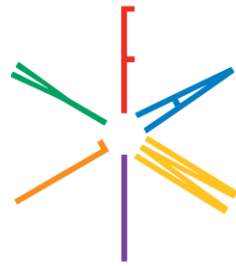
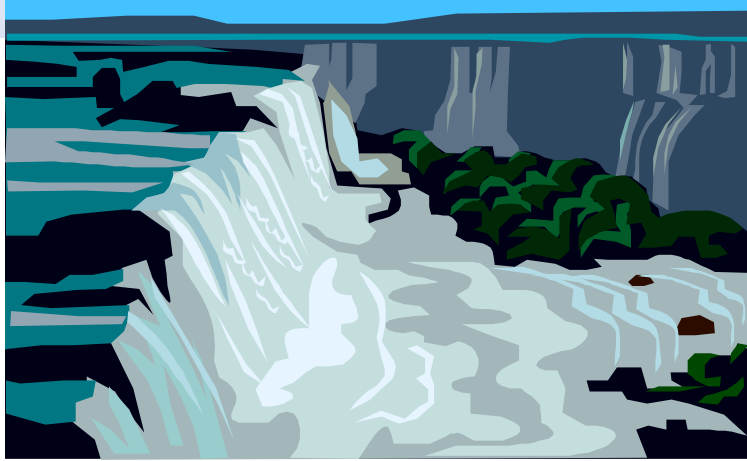
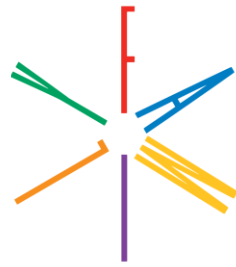


# Family Life Education

# Once upon a time...



There was a village built upon the edge of a river where the water churned roughly over the rocks



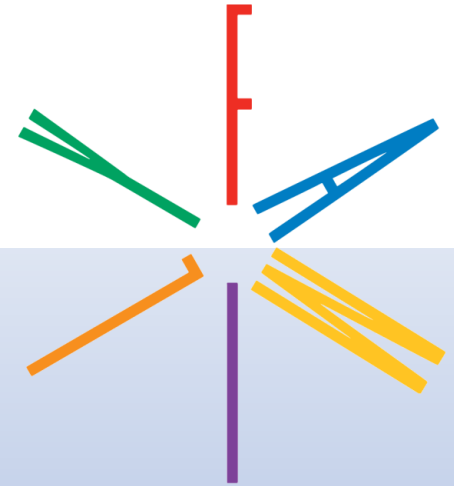
There were signs at the river's edge warning of the danger, but people often ignored the signs & fell into the river.

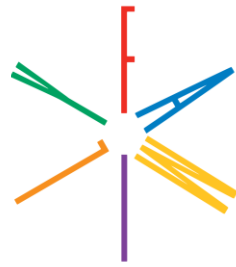
They either drowned or flowed downstream to a waterfall & were never seen again.

# The villagers came up with a plan

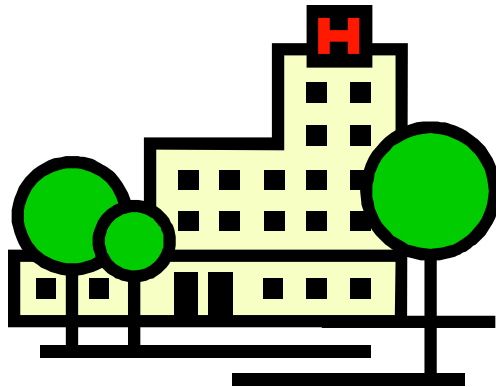
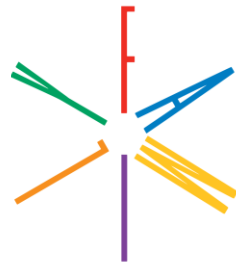


A net was put downstream to catch those who had fallen in the river.



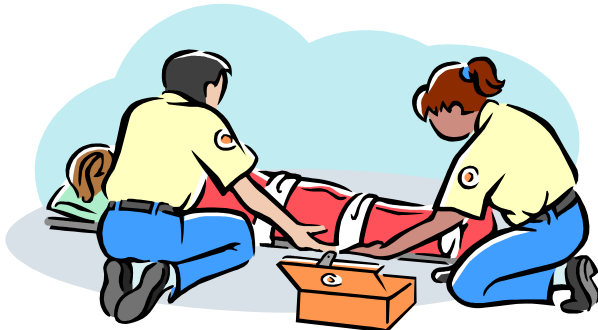


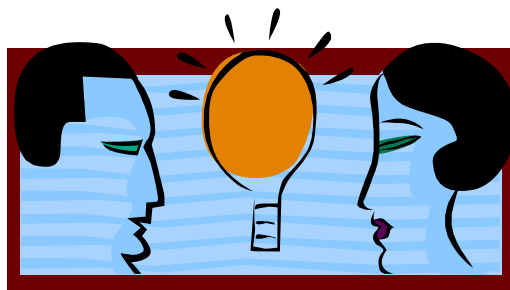
A full-time crew was hired to watch for villagers floating downstream, pull them from the river, dry them off, & get them to ambulances.



A new hospital was built closer to the river's edge.

All these efforts increased the survival rate but many were still injured or drowned.



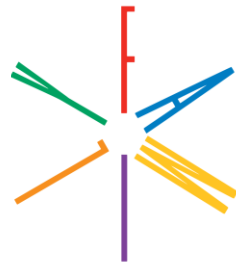


A couple who moved to the village watched what was happening & asked if something more could be done to save them. (*Collaboration*)

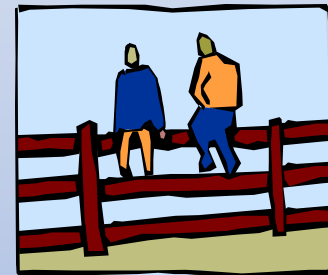


The villagers explained that they had developed a good system, & while they weren't able to save everyone, things had improved.

