

IN THIS ISSUE

Family Focus theme: "Doing Family" at a Distance

Articles in the Family Focus section of this issue address the reality that many families require parents or spouses to be in two or more places at once, requiring them to "do family" from a distance.

In the News:

Innovation Grants Winners Named, 2

2016 Fellows Announced, 3

Bill Allen's President's Report, 4

Executive Review - Digging Through NCFR History: the Role of NCFR's Sections, 5

Directions: The ACEs Study and Family Life Education, 6

Family Science Report - NCFR and the United Nations: Part 2, 7

Call for Award Nominations, 10

Member Group Updates, 15

**2017 NCFR
Annual Conference
Nov. 15-18, Orlando,
Florida**

**Families as Catalysts:
Shaping Neurons,
Neighborhoods, and Nations**

NCFR Fellows 2016

The National Council on Family Relations (NCFR) has awarded the organization's prestigious Fellow status to three members for 2016.

Fellow status in NCFR is an honor awarded to members of NCFR who have made outstanding and enduring contributions to the field of Family Science in scholarship, teaching,

outreach, or professional service, including service to NCFR.

Fellows are nominated by their peers and selected by the Fellows Committee. The 2016 Fellows are highlighted on page three. They will be recognized at the 2017 NCFR Annual Conference. *

Katia Paz Goldfarb Selected as 2019 NCFR Annual Conference Program Chair

The National Council on Family Relations (NCFR) is pleased to announce that Dr. Katia Paz Goldfarb has been appointed Program Chair for the 2019 NCFR Annual Conference, to be held in Fort Worth, Texas. The program chair's primary duties are to select the theme, prepare the call for abstracts for that year's conference, and identify plenary speakers.

Dr. Goldfarb's multidisciplinary background includes degrees in education (BA, Hebrew University of Jerusalem, and MA, Eastern Michigan University) and family and child ecology (Ph.D., Michigan State University). Dr. Goldfarb is currently professor and chair in the Department of Family and Child Studies at Montclair State University in Montclair, New Jersey.

An NCFR member for more than 20 years, Dr. Goldfarb has been an active participant in NCFR programs and leadership, and is a well-respected scholar with extensive expertise and an international reputation who has made interdisciplinary contributions to the field of Family Science. At NCFR, Dr. Goldfarb has been actively involved in a variety of sections and committees, including the Advancing Family Science, International, and Ethnic Minorities

sections, among others. Her scholarly interests include Latino immigrant families and school relationships and the underrepresentation of ethnic minority families in family journals.



Katia Paz Goldfarb

Dr. Goldfarb's proposed conference theme is "Family Sustainability: Contextualizing Relationships Within Evolving Systems," which focuses on understanding the ever-complex reality of family relationships from within. It stresses the importance of acknowledging, and working with, the supports that already exist within and outside the family, with the goal of continuing to support families in sustaining their unit. The theme is intended to build on the one that precedes it in 2018 (globalization) by bringing attention to the processes of family relationships as they unfold in a growing array of family forms. *

Mission Statement for NCFR Report

NCFR Report, the quarterly newsletter of the National Council on Family Relations, provides timely, useful information to help members succeed in their roles as researchers, educators, and practitioners. Articles address Family Science issues, programs, and trends, including association news.

President: William D. Allen

Board Members: Nathan Cottle, Kimberly Crossman, Karen Benjamin Guzzo, Jennifer Kerpelman, Karen Seccombe, Sandra Stith, Stephan M. Wilson, Anisa M. Zvonkovic

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Judith A. Myers-Walls, Ph.D., CFLE

How to contribute to the Family Focus section:

The Family Focus section of NCFR Report is member-written. Articles accepted for publication will be edited using standard editorial practice, and given priority based on

- 1) relevance to the Family Focus theme,
- 2) brevity due to space limitations, and
- 3) how articles form a complementary collection.

For information and guidelines, contact the editor, Judith A. Myers-Walls, Ph.D., CFLE at reporteditor@ncfr.org. *The contents of articles represent the views of their author(s), which may not represent the position of the entire organization.*

How to advertise in NCFR Report

To advertise in NCFR Report, please see the specifications and price list at ncfr.org/ncfr-report/advertise-report. NCFR reserves the right to decline any paid advertising at our sole discretion. Deadlines for each of the quarterly issues are:

Spring issue—Jan. 1

Summer issue—April 1

Fall issue—July 1

Winter issue—Oct. 1

Send advertisements to Brian Boese at brianboese@ncfr.org. For all submissions, please supply an email address to allow readers to contact you.

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Innovation Grant Winners Named

In December, the NCFR Board of Directors announced the two recipient projects of the organization's Innovation Grants initiative, which awards up to two \$10,000 research grants per year. The recipients will report on their research at the 2017 NCFR Annual Conference, planned for Nov. 15–18 in Orlando, Florida.

The 2016–17 NCFR Innovation Grants recipients, chosen from 26 submitted projects, are:

“Helicopter Parenting of College Students: Strengthening Family Well-Being With an Interdisciplinary Approach”

Principal investigators: Ming Cui, Ph.D., Florida State University; Catherine Coccia, Ph.D., Florida International University; Carol A. Darling, Ph.D., Florida State University; and Mallory Lucier-Greer, Ph.D., Florida State University.

Helicopter parenting has emerged as a growing trend in contemporary society. From a family systems perspective, such parenting behavior could affect each family member. Despite the growing trend and overwhelming media attention, research in this area is limited and fraught with methodological issues. Investigators propose to collect data from 800 college students and their parents in a longitudinal study to (1) develop knowledge about the current state of helicopter parenting and its impact on the health of young adult children and parents, (2) disseminate research-based information about the practice of helicopter parenting, and (3) inform family life educators and practitioners of parenting programs to reduce the practice of helicopter parenting.

Dr. Cui has been working on the topic of parental overinvolvement for the past decade. She is also a research methodologist with expertise in advanced modeling. Dr. Coccia is a registered dietician and an assistant professor of public health. Dr. Darling is a professor emerita and is actively involved in grants, research, and publications related to helicopter parenting. Dr. Lucier-Greer is an assistant professor who studies vulnerable family systems and the processes families use to manage stress.

“Evaluation of Strong Through Every Mile (STEM), a Structured Running Program for Survivors of Intimate Partner Violence: An Interdisciplinary Examination of

Psychological, Social, and Physical Well-Being Outcomes”

Principal investigators: Janel M. Leone, Ph.D., The Sage Colleges, and Dayna M. Maniccia, Ph.D., The Sage Colleges.

While considerable scholarship has examined the prevalence and consequences of intimate partner violence against women, physical activity-based interventions designed to counter these consequences are sparse. To date, no studies have evaluated the effectiveness of a structured running program as a mechanism to improve survivors' psychological, social, and physical well-being and/or their interpersonal relationships with their children or other family members. The proposed study is the second phase of a program evaluation currently being conducted. In the first phase of the evaluation, the research team conducted focus groups, and reviewed program material and scientific literature to identify potential program outcomes and develop a theory- and data-driven program logic model. The second phase of the evaluation is the proposed study, which is designed to evaluate program outcomes through a pretest/posttest design.

Dr. Leone is an associate professor of law and society. Dr. Maniccia is an assistant professor and director, Health Services Administration Graduate program and Undergraduate Public Health program.

About the grant program

The NCFR Board spearheaded the exciting Innovation Grants initiative in 2013 to highlight the interdisciplinary and translational research and practice that the organization is known for. It builds on NCFR's rich heritage and ongoing commitment to promoting innovative interdisciplinary approaches to theory, research, and practice that support the well-being of families. The grant initiative is an investment in innovative interdisciplinary approaches to facilitating the NCFR Global Ends, including:

- ~ providing opportunities for professional development and knowledge development in family research, theory, policy, education, and practice;
- ~ supporting the dissemination and application of research- and theory-based information about family well-being; and
- ~ establishing standards for research, education, and practice by advocating for the development and advancement of the profession. ✨

Libby Balter Blume



Dr. Libby Balter Blume is a Certified Family Life Educator (CFLE) and professor of psychology at the University of Detroit Mercy. She earned her Ph.D. in human development and family studies from Texas Tech University, her MA in interdisciplinary creative arts education from San Francisco University, and her BA in studio art and applied behavioral sciences from University of California, Davis.

Dr. Blume is recognized for her consistent and outstanding contributions to families and social justice in several areas, including practice, outreach, and teaching. She also has provided vision and leadership to the field through her roles as journal editor. In 1995 she became the founding editor of *Michigan Family Review*, and in 2014 she assumed the position of editor of *Journal of Family Theory & Review*. Dr. Blume is recognized for her ability to facilitate interactions among scholars across several disciplines, including Family Science, philosophy, law, and political science, which is reflected in her skill and exceptional contributions to the field as a journal editor.

She is the founding director of the Certified Family Life Educator program at the University of Detroit Mercy, an interdisciplinary CFLE program. She has also mentored students who have made significant contributions to the field of Family Science and NCFR.

