

Addressing Family Maintenance Systems through Family Life Education

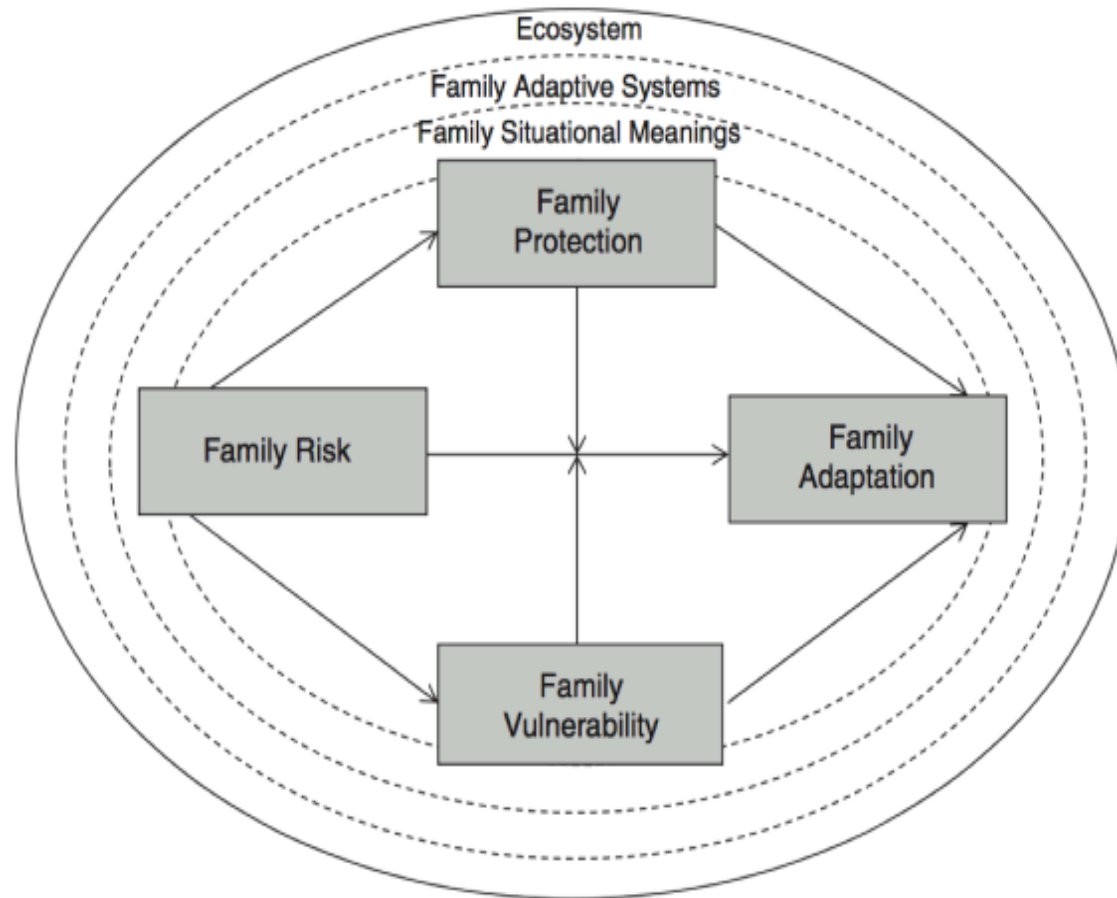
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Goals