# The couple decided to take matters into their own hands by...



- Helping to build a large fence along the rough part of the river (*Prevention*)



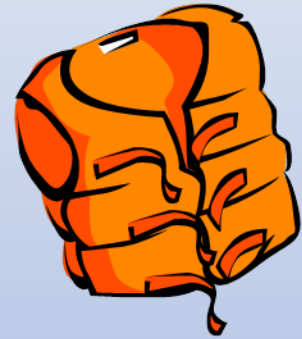
- Offering swimming lessons (*Education*)



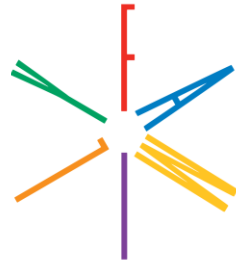




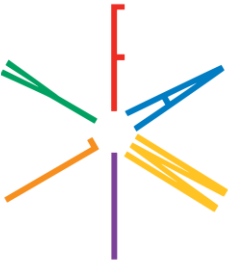
- Speaking to villagers about the dangers of going into the river without a life jacket (*Prevention & Education*)
- Conducting classes to teach people how to maneuver their boats around the rocks (*Prevention & Education*)



# Soon...



Fewer & fewer people were falling into the river and those who did fall in were better able to help themselves out.

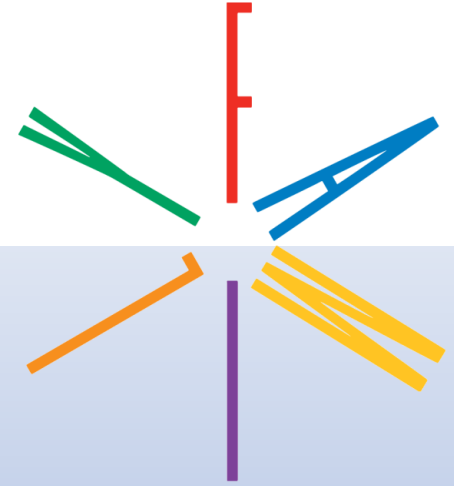


# Family Life Education



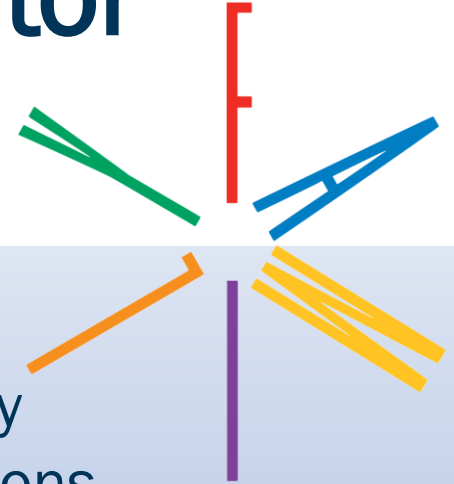
Is any organized effort to provide family members with information, skills, experiences, or resources intended to strengthen, improve or enrich their family experience.

# How to Become a Certified Family Life Educator (CFLE)

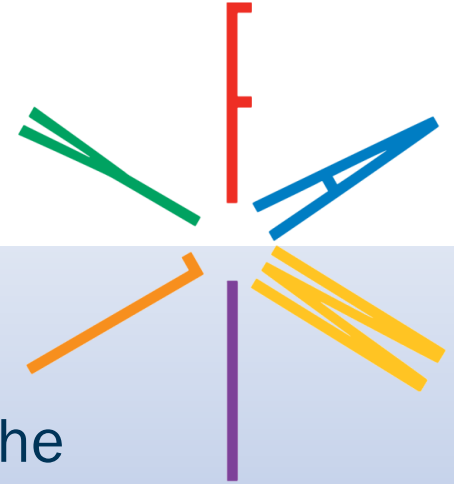


# Certified Family Life Educator

## CFLE



National Council on Family Relations (NCFR) sponsors the only international program to certify family life educators. NCFR encourages applications from all degreed professionals working in family life education including formal teaching, community education, curriculum and resource development, health care, military family support, ministry and more



While various professionals assist families, it is the family life educator who incorporates a family-systems, preventive and educational approach to individual and family issues.

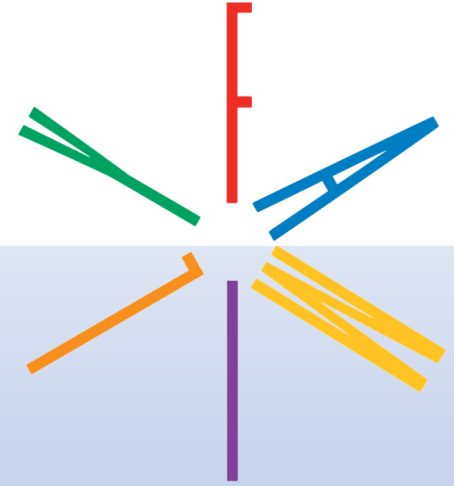
# Family Life Education

as defined by NCFR

FAMILY LIFE EDUCATION has as its primary purpose to help individuals and families learn about human growth, development, and behavior in the family setting and throughout the life cycle. Learning experiences are aimed at developing the potential of individuals in their present and future roles as family members. The core concept is relationships, through which personality develops, about which individuals make decisions to which they are committed, and in which they develop self-esteem.