Dr. Blume's recent recognitions include a Lifetime Achievement Award in Women's and Gender Studies (2016) and a Faculty Excellence Award (2015) from the University of Detroit Mercy and a Meritorious Service Award from NCFR (2000).

Dr. Blume is recognized as a 2016 NCFR Fellow for her exceptional contributions to family scholarship and NCFR through innovative leadership and commitment to excellence in the practice and training of Family Scientists. ✨

Stephen T. Russell



Dr. Stephen T. Russell earned his bachelor's degree in sociology from Wake Forest University, his master's degree in sociology from the College of William and Mary, and his Ph.D. in sociology from Duke University. He extended his training as a postdoctoral research associate in the Life Course Studies Program at the University of North Carolina at Chapel Hill, and then began his career in academia as an assistant professor and extension specialist at the University of Nebraska-Lincoln in 1997. He is currently the Priscilla Pond Flawn Regents Professor in Child Development in the Department of Human Development and Family Sciences at the University of Texas at Austin.

A distinguished and internationally recognized scholar, Dr. Russell has made sustained and influential contributions to scholarship on youth development, LGBT families, school curriculum and climate, and family policy. He has published more than 100 refereed journal articles and book chapters, and his work is widely cited. Equally impressive, he is a vocal and very effective advocate for social justice and inclusivity. In particular, his nominators noted that "his research on the school environment's impact on the health and well-being of ethnic minority and sexual minority students has helped the field to understand the importance of creating safe climates for all young people."

Dr. Russell has performed extensive service to NCFR through his frequent presentations at annual conferences and his leadership on the Board of Directors. He has won multiple awards for his scholarship, teaching, and mentoring, as well as his leadership and administration in Family Science. Among his many honors, he received the prestigious Young Scholar Award from the W. T. Grant Foundation and the Wayne F. Placek Award from the American Psychological Foundation, and he served as president of the Society for Research on Adolescence. ✨

Adriana J. Umaña- Taylor



Dr. Adriana J. Umaña-Taylor is a professor in the School of Social and Family Dynamics and foundation professor and executive director, Latino Resilience Enterprise, at Arizona State University. She earned her bachelor's degree in psychology and her master's degree in child development and family relationships at the University of Texas at Austin, and her Ph.D. in human development and family studies at the University of Missouri. She began her career in academia as an assistant professor at the University of Illinois Urbana-Champaign in 2001.

Dr. Umaña-Taylor is a major figure in the field of Latino adolescent adjustment because of her groundbreaking use of methodological advances and innovative culturally informed theories to explore how ethnic identity develops over time and interacts with discrimination to affect adolescent risk and resilience. She publishes six to ten major articles per year in top-tier journals, and her cumulative publication record is staggering in its significance and scope. She is recognized as an expert research grants procurer, receiving \$3.7 million as a principal investigator and more than \$12 million as a co-investigator.

Dr. Umaña-Taylor makes extraordinary contributions to mentorship through her supervision of graduate and postdoctoral students and her service as director of the Summer Research Experience for Underrepresented Undergraduates. She also served as a mentor to the Young Scholars and Millennium Scholars Programs for the Society for Research on Adolescence.

Dr. Umaña-Taylor has earned numerous teaching, research, and service awards, including earning the 2015 NCFR Marie F. Peters Award for her significant contributions to ethnic minority families.

Dr. Umaña-Taylor has a record of sustained significant contributions to NCFR. She has served on the Board, on the editor search committee for *Family Relations*, and as a search committee member for the position of executive director. She was formerly on the editorial boards of both *Family Relations* and *Journal of Marriage and Family*. She routinely presents and presides at annual NCFR meetings. ✨



The Multidisciplinary Nature of Family Science

William D. Allen, Ph.D., LMFT, NCFR President, ballen@umn.edu

Just before the holidays I had the chance to have brunch with one of my mentors from graduate school. As you might expect, before long the conversation turned to how much the Family Science field had changed, yet how many of its original challenges remained. A specific area of tension we noted was the need to establish a unique identity while still honoring the diverse backgrounds from which we (and our founders) emerged. Our discussion caused me to recall how I got interested in families and their emotional well-being.

I started my undergraduate studies as a premed student but quickly switched to child psychology because it seemed clear to me that people could be better served by avoiding psychological problems, rather than by trying to fix problems after they had already taken root. I was lucky enough to be at Brown at a time when several eminent child psychologists were teaching there, and I spent many hours at a children's hospital in Providence that specialized in treating child and adolescent behavioral disorders. But as much as I was fascinated by child psychology (and psychology in general), I became increasingly disenchanted with the idea that individuals could be treated in isolation from their families. It also seemed odd to assume that all children would benefit from treatments that ignored the larger cultural and socioeconomic factors shaping their lives. And although we focused on children, I heard very little talk about families or family systems theory.

Fast-forward two decades (and a brief sojourn in the business world), and I found myself considering applying to graduate programs in either counseling or child psychology, but this time there was a new player on the block. A graduate program at the University of Minnesota focused on something called "family social science," and after talking with several of the faculty there (and at other more traditional psychology programs in town), it became clear that this "new" discipline was a much better fit for the work I was interested in doing with

children and their families. Although it was new to me, I learned that the Family Science field had been evolving for several decades. Contextual factors like race/ethnicity and gender also seemed part of this discipline's formulation, as opposed to something that needed to be retrofitted to long-held beliefs regarding the universality of mental illnesses.

One aspect of Family Science I found particularly intriguing (and yet, a bit enigmatic) was the notion that it was a multidisciplinary field. As a student and new professional, it was often difficult to imagine just what profession I was entering, or what (specifically) I could do as a "Family Scientist." At the time, I didn't

We are getting better at designing research that accounts for contextual factors and so ensures a more nuanced understanding of familial relationships (particularly those of increasingly diverse families) and at avoiding the temptations of stereotyping, overgeneralizing, or relying too heavily on convenient methods.

appreciate the significance of the term *multidisciplinary*, but over the years I have come to believe that it is what makes the family field unique in the panoply of social and behavioral sciences. (It is also the reason I'm convinced that NCFR should always strive to be the best NCFR it can be, and not (as some have called for) to be more like the American Psychological Association, the Society for Research in Child Development, or the American Association for Marriage and Family Therapy). Our multidisciplinary heritage is what has enabled us to incorporate important theoretical concepts from other fields while also synthesizing larger, theoretical models that more accurately

describe the lived experiences of family members and family processes.

As the brunch discussion concluded, my mentor observed how she saw the fields of Family Science, child development, and psychology merging. This makes sense, as each of these related disciplines holds important pieces of the human experience puzzle. And yet, there is still much work to be done in bringing this understanding to the rest of the world. It is much less common these days to hear child psychologists talk about treating children in isolation from their parents, or to see a clinician attempt to treat one partner's depression without assessing the quality of the relationship between partners, but it does happen. We are getting better at designing research that accounts for contextual factors and so ensures a more nuanced understanding of familial relationships (particularly those of increasingly diverse families) and at avoiding the temptations of stereotyping, overgeneralizing, or relying too heavily on convenient methods.

So, as we begin another year, I am thinking more about how NCFR can embrace its multidisciplinary roots while doing a bit of evangelizing about the need for us to seek and build upon "common ground" in a world that often celebrates division and tribalism. Our organization must face the challenge of growing its membership at a time when resources for collaboration are shrinking. We must also find new ways to make our scholarship and practice-based evidence more accessible to families and those who serve them. And we still have a long way to grow in partnership with our colleagues around the globe, from whom we can learn as much as we can share. It may be that in our research, our scholarship, and our practice, we can consistently model important concepts like mutual respect, a spirit of collegiality, an ability to embrace ambiguity, and a healthy sense of curiosity, and do these for a nation, and a world, that sorely needs them.

Wishing you the best in 2017,

Bill Allen



Digging Through NCFR History: the Role of NCFR's Sections

Diane Cushman, NCFR Executive Director, dianecushman@ncfr.org

Digging Through NCFR History

For NCFR's 75th anniversary (2013), staff member Jason Samuels and former NCFR executive director Dr. Mary Jo Czaplowski (1984–1999), spent Thursdays at the University of Minnesota's Andersen Library going through the Social Welfare History Archives (lib.umn.edu/swaha), which houses decades of NCFR historical documents. Their goal was to update *The National Council on Family Relations: A Fifty-Year History, 1938–1987* (by James Walters and Ruth Jewson) for release as part of NCFR's 75th-anniversary celebration. The results of their work can be found on NCFR's website as a living history of the first 75 years of NCFR (history.ncfr.org).

