

Exploring Relationships Among Authoritative Parenting, Religiosity, and Adolescent Internalizing Behaviors

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Overview

- Background & Theoretical Framework
- Purpose of the Study/Objectives
- Data Analysis
- Findings
- Practical Implications

An icon of a human head profile in white, facing right. Inside the head, there are five interlocking gears of different colors: yellow, blue, green, red, and orange. The background of the slide is a light blue and green gradient with a white curved line on the left side.

Background & Theoretical Framework

- **Adolescent Development Changes**
 - Piaget (1963, 2008) & Erikson (1968)
- **Religiosity & Internalizing Behaviors**
- **Relational Spirituality Framework (Mahoney, 2010)**
 - Religiousness and family relationships
- **Positive parenting practices**
 - Authoritative Parenting style (Baumrind, 1991)
- **Family Connectedness & Adolescents Internalizing Behaviors**
 - (Houltberg, Henry, Merten, & Robinson, 2011)

Purpose of the Study

- **This study explores relationships among authoritative parenting style, religiosity, family connectedness, and internalizing behaviors of adolescents**
 - **Relationship between authoritative parenting & religiosity on adolescents' internalizing behaviors**
 - **Religious practices on adolescents internalizing behaviors**
 - **Family protection of adolescents from internalizing behaviors**

Data/Participants

- **The Flourishing Families Project**
 - **Wave V (2011)**
- **Participants**
 - **Two-parent married families**
 - **Dyads Parent 1 & their adolescent child**
 - **N = 325**
 - **Adolescent mean age = 15.28, SD = 1.01**

Measures

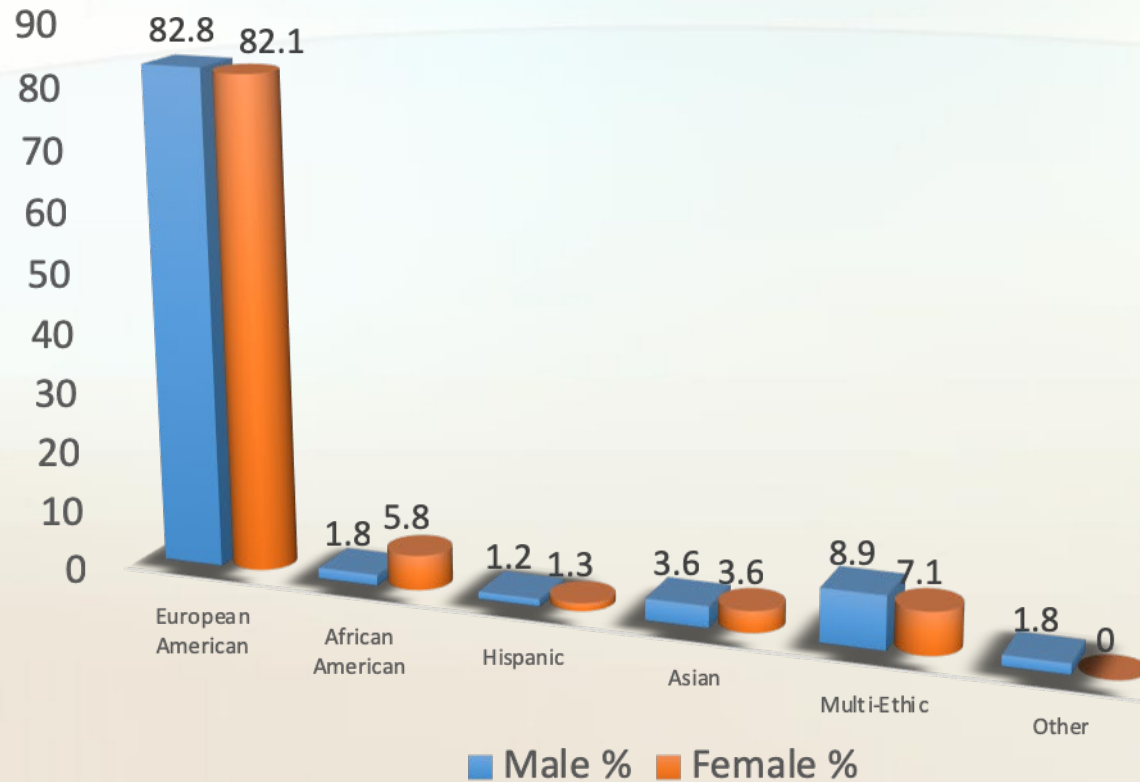
- **a) Religiousness**
 - Organization
 - Personal
 - Incongruence
- **(b) Family-level religious practices**
- **(c) Authoritative Parenting style**
- **(d) Family Connectedness [Parent-teen]**
- **(e) Adolescent internalizing behaviors**