Family Life Coordinator, 1968

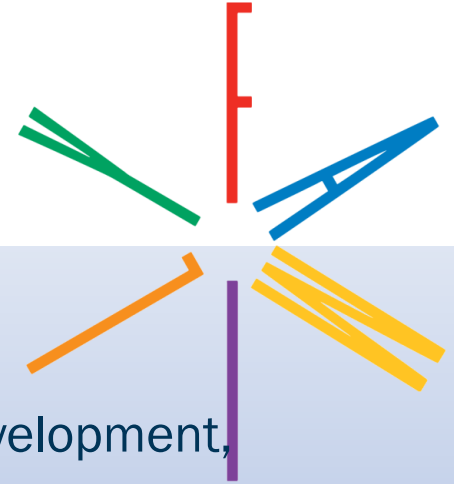
# Where are Family Life Educators Employed?



Family life educators work in a variety of settings. They bring comprehensive family training to a myriad of employment sectors and job classifications. Often, CFLEs work in the following venues:

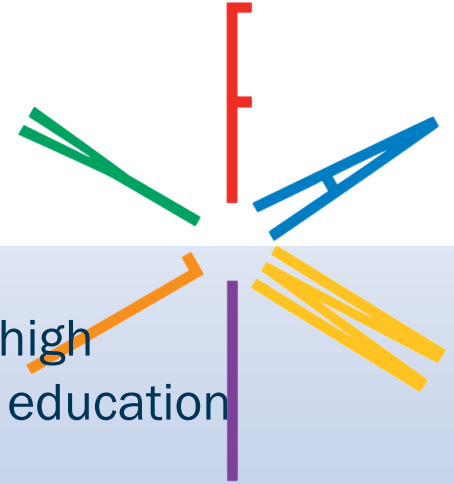


# Where are Family Life Educators Employed?



- **Practice** – teaching, education, program or curricula development,
- **Administration** – leadership or management, organizing, coordinating
- **Promotion** – public policy, lobbying, advocating for system change and awareness

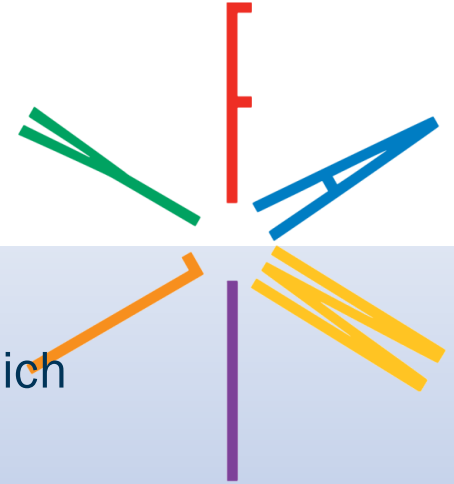
# Benefits of Certification



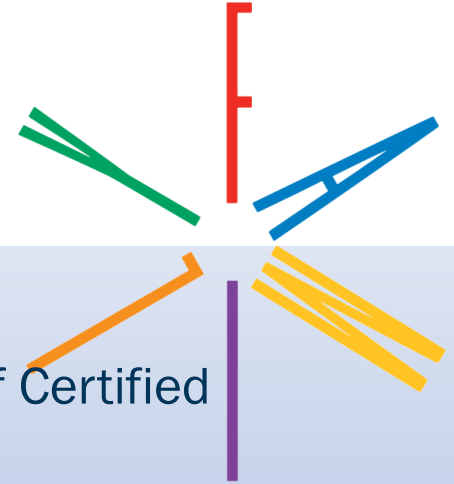
- Increases credibility as a professional by showing that the high standards and criteria needed to provide quality family life education have been met
- Validates experience and knowledge
- Adds credibility to the field by defining standards and criteria needed to provide quality family life education

# Benefits of Certification

- Recognizes the broad, comprehensive range of issues which constitutes family life education and expertise in the field
- Acknowledges the preventive focus of family life education
- Provides avenues for networking with other family life educators both locally and nationally

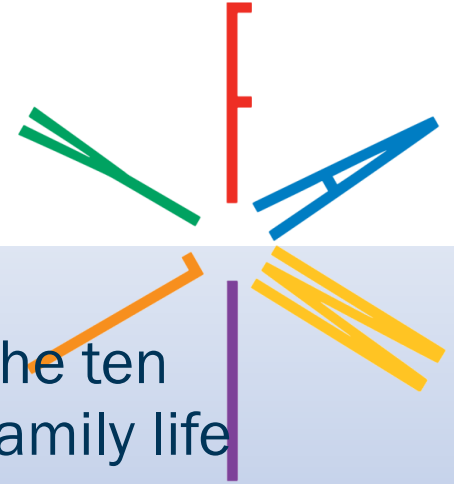


# Benefits of Certification



- Quarterly newsletter, *Network*, and access to a Directory of Certified Family Life Educators
- Access to the CFLE Listserv
- Access to the NCFR Professional Resource Library
- Certification offers the opportunity to attend special CFLE meetings and events at the NCFR Annual Conference

# There are Two Levels of Certification

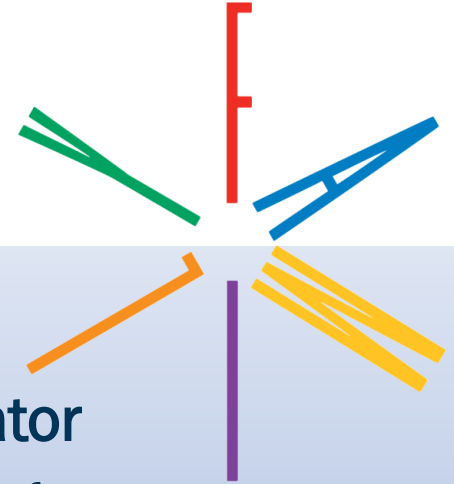


**FULL** Certification – Demonstrated knowledge in the ten family life content areas *and* work experience in family life education

