Work-Family Processes and Adolescent Externalizing Behavior (of middle-class, dual-earner couples)

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RESEARCH QUESTIONS

• Is negative work-to-family spillover (NWFS) associated with adolescent externalizing behavior?

• What is the role of parent gender in associations between NWFS and adolescent externalizing behavior?
Hypothesized Actor–Partner Interdependence Model

Figure 1. Theoretical Model
Flourishing Families Project (FFP)

248 dual-earner Seattle families with an adolescent child

- **child gender** female = 125 (50.4%), male = 123 (49.6%)
- **child age** 12.34 (SD=1.02) years at wave 2
- **mother age** 44.41 (SD=5.51) years at wave 2
- **father age** 46.39 (SD=6.41) years at wave 2
- **median family annual income** = between $80,000 and $100,000 per year
- **college educated** 70.2% mothers and 69.1% fathers
Results

\[
\chi^2(52, N = 248) = 97.85, p < .001; \ RMSEA = .06; \ CFI = .92. \ *p < .05, **p < .01, ***p < .001.
\]

Note: SEM analyses with Mplus 7, FIML for missing values
Discussion Questions

• Why did NWFS effect father’s but not mother’s parental stress?

• Why would mother’s parental stress have a potentially larger partner effect to father’s parental involvement?