NCFR Sections

Of particular interest in NCFR's history is the development and role of special-interest sections. These began just a year after the formation of NCFR, in 1939, and were intended to "provide a means of increasing communication and interaction among NCFR members of similar interest within the framework of the larger organization." Three of our current sections span the entire 79 years of NCFR's existence: Education, Counseling, and Research. Sections that have come and gone over the years include Eugenics and the Family (1939), Marriage and Family Law (1939–1956), Economic Basis of the Family (1939–1953), Youth and Its Problems (1939, 1943, and 1946), Teacher Preparation (1949–1951), Mass Media (1949–1958), Parent Education (1951–1962), Family Development Through Cooperative Nursery School (1953–1961), Housing and Family Welfare (1953–1956), and Special Emphases (1962–1977).

In addition to the three sections that began in 1939, we have seven additional active sections:

- ~ Family Action (1969–1989), which later changed its name to Family Policy (1990)
- ~ International (1977)
- ~ Ethnic Minorities (1979)
- ~ Family Discipline (1981–1991), which

- changed its name to Family Science (1992) and then Advancing Family Science (2014)
- ~ Religion and Family Life (1984), which changed its name to Religion, Spirituality, and Family (2015)
- ~ Family and Health (1984), which changed its name to Families and Health (2014)
- ~ Feminism and Family Studies (1986)

Section Functions

From the beginning, NCFR founders envisioned sections as the structures through which members with common interests would work together to fulfill the mission of NCFR. One example of this is the Planning Committee of the NCFR Annual Conference, which comprises a representative from each section. Through sections, conference calls are issued and proposals are submitted, reviewed, scored, selected, and supported.

From the beginning, NCFR founders envisioned sections as the structures through which members with common interests would work together to fulfill the mission of NCFR.

Additionally, sections are encouraged to submit proposals for special projects to the NCFR Board of Directors; to establish committees for special activities; to recognize research, scholarly work, and other contributions by professionals and students; to provide representation for priority issues of concern to the section; and to support NCFR focus groups.

Recently I was asked by an NCFR member about the purpose and function of sections. Assuming it was a legitimate question, I responded much as I just laid out in the previous paragraph. Later, I came to realize that the question may have been asked out of frustration. When the Board of Directors or NCFR staff develop programs, it may seem like they are usurping the work of the sections.

Engaging Sections and Their Members

Several years ago, NCFR staff began to encourage sections to look beyond the annual conference and consider other activities that would be of interest to their members. NCFR provided tools to the sections to accomplish their required business through the email discussion Listservs and surveys, such as requesting and receiving nominations for section elections, approving minutes of annual business meetings, and surveying section members about their interests. The intention of shifting this work online was to free up the meeting agendas at the annual conference for section members to use their time to network, share knowledge, and talk about research and practice of common interest. Many sections have been very successful at reinvigorating their membership by conducting resource exchanges during their annual face-to-face meeting at the conference. Other sections have developed creative ways to honor their members through mentoring and recognition programs.

Staff and Board Support of Sections

Each year the section chairs complete an annual plan. Staff members and the Board of Directors review these plans; through this and other communications, we learn of opportunities to support the work of the sections. I'm particularly eager to have staff work with the Advancing Family Science Section in 2016 to create more visibility for the discipline of Family Science.

Structural Challenges

With so much focus and effort required for the annual conference, it may be difficult for section chairs to engage in additional projects and take on more work. With new section chairs every two years, there is also the problem of constant turnover and the challenges of following through. Maybe there are opportunities to create additional structures within sections that can endure from year to year and maintain momentum on special projects. If you have ideas on how to organize sections so they are better

Executive Review continued on page 7



The ACEs Study and Family Life Education

Dawn Cassidy, M.Ed., CFLE, Director of Family Life Education, dawncassidy@ncfr.org

At the fall 2011 NCFR Annual Conference I met with a woman named Ellen Taner to discuss her ideas about advancing the field of family life education (FLE). Ellen came from a public health background and had been actively involved in parenting education within the realm of substance abuse prevention. She introduced me to the Adverse Childhood Experiences (ACEs) study, which opened the door to an exciting and promising approach to promoting the value of family life education.

ACEs are potentially traumatic events that can have negative, lasting effects on health and well-being. Experiencing events or conditions that cause stress to the maturing brain can negatively affect development in childhood and have implications for health in adulthood.

ACEs can be categorized into three different types: abuse (physical, emotional, and sexual), neglect (physical and emotional), and household dysfunction (mental illness, incarcerated relative, mother treated violently, substance abuse, and divorce). As the number of ACEs increases, so does the risk for negative health outcomes. Possible risk outcomes can be categorized as behavior (lack of physical activity, smoking, alcoholism, drug use, and missed work) or physical and mental health (severe obesity, diabetes, depression, suicide attempts, sexually transmitted diseases, heart disease, cancer, stroke, chronic obstructive pulmonary disease, and broken bones)

Many ACEs occur within the context of a child's home. Professionals working with or for families are keenly aware of the important role of family and home environment in influencing physical and mental health as well as behavior, both in the short term and—as the ACEs study highlighted—in the long term.

The ACEs study can provide an effective platform for promoting the value of family life education. Family life educators can be identified as having the knowledge and skills to assist families in creating a positive home environment and to reduce the likelihood of incidents and environments known to

contribute to ACEs. Increasing awareness in the health-care system of the impact of ACEs on adult health and of the potential role of professionals trained in Family Science in reducing ACEs is a logical approach for promoting both family life education and Certified Family Life Educators (CFLEs) as providers. The NCFR white paper "Family Life Education: A Profession With a Proven Return on Investment" includes helpful data on the

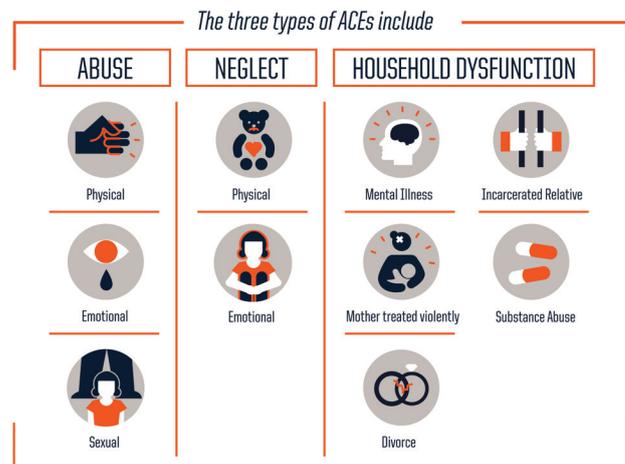
Professionals working with or for families are keenly aware of the important role of family and home environment in influencing physical and mental health as well as behavior, both in the short term and—as the ACEs study highlighted—in the long term.

financial value of FLE in the context of health and behavioral issues ([see *ncfr.org/sites/default/files/ncfr_white_paper_family_life_education.pdf*](http://ncfr.org/sites/default/files/ncfr_white_paper_family_life_education.pdf)).

I recently learned about the ACEs Connection Network, an online network of people interested in sharing information and exploring resources and tools that will help them work together to create resilient families, systems, and communities. A companion site, ACEsTooHigh.com, provides news to the general public. Through the ACEs Connection Network, I learned about, and attended, the 2016 Midwest ACE Summit. Much of the focus of this two-day conference was on the importance of recognizing trauma

and identifying methods and approaches for treating those who have experienced trauma. As is often the case, there were only a few sessions focused specifically on approaches to reduce or prevent these negative experiences to begin with. However, I was encouraged by a session delivered by CFLE Jerica Berge, "Prenatal Group Visits in Family Medicine: Building a System of Care for the Prevention of Multi-Generational Transmission of ACEs." The concept of a multigenerational or two-generation approach provides opportunities to meet the needs of both children and parents and is another promising strategy that has positive implications for the field of Family Science and family life education professionals.

NCFR will continue to search for approaches, studies, and initiatives that recognize the importance of the family in having a positive impact on individual health and well-being. We are in the process of developing new promotional materials for family life education in general, and the CFLE credential specifically. This will include new print materials, an updated video about family life education, and infographics about FLE and CFLE. As professionals working in the field of Family Science, you no doubt have ideas, or even existing examples, of how you or your company or organization spread the word about FLE. Please share with me any ideas you might have for emphasizing the important work of Family Science. ✨



Source: <http://www.cdc.gov/ace/prevalence.htm>



NCFR and the United Nations: Part 2

Jennifer Crosswhite, Ph.D., CFLE, Director of Research and Policy Education, jennifercrosswhite@ncfr.org

In the Winter 2016 issue of my column in *NCFR Report*, one of NCFR's United Nations representatives, Dr. Mihaela Robila, shared her research on family functioning and family policies in the context of her work with the UN. In this column, Dr. Bahira Sherif Trask, another of NCFR's UN representatives, shares her work on globalization and policies that can support and strengthen families, and how it those relate to the United Nations.

I hope through this column and my previous column, to make readers more aware of the work that NCFR's UN representatives conduct. I hope you enjoy. Please contact any of us with questions.