**PROVISIONAL** Certification – Demonstrated current knowledge in the ten family life content areas but lacking sufficient work experience in family life education

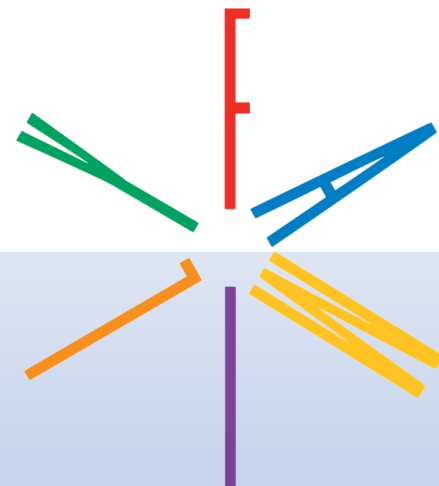
# Minimum Requirements

*All* applicants for the Certified Family Life Educator degree must have, at minimum, a bachelor's degree from an accredited institution



# Approved Accreditation Organizations in the U.S.

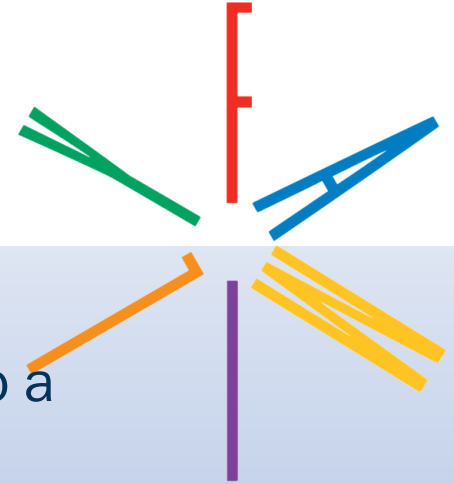
Middle States Association of Colleges & Schools  
Northwest Association of Schools & Colleges  
North Central Association of Colleges & Schools  
New England Association of Schools & Colleges  
Southern Association of Colleges & Schools  
Western Association of Schools & Colleges



# Non-USA Degrees

Applicants with a degree earned outside the United States must provide evidence of degree equivalency to a degree earned in the U.S.

Credentials should be evaluated by an official credential evaluation service that is a member of the National Association of Credential Evaluation Services (NACES)  
[www.naces.org](http://www.naces.org)



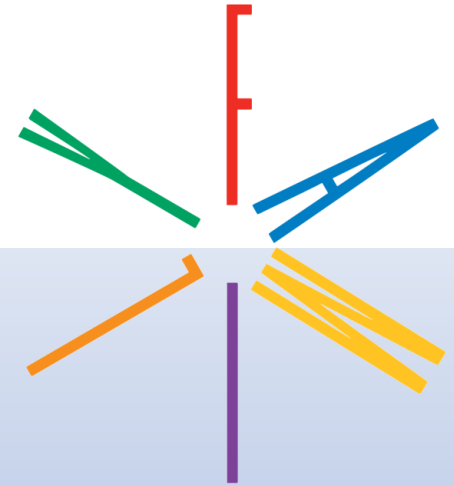


# Knowledge in FLE can be demonstrated through:

Successful completion of the CFLE Exam

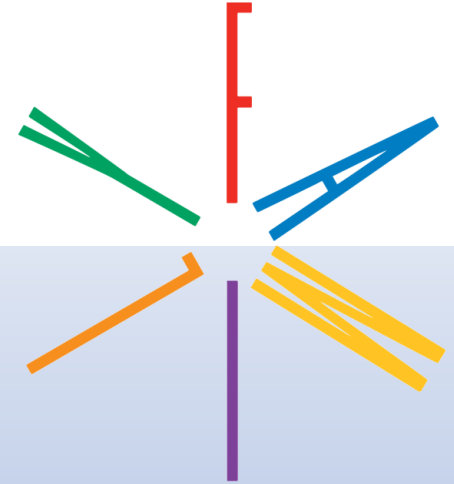
*or,*

Graduation from an NCFR CFLE-Approved program including completion of all NCFR-approved CFLE coursework.

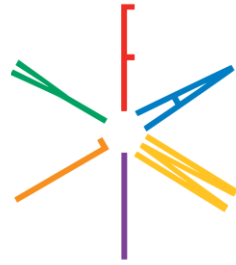


# Family Life Content Areas

- Individuals and Families in Societal Contexts
- Internal Dynamics of Families
- Human Growth & Development across the Lifespan
- Human Sexuality
- Interpersonal Relationships
- Family Resource Management
- Parent Education and Guidance
- Family Law & Public Policy
- Professional Ethics & Practice
- Family Life Education Methodology

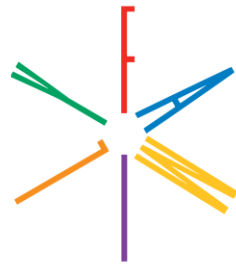


# Individuals and Families in Societal Contexts



*Understanding families and their relationships to societal institutions*

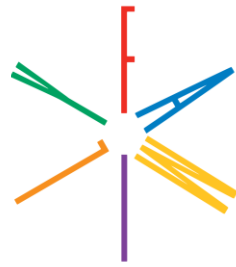
- Structures and functions
- Cultural variations
- Dating
- Courtship
- Marital choice
- Cross-cultural and minority families
- Kinship
- Changing gender roles
- Demographic trends
- Historical issues
- Work-family relationships
- Societal relations



