

NATIONAL COUNCIL ON FAMILY RELATIONS

# Report

Spring 2023 | Volume 68.1

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### Family Focus: Behind-the-Scenes

Family Science scholarship is mostly captured through "a product" such as a publication or report, a course evaluation, or a legislative bill. What often is shared are the "outputs" and "outcomes" of our scholarship — the end results of a lot of work and preparation. Have you ever wondered "how did they get there?" In this issue of Family Focus, we offer our readers an opportunity to learn what happens behind-the-scenes to advance Family Science research, programs, policy, and pedagogy!

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### Congratulations to 4 New NCFR Fellows



Chalandra M. Bryant

April L. Few-Demo

Abbie E. Goldberg

Ani Yazedjian

NCFR has awarded the organization's prestigious Fellow status to four members for 2022: **Chalandra Bryant, Ph.D., CFLE; April Few-Demo, Ph.D.; Abbie Goldberg, Ph.D.**; and **Ani Yazedjian, Ph.D.** 

They join the elite ranks of NCFR members who have made outstanding and enduring contributions to Family Science in scholarship,

teaching, outreach, and professional service, including service to NCFR.

NCFR Fellows are nominated by their peers and are selected by the NCFR Fellows Committee. These new Fellows will be recognized at the 2023 NCFR Annual Conference, Nov. 8-11 in Orlando, Florida.

Turn to page 18 to read about our latest class of NCFR Fellows. ★

### 2023 NCFR Annual Conference

Nov. 8-11, 2023

The way We Are Now: Families and Communities at the Center of the Syndemic

**Registration now open!** ncfr.org/ncfr-2023

# Sadguna Anasuri Appointed as 2025 NCFR Annual Conference Program Chair

The National Council on Family Relations (NCFR) Board of Directors has appointed **Sadguna Anasuri, Ph.D., CFLE**, to be program chair for the 2025 NCFR Annual Conference, scheduled to be held in Baltimore, Maryland. The program chair's primary duties are to select the theme, identify the plenary speakers, and prepare the call for abstracts for a particular year's conference.

Dr. Anasuri has been an associate professor and



Sadguna Anasuri

coordinator of the human development and family studies program in the Department of Family & Consumer Sciences at Alabama A&M University for nearly ten years of her professional tenure. She brings almost 20

Sadguna Anasuri continued on page 2

### Report

#### **Mission Statement for NCFR Report**

NCFR Report, the quarterly newsletter of the National Council on Family Relations, provides timely, useful information to help members succeed in their roles as researchers, educators, and practitioners. Articles address Family Science issues, programs, and trends, including association news.

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### How to contribute to the Family Focus section:

The Family Focus section of NCFR Report is member-written. Articles accepted for publication will be edited using standard editorial practice, and given priority based on

- 1) relevance to the Family Focus theme,
- 2) brevity due to space limitations, and
- 3) how articles form a complementary collection. For information and guidelines, contact the editor, Ted G. Futris, Ph.D.,CFLE at reporteditor@ncfr.org.

The contents of articles represent the views of their author(s), which may not represent the position of the entire organization.

### How to advertise in NCFR Report

To advertise in NCFR Report, please see the specifications and price list at ncfr.org/about/advertise-ncfr/ncfr-report. NCFR reserves the right to decline any paid advertising at our sole discretion. Deadlines for each of the quarterly issues are: Spring issue—Jan. 1
Summer issue—April 1
Fall issue—July 1
Winter issue—Oct. 1

Send advertisements to Trip Sullivan at tripsullivan@ncfr.org. For all submissions, please supply an email address to allow readers to contact you.

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### **Sadguna Anasuri** continued from page 1

years of teaching experience to her professorship with Alabama. She graduated from Acharya N.G. Ranga Agricultural University with a bachelor's degree in family and consumer sciences/home economics teacher education and a master's degree in human development and family studies. Dr. Anasuri also attended the University of North Texas, where she earned a master's of science in human development and family studies. Additionally, she received her doctorate in child development at Texas Woman's University. Further, she completed courses at Harvard, Duke, Yale, MITx, ColumbiaX, and the University of Edinburgh.

Dr. Anasuri's research extensively explores the impact of media usage on obesity among young adults and the lifespan human development. Dr. Anasuri employs qualitative methodology, specifically conversational interviewing, a technique that builds a connection between parties. She brings a new, multilayered, diverse perspective to families and health, providing valuable policy information. With her vast knowledge and experience come cutting-edge ideas for the 2025 NCFR Annual Conference.

Dr. Anasuri has been a member for more than 20 years. Her programmatic and applied background spans many interest areas in NCFR: child poverty, workplace bullying, and diversity. She has served in leadership positions in the Racial and Ethnic Diversity in Families Section as communications chair and on the CFLE Academic Program Review Committee.

Dr. Anasuri has proposed the 2025 conference theme: Power, Privilege, and Difference: Lived Experiences of Changing Families and Societies,

aiming to comprehensively analyze the intersecting effects of long-lasting systemic measures that have exerted oppression and disadvantage on families and societies. The goal would be to explore ways to alleviate their impact and promote equity and fairness. Dr. Anasuri considers power and privilege labeling some social groups disenfranchised and disadvantaged while rendering others with an advantage of dominance. These labels and ideals come

with severe consequences for families. She directs us to reimagine social policies that are impartial, inclusive, and equitable. This theme invites us to observe, "we cannot be equal if we define one group as better or superior to another." Dr. Anasuri highlights the critical role of Family Scientists.

Dr. Anasuri has proposed topics including inequality; the nation of origin; resilience; race; rights; disparity, and invisibility. She has also proposed to focus on how critical it is to resolve conflicting views and strengthen all families, which speaks to visibility and seeing beyond 'traditional' conceptualizations of family. One cannot wholly ignore the environmental elements' impact on the family system. Each topic is essential to the discipline of Family Science. Engaging scholars in dialogue is crucial to changing the national and international discourse around Family Science and diversity, equity, and inclusion to promote healthy families and functioning.

The NCFR Elections Council was impressed with Dr. Anasuri's proposal, the substantial leadership and extensive networks that Dr. Anasuri brings to this role, and her broad range of leadership responsibilities in service to NCFR. \*\*

### **Letters to the Editor**

You may submit letters to the editor to *NCFR Report* on topics and activities relevant to NCFR member interests. The following guidelines apply:

- Only letters submitted by members will be accepted.
- Length is limited to 250 words; letters may be edited for space and clarity.
- Letters must be signed and include author contact information; submissions are verified.
- Letters that are deemed libelous, malicious, or otherwise inappropriate will not be published.

**Email letters to the editor to:** 

tripsullivan@ncfr.org

### Or mail to:

NCFR, Attn: NCFR Report 661 LaSalle Street, Suite 200 St. Paul, MN 55114

### Seasons Change!

Norma J. Bond Burgess, Ph.D., NCFR President, normaburgess1@gmail.com

How much thought do you give to the seasons changing? Like most of us, we are very particular about our favorite times of the year and that is the one that we watch for, plan for, and be ready to take full advantage of. Winter, spring, summer or fall, we are ready. Just as we prepare for the hot summer weather, there are those who relish snow mobiles, skiing, and temperatures below 32. If you don't think this is true, consult children, or friends who have children or nieces and nephews and they can tell you all about it. My family and I have resided in many places, some with snow days, and very few without. A welcome snow day is a treat for most!

One thing for sure is that each place has its own policy about snow days. Disappointments come when the days are not as clear as they could be. Activities are planned to take care of the opportunity that just made itself available. Unless the

temperature drops and wind chill drops below a certain number, school is on.

In any event, plans are made. What if adults planned their lives and careers around change? Where would we be? What did we

How much has your research agenda changed to reflect the current issues that Family Science MUST examine and explain to the rest of the world, with the insights that we are privileged to have?

learn from COVID-19? The world had to change, and it did, whether we liked it or not.

We survived it in many ways. There were losses and we learned from them. We hold our families closer. Are we back to normal or the new normal? Hike to think of our status



as a new normal with open arms, open hearts, and open eyes. This approach brings its own challenges: which lives really matter and which ones do not? Which history is important to study, and which ones are not? The answers could reveal a very important contribution to our society and to our knowledge base—are we being told what to read, how to respond, what to say, who to say it to, what to believe? Hmmm. Interesting times in which we live.

