

Coping through Accounts of the Divorce Experience: Understanding the Connection between Co-parenting and Mental Health

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Sample

- $N = 609$
- Predominantly female (82.1%), White (80.6%), and experiencing their first divorce (79.7%)
- Divorced within the prior 18 months or currently in the process of divorcing and share at least one minor child with the partner whom they are divorcing/have divorced

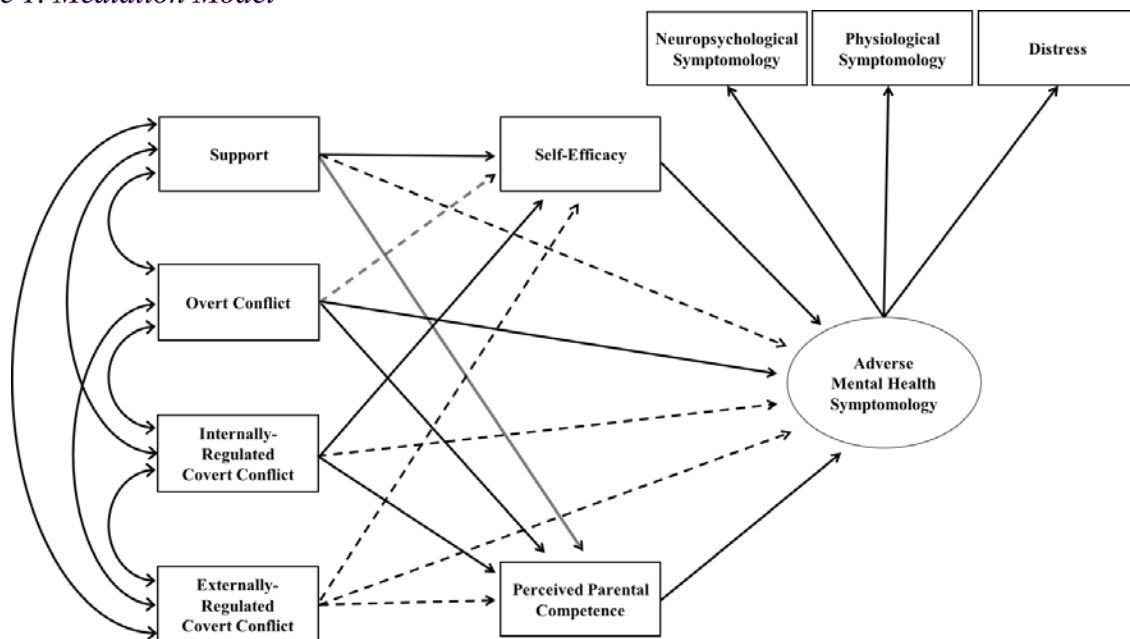
Measures

- Co-parenting behaviors (Ferraro et al., 2016)
- Self-efficacy (Sherer et al., 1982)
- Perceived parental competence (Feinberg et al., 2012)
- Adverse mental health symptomology (Osman et al., 1997; Hewitt et al., 1992)

Analysis

- Missing data analysis & descriptive statistics
- Measurement model
- Mediation model
- Monte Carlo method for assessing mediation

Figure 1. Mediation Model



Note: solid lines indicate significant pathways; gender was controlled for but nonsignificant; RMSEA = .06, $p = .19$; χ^2/df ratio = 2.33; CFI = .98; NFI = .97

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