# Internal Dynamics of Families

*Understanding family strengths and weaknesses and how family members relate to each other*

- Internal social processes
- Communication
- Conflict management
- Normal family stresses
- Family crises
- Special needs in families

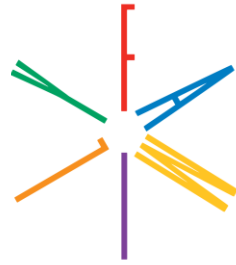


# Human Growth & Development Across the Lifespan

*Understanding the developmental changes of individuals and families throughout the lifespan*

- Prenatal
- Infancy
- Early and middle childhood
- Adolescence
- Adulthood
- Aging

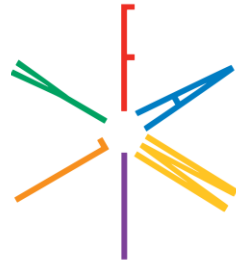
# Human Sexuality



*Understanding the physiological, psychological, and social aspects of sexual development throughout the lifespan*

- Reproductive physiology
- Biological determinants
- Aspects of sexual involvement
- Sexual behaviors
- Sexual values and decision-making
- Family planning
- Sexual response
- Influence on relationships

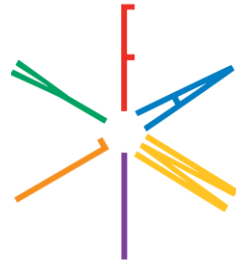
# Interpersonal Relationships



*Understanding of the development and maintenance of interpersonal relationships*

- Self and others
- Communication skills
- Intimacy
- Love
- Romance
- Relating to others

# Family Resource Management



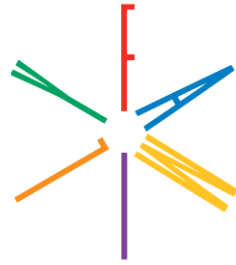
*Understanding the decisions individuals and families make about developing and allocating resources, including...*

- *time*
- *money and material assets*
- *friends and neighbors*
- *space*

- Goal-setting and decision-making
- Development and allocation of resources
- Social environment influences
- Life cycle and family structure influences
- Consumer issues and decisions



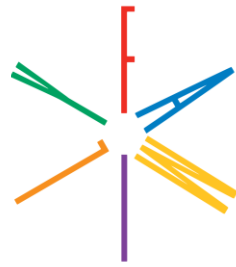
# Parent Education & Guidance



*Understanding of how parents teach, guide, and influence children and adolescents*

- Parenting rights and responsibilities
- Parenting practices and processes
- Parent-child relationships
- Variation in parenting solutions
- Changing parenting roles over the life cycle

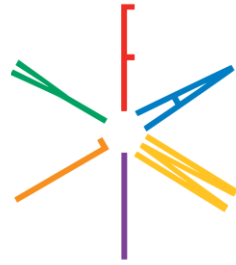
# Family Law and Public Policy



*Understanding of legal issues, policies, and laws influencing the well being of families.*

- Family and the law
- Family and social services
- Family and education
- Family and the economy
- Family and religion
- Policy and the family

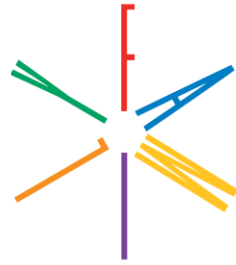
# Professional Ethics & Practice



*Understanding the character and quality of human social conduct and the ability to critically examine ethical questions and issues*

- Formation of values
- Diversity of values in pluralistic society
- Examining ideologies
- Social consequences of value choices
- Ethics and technological change
- Ethics of professional practice

# FLE Methodology

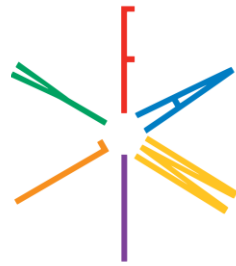


*Understanding the general philosophy and broad principles of family life education in conjunction with the ability to:*

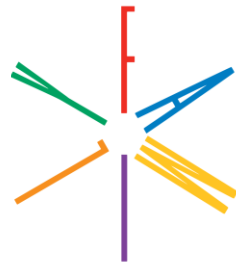
- *plan*
- *implement*
- *evaluate*
- *educational programs*

- Planning and implementing
- Evaluation
- Education techniques
- Sensitivity to others
- Sensitivity to community concern

# Family Life Education Experience



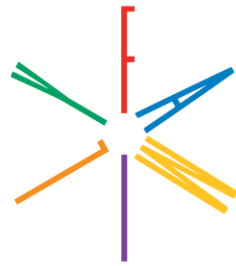
- Family life education work experience is defined as employment that involves prevention and education for individuals and families that leads to more productive and satisfying living.
- Activities must be related to at least one of the ten family life content areas.