Working With the UN to Address Global Family Concerns

Bahira Sherif Trask, Ph.D., Professor and Chair, Human Development and Family Studies, University of Delaware, bstrask@udel.edu

One of the highlights of my professional career has been the opportunity to represent NCFR at the UN and, simultaneously, to participate in a series of conferences and expert group meetings on family policy-related issues in New York, Doha, Qatar, and Mexico City, Mexico. My initial involvement came about quite surreptitiously. My book *Globalization and Families: Accelerated Systemic Social Change* (2010) had recently been published and was, unbeknownst to me, read by several individuals involved with the UN. Consequently, in 2011, I was invited to be the opening speaker at the expert group meeting "Assessing Family Policies." This led to subsequent invitations, including having various invited papers published within the UN network and on related websites. As a result of my successful interactions, I was invited by NCFR to be one of their representatives to the UN through the council's relationship as an affiliated nongovernmental organization (NGO).

In my capacity as a UN representative for NCFR, I act as a liaison between NCFR and the UN, present my research to various UN groups, and help organize sessions at the NCFR Annual Conference that pertain to the UN.

For the sake of clarity, it is important to understand that the United Nations comprises a variety of entities that include, among others, the General Assembly, the Security Council, the Economic and Social Council (ECOSOC), and the Secretariat, all of which provide studies and information for the UN's work. NGOs may be granted consultative status to the UN through ECOSOC and other

... globalization is accompanied by both opportunities and challenges for women and men, depending on myriad factors, including social class, education, race and ethnicity, sexual orientation, disability, regionality, and individual circumstances.

agencies in order to partake in the activities of the UN. NCFR belongs to this category. Such NGOs work separately and together

with the internal UN units to formulate recommendations on policies, many of which are then passed on to the General Assembly (the part of the UN usually seen on television). The 17 new Sustainable Development Goals and the 2030 Agenda (see undp.org/content/undp/en/home/sdgooverview/post-2015-development-agenda.html) are the result of a complex process of negotiations between many of these various entities, including, at times, the NGOs that represent civil society.

The work I have presented at the UN is closely related to my scholarship on the relationship between globalization and economic and family changes in Western and non-Western countries. In particular, I focus on the worldwide phenomenon of an increased number of women in the global paid labor force and the complexities surrounding this occurrence. While working for pay and maintaining one's domestic responsibilities are becoming increasingly normative experiences across the globe, it is false to assume that employment universally empowers women. The flip side

Family Science continued on page 9

Executive Review continued from page 5

suited to special projects, please share those with your section leaders, NCFR staff, or Board members.

Sections as the Place Where NCFR Happens

If you have ever said, "I wish NCFR would _____," or "How come NCFR doesn't have a _____ program?" then you have identified an unmet need. Please share your ideas with your section members, the NCFR Board of Directors, and NCFR staff. NCFR exists to do the following:

- ~ provide opportunities for professional development and knowledge development in the areas of family research, theory, education, policy, and practice
- ~ support the dissemination and application of research- and theory-based information about the well-being of families

~ represent professionals in the field of Family Science by establishing standards for research, education, and practice and by advocating for the development and advancement of the profession

The vision is that NCFR members will find ways to accomplish these ends through engaging members with common interests. We are eternally grateful to the members who volunteer to do webinars, serve on committees, hold office, and create programs like the NCFR Honors Program, the online Resource Library, the CFLE exam and new program exit exam, webinars, Degree Programs Guide, resource collections, affiliates, and focus groups. We invite you to envision new ways that NCFR and its members can use its vast wealth of knowledge to be relevant to today's families and society. ✨

Check out NCFR's archived webinars!



All NCFR webinars are accessible after the live broadcast via the NCFR Archive <http://www.ncfr.org/professional-resources/archived-webinars> including the following:

Family Life Education Practice

- Starting and Running Your Own Family Life Education Business (2 parts)
- Why Should Families 'Buy Into' Your Family Life Education? Establishing Credibility as an Educator
- Private No More: Integrating Domestic Violence Awareness in the Work of Family Life Education
- The Role of Wisdom in Youth and Family Practice
- Improving Family Programs Using Evidence-based Principles
- Best Practices for Reaching & Teaching Stepfamilies
- Helping Families Learn to Live with Ambiguous Loss
- Self-reflection in FLE: The Educator as a Programming Component
- From Personal to Public: Community Engaged Parent Education
- Who, Me Lead a Group? Group Facilitation Skills
- Cross-cultural Competence in Family Science
- The Domains of Family Practice Model: Differentiating the Roles of Family Professionals

Family Science Research Updates

- Parent's Use of Social Media
- Parenting in an Overindulgent World: Up-to-date Research on Overindulgence for Family Life Educators
- Using the FLE Framework for Program Development & Evaluation

Research Methodology & Statistics

- Missing Values, SEM, & Growth Curves Using Stata (4-part series)
- Conducting a Systematic Literature Review and Meta-analysis
- Skills for Qualitative Research (4-part series)
- Item Response Theory / Rasch Modeling Using Stata 14

Family Policy

- Legislation 101: Insights into 'The Process' for 'The People'
- Tips for Public Policy Involvement 101
- Teaching Family Policy in College Classrooms



For a complete list and description of archived webinars including free webcasts: <http://bit.ly/1ACiWdE>

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Individual use: student members \$15, members \$35, nonmembers \$70

Unlimited classroom use by one professor: members \$85, nonmembers \$165

Unlimited departmental use by multiple professors: members \$135, nonmembers \$275, CFLE-approved programs, \$110

Special pricing exists for some webinars including series

To purchase a webinar for classroom or department use, please email Susan Baker susanbaker@ncfr.org.

Family Science continued from page 7

is that we also cannot assume that women are uniformly the victims of a new globalized market economy. Instead, globalization is accompanied by both opportunities and challenges for women *and* men, depending on myriad factors, including social class, education, race and ethnicity, sexual orientation, disability, regionality, and individual circumstances. That said, the increase in women's labor force participation is an unprecedented, multifaceted, global phenomenon that is closely tied to family change.

In the past year alone, I participated in the following United Nations activities:

Invited Publications

~ Trask, B. S. (2016). Improving health and well-being by promoting gender equality and empowerment: The need for a family-centered implementation of the new Sustainable Development Goals 1–5. *United Nations Department of Economic and Social Affairs, Division for Social Policy and*

Development. Expert Group Meeting on Family Policies and the 2030 Sustainable Development Agenda, New York.

~ Trask, B. S. (2016). Children, human rights and the United Nations Convention on the Rights of the Child. *NCFR Report: Family Focus on Human Rights, FF69*, F1–F3.

Invited United Nations Presentations

~ Trask, B. S. (2016, May 12–13). Improving Health and Well-Being by Promoting Gender Equality and Empowerment: The Need for a Family-Centered Implementation of the New Sustainable Development Goals 1–5. *United Nations Department of Economic and Social Affairs, Division for Social Policy and Development*. Expert Group Meeting on Family Policies and the 2030 Sustainable Development Agenda, New York. Retrieved from un.org/development/desa/family/meetings-events/family-policies-and-the-2030-sustainable-development-agenda.html

~ Trask, B. S. (2016, February). Strategies for strengthening families for sustainable development. *NGO on the Family & The Permanent Mission of Qatar*. 54th Session of the Commission on Social Development, United Nations, New York.

~ Trask, B. S. (2016, February). Work–family balance, social development and the 2030 agenda: The recognition, need and implementation of culturally specific policies. *The Permanent Mission of Qatar*. 54th Session of the Commission on Social Development, United Nations, New York.

Organized and Chaired NCFR Special Session:

For last year's annual conference in Minneapolis I organized a special session on the new UN Sustainable Development Goals (SDGs), adopted in 2015, and the 2030 UN Agenda. The session, "Linking the United Nations 2030 Sustainable Development

Family Science continued on page 17

Congratulations to Our New Certified Family Life Educators

The following is a list of Certified Family Life Educators (CFLEs) designated between Oct. 1, 2016 and Dec. 31, 2016. Provisional unless otherwise noted.