Either way, are you living your best life yet? What does that look like for you? What excited you most about today? How much has your research agenda changed to reflect the current issues that Family Science MUST examine and explain to the rest of the world, with the insights that we are privileged to have? Do not let the opportunity pass you by. Challenge your students and colleagues in other ways. Use the techniques that can set you apart from other scientists. Try some of the approaches that you have always thought about but we're not confident enough to try yourself. Combine some of the techniques that warrant attention.

When the seasons change again, and they will, you will be ready with a new research plan with ideas that you cannot wait to explore. Hold your ideas silent no longer. It is challenging to help ideas grow if they are not brokered and shared. I suspect that others are waiting to explore as well. Remember, when we have all the answers, the guestions will stop.

As your imagination becomes more and more anxious for the spring and summer seasons, your best is yet to come. Build on the old theories so that the good ones continue to get better, more interesting and excite the masses. The old ideas will take their place on the shelf and retire. I cannot wait to read your next article in JMF, JFTR, or FR. I know that it will be great! By the way, don't forget to play.

### **Thank You, NCFR Donors**

Donations made to NCFR from Oct. 1 to Dec. 31, 2022

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\*NCFR Student Access Grant †CFLE Scholarship Fund

### New Challenges to Selecting NCFR **Conference Locations**

Diane Cushman, NCFR Executive Director, dianecushman@ncfr.org

Annual conference planning often comes with huge challenges. In previous NCFR Report columns, I've detailed how NCFR conference locations are determined (ncfr. org/conference-sites), and the financial costs and considerations (ncfr.org/conferencecosts) that go into conference planning. For this column, I wanted to provide a bit of an update on newer challenges NCFR faces when selecting conference locations. First, a bit of history.

### **Historical Challenges**

Every year since 1938, except for two years during World War II, NCFR has invited members to an annual conference. The first meeting took place in a large room in the Hotel Pennsylvania, New York City in September 1938.

For the next four years, the conference was held between Christmas and New Year's Day in hotels in Philadelphia, Chicago, New York City (again), and Cleveland. Now 2-3 days in length, early NCFR conferences explored these themes: The Role and Function of the Family in a Democracy, Trends and Resources in Family Living, Family Preparedness, and Marriage in Wartime.

In 1950, the conference began a 14-year run during the waning days of summer. Hosted by universities, attendees were housed in vacant dormitory rooms. In 1964, the annual conference returned to hotels, and except for 1971 when it was held at the YMCA of the Rockies in Estes Park Center, Colorado (with accommodations in nearby campgrounds), the conference took place in various hotels across the nation from mid-to-late October through mid-November for 59 years.

Weather, discrimination, terrorist attacks, and a pandemic have been just some of the challenges in finding conference locations. Imagine sleeping in an unairconditioned dormitory room in the heat of August during the 1950s and 1960s; discrimination most

likely prevented full access to sleeping rooms and restaurants for People of Color. Or imagine that in 2001, just two months after the 9/11 attacks on the World Trade Center and Pentagon, and shortly after air travel resumed, the conference was held in Rochester, New York.

In 2012, a late-October hurricane ravaged the east coast of the U.S., interrupting air travel throughout the country. This led to the cancelation of flights and hotel rooms which lowered attendance at the NCFR conference in Phoenix. That's when organizers realized that bad weather anywhere in the country could have a devastating impact on the annual conference.

**During the search processes** for 2026 and 2027 conference sites, political and currentevents issues have come to the fore, creating an even greater challenge.

And just when conference organizers thought they had experienced all that could challenge them, in March of 2020, they were faced with a global pandemic that halted all travel and contact with others. What ensued was an extreme learning curve as NCFR staff scrambled to deliver a virtual conference in November 2020 and again in November 2021. With health concerns persisting, a face-toface conference with mask and vaccination requirements was planned and executed in Minneapolis in November of 2022.

### **Current Challenges**

Currently, the conference is booked through 2025. Ideally, NCFR would already have dates and hotels contracted through 2027.

However, during the search processes for 2026 and 2027 conference sites, additional



political and current-events issues beyond extreme weather, public health emergencies, and other global economic factors — have continued to come to the fore, creating an even greater challenge in finding an affordable conference location where all members and all families feel safe and welcome. Increasing concerns about access to full health care for pregnant women; the safety of cities; the cost of accommodations, air travel, and food; political unrest; and state-mandated travel boycotts make it an almost insurmountable challenge to find a suitable location for the NCFR conference.

For example, California has prohibited travel by faculty in response to state legislation that discriminates based on sexual orientation, gender identity, or gender expression in the following 23 states:

- AlabamaKentucky
- South
- Arizona
- Louisiana ArkansasMississippi
- Carolina South
- Florida
- Montana
- Dakota
- Georgia
- North Carolina
   Tennessee
- Idaho
- North Dakota
   Texas
  - Utah
- Indiana lowa
- Ohio Oklahoma
- West Virginia

NCFR has historically sought conference locations throughout the United States (and twice in Canada) where high numbers of NCFR members reside. The 10 states with the highest number of NCFR members are: California, Florida, Illinois, Michigan, Minnesota, North Carolina, Ohio, Pennsylvania, Texas, and Utah.

Overlay the California-restricted travel states with the states highest in NCFR members, and you have a total of five remaining states where members employed by state institutions in California may travel: California, Illinois, Michigan, Minnesota, and Pennsylvania. All but one are in areas

Executive Reiew continued on page 5

### Family Life Educators, Assemble!

Dawn Cassidy, M.Ed., CFLE, Director of Family Life Education, dawncassidy@ncfr.org



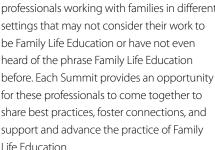
It is perhaps fitting that the word summit was chosen for this annual event, because it allows us to position Family Life Education (FLE) as a high vantage point where family practitioners across multiple disciplines and employment paths can convene to find common ground. Family Life Educators perform critical work in supporting and building upon the strengths of families. The programs and services they offer make important and significant contributions to the well-being of individuals, families, and society. But there are many

professionals working with families in different settings that may not consider their work to be Family Life Education or have not even heard of the phrase Family Life Education before. Each Summit provides an opportunity for these professionals to come together to share best practices, foster connections, and support and advance the practice of Family Life Education

This year's Summit keynote presentation will outline how to have conversations about diversity, equity, inclusion, (DEI) and difference.

#### Goals and Theme of the 2023 Summit

The NCFR Annual Conference focuses on how research, theory, pedagogy, and practice all inform each other, with an emphasis on an academic audience; the Summit is about bringing together practitioners specifically to discuss their own work. The Summit represents another effort on the part of NCFR to provide more resources and services that are relevant to the FLE practitioner.



The theme of the 2023 FLE Virtual Summit, *Unleashing the Power of Family* Life Education: Increasing Our Impact, acknowledges the importance and value of FLE while also recognizing the need for greater understanding and visibility. Summit goals include:

- Share information about best practices and practical tools to support and empower families,
- Foster connection and build collaborative networks that bridge practice, policy, and research,
- Offer tools, ideas, and strategies for advancing the practice of FLE and expanding its reach,
- Share global and diverse voices, ideas, visions, initiatives, and actions in the practice of FLE and,
- Empower and equip the current and next generation of FLE professionals.

### The Summit Call for Proposals

The Summit Call for Proposals sought submissions that address the 10 FLE content areas as well as topics within the categories of Best Practices, FLE Methodology (plan, implement, assess, & evaluate an FLE program or business), Working with Specific Populations, and Specific Areas of Programming. Session formats include presentations and workshops ranging from 30, 60, and 75 minutes.

Summit proposals are evaluated on the following criteria - Clarity of Proposal Content, Evidence Base, Application to the Practice of FLE, Opportunities for Audience Participation, Contribution and Innovation, Implementation History or Capacity, and Presenter Qualifications.

The evaluation criteria recognize the importance of balancing a foundation in research and theory with the realities of the application of Family Life Education in the community. We really want to hear from

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where the weather is cold in November. Additionally, hurricane season in North America runs June 1 through November 30, but as we have seen in recent years, hurricanes can strike before and after this date range.

One final point: the most recent data posted by the Southern Poverty Law Center (in 2021) indicates that there are a total of 733 various hate groups throughout the United States with at least one hate group in every state ranging from a low of one in Alaska to a high of 65 in California. All of this is to say that no U.S. state is perfect.

### Your Feedback as an NCFR Member

What are your thoughts?