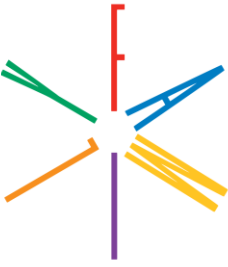
# FLE Work Experience

- Family life education occurs in a variety of settings and through a variety of formats
- There is no definitive list of what counts as FLE work experience and what doesn't
- It is the responsibility of the applicant to show the educational & preventative nature of their work and it's relevance to the ten content areas

# Criteria for FLE Work Experience



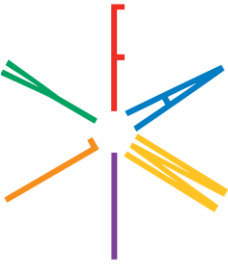
- Preventive & educational in nature
- Incorporates a family & lifespan perspective
- Intentional – it doesn't just happen
- Includes a planned curriculum or lesson
- Relates to at least one of the ten fle content areas
- Focuses on normal family stressors
- Focuses on skills & abilities



# FLE Work Experience

- Volunteer work supported with training or formal preparation can be accepted

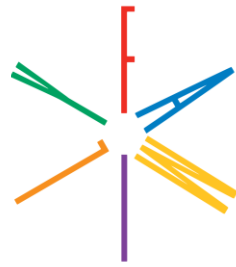




# Provisional Certification

- Provisional Certification is available to those with at least a baccalaureate degree from a regionally accredited institution, but who lack sufficient work experience in family life education

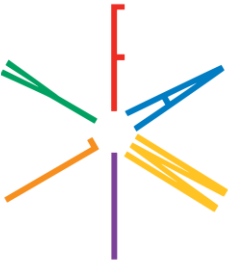
# Two Paths to Provisional Certification



- Successful completion of the CFLE Exam

*or,*

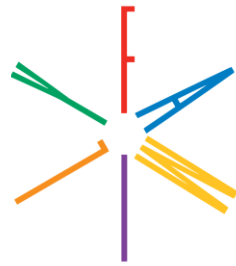
- Graduation from an NCFR CFLE-Approved program including completion of all NCFR-approved CFLE coursework. Coursework must be completed within the past five years



# Full Certification

- Full Certification is available to those with demonstrated knowledge in family life education and sufficient work experience in family life education

# Three Paths to **Full Certification**



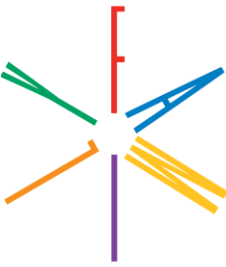
- Successful completion of the CFLE Exam and documentation of sufficient work experience in family life education

OR,

- Applying for Full Certification through the Abbreviated Application Process completing required coursework on an approved program's checklist and documenting sufficient work experience

OR,

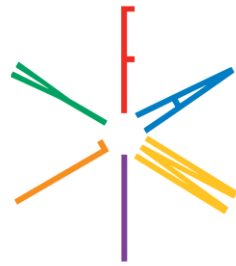
- Receiving Provisional Certification through the Abbreviated or Exam Application Processes and then upgrading to Full Certification (at a later time) by documenting sufficient work experience



The number of hours of work experience needed depends upon the level and relevancy of the degree

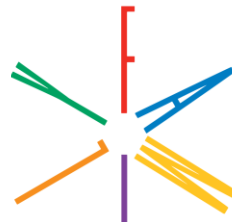
Requirement for Full Certification	Bachelor's Degree	Master's or Ph.D. Degree
Family –specific Degree	3,200 hours	1,600 hours
Non-family-specific degree	4,800 hours	

# Work Experience Documentation Requirements

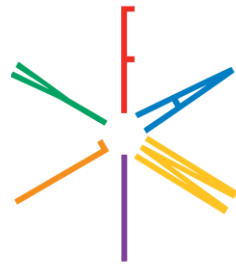


- Work Experience Summary form
- Employer Assessment and Verification form  
verifying at least half the required work experience hours
- Examples of work experience  
i.e., handouts, outlines, syllabi, brochures, etc.
- Current Vita or Resume
- Signed CFLE Code of Ethics

# FLE Work Experience Summary Form



Employer/Sponsoring Organization	Job Title Include brief description of responsibilities	Family Life Education Activity i.e. work shop presentation, published article, curriculum developed, direct service, etc. Supporting materials attached	Employment Dates & # of Hours/Week/Year Total # of Hours	Content Area(s) Addressed	
Example	Community Education	Community Educator Develop and teach parenting classes	Parenting Works! Workshop 12 week workshop (2.5 hours per week x 12 = 30 hours) Topics include parenting styles, discipline, communication skills, etc. <i>(Include outline of workshop &amp; promotional brochure)</i>	2011 - 2012 Taught two times each year (30 hours each session plus 30 hours prep time) 60 x 4 = <b>240 hours</b>	#2, #3, #5 & #7
	Family Service Agency	Case Manager Program development & implementation	Work with single teen mothers individually and in small groups, teaching money management, goal-setting and parenting. <i>(Include worksheet &amp; handouts used with clients, outlines of topics taught)</i>	March 2014 to present 8 clients 25 hours per week (40 weeks to date) <b>1000 hours</b>	#3, #6, #7
	Riverside Clinic	Health Educator Develop and implement programs	Work in an HIV support program in which HIV positive clients are supported as they negotiate life planning with their families Support provided through education in communication skills, financial management, coordination of community resources <i>(Include outlines of topics covered, worksheets &amp; handouts used, example of resource list, etc.)</i>	January 2015 – present 15 clients 15 hours per week (40 weeks to date) <b>750 hours</b>	#3, #4, #6
Example					

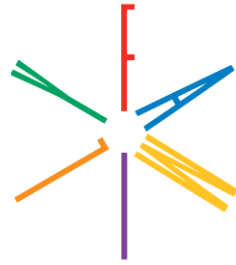


# Abbreviated Application Process

- Graduates of NCFR CFLE-approved academic programs can apply for **Provisional** or **Full** Certification through an Abbreviated Application Process.
- Applicants must apply within two years of graduation.
- Coursework must have been completed within the past five years.