Alabama

Lexi Teri Powell

Arizona

Areatae N McGhee FULL

California

Nelly Stephanie Villa
Iliana Aparicio

Connecticut

Ashley Nicole Mills

Illinois

Sarai Coba Rodriguez FULL
Mandy M Raether FULL
Magdalena Sas FULL
Xiaohui Sophie Li FULL
TeKisha Rice

Iowa

Jenna Pattee
Sarah Catherine Cohen

Kansas

Mark W. Landess

Maine

Emma Catherine O'Brien

Maryland

Kieu Anh Thi Do FULL

Michigan

Selicia Perry
Kathryn Nicholls
Melinda J Holohan

Sara Novak

Kaitlyn Meister

Marcella Jones

Minnesota

Ellie M McCann FULL
Hannah Germscheid

Mississippi

Stephanie N Haney FULL

Missouri

Amanda Marie Pascoe

Nebraska

Sarah Taylor
Emily Kay Londeen

New York

Peri Smith
Tori Coronato

North Carolina

Kimberly I Allen FULL

North Dakota

Kassandra Adair Boller

Ohio

Megan Kathleen Taylor
Kuykendoll FULL
Amy R Kelly
Kaitlyn D'Erra Boswell

Oklahoma

Jessica Denee Waller

Pennsylvania

Paola L Andujar FULL

Kari Lynn Williams

South Carolina

Logan Elizabeth Coccia Parker

Tennessee

Amy Lynn Smith

Texas

Lena M Jackson-Lynch
Courtney D'Nece Bennett Splant
Elizabeth Heflin Hernandez
Shannon D Livezey
Angela J Galloway
Jessica Dockery
Courtney Lynn Jackson

Utah

Debbie Walquist
Matthew P Montano
Rachel Lynn Robinson
Melissa Kae Swan

Washington

Kaylene Williams

Call for Nominations for 2017 NCFR Awards

Honor Your Distinguished Colleagues

The National Council on Family Relations (NCFR), the NCFR Sections, NCFR Focus Groups, Certified Family Life Education (CFLE) Advisory Board, and the Affiliate Councils have established awards to recognize those groups and individuals who further the interests of the organization and/or exemplify the standards to which members aspire. Award winners are distinguished colleagues who have dedicated themselves to working in the field of Family Science and have given outstanding service.

Members nominate other members for the awards, send supporting evidence, and list other people who can verify the nominee's qualifications. A selection committee evaluates the applicants or nominees and selects the winner(s).

The deadline for most major awards is May 1 of the year in which the award will be presented (unless indicated otherwise). Awards with special deadlines include the Jessie Bernard Awards (April 15), the Reuben Hill Award (March 30), Affiliate Councils awards (June 1), and the CFLE Special Recognition Award (Sept. 1).

Please check the NCFR website for a listing of all awards, criteria, the nomination and application processes, and deadlines: nconf.org/awards.

NCFR Sponsored Awards

Cindy Winter Scholarship Award— Students and New Professionals (SNP)

Purpose

This biennial award (presented in odd years) recognizes Cindy Winter, NCFR's Conference Director from 1964 to 2007. It honors a student or new professional who has demonstrated outstanding leadership or service in the discipline of Family Science.



Award

The recipient receives a monetary award of \$250, which is to be used for travel expenses to attend the NCFR Annual Conference, up to \$125 toward NCFR Annual Conference registration, and a plaque. The award is presented at the beginning of a plenary session at the NCFR Annual Conference.

Czaplewski Fellowship Award

Purpose

Past presidents of NCFR established this fellowship in administration in honor of May Jo Czaplewski, retired executive director. She served as NCFR's chief executive from 1984 to 1999. The fellowship's purpose is to provide funding to support the efforts of family scholars who want to obtain and make midcareer moves into academic or nonprofit administration.



Award

The fellowship is awarded only when there is a request for the support, but not more often than once every other year, and then after review of application materials. An award of up to \$500 can be given biennially to a qualified applicant.

Felix Berardo Scholarship Award for Mentoring

Purpose

The Felix Berardo Scholarship Award for Mentoring is given in honor of Dr. Felix Berardo, a well-known and beloved professor from the University of Florida who went above and beyond expectations in mentoring many students to become outstanding leaders in the family field. The award recognizes an NCFR member for excellence in mentoring junior colleagues, graduate students, or undergraduates.



Outstanding mentoring goes beyond classroom teaching and includes the provision of support, guidance, and opportunities for professional development.

Award

The annual award is recognized with a plaque and a \$500 stipend, both of which are presented at the beginning of a plenary session at the NCFR Annual Conference.

NCFR Student Award (SNP)

Purpose

This award is given to an NCFR graduate student member who has demonstrated excellence as a student and shows high potential for contributing to the discipline of Family Science.

Award

The winner receives a \$500 cash award and a plaque, both of which are presented at the beginning of a plenary session at the NCFR Annual Conference.

Affiliate Council Awards

Affiliate Councils Award for Meritorious Service

Purpose

The Affiliate Councils Meritorious Service Award recognizes the outstanding service of affiliate members within their local, state, and regional councils.

Award

The award winner receives a plaque, which will be presented at the Affiliate Councils business meeting, held at the NCFR Annual Conference. Up to five Meritorious Service Awards are given each year to deserving candidates who have been chosen from nominees who fulfill the criteria (criteria are the same for university faculty members and community members).

Affiliate Grant

Purpose

The Affiliate Grant is designed to support an affiliate's activities and promote involvement in the affiliate and/or NCFR. Student and state or regional affiliates are invited to apply for a grant of up to \$300 to support

CALL FOR AWARD NOMINATIONS

an activity or project in their community or region. Grant applications will be evaluated on the basis of the grant criteria. Student and state or regional affiliates are evaluated separately, and more than one grant may be awarded. Affiliates may receive this award only once every three years.

Award

The recipient affiliate(s) will receive a grant of up to \$300 and will be recognized during the Affiliate Councils business meeting at the NCFR Annual Conference.

Students and New Professionals President-for-a-Day Award

Purpose

This award recognizes NCFR student or new professionals' commitment, energy, and innovation in service to NCFR and empowers them to continue evolving their leadership role.

Award

In recognition of dedication, the award recipient receives a \$500 conference travel stipend, a President-for-a-Day plaque, and the opportunity to shadow the current NCFR Board President during one day of the NCFR Annual Conference. The award will be presented during the Affiliate Councils business meeting at the NCFR Annual Conference. The recipient will be notified in advance and the date of shadowing the NCFR Board President will be predetermined on the basis of the award recipient's and president's schedules.

Certified Family Life Education (CFLE) Award

Certified Family Life Educator Special Recognition Award

Purpose

The intention of the NCFR Certified Family Life Educator (CFLE) Special Education Award is to recognize an individual or individuals who have demonstrated exceptional effort in promoting the CFLE designation or program. These efforts can be demonstrated through committee involvement, development of related publications or materials, advocacy, or marketing and outreach efforts. Nominees can include individuals (academic or practitioner) or teams of CFLE individuals.

Award

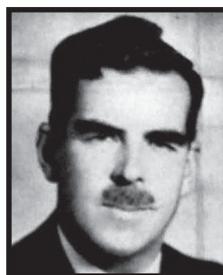
The recipient will be presented with an award at the CFLE Reception, and recognized in the CFLE Network and via social media and the CFLE Listserv.

Section Awards Education and Enrichment Section

Ernest G. Osborne Award

Purpose

The award is given in memory of Ernest G. Osborne, three-time NCFR president and professor of family at the Teachers College at Columbia University. He excelled in innovative teaching methods.



The award, sponsored by the Education and Enrichment (EE) Section, recognizes and encourages the following:

- ~ excellence in the teaching of family studies and distinguished service to families through teaching at any level
- ~ outstanding teachers in the field of family studies
- ~ individuals who have demonstrated outstanding leadership and excellence in the teaching of family relationships

Award

The winner receives a \$1,000 cash award, up to \$500 in travel allowance, and a plaque. The biennial award (odd years) is presented at the beginning of a plenary session at the NCFR Annual Conference.

Ethnic Minorities Section

Marie E. Peters Award

Purpose

The Marie E. Peters Award was established in 1983 to recognize distinguished scholars, researchers, and practitioners who have made significant contributions to the area of ethnic minority families. It is presented in memory of Marie E. Peters, who was a distinguished scholar, researcher, practitioner, and mentor, as well as an illustrious member of NCFR, a member of the Board of Directors, and the Ethnic Minorities (EM) Section leader.

Award

Presented biennially (odd years), a \$500 cash award and a plaque are given at the beginning of a plenary session at the NCFR Annual Conference. The Marie Peters Address is given during the annual conference in the year the award is presented.

Family Policy Section

Feldman Internship Award (SNP)

Purpose

The award is presented in memory of Harold Feldman and Margaret Feldman, who were NCFR members and pioneers in the field of family policy. It



reflects an effort to increase the number of family policy researchers and practitioners engaged in policy-related activities. The award also serves to further encourage family policy as a career path for students and new professionals.

Award

The award, totaling \$250 and a certificate, is given annually. Preference is given to those applicants who have secured a policy-oriented internship that lasts for at least one academic semester. The internship award of \$250 is given to only one individual each year. This award is presented at the Family Policy (FP) Section annual meeting.

If there are no qualified Feldman Internship Award applicants, a cash award totaling \$250 and certificate is distributed to students and new professionals who have had posters or papers accepted by the Family Policy (FP) Section for the NCFR Annual Conference. This award is presented at the Family Policy (FP) Section annual meeting.

Feldman Outstanding Proposal Award (SNP)

Purpose

The award is presented in memory of Harold Feldman and Margaret Feldman, who were NCFR members and pioneers in the field of family policy. It reflects an effort to increase the number of family policy researchers and practitioners engaged in policy-related activities. The award also serves to further

CALL FOR AWARD NOMINATIONS

encourage family policy as a career path for students and new professionals.