- 1. Should NCFR consider having regularly scheduled virtual conferences?
- 2. Should we consider moving the conference dates to another time of the year so that we can take advantage of good weather in places like Minnesota, Michigan, Illinois, and Pennsylvania?
- 3. What creative thoughts do you have about where to hold NCFR conferences in the future?

Your comments and feedback on these questions are welcome. You can reach out to me via email at dianecushman@ncfr.org. \*\*

# Behind-the-Scenes—Creating NCFR's Webinar Program



Jennifer Crosswhite, Ph.D., CFLE, Director of Research and Policy Education, jennifercrosswhite@ncfr.org

In this issue's Family Focus section on "Behind-the-Scenes," readers will learn how Family Science scholarship, programs, and pedagogy advance. This is such a great theme that I too thought I would take this approach in sharing "behind-the-scenes" information about creating content from NCFR's education department.

The education department creates a lot of content. Perhaps you have seen its various products: webinars, CFLE conversations, Theory Thursday, Teaching Tuesdays (New in 2023), policy briefs, the CFLE credential, *Report*: Family Focus, CFLE Network, the conference, and resource collections. Through each of the products, various topics are covered: research, theory, pedagogy, practice, and policy.

The education department consists of myself, the director of research and policy education; Dawn Cassidy, director of Family Life Education; and Emily Vang, education and certification coordinator. Dawn and Emily work on all things related to the CFLE credential and Family Life Education (i.e., practice), including webinars as they related to practice, the CFLE Network, and CFLE Conversations.

I oversee the academic aspect of the annual conference and work closely with the annual conference program chair, conference program planning committee, conference improvement committee, our Conference Consultant Cindy Winter, and the rest of NCFR's amazing staff who work behind the scenes tirelessly to ensure the entire conference comes together. All of the members of this team want the conference to be an amazing time!

I also oversee the production of NCFR policy briefs and Family Focus articles and work with the amazing editors, Elaine Anderson and Ted Futris, respectively. I work closely on the creation of resource collections, new resources around pedagogy, and other resources related to research and policy.

I am also very involved in NCFR's webinars related to research methodology and statistics, policy, pedagogy, and our newest line of DEI webinars. There is a lot of work that goes into producing NCFR's webinars, more than many might realize, so the rest of this article showcases how webinars become available for you!

The production of webinars is a team effort as the program has grown over the past decade! There were 18 webinars released in 2022 and 25 webinars planned for 2023!

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#### The Webinar Team

The production of webinars is a team effort as the program has grown over the past decade! The first webinar, Ethical Thinking and Practice, released on September 6, 2012 was organized and facilitated by Dawn Cassidy. NCFR had one webinar that year. Dawn pushed ahead running the program by herself in 2013 with the release of four webinars. I started at NCFR in 2014, and together Dawn and I organized six webinars. Okay, I only added two additional webinars that year—I was learning!

Fast forward a decade—there were 18 webinars released in 2022 and 25 webinars planned for 2023! Each webinar takes hours of work to create. The program has grown so much that a team of people is now needed to ensure the success of the program.

The team now includes three core people besides Dawn and I:

- Claire Kimberly, the webinar coordinator, who does the bulk of the webinar work. I will come back to her shortly.
- Emily Vang, who provides technical assistance during webinar rehearsals and live webinars, and
- Trip Sullivan, who writes and disseminates webinar communications.

But, really, the webinar team includes many more NCFR staff including:

- Ginnie O'Neill to assist with webinar marketing,
- Susan Baker, who manages the financial aspects of webinars and classroom licenses.
- Part-time staff who edit the webinars and classroom licenses, and
- The rest of the staff who touch the webinars in other smaller and very meaningful ways.

Of course, the webinars can only come to fruition thanks to NCFR members. With immense gratitude, I am thankful for all the webinar presenters who have volunteered their time and expertise over the years. The NCFR webinar program simply cannot exist without the presenters!

### **Webinar Production**

Over the years, the process of producing a webinar has become more refined. Much of the work is now conducted by Claire Kimberly, Ph.D., CFLE, our webinar coordinator, who identifies, vets, and recruits subject matter experts; coordinates schedules to ensure NCFR has monthly offerings of webinars; works with presenters and the NCFR team to write the webinar descriptions; holds rehearsals with the presenters; AND moderates live webinars.

Emily Vang sits in every webinar rehearsal and live broadcast to provide technical support

as needed. These sessions can be up to two hours long resulting in four hours on Zoom to prep and host each webinar. Sometimes, we have two webinars a month (that's 8 hours on Zoom) and time spent rehearsing for and facilitating live webinars only increases when we have a multi-part webinar series (e.g., the Quantitative Methods Webinar Series with Isaac Washburn and others). Emily also reviews every image included in a webinar PowerPoint. We have to be very careful of not breaking copyright laws!

Dawn and I oversee the webinar program by suggesting topics and presenters as well as reviewing webinar descriptions. We want to ensure that all webinars provide tangible skills that attendees can use immediately after participating in the webinars. We also want to ensure that the webinars are achieving NCFR's global ends and providing new skills related to research methodology, statistics, how to engage in policy, skills for facilitating Family Life Education (FLE), running one's own FLE business, and increasing one's knowledge around diversity, equity, and inclusion. Dawn and I also meet with the webinar team monthly to discuss the program and resolve any issues that may have emerged. (Yes, issues emerge just like any program you run!)

After all virtual programs, including webinars, happen live, the recordings are edited and finalized so they can be watched on demand. Emily has spent the last couple of years prepping and editing the files for individual on-demand viewing. I am told that video rendering takes a long time! Besides individual on-demand viewing, people can choose to order a webinar (or conference recording) for use in their classroom. Emily then preps the files individually for each classroom order. Again, the rendering takes forever!

### The Webinar Program is a Success!

We continue to grow the number of webinars offered annually, and the number of classroom and departmental use licenses also continues to increase. Because this work is so time-intensive, two part-time staff, Kristal Johnson and Kyle Armon, now assist with the process.

As you can see, the webinar program didn't become a success overnight. Hard work and

diligence was needed to ensure success as well as a number of other key factors:

- Great presenters and topics,
- Strong marketing and communication plans,
- Detailed-oriented staff to run the program logistics,
- Staff who are technology wizards,
- Staff who are great with numbers and finances, and
- A love for Family Science!

Thank you NCFR members for presenting webinars, providing topics to present, for viewing the webinars, and using the webinars in your class! Your continued NCFR membership makes it possible to continue producing these webinars and other NCFR programs.

If you have ideas for skills-based webinars, let us know! We listen to you for ideas. Keep'em coming! If you want to present a webinar, let us know! This is your organization. What do you want to learn? \*\*

### **Directions** continued from page 5

practicing Family Life Educators who can share their experiences and successes in supporting and strengthening families.

### **Expanding the Summit Audience**

Previous Summits were largely marketed to Certified Family Life Educators and members of NCFR. With the 2023 FLE Summit, we are expanding our reach to include a broader range of organizations and professionals that work with or for families in various capacities. We are reaching out to organizations that have applied for CFLE continuing education credit for their trainings and events and to other organizations that either directly or peripherally serve family practitioners or families. Promotion of the Summit provides a great opportunity to expand awareness of NCFR, FLE, and the CFLE credential. Additionally, we are providing sponsorship opportunities to help support the Summit and connect FLE practitioners with relevant resources and services.

### **Keynote Presentation**

Kimmery Newsom, Ph.D., LCMFT, LMFT, CSATP, CFLE, will present the keynote presentation, Let's Talk About It. How to Integrate Diversity, Equity, and Inclusion into Our Work with Families. Her presentation will outline how to have conversations about diversity, equity, inclusion, (DEI) and difference. As Family Life Educators it is imperative that we learn how to facilitate and integrate these conversations into our work with families. Many of the families we encounter are impacted by issues of racism

and discrimination, which affects how families function in society. It is our job to become allies and increase our awareness of how we can increase our collective knowledge of DEI.

Attend the 2023 FLE Virtual Summit and invite your practitioner colleagues to join you!

#### **FLE Summit Task Force**

The 2023 FLE Summit would not be possible without the guidance provided by the FLE Summit Task Force. They represent an excellent group of CFLEs who have their fingers on the pulse of the practice of Family Life Education. They have been instrumental in identifying a relevant theme and providing a focus for the Summit sessions. Additionally, their own experiences as FLE practitioners has been invaluable in shaping the tone of the Summit and ensuring that the theme and Call for Proposals were relevant and accessible to FLE practitioners.

