annual Conference in Orlando, FL. Applicants do not need to be members of NCFR, but we welcome new members to our section and organization.

The Outstanding Research Proposal from a Feminist Perspective is given in honor of Jessie Bernard. Graduate students and new professionals (with up to five years post-doctoral work) are encouraged to apply for this award of \$750 to fund feminist research. Proposals will be reviewed for their potential contribution to feminist scholarship about families and the use of feminist frameworks and methods. Applications should include: a) an abstract of 100 words or less; b) a five page (maximum) proposal outlining

the project's purpose, theoretical foundation, research methods, and potential contribution to feminist scholarship; c) a reference list, and d) a half-page budget. A summary of the recipient's research results will be published in the Feminism and Family Studies Section Newsletter, and the recipient will be asked to present a report of their project and findings at the 2005 NCFR Annual Conference. The award will be presented at the 2004 meeting; recipients will receive \$350 towards their travel.

The Outstanding Contribution to Feminist Scholarship Paper Award is accompanied by a gift of complimentary books and a \$250 cash award. Applications for this award are open to all graduate students and new professionals (with up to five years post-doctoral work). Papers should contribute to feminist scholarship about families and the use of feminist

frameworks and methods, and should be accompanied by an abstract of not more than 150 words. Applicants should be the sole author or first author of the paper; both published and unpublished papers will be considered, although the paper should be at near-submission status. A summary of the paper will be published in the Feminism and Family Studies Section Newsletter, and the award will be presented at the 2004 NCFR Annual Conference. Recipients will receive \$350 towards their travel to the conference.

Authors should identify themselves **only** in a cover letter so that all entries can be reviewed anonymously – all identifying references should be removed from the paper or proposal submissions. In a cover letter, applicants should indicate whether they are currently a graduate student or when they received their Ph.D. The cover

Awards Applications continued on page 15



## Affiliate Connection

## Innovative Strategies for Recruiting and Retaining Members in Student Councils

ne of the huge benefits of attending the NCFR Conference every November is the synergy that results from the sharing of ideas. At the Vancouver meeting, representatives from the more than twenty student/campus affiliated councils gathered for a session during which effective practices were recounted for the benefit of other groups. I would like to use this column to highlight some of these successful strategies and activities.

Several great ideas were proposed relative to membership recruitment. For instance, Texas Tech sponsors an annual NCFR Awareness Week at the beginning

of each academic year. This event allows the campus affiliate to highlight benefits of membership in NCFR and the student affiliated council. Several professors even offer extra credit to students for attending this event. NCFR has a number of brochures and published materials, as well as a CD on NCFR that could be useful for an activity like this. At Towson State University, students look for "captive audiences" to educate others about their organization. When making announcements in classes and at other student gatherings, student leaders also try to assess the kinds of activities the organization might sponsor in order to best meet student needs and interests. Leaders of the University of Minnesota's student council send "press releases" to advisors and professors in related disciplines on benefits of belonging to a professional organization and the advantages of becoming a member of the Minnesota Student Council, in particular. This group also sends similar announcements about the activities being sponsored by the group. At Syracuse University, membership to the campus affiliate is open to the entire campus. This broad-based approach to membership expands participation beyond an individual major or department.

Strategies continued on page 16

## Feminism and Family Studies Section

reetings from the Illinois prairie!
As your thoughts turn from the maintenance of winter to the possibilities of spring, I invite you to think about the innovations that have propelled NCFR forward throughout its history. One important chapter in this timeline is the creation and continued growth of the Feminism and Family

### **AWARDS APPLICATIONS**

continued from page 14

letter should also include the address(es), telephone number(s), and email address(es) of all authors. Letters of support are not required. Only one submission per category will be accepted from any applicant. To apply, send **six** copies of the proposal or paper by April 15 to:

Lee Ann De Reus, Ph.D.
FFSS Awards Committee Chair
Department of Human Development & Family Studies
Smith Building
Penn State Altoona
Altoona, PA 16601
Email: lad12@psu.edu

Studies section. In 2005 we will celebrate our 20th anniversary! We are planning an "anniversary bash" to honor the founders of FFS, as well as those whose ongoing efforts ensure that feminist perspectives are an important part of the intellectual and practical endeavors within NCFR. As part of the bash, we are organizing a fundraiser for our Jessie Bernard Scholarship Fund, which provides financial support for feminist scholarship in the form to two annual awards. If you would like to be involved, then bring your ideas and volunteer commitment to Orlando next November. And, of course, we hope to see the entire membership participate in our anniversary celebration in Phoenix!