Methods & Analysis

- **Descriptive statistics were computed using SPSS 22.0**

- **Path analysis with observed variables**

Percent of Adolescents by Race/Ethnicity & Gender



N = 325

Male (n=169)

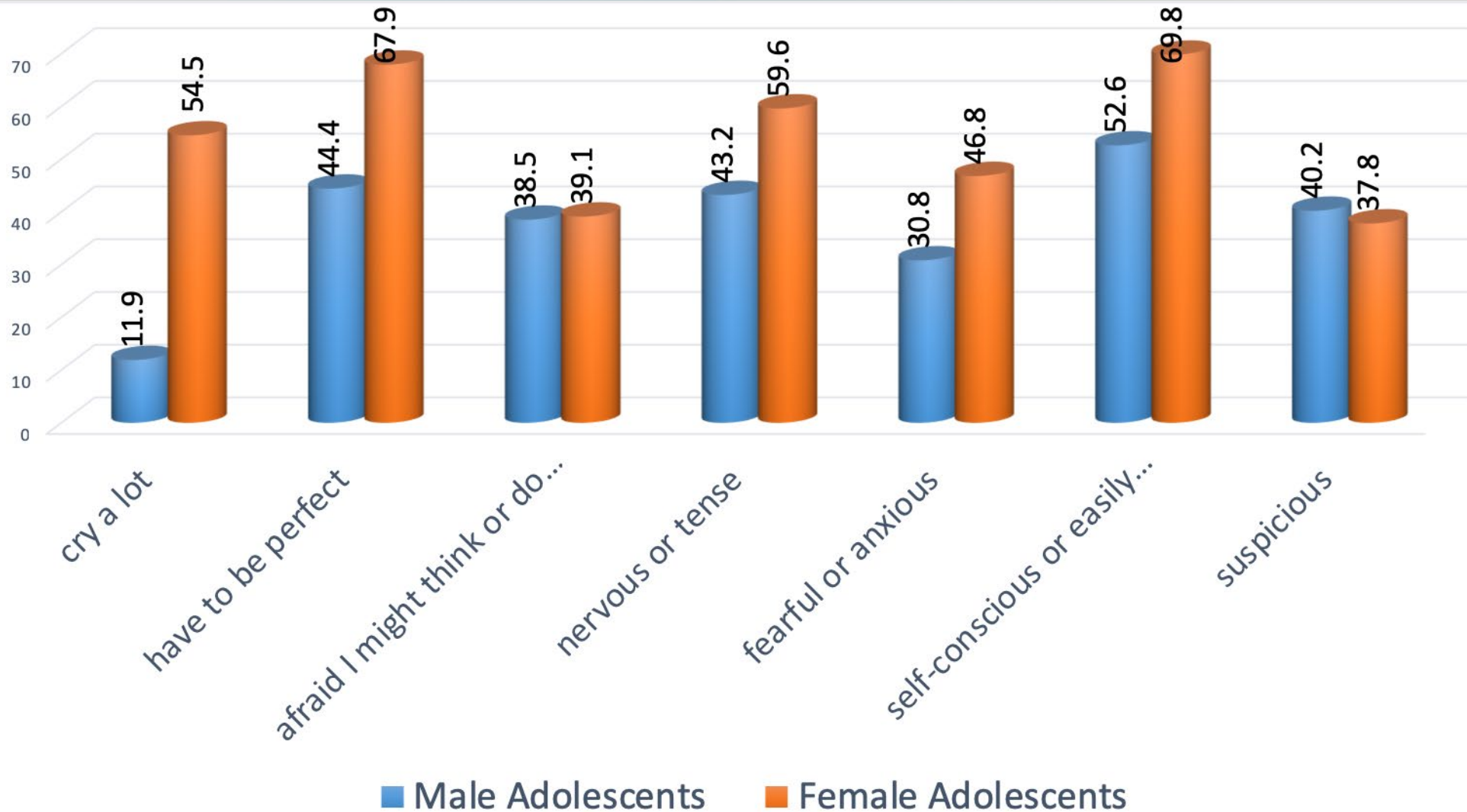
Female (n=156)