### 2023 FLE Summit Task Force members:

Deb Berke
Mary Bold
Kyleigh Brown
Kaley de Leon
Chinatu Gladrich
Atasha Kelley-Harris
Elizabeth Ramsey
Yolanda Saunders
Karen Shirer
Becca Stackhouse
Barbara Sweeney
Cindy Wilson

\*

# Translating Resilience Research Into Meaningful Knowledge & Skills for Individuals & Families

### Member Q&A With Janis Henderson

**Family Science Impact** highlights how NCFR members are making a difference through their Family Science work and showcases their career journeys. See more about the many careers and professions of Family Science at **ncfr.org/family-science-careers** 



Janis L. Henderson

#### Name:

### Janis L. Henderson, Ph.D. Current Job Titles:

- Educator/Consultant, J. Henderson Education Services (Hello, My Name is Resilient
- Artist

### Tell us a bit about your current work and why it's important.

My work is grounded in making researchbased knowledge about resilience and a strengths-oriented approach to life meaningful on a day-to-day level. Often, people gain knowledge, but they do not know what to do with the knowledge. I work with individuals and families to facilitate knowledge acquisition that becomes integrated as understanding. While many people may understand resilience conceptually, they do not know how to move learned concepts from a surface level to an integrated understanding that allows them to gain related skills.

An example is the directive to "stay positive." While staying positive is important, telling someone to stay positive does not necessarily translate to the person taking on the act of staying positive. A more helpful approach is to provide opportunities for the person to learn to identify elements that provide a sense of positivity amid struggles. It would also be meaningful and beneficial to develop cognitive skills such as perspective taking or reframing, and to develop emotion-regulation and emotion-management skills.

This work is also important because the impact can extend beyond the client. If I work with a young parent on learning to manage their cognitive and emotional expectations and response patterns, the

shift they experience can then translate to their teaching and modeling of the integrated understanding and skills to others. Another example: I worked individually with a sibling pair. During a recent check in with one sibling, they indicated a change in their parent's response patterns resulting from their own changed approach. It is exciting to see how change in one can impact change in many, including myself.

Although I have done organizational trainings for some time, I have recently begun to work with organizations to develop empowering workplace environments, with a focus on social issues such as inequity or oppression. Through consultation with leadership and staff training events, my goal is to redefine the norm of workplace environments. Organizations interested in this work typically grasp the important connection between organizational success and the mental and emotional well-being of staff.

### What was your path to your current role/s? What shaped or influenced that path?

At 39, having been a stay-at-home mother, I realized my dream of going to college. Not sure of an exact career path, I enrolled in a Human Development and Family Science (HDFS) program and quickly knew I had made the right decision. My goal became to be a tenure-track professor with a practitioner emphasis, to move research and theory to practice.

Midway through my doctoral program, I found myself facing disability due to spinal and nerve damage. I like to joke that I was fortunate that one of my early interests as an undergraduate was resiliency, specifically the

### **NCFR Policy Resources**

# Introducing NCFR's Policy Advocacy Toolkit

Get involved in policy in the ways that matter most to you: Use NCFR's new Policy Advocacy Toolkit to get started on policy advocacy or lobbying in your U.S. state or at the federal level.

Support Family Science and faculty in higher education, disseminate research to policymakers, advocate for families, or address other policy areas that are important to you. The Policy Advocacy Toolkit includes resources on these ways to take action and more:

- Tracking Legislation
- Writing Letters & Communicating Effectively
- Identifying Your Legislators
- Finding Family Policy Recommendations to Share

Find the toolkit at ncfr.org/advocacy-toolkit

### **FAMILY SCIENCE IMPACT**

processes of developing resilience. My interest stemmed from watching my grandparents deal with the same losses and challenges yet having quite different outcomes in terms of feeling defeated versus having hopeful expectations for the future. From that early interest, I have been fortunate to apply the concepts to my own life and ultimately to facilitate others in doing the same.

### How do you use Family Science knowledge or skills in your current work?

Family Science and developmental science are the foundation of my work, including the work I do with organizations. Much of what we know about interpersonal interactions within families translates to our friend-families, friendships, and professional relationships.

Also, I often use the content areas of Family Life Education as a roadmap for designing sessions for individuals or groups. For example, knowledge and understanding might begin at the individual level, then move to exploring the client's place within societal groups, sprinkling in conversations that address resource availability or the influence of policy on well-being. Or, the work might begin at the group level, then move to an exploration of individual needs.

I find that even in a workplace training, concepts of family (e.g., parent guidance) can be useful as we work on knowledge integration and skill acquisition or development.

### What is most rewarding or makes you proudest about the impact of your work?

Although working as a socially just environment consultant to organizations is a newer aspect of what I do, it has become a great passion for me. Facilitating change in how an organization approaches and copes with social issues is an exciting prospect, whether with an organization seeking a more balanced approach to their expectations of work/personal prioritization or seeking to intentionally create an equitable work environment. Recently, I was honored to be asked to work with a local community theater to address sensitive topics from an informed and compassionate

lens. It is encouraging to see and be part of the changing norms and expectations of our social institutions.

### What do you wish you would have known along your education or career path?

I wish I had a better understanding earlier in my education and career of the value of creative endeavors. Often in my work, I use opportunities for the diffuse mode of brain functioning to facilitate some of the work I do with clients. For example, I integrate writing one's own life narrative as part of learning to reframe one's perspective. Other forms of creativity integrated might include drawing, music, etc.

### What do you want the world to know about your work or about Family Science?

There are two primary messages I tend to share in or about my work, and I think both

are grounded in what I learned in Family Science. One, we can and should use our challenges to map out new pathways to strength and recovery. I encourage exploration of our struggles, looking to how a challenge can teach us or strengthen us. Exploring the glimmer of good or hope during troubling times can lead us beyond the challenge to recovery. It does not mean the bad is magically good. It is, instead, a shift of perspective. Sometimes the shift is tiny, but that tiny bit of good matters.

That brings me to the second message I tend to emphasize: the value of small. "Smalls" add up to "Bigs"! Consider the low success rate of large, sweeping New Year's resolutions to understand that big is not always better. It is important to value and celebrate small, meaningful change. For me, those are key! \*\*

### **Call for Papers**

# Theorizing Academia: Special Issue of *Journal of Family Theory & Review*

#### Submissions due: Sept. 1, 2023

NCFR's *Journal of Family Theory & Review* (JFTR) invites submissions for a special issue about the critical and futuristic perspectives of theorizing academia. NCFR members **Ramona Faith Oswald & Anisa Zvonkovic** will serve as guest editors.

Theorizing academia challenges scholars to step back and conceptualize their labor as researchers, educators, practitioners, administrators, staff, students, and research participants, within complex public and private higher education institutions.

The editors welcome submissions from any disciplinary perspective and from non-academics who theorize the impact of academia on their lives or communities.

Read the full call at ncfr.org/JFTR-call-future

### Advertise in NCFR Report

Looking to promote your university's programs to potential students or faculty candidates? Want to advertise an event or workshop you're organizing? Get the message to your NCFR colleagues by advertising in NCFR Report, NCFR's quarterly member magazine.

Each issue of *Report* — which includes organizational news and the popular "Family Focus" section made up of translational, research-based articles — goes out to the entire NCFR membership.

Space is available for advertising in every issue of Report. Rates start at \$350 for a quarter-page ad (with volume discounts available). More details about rates, deadlines, and specs at

ncfr.org/advertise-ncfr-report

### Call for Nominations for 2023 NCFR Awards

### **Honor Your Distinguished Colleagues**

The National Council on Family Relations (NCFR), the NCFR sections, NCFR focus groups, the Certified Family Life Education (CFLE) Advisory Board, and the affiliate councils have established awards to recognize those groups and individuals who further the interests of the organization and/or exemplify the standards to which members aspire. Award recipients are distinguished colleagues who have dedicated themselves to working in the field of Family Science and have given outstanding service.

Members nominate other members for the awards, send supporting evidence, and list other people who can verify the nominee's

qualifications. A selection committee evaluates the applicants or nominees and selects the recipient(s).

The deadline for most major awards is May 1 of the year in which the award will be presented (unless indicated otherwise). Awards with special deadlines include the Jessie Bernard Awards (May 15), affiliate council awards (June 1), and the CFLE Special Recognition Award (Sept. 1).