One important innovation within our section has been the creation of the GLBT-Straight Alliance (GLBTSA). This focus group has facilitated a unique space for ongoing discussion and support regarding GLBT issues as **family** issues that are relevant to everyone, regardless of sexual orientation. One highlight in our past conference was the Safe Space Training that we co-sponsored with the Family Science Section. I was

unable to attend the training, but heard that those who did found it enormously informative and practical. Sessions such as this that bring together people of diverse viewpoints and resources to constructively tackle an issue are part of our section's legacy and, as section chair, I intend to foster their continuing presence at NCFR.

Finally, I want to highlight the importance of NCFR's spring Policy Conference. We will be wonderfully represented by Bill Rose, Cathey Huddleston-Casas, and Karen Blaisure, members of our section's policy committee. However, this event is for everyone, not just those most involved in family policy scholarship. If you conduct policy-relevant research or practice, then I encourage you to submit. Even if you are not a policy scholar I encourage you to attend and gain familiarity with "the policy scene." Concern for the just allocation of social and economic resources is at the heart of feminist beliefs, and we need to be an integral part of the family policy conversation.

Ramona Faith Oswald Chair, Feminism and Family Studies Section E-mail: roswald@uiuc.edu

### **STRATEGIES** continued from page 15

Several student affiliated councils offered solutions to potential financial barriers to membership. Given that student councils are required to maintain ten NCFR members to remain viable, at least this number must pay national fees to NCFR, although not all student members need to be national members. One strategy to meet this goal is to make sure that departmental faculty who are members of NCFR are counted as members of the campus affiliate. In addition, leaders in the Lipscomb CFR (TN) approach alumni, professionals in the field, and businesses in the community to "buy" NCFR memberships for students. These student beneficiaries, in turn, do some type of work to "earn" this sponsorship. Similarly, the Texas Southern University student council has a MUGS program in which professionals and faculty members mentor undergraduate and graduate students. This mentoring relationship could include the mentor's sponsoring the student as a member of NCFR. Campus affiliated councils should also attempt to solicit funds from their Student Government Associations (SGA). The

Messiah College CFR (PA) uses a portion of the funds received from its SGA to pay for the officers' memberships in NCFR. This strategy provides a perk to the leaders who diligently work on behalf of the student affiliate, as well as offers a consistent core of national members. The Texas Tech student council charges \$20 annually, but this fee includes a t-shirt, which serves as a membership incentive and great advertising for the group. These funds are then available to support or award several membership in NCFR.

How do campus affiliated councils sustain a high level of activity in their events? Several campus councils utilize incentives or point systems for organizational involvement. For instance, at Texas Tech members of the campus affiliate earn points for involvement in a variety of sponsored activities. If students accumulate a designated number of points by March, they can expect to receive free registration and transportation to the state council's annual conference. This group also presents certificates of participation, at the conclusion of the semester, to active members who have achieved a

certain number of points. This certificate might be placed in the student's portfolio. The Lipscomb CFR reminds students that they can earn CEUs for attending state and national meetings. In addition, only members of the student affiliate are eligible for certain awards on this campus, highlighting the importance of being associated with a professional organization. Messiah College does something similar in that only active members of the MCCFR are eligible for one of two of its graduating senior awards. In addition, good communication with members is essential for high levels of involvement and strong membership retention. At Weber State and Messiah College, listservs are employed to keep members abreast of the multitude of opportunities provided by the campus affiliate. Electronic messages offer an excellent tool for sending reminders for upcoming events, as well as for organizing events and soliciting feedback.

In concluding this column, I would like to acknowledge the three Association of Councils Meritorious Service Award

Strategies continued on page 17



### Client Resources for Therapists

The Stress Owner's Manual: Meaning, Balance and Health in Your Life (2nd ed.)

Ed Boenisch, Ph.D. and C. Michele Haney, Ph.D.

\$15.95/224 pages

New edition of practical guide to personal stress management offers specific solutions to help you assess your areas of stress; activities to deal with stress on the spot.

Making Intimate Connections:

Seven Guidelines for Great Relationships and Better Communication

Albert Ellis, Pb.D. and Ted Crawford

\$15.95/160 pages Applies Dr. Ellis's famous "Rational Emotive Behavior Therapy" principles to intimate relationships. Offers seven proven techniques for overcoming relationship problems and improving communication.

Loving Choices: An Experience in Growing Relationships (2nd ed.)

Bruce Fisher, Ed.D. and Nina Hart

\$14.95/256 pages

Bruce Fisher's work has renewed the lives of hundreds of thousands of divorced men and women around the world. This powerful, personal guide shows how to build new and lasting loving relationships.