# Abbreviated Application Process - Provisional

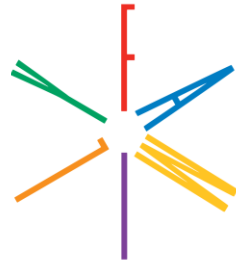


After graduation, students follow five easy steps to receive the designation of Provisional CFLE

1. Complete the Abbreviated Application Form
2. Complete the checklist from the approved school
3. Submit an original **Official** transcript showing **degree conferment** and successful completion of courses used on the checklist
4. Submit the Application Fee
5. Read and sign the CFLE Code of Ethics

Students can also apply in their final semester but will not receive approval until all information is submitted.

# Abbreviated Application Process - Provisional



Application fee for Provisional Certification through the Abbreviated Application Process is

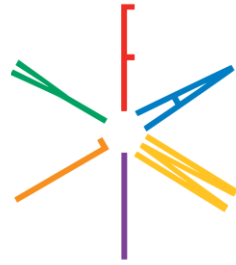
2016

\$124 for NCFR members

\$170 for Non-members

*\* Please note that all application fees are nonrefundable.*

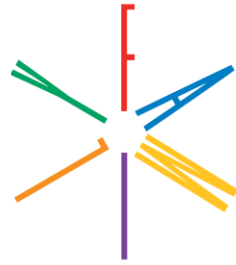
# Abbreviated Application Process - Full



Those applying for Full Certification through the Abbreviated Application Process must submit:

1. Complete the Abbreviated Application Form
2. Complete the checklist from the approved school
3. Submit an original **Official** transcript showing **degree conferment** and successful completion of courses used on the checklist
4. Submit the Abbreviated Application Fee & the Work Experience Review Fee
5. Read and sign the CFLE Code of Ethics

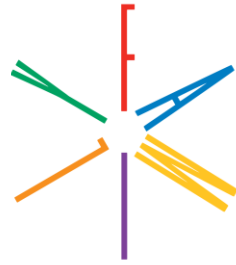
# Abbreviated Application Process – Full (Cont.)



6. Complete the FLE Work Experience Summary Form
7. Have an employer(s) fill out the Employer Assessment and Verification Form confirming *at least* 50% of the hours documented
8. Submit a current Resume/Vita
9. Submit documentation supporting the work that you listed on the work experience summary form. *This could include: copies of handouts, brochures, course/program outlines, worksheets, table of contents for curriculum, publications, etc.*

Students can also apply in their final semester but will not receive approval until all information is submitted.

# Abbreviated Application Process – Full (Cont.)



Those applying for Full Certification through the Abbreviated Application Process must pay a work experience review fee (in addition to the Abbreviated Application fee)

## Abbreviated Application Fee

\$124 for NCFR members

\$170 for Non-members

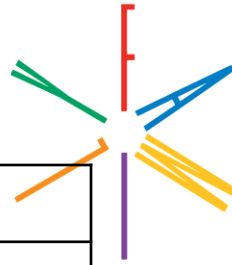
## Work Experience Review Fee

\$80 for NCFR members

\$110 for Non-members

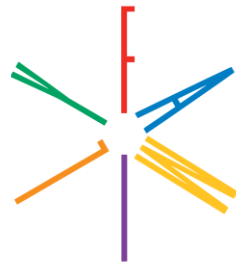
*\* Please note that all application fees are nonrefundable.*

# Abbreviated Application Checklist

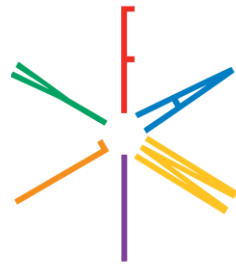


✓	NCFR Content Area	Approved coursework for Concordia ONLINE program Undergraduate
	1. Families in Society	FAS 440 – Overview of Contemporary Families
	2. Internal Family Dynamics	FAS 400 – Family Systems, Structures and Relationships
	3. Human Growth and Development	FAS 447 – Growth and Development in Children, AND PSY 220 – Adolescent Psychology, AND FAS 448 – Development in Adulthood
	4. Human Sexuality	FAS 450 – Intimate Relationships, AND FAS 451 – Family Communication and Relationships
	5. Interpersonal Relationships	FAS 450 – Intimate Relationships, AND FAS 451 – Family Communication and Relationships
	6. Family Resource Management	FAS 442 – Family Decision-making and Resource Management
	7. Parent Education and Guidance	FAS 443 – Parent Education
	8. Family Law and Public Policy	FAS 444 – Family Law, Public Policy and Applied Ethics
	9. Professional Ethic	FAS 444 – Family Law, Public Policy and Applied Ethics
	10. Family Life Education Methodology	FAS 446 – Methodology in Family Life Education, AND FAS 200 – Intro to Family Life Education, AND FAS 445 – Leadership and Community Involvement, AND FAS 449 – Parent Education—Methods and Materials
	11. Internship/Practicum (minimum 3 semester credits and 125 clock hours)	HSV/FAS 490 - Portfolio and Synthesis

# Course Requirements



- Courses used on the checklist (approved or substitutions) must have been successfully completed with a grade of C- or better. NCFR does not accept audited courses.
- The oldest course used on the checklist needs to have been completed no more than five years prior to your graduation date.



# Substitutions & Transfer Credits

Please note that degree requirements are not the same as CFLE requirements.