Award

If there are no qualified Feldman Internship Award applicants, a cash award totaling \$250 and certificate is distributed to students and new professionals who have had posters or papers accepted by the Family Policy (FP) Section for the NCFR Annual Conference. This award is presented at the Family Policy (FP) Annual Meeting.

The \$250 is divided among at least two (one student and one new professional) and no more than five students and new professionals who are presenting a paper or poster at the NCFR Annual Conference.

Feldman Outstanding Research Proposal for Research in Family Policy

Purpose

The award is presented in memory of Harold Feldman and Margaret Feldman who were NCFR members and pioneers in the field of family policy. The award recognizes a graduate student or new professional who has demonstrated excellence in research and potential contribution to family policy studies, particularly in the areas of gender and/or women's issues, or poverty.

Award

The winner receives a \$250 cash award and a plaque. The winner is expected to present a brief report on the project and related findings at the following year's NCFR Annual Conference.

Family Therapy Section Award

Kathleen Briggs Outstanding Mentor Award

Purpose

The Kathleen Briggs Outstanding Mentor Award recognizes an outstanding mentor of students and new professionals in the area of marriage and family therapy.

It is given in honor of Kathleen Briggs, a longtime Family Therapy (FT) Section



member and leader. She was committed to mentoring marriage and family therapy graduate students and new professionals. Dr. Briggs was well known and respected for her leadership, insight, optimism, enthusiasm, and mentoring.

Award

Recognition, a plaque, and a \$200 award are presented biennially (presented in odd years) at the beginning of a plenary session at the NCFR Annual Conference.

Feminism and Family Studies Section

Jessie Bernard Outstanding Research Proposal From a Feminist Perspective (SNP)

Purpose

This award is presented in memory of Jessie Bernard, a former member of the NCFR Board of Directors and a pioneer in the field of feminist family studies (FF). Dr.

Bernard declared herself a feminist in 1970 and is known for her celebrated description of "his" and "her" marriages. She was a board member of the American Sociological Association (ASA), the Groves Conference on Marriage and Family, and NCFR. The award recognizes a graduate student or new professional who has demonstrated excellence in research and potential contribution to feminist scholarship.

Award

The winner receives a \$750 cash award to fund feminist research, up to \$350 in travel allowance, up to \$95 toward the NCFR Annual Conference registration to accept the award, and a plaque. A summary of the recipient's research results will be published in the FF Section newsletter, and recipients are expected to present a report of their project and findings at the next NCFR Annual Conference. The award is presented at the beginning of a plenary session at the NCFR Annual Conference.



Jessie Bernard Contribution to Feminist Scholarship Paper Award (SNP)

Purpose

This award is presented in memory of Jessie Bernard, former member of the NCFR Board of Directors and pioneer in the field of feminist family studies (FF). Dr. Bernard declared herself a feminist in 1970 and is known for her celebrated description of "his" and "her" marriages. She was a board member of the American Sociological Association (ASA), the Groves Conference on Marriage and Family, and NCFR. This award recognizes a graduate student or new professional who has published or is about to publish a paper using feminist frameworks and methodologies in research.

Award

The award winner receives a gift of complimentary books, up to \$350 in travel allowance, up to \$95 toward the NCFR Annual Conference registration to accept the award, and a plaque. A summary of the recipient's research results is published in the FF Section newsletter. The award is presented at the beginning of a plenary session at the NCFR Annual Conference.

Research and Theory Section

Reuben Hill Award

Purpose

The award is given in memory of Reuben Hill, Ph.D., who had a distinguished career as a university professor and pioneered the scholarly study of family. Dr. Hill is remembered for his determination to promote high-quality research and to advance theory about families with the intent of producing practical benefits for families. The award is presented to the author(s) of the best research article for the year prior to the award. It is given in recognition of an outstanding article, book, or monograph that combines theory and methodology in the analysis and interpretation of a significant family issue.



CALL FOR AWARD NOMINATIONS

Award

A plaque is given to the authors of the award-winning contribution. Also, a cash award of \$1,000 and \$750 travel allowance are divided equally if there is more than one author. The award is presented at the beginning of a plenary session at the NCFR Annual Conference.

Additional Section Awards and Focus Group Awards

The sections and focus groups offer additional awards (nonrestricted). See links at ncfr.org/about/awards

Advancing Family Science Section

- ~ Wesley Burr Student Scholarship Awards (one undergraduate award and one graduate award)

Education and Enrichment Section

- ~ Student Proposal Awards (SNP)

Ethnic Minorities Section

- ~ Students and New Professionals Best Paper Award

Families and Health Section

- ~ Outstanding Professional Paper/Publications Award
- ~ Outstanding Students and New Professionals Paper Award

Family Therapy Section

- ~ Best Student Poster Award
- ~ Best New Professional Poster Award
- ~ Best Student Research Paper Award
- ~ Best New Professional Research Paper Award

Feminism and Family Studies Section

- ~ Alexis J. Walker Award for Lifetime Achievement in Feminist Family Studies
- ~ Alexis J. Walker Award for Mid-Career Achievement in Feminist Family Studies

International Section

- ~ Jan Trost Award
- ~ Annual Conference Travel Scholarship
- ~ Students and New Professionals Annual Conference Travel Scholarship

Religion, Spirituality, and Family Section

- ~ Outstanding Paper Award
- ~ Students and New Professionals Outstanding Paper Award

Research and Theory Section

- ~ Best Abstract by a Student or New Professional Award

Issues in Aging Focus Group

- ~ Student and Professional Award
- ~ Professional Award

Men in Families Focus Group

- ~ Best Research Article Award
- ~ Best New Professional Research Article Award
- ~ Diversity and Inclusion Research Article Award

Qualitative Family Research Network Focus Group (QFRN)

- ~ Anselm Strauss Award for Qualitative Family Research

Theory Construction and Research Methodology (TCRM)

- ~ Best Student/Early Career Presentation Award

NCFR Fellow Status

ncfr.org/awards/ncfr-fellow-status

Fellow status in NCFR is an honor awarded to relatively few living members on the basis of their outstanding contributions to Family Science. Nominations of all family professionals who have made contributions to the family field are encouraged. Among the recognized areas of contribution are

scholarship, teaching, outreach, practice, and professional service—including service to NCFR. By definition, outstanding contributions are those that have broad impact on the field and are enduring over time. **Deadline is Sept. 15.**

Instructions

1. Please include a cover letter or use the cover form available online at

ncfr.org/awards. Complete one letter or form for each person or organization you wish to nominate. Include the nominee's name, employer or school, address, phone, and email. Include your name, phone, and email.

2. Enclose or attach all documentation, including letters of recommendation, nominee vitae, and other supporting materials with the application form.
3. Send electronically to jeannestrand@ncfr.org or by mail to NCFR Awards, 1201 West River Parkway, Suite 200, Minneapolis, MN 55454.

Contact NCFR with questions
Telephone 763-781-9331
toll-free: 888-781-9331
email: bethanycox@ncfr.org
ncfr.org/about/awards ✨

NCFR Report - A member forum

NCFR Report is a quarterly magazine for members designed to encourage member-to-member dialogue; to inform colleagues about our research and to discuss research application for practitioners and policy professionals. Through *Report*, NCFR also builds our community by reporting on people, events and organizational news.

Unlike the content of our scholarly journals, the articles in *NCFR Report* have not been peer-reviewed. In the spirit of open debate and academic freedom, *NCFR Report* is a member forum for exchanging ideas. The opinions or findings expressed are those of the author(s), which may or may not represent the official position of NCFR as an organization nor the prevailing scientific consensus on the topic.

Author email addresses are provided to encourage readers to offer comment to writers. Members may access the content of our scholarly journals on-line at www.ncfr.org. To join NCFR, click on our convenient on-line membership application at www.ncfr.org. Journalists with media inquiries are invited to contact Brian Boese at 763-231-2885 or via email at brianboese@ncfr.org for information on our scholarly research.



National Council on Family Relations

Journal Editor Position

Call for nominations and applications for the position of Editor of *Journal of Family Theory & Review*

The National Council on Family Relations (NCFR) is seeking nominations and applications for the position of editor of *Journal of Family Theory & Review* (JFTR). The term of the current editor, Libby Balter Blume, Ph.D., CFLE (University of Detroit Mercy), will be completed with the publication of the December 2018 issue.

The five-year term of the new editor will begin with the publication of the March 2019 issue. Editorial responsibilities will begin to transfer to the new editor beginning January 2018. The JFTR Search Committee anticipates selecting the new editor by Oct. 1, 2017, and announcing the new editor at the 2017 NCFR Annual Conference in November in Orlando, Florida.

A detailed description of the editor's responsibilities may be obtained from: Search Committee for Editor of *Journal of Family Theory & Review*, National Council on Family Relations, Jeanne Strand at jeannestrand@ncfr.org.

Nominations and applications, including a letter of application and a curriculum vitae, should be sent to National Council on Family Relations, 1201 West River Parkway, Suite 200, Minneapolis, MN, USA 55454, or electronically to jeannestrand@ncfr.org. The JFTR Search Committee will review application materials beginning Aug. 1, 2017. Nominees and applicants must be members of the National Council on Family Relations.