50 Ways to Love Your Leaver: Getting on With Your Life After the Breakup

Dwight Webb, Ph.D.

\$14.95/176 pages

Offers hope and encouragement to those in despair at the end of an intimate relationship. Covers grief, intimacy and loss, denial, letting go of blame and anger, and more.

Since 1970 — Psychology You Can Use, from Professionals You Can Trust

www.impactpublishers.com

Impact Publishers

P.O. Box 6016, Dept. NCFR, Atascadero, CA 93423-6016 Ask your local or online bookseller, or call: 1-800-246-7228 to order direct. Request free catalog of self-help and professional resources at www.impactpublishers.com

## **Northwest Council on Family Relations**

The Northwest Council and the Teaching Family Science Association are pleased to invite all interested professionals to join us in beautiful West Yellowstone, Montana, June 16th-19th. The theme for this year's conference is "Sharing Information About International Families Through Teaching and Research." Three copies of a 1-2 page proposal for the conference are due March 1st and can be sent to Sandy Bailey at baileys@montana.edu. The west

entrance to Yellowstone National Park is a short walk from our hotel, and Old Faithful is just a thirty minute drive from the conference site (www.yellowstonehol idayinn.com). You can contact the hotel directly for reservations at 1-800-646-7365 or the web page previously given. The conference rate is \$109 per night. Registration for the conference is \$120 for FSA and NWCFR members, \$80 for students, and \$160 for all others, which includes a light dinner on the 16th, breakfast and

lunch on the 17th and 18th, a chuck wagon dinner on the 18th, and a buffet breakfast on the 19th. For information about the conference please contact Sandy Bailey at baileys@montana.edu. It will beautiful, but can be cool this time of year so be prepared. We hope to see all of you in West Yellowstone in June!

Suzanne Smith
President, Northwest CFR
E-mail: smithsu@vancouver.wsu.edu

### **STRATEGIES**

continued from page 16

Recipients for 2003. This national award recognizes individuals for their continuous and committed service to their state or regional affiliated councils. First, Dr. Debra Berke, Associate Professor of Family Science and Women's Studies at Messiah College (PA) has diligently served the Mid-Atlantic Council on Family Relations (formerly PA/DE CFR) in roles such as vice-president, newsletter editor, and member of the annual conference committee since 1996. Second, Dr. Pamela Gardner, Lecturer in Child and Family Development at San Diego State University (CA) is "a driving force in helping reinvigorate the local council." Since 1997, Pam served as the treasurer, member-at-large, vice president and president of the California CFR. Third, Dr. Lane Powell, Faculty Associate and Assistant Chair of the Department of Human Development and Family Studies at Texas Tech, has had a long and committed history with the affiliates, ably serving as Association of Councils President, chair of the AOC nominating committee, and board member of both TCFR and NCFR. Dr. Powell's passion for student involvement in TCFR and NCFR is evident by her encouraging students to attend the state and national meetings, as well as her innovative idea to initiate student/campus affiliated councils. Congratulations to Debra Berke, Pam Gardner and Lane Powell! For more information on how you might nominate a colleague or yourself for this award, check out www.ncfr.org/ pdf/ACmeritawardCriteria.pdf.

Raeann R. Hamon, Ph.D., CFLE President, Association of Councils E-mail: rhamon@messiah.edu

## 14th Annual Building Strong Families Conference

The Mid-Atlantic Council on Family Relations and supporting universities and agencies are sponsoring the 14th Annual Regional Building Strong Families Conference on Thursday, October 21, 2004, at Messiah College located south of Harrisburg, PA. The goal of this conference is to bring together professionals in human service agencies and education to disseminate information about families, to promote family life education, and to share professional resources. The goal for the 2004 Conference is to celebrate the 10th Anniversary of the United Nation's International Year of the Family.

Proposals for hour-long workshops on successful programs, research findings,

curriculum, panel discussions, and professional development will be accepted until March 24, 2004. Undergraduate and graduate students are invited to display research or theoretical papers they have prepared on a family-related topic in a poster format. For more information and the call for proposals, please see our website at http://www.ma.psu.edu/ma\_hdfs/strongfam.fa04.htm or contact Jackie Schwab at sen@psu.edu.