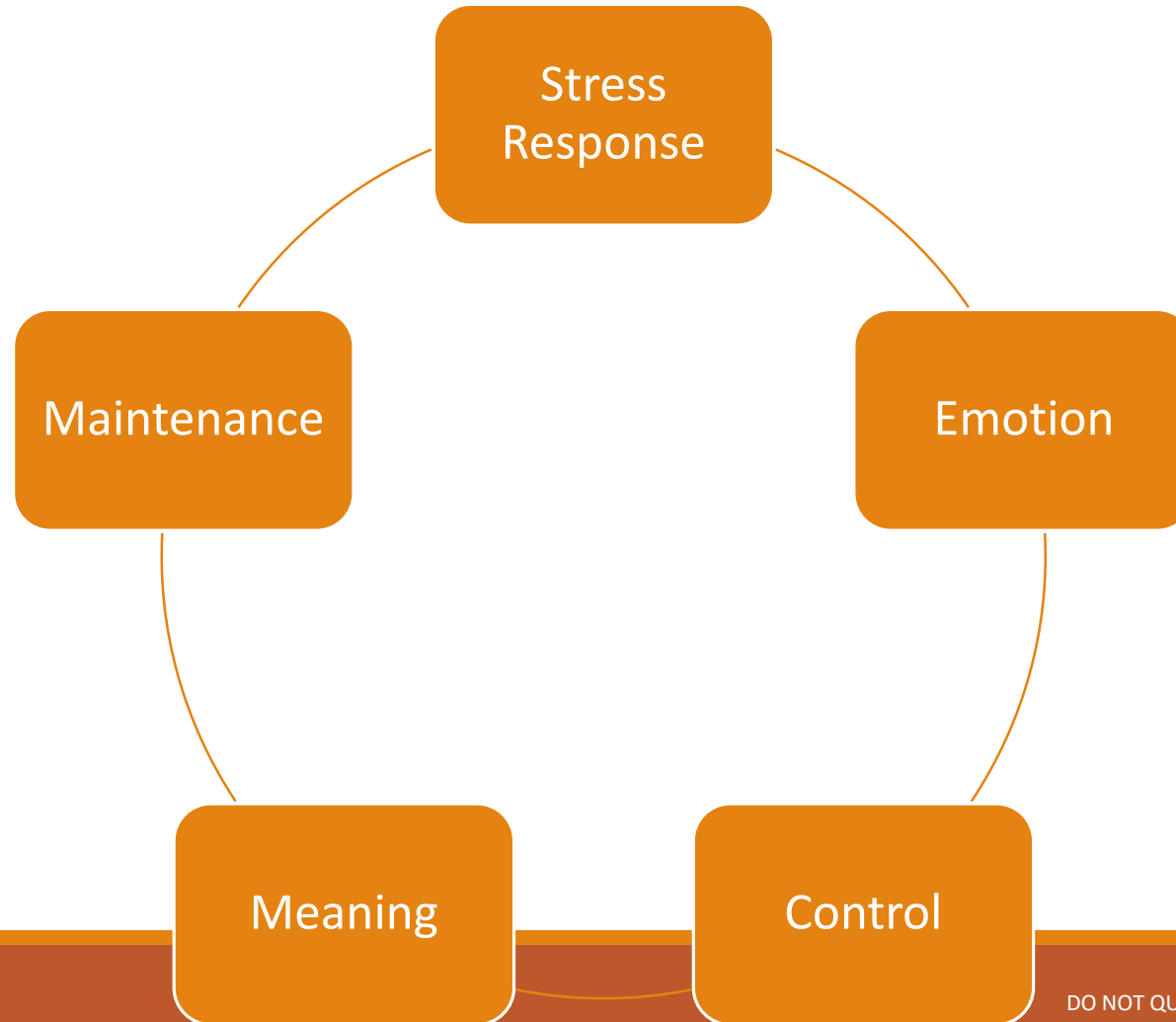
- Provide an overview of family maintenance systems as a key domain of on-going family life with potential to contribute to both family competence and resilience
- Identify domains of family maintenance
- Discuss how family maintenance systems work in concert with other family adaptive systems
- Discuss uses to guide the development, implementation, and evaluation of prevention or intervention-based family life education programs