To view all awards and their criteria, the nomination and application processes, and deadlines, visit ncfr.org/awards. \*

### NCFR-SPONSORED AWARDS

### Cindy Winter Scholarship Award—— Students and New Professionals (SNP)

### Purpose

This biennial award (presented in odd years) recognizes Cindy Winter, NCFR's conference director from 1964 to 2007. It honors a student or new professional who has demonstrated outstanding leadership or service in the discipline of Family Science.

### Award

The recipient receives a monetary award of \$250 to use for travel expenses to attend the NCFR Annual Conference, up to \$125 toward NCFR Annual Conference registration, and a plaque. The award is presented at the beginning of a plenary session at the NCFR Annual Conference.

### Czaplewski Fellowship Award

#### Purpose

Past presidents of NCFR established this fellowship in administration in honor of Mary Jo Czaplewski, retired executive director. She served as NCFR's chief executive from 1984 to 1999. The fellowship's purpose is to provide funding to support the efforts of family scholars who want to obtain and make midcareer moves into academic or nonprofit administration.

#### **Award**

The fellowship is awarded only when there is a request for the support, but not more often than once every other year, and then after review of application materials. An award of up to \$500 can be given biennially to a qualified applicant.

### NCFR Student Award (SNP)

### **Purpose**

This award is given to an NCFR graduate student member who has demonstrated excellence as a student and shows high potential for contributing to the discipline of Family Science.

#### Award

The recipient receives a \$500 cash award and a plaque, both of which are presented at the beginning of a plenary session at the NCFR Annual Conference.

**AFFILIATE COUNCILS AWARDS** 

### Affiliate Councils Award for Meritorious Service

### Purpose

The Affiliate Councils Meritorious Service Award recognizes the outstanding service of affiliate members within their local, state, and regional councils.

#### Award

The award recipient receives a plaque, which will be presented at the Affiliate Councils business meeting, held at the NCFR Annual

Conference. Up to five Meritorious Service Awards are given each year to deserving candidates chosen from nominees who fulfill the criteria (criteria are the same for university faculty members and community members).

### **Affiliate Grant**

### Purpose

The Affiliate Grant is designed to support an affiliate's activities and promote involvement in the affiliate and/or NCFR. Student and state or regional affiliates are invited to apply for a grant of up to \$300 to support an activity or project in their community or region. Grant applications will be evaluated on the basis of the grant criteria. Student and state or regional affiliates are evaluated separately, and more than one grant may be awarded. Affiliates may receive this award only once every three years.

#### **Award**

The recipient affiliate(s) will receive a grant of up to \$300 and will be recognized during the Affiliate Councils business meeting at the NCFR Annual Conference.

### Students and New Professionals President-for-a-Day Award

### Purpose

This award recognizes NCFR student or new professionals' commitment, energy, and innovation in service to NCFR and empowers them to continue evolving their leadership role.

### CALL FOR AWARD NOMINATIONS

#### Award

In recognition of dedication, the award recipient receives a \$500 conference travel stipend, a President-for-a-Day plaque, and the opportunity to shadow the current NCFR Board of Directors president during one day of the NCFR Annual Conference. The award will be presented during the Affiliate Councils business meeting at the NCFR Annual Conference. The recipient will be notified in advance and the date of shadowing the NCFR board president will be predetermined on the basis of the award recipient's and president's schedules.

### Certified Family Life Education (CFLE) Award

### Certified Family Life Educator Special Recognition Award

### Purpose

The intention of the NCFR Certified Family Life Educator (CFLE) Special Education Award is to recognize an individual or individuals who have demonstrated exceptional effort in promoting the CFLE designation or program. These efforts can be demonstrated through committee involvement, development of related publications or materials, advocacy, or marketing and outreach efforts. Nominees can include individuals (academic or practitioner) or teams of CFLE individuals.

### Award

The recipient will be presented with an award at the CFLE Reception and recognized in the CFLE Network and via social media and the CFLE Listsery.

**PUBLISHER-SPONSORED AWARDS** 

## Wiley Wiley Prize in Family Science: Alexis Walker Award

### Purpose

Alexis Walker held the Petersen Chair in Gerontology and Family Science at Oregon State University, where she served as codirector of the School of Social and Behavioral Health Sciences. She was a visionary and eminent leader in Family Science, known for the vitality and interdisciplinary spirit she brought to the scholarship of aging, families, feminism, gender, and health.

#### Award

This biennial prize (odd years) provides an award of \$5,000 to acknowledge excellence in Family Science scholarship. The Award is given as recognition of any distinguished contribution to path-breaking new research or innovative theory development in the discipline of Family Science.

### Cognella

### Cognella Innovation in Teaching Award for Family Science

### Purpose

Cognella and the National Council on Family Relations (NCFR) have partnered to recognize outstanding Family Science teachers through the Cognella Innovation in Teaching Award for Family Science. We are looking for those teaching in higher education who have gone above and beyond within the past year to introduce cutting-edge teaching practices to their courses that better engage students and advance scholarship in the discipline.

### Award (Plaque, Money, Recognition, etc.)

The first-place recipient will receive:

- 1,000 cash
- An award plaque
- Public award announcements through Cognella and NCFR

The second-place recipient will receive:

- \$500 in Cognella book credit
- An award plaque
- Public award announcements through Cognella and NCFR

**SECTION AWARDS** 

### Advancing Family Science Section Felix Berardo Scholarship Award for Mentoring

### **Purpose**

The Felix Berardo Scholarship Award for Mentoring is given in honor of Dr. Felix Berardo, a well-known and beloved professor from the University of Florida who went above and beyond expectations in mentoring many students to become outstanding leaders in the family field. The award recognizes an NCFR member for excellence in mentoring junior colleagues, graduate students, or undergraduates.

Outstanding mentoring goes beyond classroom teaching and includes the provision of support, guidance, and opportunities for professional development.

#### Awara

The annual award is recognized with a plaque and a \$500 stipend, both of which are presented at the beginning of a plenary session at the NCFR Annual Conference.

### Family and Community Education Section

### Ernest G. Osborne Award

### Purpose

The award is given in memory of Ernest G. Osborne, three-time NCFR president and professor of family at the Teachers College at Columbia University. He excelled in innovative teaching methods. The award, sponsored by the Education and Enrichment (EE) Section, recognizes and encourages the following:

- Excellence in the teaching of family studies and distinguished service to families through teaching at any level,
- Outstanding teachers in the field of family studies, and
- Individuals who have demonstrated outstanding leadership and excellence in the teaching of family relationships.

#### **Award**

The recipient receives a \$1,000 cash award, up to \$500 in travel allowance, and a plaque. The biennial award (odd years) is presented at the beginning of a plenary session at the NCFR Annual Conference.

### **Family Policy Section**

### Feldman Outstanding Research Proposal for Research in Family Policy

### Purpose

The award is presented in memory of Harold Feldman and Margaret Feldman, who were NCFR members and pioneers in the field of family policy. The award recognizes a graduate student or new professional who has demonstrated excellence in research and potential contribution to family policy studies, particularly in the areas of gender and/or women's issues, or poverty.

### **CALL FOR AWARD NOMINATIONS**

#### Award

The recipient receives a \$250 cash award and a plaque. The recipient is expected to present a brief report on the project and related findings at the following year's NCFR Annual Conference.

### Family Therapy Section Award Kathleen Briggs Outstanding Mentor Award

### Purpose

The Kathleen Briggs Outstanding Mentor Award recognizes an outstanding mentor of students and new professionals in the area of marriage and family therapy. It is given in honor of Kathleen Briggs, a longtime Family Therapy (FT) Section member and leader. She was committed to mentoring marriage and family therapy graduate students and new professionals. Dr. Briggs was well known and respected for her leadership, insight, optimism, enthusiasm, and mentoring.

#### Award

Recognition, a plaque, and a \$200 award are presented biennially (odd years) at the beginning of a plenary session at the NCFR Annual Conference.

### Feminism and Family Studies Section

### Jessie Bernard Outstanding Research Proposal From a Feminist Perspective (SNP)

#### **Purpose**

This award is presented in memory of Jessie Bernard, a former member of the NCFR Board of Directors and a pioneer in the field of feminist family studies. Dr. Bernard declared herself a feminist in 1970 and is known for her celebrated description of "his" and "her" marriages. She was a board member of the American Sociological Association, the Groves Conference on Marriage and Family, and NCFR. The award recognizes a graduate student or new professional who has demonstrated excellence in research and potential contribution to feminist scholarship.