Inclusion and Diversity Committee (IDC) Update

Reflections on the IDC Special Session and Breakfast at the 2016 Conference

Vanja Lazarevic, Christi McGeorge, and Anthony James, IDC members

In an effort to continue the dialogue on social justice strategies that began at the 2015 NCFR Annual Conference, the Inclusion and Diversity Committee (IDC) sponsored a special session at the 2016 conference titled “Social Justice Strategies to Address the Elephant in the Classroom or the Family Room: Race and Racism in America.” This session utilized 10 separate roundtable discussions led by NCFR members with expertise in a particular area regarding race and racism in America. The topics that were addressed included African American families and incarceration; African American families and police brutality; Latino families and immigration; Muslim Families and Islamophobia in North America; Native American/Indigenous families and historical trauma; and White families and White privilege. We encourage members to check out the handouts and resources (ncfr.org/resources-ids-session-2016-ncfr-conference)

from the facilitators of this special session, which may be helpful when engaging in dialogue about marginalized populations.

The session was attended by more than 200 people, and several attendees noted that they would like the session to be expanded in future years to accommodate more topics and space for attendees. (Many extra chairs had to be brought into the room, with one group eventually meeting in the hallway outside of the room because of the large turnout.) The attendance at such sessions suggests that the IDC is doing the necessary work to make NCFR, and the discipline of Family Science, more inclusive and willing to discuss social justice issues (racism, in this case) that affect family life in America. The NCFR Board of Directors has agreed to support the IDC in having a special session at each of the following five annual conferences, through 2021. The IDC looks forward to continuing inclusion- and diversity-related discussions, with the goals of transforming practice in teaching, research, practice, and family life, as well as increasing awareness of some of the many individuals and families who are underrepresented and marginalized.

Through this series of special sessions, the IDC is calling for an inclusive, reflective, and productive dialogue that “provides an educational forum for family researchers, educators, and practitioners to . . . work to promote family well-being,” as stated in NCFR’s Mission Statement. The IDC also calls for action. We urge all NCFR members to strategize our scholarship, classroom activities, and/or professional practices in order to take advantage of “teachable moments” afforded by these frustrating experiences of racism. What role can we, as Family Scientists, play in changing this lived reality for families, for our students, and for ourselves? What can and should we do, both personally and professionally, to make our society more just and safe for all Americans?

We welcome all members to join us in sharing their insights and ideas for future special sessions and to be part of continuing dialogue on inclusion, diversity, and social justice at NCFR. If you have suggestions for future topics that should be addressed in the IDC special sessions, please submit them to the IDC through our web form at ncfr.org/idc-webform. We appreciate your suggestions and look forward to continuing our dialogue about future plans for these special sessions.

The IDC also continued its tradition of hosting the Breakfast Meeting, a more casual venue for various discussions pertaining to the issues of inclusion, diversity, and social justice within NCFR. The breakfast was well attended by our members, as well as several members of the Board. The discussion centered on three topics: reflections on the special session, concerns about inclusion and diversity at NCFR, and ideas and suggestions from members about diversity. People who provided feedback reported being, by and large, very happy with the IDC’s Special Session. Members mostly expressed the desire for the session to be longer and to include even more topics on diversity and social justice. There were also several comments on providing concrete resources and materials for everyone to be able to use in their classrooms, in communities, and in work with diverse families. Many resources from the breakfast sessions have been compiled and distributed among members and posted on the NCFR website (ncfr.org/resources-ids-session-2016-ncfr-conference). In looking forward to next year’s conference, the IDC will continue to speak about issues of diversity and inclusion. We will continue to gather feedback from members and work with the Board to move the organization forward.

Additional members of the IDC include Thomas Blume, Miriam Muslow, Shann Hwa (Abraham) Hwang, Sandy Bailey, and Jennifer Kerpelman (Board Liaison). ✨

Letters to the Editor

You may submit letters to the editor to *NCFR Report* on topics and activities relevant to NCFR member interests. The following guidelines apply:

- ~ Only letters submitted by members will be accepted.
- ~ Length is limited to 250 words; letters may be edited for space and clarity.
- ~ Letters must be signed and include author contact information; submissions are verified.
- ~ Letters that are deemed libelous, malicious, or otherwise inappropriate will not be published.

Email letters to the editor to:

allisonwickler@ncfr.org

Or mail to:

NCFR
Attn: NCFR Report
1201 West River Parkway, Suite 200
Minneapolis, MN 55454

Families and Health Section Update

Jerica M. Berge, Ph.D., MPH, LMFT, CFLE, Co-Director, Healthy Eating and Activity across the Lifespan (HEAL) Center, Associate Director, Citizen Professional Center, University of Minnesota

I hope that you enjoyed the 2016 NCFR conference in Minneapolis, Minnesota!

FH Section Happenings at the NCFR Conference

The Families and Health (FH) Section presented a record number of 78 posters (six poster symposiums) and 13 sessions, including four paper presentation sessions, five symposiums, one workshop, and a lightning paper session focusing on various families and health topics, such as obesity, chronic illness, violence, trauma, sleep, aging, siblings and health, military families, and health disparities. We continue to lead the NCFR sections with the most conference proposal submissions. Keep it up, because submissions = presentation slots!

We also had our FH Section business meeting in which we appointed new section

officers. The new incoming officers include the following:

Chair: Jerica Berge, Ph.D., MPH, LMFT, CFLE
Secretary/Treasurer: Amber Seidel, Ph.D., CFLE
Student/New Professional Representative: Brianna Routh, MS (current Ph.D. student)
Chair-Elect: Kimberly Greder, Ph.D., CFLE
Past Chair: Karina Shreffler, Ph.D.
Communication Specialist: Christina Marini, MS

Paper Winners

At the FH Section meeting we also announced the winners of our Student/New Professional and Professional Best Paper awards. Winners received a plaque and \$200. The winners were as follows:

Student/New Professional Paper: Christina Marini, MS, for "Emotion Expression, Avoidance and Psychological Health During

Reintegration: A Dyadic Analysis of Actor and Partner Associations Within a Sample of Military Couples."

Professional Paper: Amy Rauer, Ph.D., for "Romantic Relationships and Alcohol Use: A Long-Term, Developmental Approach."

Thank you to all who submitted proposals or papers for awards, as well as those of you who reviewed for our section in 2016. The success of our section depends on your engagement. In the upcoming months, please consider submitting a proposal to the FH Section for the 2017 conference in Orlando, Florida.

Free Trial Membership for One Year

In our preconference newsletter and at the Newcomers Reception, we gave out a coupon to try out the FH Section for one year. Those of you who took advantage of this opportunity will be getting an email soon regarding your free one year of membership to the section. We hope you find membership advantageous and stick around after the year is up.

Logo Contest

We are having a logo design competition! Any FH section member is eligible to submit a logo design that represents the essence of the Families and Health Section. The competition will go until June 2016. Submit logos to me at jberge@umn.edu. The winner of the logo contest will receive a one-year membership to NCFR.

Section Spotlight

The FH Section Spotlight for this newsletter is Christina Marini. Christina is the recipient of the FH Best Student/New Professional Paper Award. Her paper, "Emotion Expression, Avoidance, and Psychological Health During Reintegration: A Dyadic Analysis of Actor and Partner Associations Within a Sample of Military Couples," speaks to her research focus on links between couple processes and mental health in the context of stress and transition. She is currently a doctoral candidate at Purdue University, where she works with Dr. Shelley MacDermid Wadsworth. Although originally from the East Coast, she has grown fond of the Midwest and all its farmers' markets, unique coffee shops, and antique stores. ✨



Ethnic Minorities Section Report

Antoinette M. Landor, Ph.D., Assistant Professor, Department of Human Development and Family Science, University of Missouri, and Tera Hurt Jordan, Ph.D., Assistant Professor, Department of Human Development and Family Studies, Iowa State University

The session "Human Rights and Relationships of African Americans: Exploring Health and Well-Being" at the 2016 NCFR Annual Conference provided a stimulating conversation about the impact of human rights issues on African American relationships. More specifically, this session—which was aligned with this year's conference theme "Families and Human Rights: Promise and Vulnerability in the 21st Century"—explored how contextual conditions shape African American relationship behaviors and well-being. Notable factors, such as discrimination, trauma and violence, relationships with law enforcement officials, access to health insurance, and marriage market conditions, represent opportunities to promote justice. The session was cosponsored by the Ethnic Minority and Family Policy sections.