Family Resilience Model

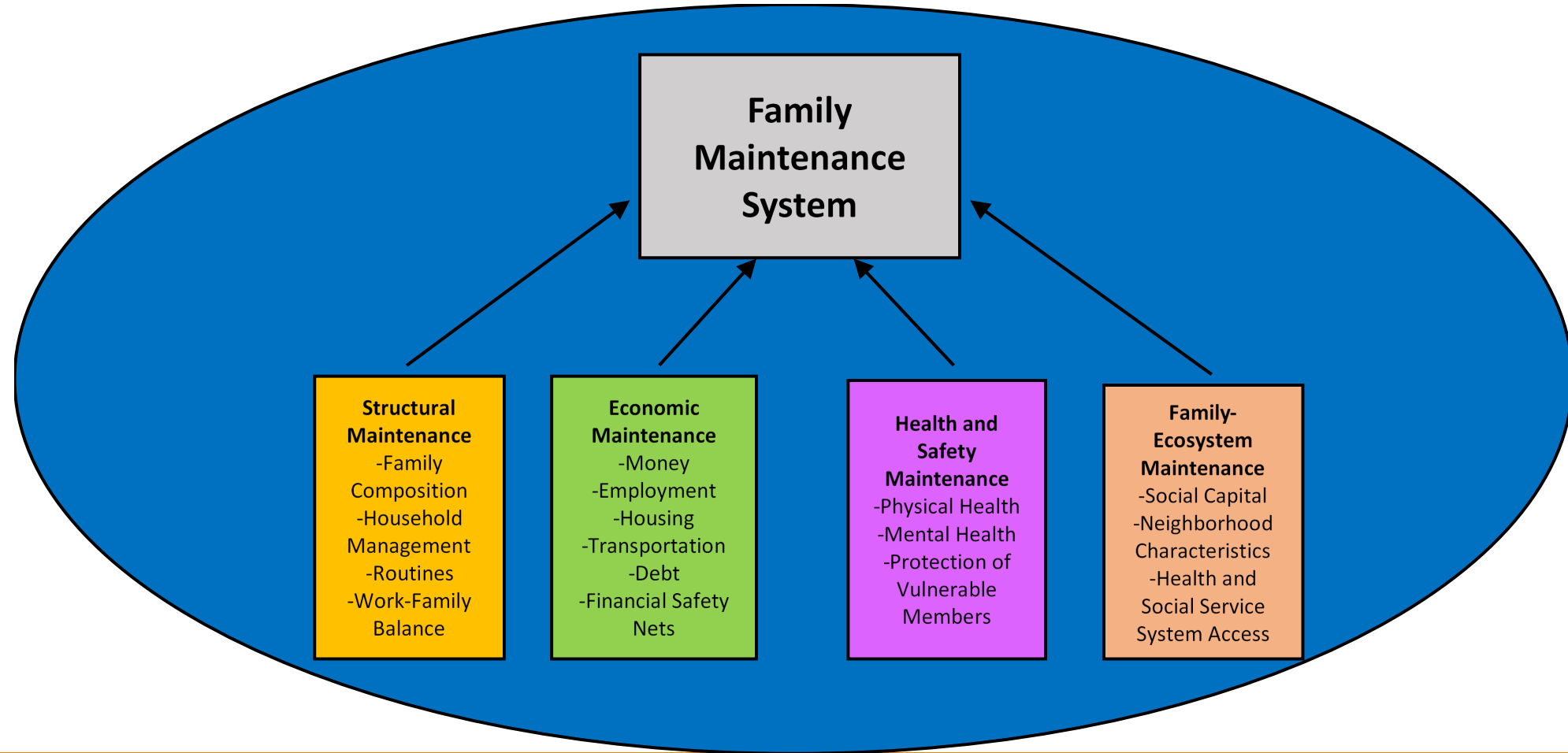


Henry, Morris, & Harrist, 2015.