#### Award

The recipient receives a \$750 cash award to fund feminist research, up to \$350 in travel allowance, up to \$95 toward the NCFR

Annual Conference registration to accept the award, and a plaque. A summary of the recipient's research results will be published in the Feminism and Family Studies (FF) Section newsletter, and recipients are expected to present a report of their project and findings at the next NCFR Annual Conference. The award is presented at the beginning of a plenary session at the NCFR Annual Conference.

## Jessie Bernard Contribution to Feminist Scholarship Paper Award (SNP)

### Purpose

This award is presented in memory of Jessie Bernard, a former member of the NCFR Board of Directors and a pioneer in the field of feminist family studies. Dr. Bernard declared herself a feminist in 1970 and is known for her celebrated description of "his" and "her" marriages. She was a board member of the American Sociological Association, the Groves Conference on Marriage and Family, and NCFR. This award recognizes a graduate student or new professional who has published or is about to publish a paper using feminist frameworks and methodologies in research.

### **Award**

The award recipient receives a gift of complimentary books, up to \$350 in travel allowance, up to \$95 toward the NCFR Annual Conference registration to accept the award, and a plaque. A summary of the recipient's research results is published in the FF Section newsletter. The award is presented at the beginning of a plenary session at the NCFR Annual Conference.

### Racial and Ethnic Diversity in Families Section

### Marie F. Peters Award

#### Purpose

The Marie F. Peters Award was established in 1983 to recognize distinguished scholars, researchers, and practitioners who have made significant contributions to the area of ethnic minority families. It is presented in memory of Marie F. Peters, who was a distinguished scholar, researcher, practitioner, and mentor, as well as an

illustrious member of NCFR, a member of the Board of Directors, and the Racial and Ethnic Diversity in families Section leader.

#### **Award**

Presented biennially (odd years), a \$500 cash award and a plaque are given at the beginning of a plenary session at the NCFR Annual Conference. The Marie Peters Address is given during the annual conference in the year the award is presented.

### Research and Theory Section Reuben Hill Award

### **Purpose**

The award is given in memory of Reuben Hill, Ph.D., who had a distinguished career as a university professor and pioneered the scholarly study of family. Dr. Hill is remembered for his determination to promote high-quality research and to advance theory about families with the intent of producing practical benefits for families. The award is presented to the author(s) of the best research article for the year prior to the award. It is given in recognition of an outstanding article, book, or monograph that combines theory and methodology in the analysis and interpretation of a significant family issue.

#### Award

A plaque is given to the authors of the award-winning contribution. Also, a cash award of \$1,000 and a \$750 travel allowance is divided equally if there is more than one author. The award is presented at the beginning of a plenary session at the NCFR Annual Conference.

### ADDITIONAL SECTION AWARDS AND FOCUS GROUP AWARDS

The sections and focus groups offer additional awards (nondesignated). See links at ncfr.org/about/awards

#### **Advancing Family Science Section**

- Emerging Mentor/Teacher Award
- Legacy Award
- Outstanding Administrator Award
- Outstanding Scholarship of Teaching and Learning (SoTL) Paper Award
- Wesley Burr Student Scholarship Awards (one undergraduate award and one graduate award)

### **CALL FOR AWARD NOMINATIONS**

#### **Families and Health Section**

- Outstanding Professional Paper/ Publications Award
- Outstanding Student and New Professional Paper Award
- Outstanding Ph.D./New Professional Poster Award
- Outstanding Undergraduate/Graduate
   Student Poster Award
- Excellence in Professional/Clinical Practice Award

### Family and Community Education Section

Student Proposal Awards (3 awards given)

### **Family Policy**

- Feldman Best Conference Proposal Award (SNP)
- Feldman Internship Award (SNP)

### **Family Therapy Section**

- Best New Professional Research Paper Award
- Best Student Research Paper Award
- Best Student Poster Award
- Best New Professional Poster Award

### **Feminism and Family Studies Section**

Alexis J. Walker Award for Mid-Career
 Achievement in Feminist Family Studies

### **International Section**

- Jan Trost Award
- Annual Conference Travel Scholarship
- Student and New Professional Annual Conference Travel Scholarship (two awards given)

### Racial and Ethnic Diversity in Families Section

 Student and New Professional Best Paper Awards (one student award and one new professional award)

### Religion, Spirituality, and Family Section

- Outstanding Paper Award
- Student and New Professional Outstanding Paper Award

#### **Research and Theory Section**

 Best Abstract by a Student or New Professional Award

### **Family Financial Well-Being Focus Group**

- Best Family Financial Well-Being Paper of the Year
- Best Student Paper Award

### **Issues in Aging Focus Group**

- Student and New Professional Issues in Aging Award
- Professional Issues in Aging Award

### Latino(a) Research Focus Group

- Best Student Paper Award
- Best Student Poster Award

#### **Men in Families Focus Group**

- Best Research Article Award
- Best New Professional Research Article Award
- Diversity and Inclusion Research Article Award

### Military Families and Children Focus Group

- Outstanding Student and New Professional Proposal Award
- Outstanding Professional Proposal Award

### Qualitative Family Research Network Focus Group (QFRN)

 Anselm Strauss Award for Qualitative Family Research

### **Sibling Relationships Focus Group**

- Best Student Paper Award
- Best Student Poster Award

### **Work and Family Focus Group**

Work and Family Focus Group Award

### **Inclusion and Diversity Committee (IDC)**

Social Justice Award

### Theory Construction and Research Methodology (TCRM)

 Best Student/Early Career Presentation Award

### NCFR Fellow Status

### ncfr.org/awards/ncfr-fellow-status

Fellow status in NCFR is an honor awarded to relatively few living members on the basis of their outstanding contributions to Family Science. Nominations of all family researchers and professionals who have made contributions to the family field are encouraged. Among the recognized areas of contribution are scholarship, teaching, outreach, practice, and professional service—including service to NCFR. By definition, outstanding contributions are those that have broad impact on the field and are enduring over time. Deadline is Sept. 15.

#### Instructions

- Please include a cover letter or use the cover form available online at ncfr.org/awards.
   Complete one letter or form for each person or organization you wish to nominate.
   Include the nominee's name, employer or school, address, phone, and email. Include your name, phone, and email.
- 2. Enclose or attach all documentation, including letters of recommendation, nominee vita, and other supporting materials with the application form.
- Send electronically to janereilly@ncfr.org or by mail to NCFR Awards, 661 LaSalle Street, Suite 200, Saint Paul, MN, 55114

Contact NCFR with questions telephone 763-781-9331 toll-free: 888-781-9331 email: janereilly@ncfr.org ncfr.org/about/awards

### Dawn Cassidy to Retire from NCFR After 2023

**Dawn Cassidy, M.Ed., CFLE,** NCFR Director of Family Life Education, will transition to retirement in 2023 after 34 years at NCFR.

Dawn has been a valuable longtime member of the NCFR staff and has been with the Certified Family Life Education (CFLE) program since the beginning. Over the years, she has spearheaded the fantastic program that is represented today by over 1400 individuals with the CFLE credential and over 140 degree programs throughout the United States and Canada that have been CFLE-approved by NCFR.

NCFR will formally celebrate and mark Dawn's milestones and accomplishments later in 2023 with more information to follow. NCFR will work to build on Dawn's success of the CFLE program.

Please congratulate Dawn for her countless achievements and wish her well in retirement.

### Welcome to the Newest Members of NCFR

Please join us in welcoming these members who joined between Oct. 1 and Dec. 31, 2022.