Dr. Chalandra Bryant and colleagues presented a paper that investigated the role of health insurance and marital discord in financial stress and poor physical health. Dr. Antoinette Landor contributed work that

examined how race- and skin-tone-based discrimination operate in the lives of African Americans and explored whether such stressors had implications for sexual and romantic relationship health. Stephanie Armes and colleagues examined how racial discrimination affected marital processes and marital quality. Dr. Jocelyn Smith Lee studied how interactions with law enforcement shaped the health and well-being of young African American men. Ebony Williams and Dr. Tera Hurt Jordan discussed how inequalities in education and professional work created challenges for African American women who desired to partner with same-race men. Various theoretical frameworks (e.g., Mundane Extreme Environmental Stress model) and methodological approaches (e.g., structural equation modeling, actor-partner interdependence modeling) were highlighted across the presentations. Audience members raised thought-provoking questions and additional recommendations were offered to strengthen the papers and develop new research. ✨



Southeastern Council on Family Relations Affiliate Update



Janeal McCauley White, MS, CFLE, Doctoral student, Louisiana State University

The Southeastern Council on Family Relations (SECFR) is alive with enthusiasm for the inclusion of students and new professionals! The SECFR board values the contribution that emerging professionals can offer to our growing regional affiliate, and the board takes seriously the opportunity to provide students and new professionals with experiences that will support their professional formation. Inclusion of students at all levels of affiliate leadership creates a culture of respect that extends into both administrative board functioning and annual conference planning. Intentional efforts to encourage student participation have led the board to establish a series of recognitions for students during the annual conference. Cash awards for Best Graduate and Undergraduate Poster Presentations, Best Grad and Undergrad Paper Presentations, and the Outstanding Student Writing Award are intended to

encourage student participation in research and conference involvement. Students are offered valuable volunteer opportunities throughout the annual conference and are encouraged to participate in a student-driven service project.

"In SECFR, I am surrounded by a community of family professionals at various stages of their careers. All of them are eager to offer encouragement and support for me, and all active students, as we strive to create our professional identities," said Janeal White, SECFR Board President and currently a doctoral student at Louisiana State University. "I have found caring mentors and valuable networking opportunities. I have found my professional home in SECFR and NCFR."

To learn more about the work of the Southeastern Council or its upcoming conference, please visit southeastern.ncfr.org. ✨

Minnesota Affiliate Update



Marilyn Sharpe, MA, CFLE, Principal, Marilyn Sharpe Ministries, LLC

On Friday, Dec. 2, 2016, the Minnesota Council on Family Relations (MNCFR) held its signature fall conference, "Strategies for Social, Economic, and Educational Change: Engaging Families and Communities for Racial Equity." With this powerful and timely topic, participants were inspired and equipped to use these strategies in their work with families and communities.

The keynote presenter was Dr. Artika Tyner, Ed.D., MPP, JD, who serves as associate vice president for diversity and inclusion at the University of St. Thomas. Dr. Tyner is a passionate educator, author, speaker, and advocate for justice. She shared nine strategies for advancing racial equity:

1. Be a leader who plants ideas, seeds of change, and a vision for justice.
2. Build a vision for restorative communities.
3. Embrace diversity as an asset.
4. Commit to end poverty.
5. Promote educational opportunities.
6. Disrupt the school-to-prison pipeline.

7. Address implicit bias.
8. Engage in policy reform.
9. Build kinship networks.

Following her keynote, Dr. Tyner facilitated a panel with three experienced professionals who shared their practical strategies for authentic engagement in community development, criminal justice, and education.

The afternoon offered nine breakout sessions featuring professionals working with racial justice in their fields.

It was a full and inspiring day, one that sent all attendees back equipped to better engage families and communities in this vitally important work.

MNCFR is already planning a Saturday-morning spring conference on April 22, 2017. Dr. Carol Breuss, director of family studies at the University of St. Thomas, will present "Healthy Conversations, Healing Communities: The Power of Reclaiming Face-To-Face Talk in a Digitally Saturated World." ✨

Family Science continued from page 9

Goals and Family Science: Curricular, Research, and Policy Implications and Applications," focused on how to incorporate the new 2030 SDG's into every aspect of our Family Science activities: curriculum and the classroom, research and scholarship, policymaking (specifically with a family impact lens), and activist pursuits. By addressing each of these areas, the panel hoped to introduce the NCFR audience to the new SDGs, provide ideas for how to include the SDGs into our discipline's various activities, and provide recommendations that can further social development in the United States and abroad.

I would like to end by drawing attention to the following: This time of globalization, while marked by enormous social changes and upheavals, also provides new opportunities. The same developments that are creating a global labor market are also interwoven with processes that allow for new concepts to spread about human rights, women's rights and empowerment, and economic resourcefulness. Moreover, individuals are increasingly able to come together in virtual global spaces and react to those aspects of their lives and circumstances with which they are dissatisfied. They are able to mobilize, advocate, and, at times, even influence policies and programs to effect change. The United Nations' SDGs focus broadly on ending poverty, fighting inequality and injustice, and tackling climate change by 2030. They provide an immense opportunity for individuals, families, communities, businesses, NGOs, and states to come together to address local and global concerns brought on in part by globalization. NCFR and its members can contribute by providing empirical research, policy briefs, and programmatic suggestions that highlight the critical role that families play in societies in terms of assisting with implementing the 2030 Agenda. ✨

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Religion, Spirituality, and Family Section Report



Michael Goodman, Ph.D., Associate Professor, Church History and Doctrine, Brigham Young University

It was wonderful to be together at our annual conference in Minneapolis this past November. There were several excellent paper and poster presentations. We'd especially like to congratulate Meg Wilkes Karraker and Carol J. Bruess for their paper "Religion, Spirituality, and Social Values Among Midwestern Middle-Class Families," which won the award for Professional Outstanding Paper, and Woosang Hwang, Merrill Silverstein, and Maria Brown for their paper "Religious Discordance Between Adult Children and Their Parents: Consequences for Intergenerational Solidarity Across Several Decades," which won the award for Student/New Professional Outstanding Paper.

We would also like to offer a special thanks to Julie Zaloudek, who has just completed her service as our Section Chair. Because of circumstances outside of her control, she stepped into that role a year before she was expecting to and stayed on a year beyond what she originally agreed to. Plus, she is not done yet, as she will continue to serve our section in the capacity of Past Chair for the coming two years. Sincere thanks to her for this service above and beyond the call of

duty. We are also grateful for the continuing service of Pamela Payne as our Secretary/Treasurer and Ashlie Lester as our Students/New Professionals Representative.

We'd like to send out a plea to the many wonderful professional members of our section. We have many section members who are making a significant contribution to the study of religion, spirituality, and the family. Many of you are sending your students to take part in our annual conference, and we would like to encourage as many students as are willing and able to continue to participate. We would also like to extend a special invitation to our professional members to consider adding their expertise and experience to both

our annual conference and our section's work throughout the year. Your experience and expertise provide a powerful example to the many students who are involved. We would also like to increase our ability to collaborate, which becomes easier and more likely as we get to know one another better.

Finally, consider this an open invitation to send any suggestions, concerns, or desires you may have about making the work of our section more helpful and beneficial. The last thing any of us needs is more busy-work. Because of that, we want to focus our section's efforts on what matters most, and we the section members are the ones who determine that. ✨

Family Therapy Section Update



Tom Stone Carlson, Ph.D., Department of Human Development & Family Science Program Coordinator, Couple and Family Therapy Program, North Dakota State University

Thanks to everyone who contributed to a wonderful 2016 NCFR Conference. The Family Therapy (FT) Section sponsored a record number of presentations this year. We were allocated seven paper, symposia, and/or workshop sessions, as well as one special session and 48 poster slots. Last year, 117 proposals were submitted. Let's see if we can beat that number for the 2017 conference. Stay tuned for the 2017 Call for Proposals announcement. As always, proposals will be due on March 1.

At this year's conference, we awarded the 2016 Family Therapy Legacy Scholar distinction to Dr. Manijeh Daneshpour for her significant contributions to the field of family therapy and her continual commitment to advancing social justice. Congratulations, Dr. Daneshpour!

We also want to congratulate the Student and New Professional Paper Award winners, Yaliu He and Xiaohui Li, respectively. The Student and New Professional Poster Award winners were Young Jin Kang and Patricia Barros-Gomes. The paper awards come with a cash prize of \$250 each, and either award

looks great on your CV. Please consider applying for the 2017 awards. For more information about the awards, please visit ncfr.org/awards/section-awards/family-therapy.

The Family Therapy Section will be awarding the fourth Kathleen Briggs Award at the 2017 NCFR Conference. The Kathleen Briggs Award recognizes an outstanding mentor in the field of family therapy. The award honors Dr. Kathleen Briggs, a longtime Family Therapy Section member and leader, who was highly regarded for mentoring family therapy students and new professionals. Award recipients are selected based on their contributions to the personal and professional development of students and/or new professionals, as well as their demonstrated leadership in the field of family therapy. For specific requirements for this award, please visit ncfr.org/awards/section-awards/family-therapy.

Nominations for the Kathleen Briggs Award should be sent to Tom Stone Carlson, Family Therapy Section Chair, at tom.carlson@ndsu.edu, by May 1, 2017. ✨

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