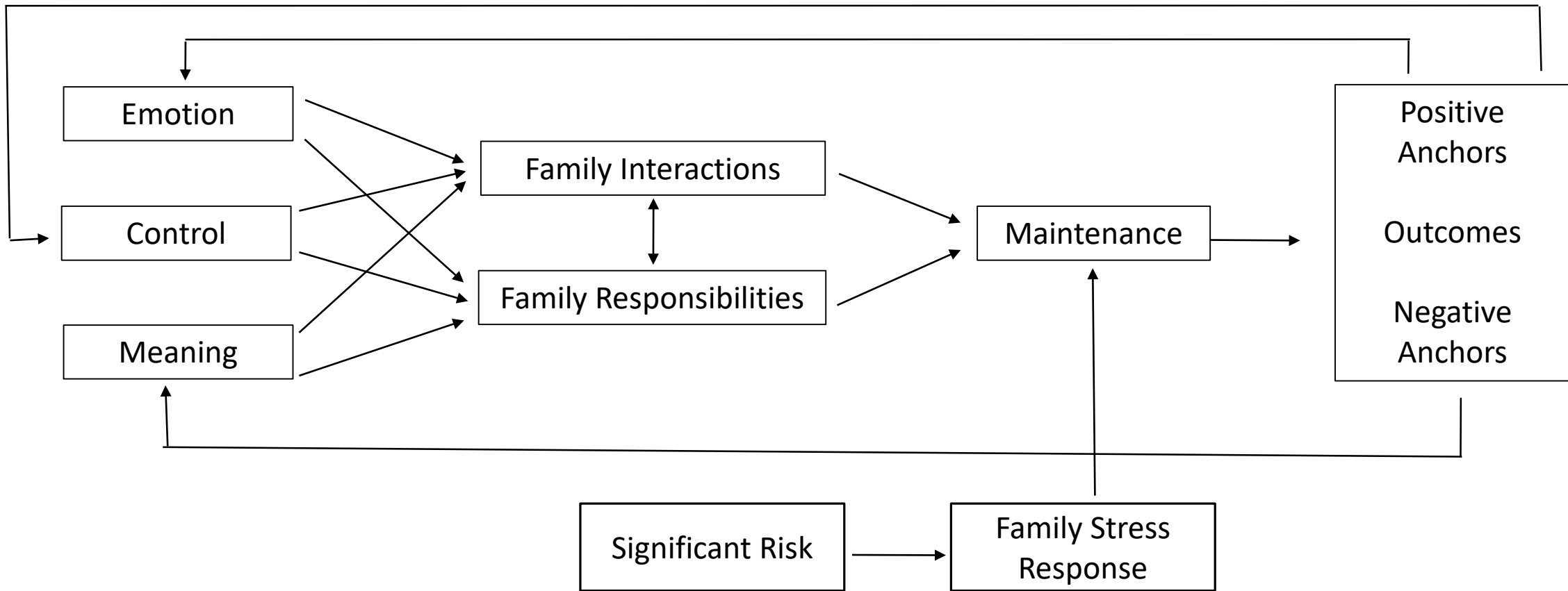
Family Adaptive Systems



Conceptual Model of the FMS



Interface Model of the FMS



Implications for Family Life Education

- Research
 - Better understanding the development and regulation of family maintenance functions
- Marriage Enrichment and Family Intervention
 - Improving the maintenance system's functioning to advance effectiveness of therapeutic work
 - Improving service provision through systematic identification of resources utilized by maintenance system

Conclusions

- Awareness of the maintenance system can aid FLEs in preventing and minimizing problems that may be the result of a poorly functioning maintenance system
- Broader Impacts: Prevention and Intervention
- Help families meet basic needs regardless of circumstance by promoting healthy family functioning within maintenance system

Questions?

Thank You!

References

Henry, C. S., Morris, A. S., & Harrist, A. W. (2015). Family resilience: Moving into the third wave. *Family Relations, 64*, 22-43.
doi:10.1111/fare.12106