Descriptive Statistics of Participants

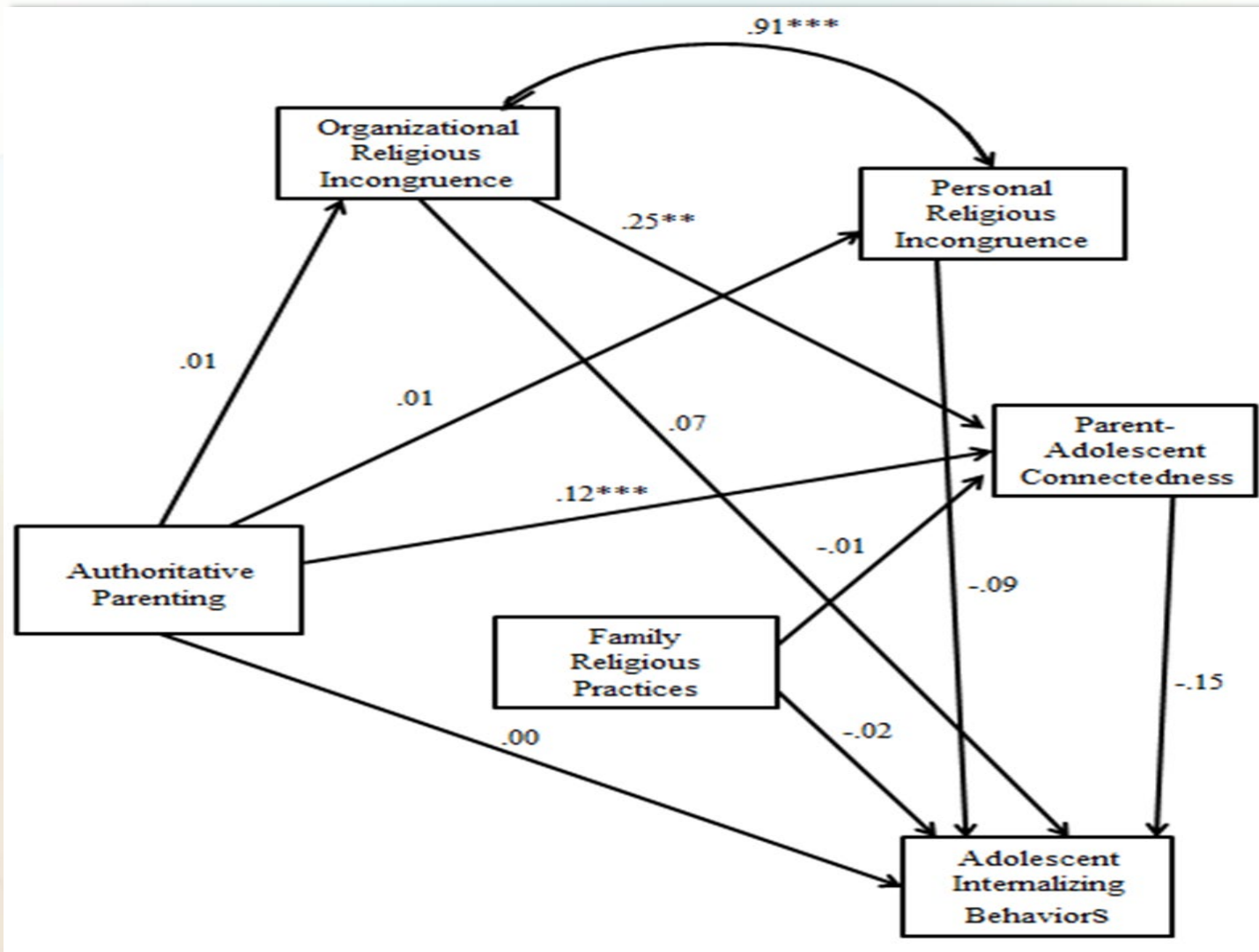
Measure	Total (n = 325)	Male Adolescent (n = 169)	Female Adolescent (n = 156)
Authoritative Parenting (15 = never authoritative) (75 = always authoritative)	51.40 ^a (10.18) ^b	50.80 (10.27)	52.05 (10.07)
Parent-Adolescent Connectedness (4 = low connectedness) (20 = high connectedness)	14.90 (2.67)	14.84 (2.36)	14.97 (2.98)
Adolescent Internalizing Behaviors (0 = not internalizing) (26 = often internalizing)	5.58 (4.90)	4.47 (4.55)	6.79 (4.99)
Parents Combined Annual Income (in Dollars)	123,628.24 (178,450.20)	131,629.59 (232,982.04)	114,960.12 (87,101.06)

Note. (N = 325) ^a Mean ^b Standard deviation.

Adolescents Reported Levels of Internalizing Behaviors



Path Analysis & Findings



Implications For Practice & Research

- Adolescent Development & Religious Practices
- Promoting Authoritative Parenting (parent education)
- Parental Connectedness and open communication/discussion with adolescent
- Religious Leaders
 - Youth Pastors

Implications for Research

- **Internalizing behaviors & different parenting styles**
- **Replicate Study**
 - **Different SES & family structures (single vs two parents)**
 - **Explore ethnicity/minority cultural family dynamic/roles and values and religion/spirituality**

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Thank you!

- What Questions Do you have?

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