

IN THIS ISSUE

Family Focus theme: Understanding Gun Violence from a Family Perspective

Gun violence has strong implications for families, yet discourse is complicated by the different meanings people hold for guns. The authors of this collection explore ways to respond as family scholars and practitioners, including direct interactions with individuals and families, improved training of professionals, and public policy advocacy.

In the News:

- Get Involved in NCFR Leadership, 2
- Sustaining Our Passion for Community When Life Speeds Up, 3
- The Delicate Balancing Act of Conference Financial Planning, 4
- Claire Kimberly Hired as Webinar Coordinator, 5
- Creating Effective Family Policies, 7
- Member Group Updates, 10
- 2018 Award Winners, 14
- 2019 Conference Preview, 22

Nominate Candidates for NCFR Leadership

Submissions for the 2020 slate
are due Jan. 31, 2019

More election details on page 2

Wendy Middlemiss Named Next Editor of NCFR's *Family Relations: Interdisciplinary Journal of Applied Family Science*

NCFR is delighted to announce that Wendy Middlemiss, Ph.D., CFLE, has been named the new editor of *Family Relations: Interdisciplinary Journal of Applied Family Science* (FR), one of NCFR's three family-research journals. She will begin her 4-year term as editor of the peer-reviewed journal—which publishes basic and applied articles on family forms and issues that are original, innovative, and interdisciplinary—with the publication of its February 2020 issue.

Dr. Middlemiss will succeed current FR editor Jason D. Hans, Ph.D., CFLE, of the University of Kentucky.

Since 2008 Dr. Middlemiss has been an associate professor in the Department of Educational Psychology at the University of North Texas. Dr. Middlemiss completed her master's and doctoral degrees in educational psychology at Syracuse University. Her work focuses on the application of social science research to

translational education and programming in areas such as safe infant sleep. Her scholarly output includes numerous presentations, book chapters, and refereed journal articles.



**Wendy Middlemiss,
Ph.D., CFLE**

Ronald M. Sabatelli, Ph.D., CFLE, a previous editor of FR, noted in his nomination letter that Dr. Middlemiss has already developed "the skills needed to succeed as an editor and, perhaps more importantly, she has a vision of family scholarship; based on her conventional and translational research that is needed to creatively energize the scholarship appearing in the journal."

Next FR Editor continued on page 2



More 2018 Conference Photos on back page

Mission Statement for NCFR Report

NCFR Report, the quarterly newsletter of the National Council on Family Relations, provides timely, useful information to help members succeed in their roles as researchers, educators, and practitioners. Articles address Family Science issues, programs, and trends, including association news.

President: Anisa M. Zvonkovic

Board Members: April L. Few-Demo, Karen Benjamin Guzzo, Tammy S. Harpel, Leigh A. Leslie, Bethany L. Letiecq, Brian G. Ogolsky, Andrea L. Roach, Stephan M. Wilson

Executive Director: Diane Cushman

News Editor: Trip Sullivan

Family Focus Editor:

Judith A. Myers-Walls, Ph.D., CFLE

How to contribute to the Family Focus section:

The Family Focus section of *NCFR Report* is member-written. Articles accepted for publication will be edited using standard editorial practice, and given priority based on

- 1) relevance to the Family Focus theme,
- 2) brevity due to space limitations, and
- 3) how articles form a complementary collection.

For information and guidelines, contact the editor, Judith A. Myers-Walls, Ph.D., CFLE at reporteditor@ncfr.org. *The contents of articles represent the views of their author(s), which may not represent the position of the entire organization.*

How to advertise in NCFR Report

To advertise in *NCFR Report*, please see the specifications and price list at ncfr.org/about/advertise-ncfr/ncfr-report. NCFR reserves the right to decline any paid advertising at our sole discretion.

Deadlines for each of the quarterly issues are:

- Spring issue—Jan. 1
- Summer issue—April 1
- Fall issue—July 1
- Winter issue—Oct. 1

Send advertisements to Trip Sullivan at tripsullivan@ncfr.org. For all submissions, please supply an email address to allow readers to contact you.

NCFR Report is published quarterly by the National Council on Family Relations
661 LaSalle Street, Suite 200
St. Paul, MN 55114
Toll free: 888-781-9331 Fax: 763-781-9348
www.ncfr.org

Third class postage permit. Reprints of this publication are available by contacting NCFR headquarters at the address above.

Copyright © 2018 National Council on Family Relations. All rights reserved.

Family Focus is part of *NCFR Report*, a copyrighted publication of the National Council on Family Relations (NCFR). No part of *NCFR Report*, including *Family Focus* articles, may be reprinted, reproduced, disseminated, or distributed by any means, including for classroom use, without permission of NCFR. Permissions are available through the NCFR website at bit.ly/2LFmbc2. NCFR reserves the right to deny any permission at its sole discretion.

VOTE and NOMINATE

Get Involved in the Leadership of Your Organization!

