Brigham Young University

School of Family Life

2086 JFSB, BYU, Provo, UT 84602
https://familylife.byu.edu/Pages/Home.aspx

Regional Accreditation: Northwest Association of Schools and Colleges

Course Information

Course Title: SFL 240: PARENTING AND CHILD GUIDANCE

Course description: Theories and skills related to quality parent-child relationships.

Course Syllabus: http://www.ncfr.org/sites/default/files/webform/sfl_240_syllabus.pdf

Number of Credits: 3

Type of Credits: Semester Credits

Registration fee: $471

Tuition Fee: Approximately $60 for textbooks and readings.

Registration Information: http://is.byu.edu/site/courses/description.cfm?title=SFL%2D240%2D200

Do non-enrolled students apply for special or guest status? No

Information for non-enrolled students: Students don't have to apply for any particular status, they just sign up through the Independent Study Course Catalog (http://is.byu.edu/site/courses/index.cfm?school=univ) . They're registered, they take the course, they do well, they get the credit. Simple!

Are there any course prerequisites? Although not required, SFL 210 (Human Development) or equivalent may be helpful.

Course Format: Asynchronous

Schedule of Offering: http://is.byu.edu/site/courses/description.cfm?title=SFL%2D240%2D200

Intended Audience: Undergraduate

CFLE Content Area Addressed: Parent Education and Guidance

CFLE-Approved Online Course

Approved for use in the NCFR Abbreviated Application process

Corresponding Objectives:

BYU Course Outcomes

1. Critically examine theories of overall parenting styles and the impact of these styles upon optimal parenting.

2. Critically examine parenting practices within the overall parenting styles and the impact of these practices upon optimal parenting.

3. Identify effective parenting practices in the context of various life stages.

4. Understand parenting principles that may heighten professional and/or parental potential.

5. Synthesize in writing an analysis of parenting styles and practices of your family of origin and how you may modify those styles and practices with the principles obtained in this class.

6. Examine and write in depth a specific area of interest related to parenting styles and practices.

Course Objectives

The general goal of this course is to practically apply effective parenting principles across the developmental span. When you have completed this course, you should be able to:

1. Compare and contrast various philosophical and theoretical approaches to parenting from a historical perspective to gospel centered perspectives.

2. Analyze research findings regarding parenting styles and practices that can facilitate optimal development in children (birth through adolescence).

3. Describe how parenting works in combination with a variety of extrafamilial (e.g., outside sources of stress and support), personal (e.g., inherent psychological child and parent resources), and familial (e.g., marital or sibling interactions) variables to influence child development.

4. Acquire an awareness and sensitivity to language, cultural diversity, and issues related to family and parental involvement for racial and ethnic minority children.

5. Identify parenting issues associated with the transition to parenthood, single parenting, divorce, step-parenting, special needs children, and dual-worker families.

6. Understand how parenting changes across the lifespan of the child, develop ideas about developmentally appropriate practices, and be prepared to assist children physically, educationally, emotionally, socially, and spiritually.