Ariana Maria DeAnda Adams

Ashli Agnant

**Thomaz Alvares** 

Yanira B Amadeo

Danielle Andrews

Alma Elena Arredondo

Beckham Arthur

Ronald Asiimwe

Amy Bak

Jessica Benge

Chris Bernard

Ivana Elisa Borba

Cameron Leigh Boudreau

**Annie Boyles** 

Ma'Kyla Bradford

Meredith Brou

**Delaney Brown** 

Sidney Lee Burnham

**Heather Campbell-Enns** 

Maya Carter

Mustafa Cetin

Paul Chang

Yu Chen

Seulki Choi

Victoria Olivia Sherry Chou

Destiney D. Clark

Anisa Marie Codamon

**Brinkley Collier** 

Karen Couves

An Hoai Dang

Ana Mireya Diaz

Madison Diomede

Taylor Lynn Distelrath

Julia A. Rivera Drew

Janette Driscoll

Ghada El Kawas

Kayleigh Evans

Pond Ezra

Hei Tung Fung

Abbygail Gangloff

Andrae Griffin

**Emily Elizabeth Grubbs** 

Alexus Hamilton

Lucila Hansen

Alexandra Nicole Hanson

Katherine Hargadon

Louise Helferty

Cass Henriques

Kristen Henry

Ashleigh Gabrielle Hester

Abbigail Jordan Hite

Anna Katherine Hochgraf

Ashley Lynne Hopkins

Jennifer Marie Imbuzan

Marcela Itah

Sara Jackson

Maria Claribel Jake

Donnella Jefferson

Mary Sue Jones

Paige Kakazu

Halle Ann Kane

Brooke May Keilholtz

April Keller

Susan Kessler

Reilly Kincaid

Noah Kinder

Chrystyna Kouros

Susann Kunze

Hyunjae Kwon

Vanessa LaRoche

Jennifer LaRosa-Van Ryswyk

Khoi Nguyen Anh Le

Celia Tseyen Lee

Maritza Jireh Leon Cartagena

Sam Levy

Erin Elizabeth Mahoney

Nichole Manson

Alyssa Maples

Dedra Jean McDaniel

Amy McGehee

•

Olivia Mcleod

Ruthie A. Miller

Phyllis Kay Moyes

Samantha Ashley Murray

Kadija Mussa

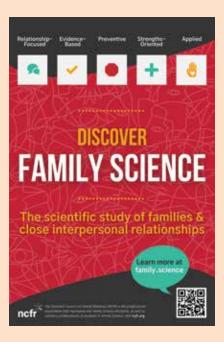
Cante Nakanishi

Jody Neuman-Aamlie

**New Members** continued on page 17

### **Promote Family Science!**

### **Download Free Posters, Graphics, & More**



NCFR's online Toolkit to Promote Family Science has dozens of free materials you can use to promote the identity of Family Science!

- Printable poster designs
- Graphics for websites, social media, and print
- Handouts & fliers
- Email signatures
- Articles & stories about
   Family Science and careers

Visit ncfr.org/family-science-toolkit

# Call for Nominations and Applications

### **Journal Editor Position**

Journal of Marriage and Family

The National Council on Family Relations (NCFR) is seeking nominations and applications for the position of editor of Journal of Marriage and Family (JMF). The application deadline is August 1, 2023. The JMF Editor Search Committee anticipates selecting the new editor by Oct. 1, 2023, and the new editor will be announced at the 2023 NCFR Annual Conference in November in Orlando, Florida.



The five-year term of the new editor will begin in January 2024. During the first year, the editorship will transfer from the current editor to the incoming editor. The editor of record during 2024 will be Liana Sayer, whose term will be completed with the publication of the December 2024 issue. The first issue in which the incoming editor will be the editor of record will be the February 2025 issue.

To obtain a detailed description of the editor's responsibilities as well as a description of the application supporting materials, please email Jane Reilly, NCFR's Manager of Governance and Board Operations and staff liaison to the search committee, at <a href="mailto:janereilly@ncfr.org">janereilly@ncfr.org</a>.

Nominations with a curriculum vitae and completed applications may be mailed to **National Council on Family Relations**, 661 LaSalle Street, Suite 200, St. Paul, MN, 55114, or emailed to <u>janereilly@ncfr.org</u>. The JMF Search Committee will review application materials beginning August 1, 2023. Nominees and applicants must be members of NCFR.

### **Application Deadline**

Review begins August 1, 2023



### **Latest NCFR Policy Brief**

# Tackling Housing Concerns at the State-Level: Lessons From Family Impact Seminars

Suboptimal housing severely interferes with individual and family well-being, including children and caregivers. This is of concern because housing instability among families with children in the United States has risen since the 2008 recession, and it increased markedly during the COVID-19 pandemic.

In Oregon, Wisconsin, and Indiana, housing legislation that affects families who are homeless, who are renters, or who are buying homes has demonstrated that states can create affordable housing options, protect low-income renters and homeowners, and prevent homelessness through housing trust funds and tax credits



for individuals and developers, local fair

housing laws, and permanent

supportive housing and rapid rehousing programs.

This brief includes several promising policy options at the state and local levels that can help to address housing instability concerns for families.

A two-page executive summary and an eight-page policy brief are available for you to download and share with your legislators and networks. Find all NCFR Policy Briefs at ncfr.org/policy-briefs. \*

## **Upcoming NCFR Webinars** in 2023

All webinars approved for continuing education credit for the Certified Family Life Educator (CFLE) credential.

Request a classroom license for any webinar to use with your students!

### **Understanding Ethnic-Racial Identity Development**

Monday, June 5, 2023 / 11 a.m. to 12:30 p.m. CT Presented by: Denzel L. Jones, Ph.D., LMFT

### **Integrating Reflective Practice into Family Life Education Practices**

Tuesday, June 20, 2023 / 11 a.m. to 12:30 p.m. CT Presented by: Angie Walston, M.S., CFLE

### **Talking about Race and Racism with Children**

Tuesday, July 18, 2023 / 11 a.m. to 12:30 p.m. CT Presented by: Lorna Durrant, Ph.D., CFLE; Margaret Kerr, Ph.D.; and Chang Su-Russell, Ph.D., CFLE

### Introduction to LinkedIn for Faculty Professors and Student Advisers

Tuesday, September 26, 2023 / 11 a.m. to 12:30 p.m. CT Presented by: Amanda Barnett, Ph.D.; and Bethanne Shriner, Ph.D., CFLE

### NCFR Report: A Member Forum

NCFR Report is a quarterly magazine for members designed to encourage member-to-member dialogue, to inform colleagues about our research, and to discuss research application for practitioners and policy professionals. Through Report, NCFR also builds our community by reporting on people, events, and organizational news.

Unlike the content of our scholarly journals, the articles in NCFR Report have not been peer-reviewed. In the spirit of open debate and academic freedom, NCFR Report is a member forum for exchanging ideas. The opinions or findings expressed are those of the author(s), which may or may not represent the official position of NCFR as an organization nor the prevailing scientific consensus on the topic. Author email addresses are provided to encourage readers to offer comment to writers. \*

### **Congratulations to Our New Certified Family Life Educators**

Nassau, Bahamas

Rosalee Mavis Prophete

California

Jill Broberg

Sarah E. DeMartini

Monique Alysse Salgado

Colorado

Lauren Clare Mchugh

**Delaware** 

Patricia Jean Porcello

Florida

Paige Johnston

Georgia

Brittni Haskett

Faith Ann Kasha

Idaho

Kristen Doolhoff

Erika R. Svedin

Illinois

Mary Butler

Jenna Kirkwood

Mahalia Abdulla Masood

Indiana

Catalina Campo Allen

Brooklyn Crawford

Ashlyn Nicole Douthitt

Louisiana

Alexandra Rachelle Keshner

Samantha N. Rester

Shaletta Washington

Massachusetts

Maggie Hill

Michigan

Batoul Alkharssa

Tyler James Ranger

Minnesota

Beth Maddock Magistad

Kasey Nimmerfroh

Carrie Yeager

Missouri

Sabrina Ethridge-Krawchuk

Mississippi

Stephanie Sowell Bishop

De Klerk Davon Richardson

Katie Vander Molen

**North Carolina** 

Jordyn Kohl

Alexis Leeann Medlin

Melissa Smith

**New Jersey** 

Linda M. Angelillo

**New Mexico** 

Leilani Foulk

**New York** 

Danesha Newton

Ohio

Anita Armstrong

Samantha Agnes Fromet

Oklahoma

Kallie Rose Green

Pennsylvania

Abigail M. Kropp

Tennessee

Allison Colleen Jones

Provisional unless otherwise noted.

**Texas** 

designated between October 1 and December 31, 2022.