For information on the Mid-Atlantic Council see http://www.ship.edu/ %7Epdcfr/

Jacqueline Schwab, Ph.D., CFLE President, Mid-Atlantic CFR E-mail: sen@psu.edu

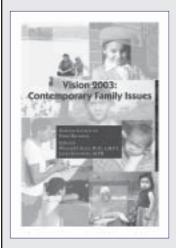
### University of Connecticut School of Family Studies Faculty Position

The School of Family Studies at the University of Connecticut seeks to hire a full-time, tenured Professor and Director of its AAMFT-accredited graduate program (MA and PhD) in Marriage and Family Therapy (Search 04A197). The School of Family Studies is an interdisciplinary social and behavioral science unit with a large undergraduate program, strong graduate and professional programs, and distinguished outreach and service.

Minimum Requirements: Ph.D. or equivalent in Marriage and Family Therapy, Family Studies, Psychology, or a related discipline, with AAMFT Approved Supervisor designation certification; a record of outstanding scholarship focused on family process, mental health, or systemic interventions; evidence of commitment to integrative professional teaching; and experience or promise in the development and management of innovative training and outreach programs.

Duties are expected to begin August 2004. Send cover letter, curriculum vitae, representative publications, and names, addresses, and telephone numbers of three potential referees to: Dean Charles M. Super, School of Family Studies, University of Connecticut, Search 04A197, 348 Mansfield Road, Unit 2058, Storrs, CT 06269-2058. Screening of applicants will begin immediately and continue until the position is filled.

### Two New Publications from the National Council on Family Relations



### Vision 2003: **Contemporary Family** Issues

is a thought-provoking collection of articles summarizing presentations given at the 2002 NCFR Annual Conference: Families Over the Life Course.

Family Life, and Family Policy.

Contributing Authors include: Gregory Acs, Ph.D., Scott Coltrane, Ph.D., Howard J. Markman, Ph.D., Laura Sanchez, Ph.D., Arlene Skolnick, Ph.D. and more...

Call NCFR today to order either publication (or both!) at 1-888-781-9331

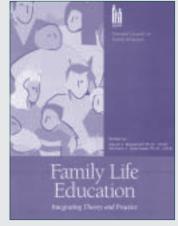
or visit the NCFR website at www.ncfr.org

Vision 2003 covers the following areas of interest to students. researchers, and practitioners in the family field: Marriage,

**Family Life Education: Integrating Theory and Pratice** 

Edited by David J. Bredhoft, Ph.D., CFLE and Michael J. Walcheski, Ph.D., CFLE, Concordia University

NCFR's newest publication is perfect as a supplemental textbook or as a professional resource. It contains relevant cutting edge information on leadership and community involvement, assessment and evaluation in



family life education, professional program development, and diversity in family life education. Section One focuses on Current Themes in Family Life Education. Section Two, Family Life Content Areas, integrates the original Curriculum Guidelines and Life Span Framework into ten specific articles. Section Three includes Family Life Education Teaching and Practice Resources.

> \$19.95 NCFR members; \$23.95 Non-members plus shipping & handling\* ISBN# 0-916174-61-1

\$8.95 NCFR members; \$12.95 Non-members plus shipping & handling\* ISBN #0-916174-63-8

\*Contact the NCFR office for shipping costs. Foreign & Canadian orders add 15% HST or 7% GST (123-830-465) tax plus shipping & handling. MN residents add 6.5% sales tax. U.S. funds drawn on U.S. banks only. FEI 41-0762436. Make check or money order payable to NCFR. Visa or MasterCard. \$30 service charge on all returned checks.

36th Annual NCFR Media Awards Competition



36 years of recognizing excellence in film & videos relevant to family issues

Deadlines: Early Bird - March 1, 2004 Final - March 15, 2004

Entry forms, category listings and full instructions are on the NCFR web site at www.ncfr.org



Be Recognized for Your Outstanding Achievement in Film or Video



## Smart **Marriages**\*

8th Annual Conference July 8 - 11 • Dallas 72 hrs CE

As good as it gets

The ONLY conference where you can TRAIN & CERTIFY to teach dozens of practice-expanding programs. Plus research, policy & funding updates.

Wade Horn - Community Healthy Marriage Initiatives Howard Markman & Scott Stanley -PREP: 12 Hours to a Great Marriage John & Julie Gottman - And, Baby Makes Three David Olson - PREPARE/ENRICH Harville Hendrix - IMAGO Education: A New Way to Love John Gray - The Mars/Venus Solution Michele Weiner-Davis - The Divorce Busting Programs John & Jane Covey - 7 Habits of Highly Effective Marriages Bill Doherty - Take Back Your Marriage