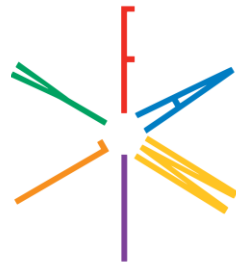
- Any course that does not appear on the checklist is considered a substitute, even if it has been accepted as transfer credit for the degree program.
- Substitutions and transfer courses must appear on an original official transcript showing date taken, name of course, and grade received.
- Up to two substitutions are allowed
- Substitute courses need to have been completed no more than five years prior to your graduation date
- Courses need to be approved by NCFR and can be submitted for review prior to application
- Submit a course syllabus (or detailed course description) showing that content covered was comparable to the required course





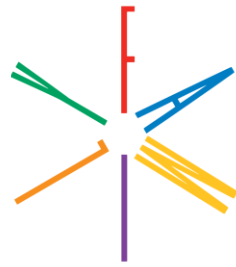
# Abbreviated Application Process

- Abbreviated applications are reviewed at NCFR headquarters
- Submissions are welcomed year-round
- You can apply for Provisional or Full Certification through the Abbreviated Application Process.
- Provisional CFLEs can upgrade to Full Certification after documenting sufficient work experience in family life education



# Abbreviated Application Process

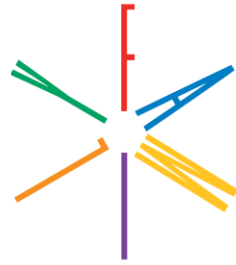
- Students can submit the abbreviated application form, completed checklist, a transcript, and \$50 of the Abbreviated Application fee prior to graduation
- Approval will be granted upon submission of an *original official* transcript showing degree completion and the remainder of the Abbreviated Application fee



# CFLE Exam

- 150 Multiple Choice Questions
- CFLE Exam Content Outline & Resources on the NCFR website
- Exam is offered 3 times each year
  - Computer-based testing
  - Onsite at the NCFR Conference

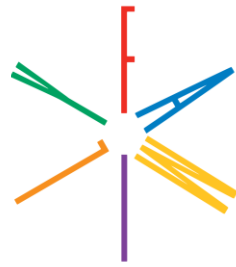
# CFLE Exam – Provisional Certification



The CFLE Exam Application fee is \$210 for members of NCFR and \$285 for non-members

Applicants applying for Provisional Certification pay the exam application fee.

Applicants can join NCFR and submit a membership application and fee at the same time as they submit their CFLE application



# CFLE Exam – Full Certification

Those applying for Full Certification through the Exam Application Process must pay a work experience review fee (in addition to the Exam Application fee)

## Exam Application Fee

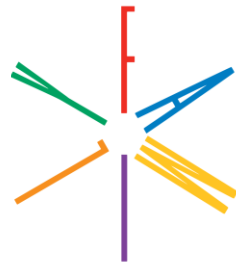
\$210 for NCFR members

\$285 for Non-members

## Work Experience Review Fee

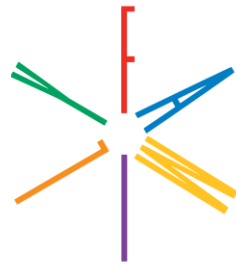
\$80 for NCFR members

\$110 for Non-members



# CFLE Annual Fee

- Provisional and Full CFLEs must pay an Annual fee in order to maintain their designation
- Fee covers cost of CFLE newsletter, *Network*, access to the CFLE Directory, CFLE listserv, Professional Resource Library, and general maintenance of the CFLE program



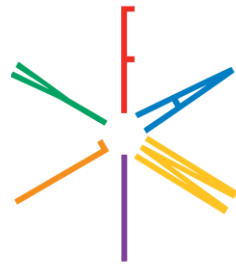
# CFLE Annual Fee

- The CFLE Annual Fee is

\$72 for NCFR members

\$97 for Non-members

(due one year from initial approval)



# Upgrading to Full Certification

- Once Provisional CFLEs have earned sufficient work experience in family life education, they can upgrade to Full status
- They complete the Work Experience Summary form and submit an Employer Assessment & Verification form and the Upgrade Application fee
  - \$80 for NCFR members
  - \$110 for Non-members

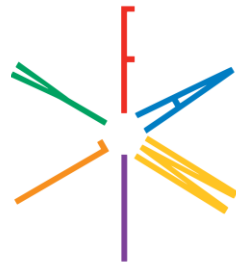




# Recertification

- CFLEs with **Full** status must recertify every five years
- Submit Continuing Education Form
- Recertification Fee\*
  - \$134 for NCFR members
  - \$190 for Non-members

\* *Includes annual fee for year of renewal*



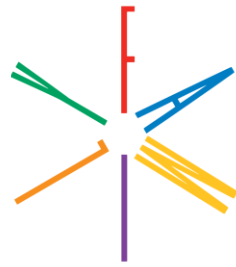
# Application Materials

All application forms and materials can be downloaded from the NCFR website.

- Abbreviated Application Process: <https://www.ncfr.org/cfle-certification/become-certified/abbreviated-application-process>
- Exam Application Process: <https://www.ncfr.org/cfle-certification/become-certified/exam-application-process>

NCFR can email all forms as a Word document so that it can be completed on a computer.

There is no charge for forms or checklists.



# Application Materials

- Applicants wishing to apply for certification through the Abbreviated Application process can get the Abbreviated Application Form and the approved school's checklist from the school.
- All applicants are advised to check with the Abbreviated Application Process page (<https://www.ncfr.org/cfle-certification/become-certified/abbreviated-application-process>) to make sure they are using the most current application forms before applying for certification.



# www.ncfr.org

- Visit the NCFR website for information on the CFLE program or contact Maureen Bourgeois at [maureenbourgeois@ncfr.org](mailto:maureenbourgeois@ncfr.org)
- (888) 781-9331
- (763) 781-9331
- (763) 781-9348 (fax)
  
- Information on this PowerPoint presentation is accurate as of January 2016