Abigail Brack

Bonnie Ysabel Donaldson

Nashuna Ivy

Karen Kinsel Silcox

Marissa Medina Thornton

Kathryn Paige Vega

Brianna Grace West

Karen Williams

Utah

Megan Hollie Henderson

Sara Tess Mecham

Melinda Watson

Virginia

Kirsten Knox

Taylor Marie Rolt

### **New Members** continued from page 14

Lily Nguyen

Sarah O'Keefe

Anna Olsen

Kaylee V Olund

Kailey Morgan Owings

Omobola Oyeleye

Christine Parmerlee

Jewel George Perumbral

**Emily Pinto** 

Di Qing

Marla Reicks

Zen Xander Reyes

Kimberly Rodriguez Jimenez

Latrice Rollins

Rory Ann Ronsonet

Leslie Rusoff

Roun Said

Tawanda Y. Sanders-Williams

Annita Ayce Sani

**Emily Sestito** 

Sarah Lorraine Shelby

Ria Shelton

Junrong Sheng

Delanie Skaja

Jennifer Smith
Sasha Eden Smith

Starr Smith

Haley Elizabeth Solace

Helen Clancy Spencer

Stacy Spurzem

Mike Stensland

Marlene J Stern-Jimenez

**Brittany Michelle Stevens** 

Zhihan Su

Brandee Michaelle Tannehill

Gwendolyn Teok

Marlena Thomas

Arlett Tracey-Gayle

Andrea Trejo

Sabrina Grace Uva

Tonya Marie Vandenbrink

Jennifer Vazquez

Kathryn Paige Vega Lakeycha Vellon-Cortes

Meghan E Wall

Karin L Waters

Brianna Grace West Jessica Williams Jill B. Willmore

Jarine Wilson

Julianna Wuethrich

Ting Xu

Chino Yabunaga

Shoa Yang

Deja Young

Hanna Yu Yun Zhou

John Zivojinovic



### **New NCFR Fellows**

**Chalandra M. Bryant, Ph.D., CFLE**, is professor and director of research in the Department of Family Social Science at the

University of Minnesota. Dr. Bryant earned her doctorate in child development and family relationships from the University of Texas at Austin. Her master's



degree in science education and bachelor's degree in biology were both awarded by the University of South Florida.

Dr. Bryant has made significant contributions to Family Science through research, mentoring, and leadership. She served as co-principal investigator on a recent project, Build and Broaden: African American Family Relationship Research through Partnerships with HBCUs, aimed at building research partnerships between minority-serving institutions (MSIs) and Predominantly White Institutions (PWIs).

Dr. Bryant has amassed an impressive record of scholarship, including two books and more than 60 peer-reviewed articles/ book chapters. Her program of research has secured more than \$8.5 million in external funding from the National Institutes of Health, the Robert Wood Johnson Foundation, the National Science Foundation, and other top agencies. She has served on editorial boards for NCFR's journals, as well as other top journals in the family field. Dr. Bryant has been recognized for her research contributions with many accolades including NCFR's Reuben Hill Award, and the International Association for Relationship Research (IARR) New Contributions Award. She was also an inaugural Ambiguous Loss Scholar at the University of Minnesota.

Dr. Bryant's support and involvement with students and junior scholars has been widely recognized. In fact, Dr. Bryant was the most recent co-recipient of the NCFR Felix Berardo Scholarship Award in 2022. Her work for NCFR includes serving as the chair of the Inclusion and Diversity Committee as well as secretary/treasurer of the Ethnic Minority Section (now known as Racial and Ethnic Diversity in Families Section). In addition to sustained involvement in the annual conference program, she has served on review panels and search committees for NCFR.

**Abbie E. Goldberg, Ph.D.**, is the Jan and Larry Landry University Professor at Clark University. She is also professor in the

Department of Psychology, and director of Clark's Women's and Gender Studies program. Dr. Goldberg earned her doctorate in clinical psychology, and master's in



psychology from University of Massachusetts Amherst. She has served as a faculty member at Clark University since 2005.

Her scholarship on LGBTQ parents and youth has been profoundly influential in Family Science research. She has been heralded as the leading researcher of diverse families—and, in particular, families whose identities encompass same-sex sexualities, and whose lives are characterized by systemic injustices related to gender, sexuality, and other axes of normativity. She employs qualitative methods and quantitative longitudinal dyadic methods.

Dr. Goldberg's impressive record of published work includes 150+ peer-reviewed articles, nine books (four as primary author, five as an editor), and numerous other publications.

She has served on editorial boards for each of the three NCFR journals, in addition to 8 other journals. She is currently the deputy editor of Journal of Marriage and Family.

Dr. Goldberg's cutting-edge Family
Science work is multidimensional and
interdisciplinary—deeply influential in
sociology, education, health sciences,
psychology. Her integration of teaching,
research, and scholarship has meaningfully
impacted youth and families. She has served
the community at large as consultant on a
myriad of projects, as well as legal advisory
and expert testimony.

At NCFR, she has made significant and sustained contributions, most notably as the chair of the Feminism and Family Science Section, as well as serving across a number of search committees, and review boards. In recognition of her achievements, she has received two of NCFR's Jessie Bernard Awards for Feminist Scholarship.

**April L. Few-Demo, Ph.D.,** is professor and head of the Department of Human Development and Family Science at the

University of Georgia. Dr. Few-Demo completed her doctorate in child and family development at the University of Georgia. She completed her master's



degree at Monterey Institute of International Studies in international policy studies.

Dr. Few-Demo has made a profound impact on the discipline of Family Science through her scholarship, leadership, mentorship, and service. She began her career asking the question if there was a place in Family Science for the integration of critical theories such as Black feminism and intersectionality, critical race theory, and queer theory. Critical and radical theory has been central to her work, leadership, and passion for Family Science. Her research critically examines social disparities and inequities as well as how individuals and families engage in decision-making processes toward resilience and well-being.

In 2018, she was the recipient of the Alexis Walker Award, Wiley Prize in Family Science, which honors outstanding original scholarship in the field of family science that has been published in Wiley Publishers journals. The NCFR Feminism and Family Studies Section awarded her the 2017 Alexis J. Walker Award for Mid-Career Achievement in Feminist Family Studies. She was one of only two scholars to have won the NCFR Feminism and Families Section award, Jessie Bernard Outstanding Paper from a Feminist Perspective Award twice. She had the privilege of being selected as a co-editor of the 2022 edition of the Sourcebook on Family Theories and Methodologies, a Family Science literary tradition that is published about every 12-15 years and is edited by the most prominent scholars in the field.

At NCFR, Dr. Few-Demo has served in multiple elected and appointed positions, including the NCFR Board of Directors, in addition to sustained involvement in the annual conference program.

Ani Yazedjian, Ph.D., is acting provost, and University Professor in the Department of Family and Consumer Sciences at Illinois State University. Dr. Yazedjian completed her doctorate and master's degree in human development and family studies at the University of Illinois at Urbana-Champaign.

Dr. Yazedjian has contributed significantly to Family Science through her service, research, and leadership. Her early research

contributed to ethnic identity development among adolescents. More recently, her scholarship, funded through the U.S. Department of Health and Human



Services' Healthy Marriage/Responsible Fatherhood initiative, has transformed the discipline through collaborative partnerships with local high schools. As a leader in administrative roles among family health and policy professionals, she has benefited Family Science scholars nationwide. At NCFR, she has made profound and sustained contributions, most notably in her engagement with, and leadership of the Racial and Ethnic Diversity in Families Section. Under her leadership, the section thrived, and membership increased. In addition, Dr. Yazedjian exerts the effort to engage NCFR members, from developing a fundraiser for the creation of travel awards to co-sponsoring sessions, to making the elections process more equitable and expanding awareness, which only diversifies NCFR that much more.

Throughout Dr. Yazedjian's professional tenure, she has risen through the ranks from assistant professor to associate professor, then to professor and to department chair, and then to associate provost, and now acting provost. And during this time, she secured over \$7 million in external funds for research focused on adolescent parenting and romantic relationship development among teens and developed a curriculum centered on families in Southeast Asia. These were trailblazing efforts in which she created bridges and opportunities for students interested in Family Science. \*\*



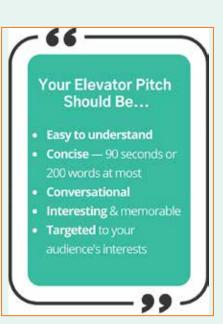
## **Guide: How to Explain Family Science to Anyone**

Develop your short, simple, and memorable Family Science elevator pitch using NCFR's guide.

Walk through 5 easy steps to craft a persuasive answer to the question "What is Family Science?" Includes sample language, a blank template, FAQ, and more.

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