Lori Gordon - PAIRS Pat Love - Hot Monogamy & The Essence of Marriage Birchler & Fals-Stewart - Learning Sobriety Together Smalley - Marriage Made Easy Easier! Barry McCarthy - Rekindling Desire Mike McManus - Marriage Savers Charles Johnson - 10 Rites of Passage Rob Scuka - Relationship Enhancement Sherod & Phyllis Miller - Couple Communication Lorraine Blackman - African American Marriage Ed Steve Stosny - Compassion Workshop/Anger Management Popenoe & Whitehead - State of Our Unions Pam Jordan - The Becoming Parents Program Jon Carlson - TIME & Living Love Gay & Kathleen Hendricks - Lasting Love Francesca Baeder - Smart Steps for Stepfamilies George Doub - Couples: The Strongest Link Kay Reed - Connections • McLaren - Loving Well John Van Epp - How to Avoid Marrying A Jerk Barbara Markey - FOCCUS/REFOCCUS Susan Heitler - The Power of Two Rodgers - Working with Deeply Troubled Couples

Muhammad & Slack - The Black Marriage Curriculum Anna Mae Kobbe - Connecting with Couples David & Claudia Arp - Empty Nesting Blaine Fowers - Character Marriage Thomas Meloncon - Jump the Broom Funding, Grant Writing & Program Evaluation -HHS/ACF Team

200 top presenters . Learn from the founders! \$315 - includes 9 general sessions, 3 networking lunches, seven 90-min wkshps - 100s from which to choose Grp, stdnt & cpl discounts . Adam's Mark Hotel \$79!! 72 hrs CE: CFLE, SW, NBCC, LPC, APA, MFT, smartmarriages.com • 202-362-3332 For a free brochure or free e-newsletter

### **University of Connecticut** School of Family Studies **Faculty Position**

The School of Family Studies at the University of Connecticut seeks to hire a full-time, tenured Full or Associate Professor (Search 04A196) to lead its early childhood education program and oversee its Child Development Laboratories, an infant-to-kindergarten teacher training facility serving approximately 100 families. The School of Family Studies is an interdisciplinary social and behavioral science unit with a large undergraduate program, strong graduate and professional programs, and distinguished outreach and service.

Minimum Requirements: Ph.D. or equivalent in Child Development, Early Childhood Education, Family Studies, or a related discipline; a record of outstanding scholarship focused on child development, parenting, or related topics; evidence of commitment to integrative professional teaching; and experience or promise in the development and management of innovative training and outreach programs.

Duties are expected to begin August 2004 (pending budgetary approval). Send cover letter referencing Search 04A196, curriculum vitae, representative publications, and names, addresses, and telephone numbers of three potential referees to:

Dean Charles M. Super, Early Childhood Education Faculty Search, Search 04A196, School of Family Studies, University of Connecticut, 348 Mansfield Road, Unit 2058, Storrs, CT 06269-2058. Screening of applicants will begin immediately and continue until the position

### NCFR Washington D.C. Office

10 G Street N.E., Suite 700 Washington, DC 20002

NCFR's DC phone number is

1-202-962-0099

Fax is

1-202-962-0333



### **CALENDAR**

### April 1-2, 2004

*NCFR 5th Annual Public Policy Conference*, Washington DC. Contact NCFR for more information: 888-781-9331 or www.ncfr.org

### April 15-18, 2004

The Discipline of Sociology in a Postdisciplinary Age: Developing Strategies for Dialogue with Fields Near and Far, 2004 Annual Meetings of the Midwest Sociological Society, Westin Crown Center, Kansas City, MO. For further information, visit www.themss.org

### June 16-19, 2004

Teaching Family Science and Northwest CFR Conference, West Yellowstone, MT. Visit http://www3.wcu.edu/~lroberts/FSA.html for more information.

### June 14-16, 2004

Sexual Realities: Working in a Changing Social Context, 26th Annual Guelph Sexuality Conference, University of Guelph, Guelph, Ontario, Canada. For further information, visit www.open.uoguelph.ca/sexconf

### July 8-11, 2004

8th Annual CMFCE/Smart Marriages Conference, Dallas, TX. Find more information at www.smartmarriages.com

### October 22-24, 2004

Annual Meeting of the Society for the Scientific Study of Religion, Marriott Country Club Plaza, Kansas City, MO. Visit www.sssrweb.org for additional information.

### November 15-20, 2004

NCFR 66th Annual Conference, Inequalities and Families, Rosen Centre Hotel, Orlando, FL. Get updated information at www.ncfr.org, or call 888-781-9331.

#### **NCFR** wants to know!

If you have moved or plan on moving, please call 1-888-781-9331 or e-mail: sasha@ncfr.org with your new address. The U.S. Postal Service does not forward publications like the Report or journals, and we want to make sure you receive them. Thank you!



Non-Profit Org. U.S. Postage PAID Rochester, MN Permit No. 289