Curtis A. Fox, Ph.D., CFLE, and Ramona Faith Oswald, Ph.D., NCFR 2018 Elections Council Co-Chairs

Get involved in the leadership of your organization! The vitality of NCFR depends on the dedication of its members to serve in leadership capacities at various levels of the organization.

Leadership in NCFR offers many benefits and rewards, including

- The opportunity to share our knowledge and expertise in ways that will help promote the welfare of families and children;
- Status and recognition by local, state, national, and international audiences; and
- Networking and professional development opportunities.

The charge of the Elections Council is to identify people who are willing to commit their time and energy to leadership positions. Please consider how your skills and gifts might benefit NCFR. In turn, we are quite sure that you will gain valuable leadership experience and will grow personally as well as professionally. Here are two ways to be involved.

1. Vote in Upcoming Elections (February 2019)

The Elections Council encourages all members to vote in February 2019. We

have submitted a nomination slate (ballots will be emailed to members in February 2019) for terms that will be filled at the end of the NCFR annual conference in Fort Worth, Texas, in November 2019. The nominees are the following:

Board President-Elect (2019–2021)— Board President (2021–2023)

Norma B. Burgess—TN
or Hilary A. Rose—QC

Board Member-at-Large (2019–2022)— (2 Positions)

Katherine A. Kovalanka—OH
or Soyoung Lee—NJ
William Michael Fleming—IA
or Robert Reyes—PA

Affiliate Councils President-Elect (2019– 2021)—Affiliate Councils President (2021–2023)

Joanne A. Roberts—TX
Running unopposed

Students and New Professionals Board Representative-Elect (2019–2020)— Students and New Professionals Board Representative (2020–2022)

Jennifer L. Doty—MN
or Henry Gonzalez—AZ

Get Involved continued on page 9

Next FR Editor continued from page 1

Dr. Middlemiss has been a member of NCFR since 1992. She has served extensively in editorial roles for NCFR journals and other leading social science journals. She was guest editor of the FR special issue *Biosocial Models of Family Science* (Vol. 65.1), a guest co-editor of FR special issue *Translational Family Science* (Vol. 66.4), and has served on the FR editorial board since 2007.

“Dr. Middlemiss has a clear and compelling vision for the journal,” wrote Joseph G.

Grzywacz, Ph.D., in his nomination letter. “[Her role as guest editor of the *Biosocial* issue] demonstrates [her] ability to think ‘outside the box’ to move the field forward. Both the substance pursued and the internal structure of the issue highlight that [Dr. Middlemiss] can identify important areas currently underdeveloped by Family Science while also staying true to the discipline’s identity as an applied discipline.” ✨



Sustaining Our Passion for Community When Life Speeds Up

Anisa M. Zvonkovic, Ph.D., NCFR President, zvonkovic18@ecu.edu

I write this in October 2018 in anticipation of another successful and revitalizing NCFR annual conference. I can imagine my predecessors also felt the difficulty of forecasting what would be going on at the conference so that they could write this column before the conference occurs. For me, I think the sped-up pace of daily life and current events makes writing this column especially challenging. When life speeds up, however, I remember just how important it is to carry the energized spirit that the conference provides (whether you attend in person or via live-stream webcasts) with me all year long.

Bill Allen, NCFR president before me, wrote and spoke about our organization using the image of “the beloved community,” a phrase used by Dr. Martin Luther King Jr., referring to justice, equal opportunity, and love for one another. I am aware that what specifically constitutes justice and equal opportunity is contested—in this world and in our organization. The NCFR Board of Directors is working with the Inclusion and Diversity Committee (IDC) to continue to refine our message about what inclusion is and how to ensure that all voices are heard as we work toward justice and opportunity with a global reach (as this year’s conference emphasized). Our organization, and our very selves, are works in progress. I hope your experience participating at some level at the annual conference has been helpful in your sentiments toward NCFR as working toward being a beloved community and toward improving our selves in our professional and personal lives.

I want to mention a few follow-ups regarding the member surveys related to NCFR and policy. Recently, NCFR staff have highlighted journal articles, research briefs, and other resources with the public that are relevant to current issues, such as the

detention of immigrants in the summer of 2018 and topics related to sexual assault in the fall of 2018.

Putting research published in NCFR journals into the eyes of the public is something that the vast majority of NCFR members endorsed in our surveys. I’m especially pleased that the staff has the capacity to do this promptly and that the social media presence they connect us to is

We Family Scientists know about bidirectional relationships, so I know we understand the need for mentoring and to be mentors throughout our professional careers.

quite large. I anticipate that the relevance of peer-reviewed research published in our journals and by our members will continue. If you have published research on a family-related topic that is suddenly in the headlines, I encourage you to reach out to Trip Sullivan, NCFR communications manager, at tripsullivan@ncfr.org, who may share your work with the larger public. This visibility of your research is an added benefit of your NCFR membership. You can also help by sharing the posts and the tweets as they happen. And please do not hesitate to contact me, other board members, and the staff with questions or ideas about this work.

Involvement with NCFR, whether by attending the conference in person, virtually, or by accessing the other resources of the organization, is typically prompted by professional colleagues and promoted because of the benefits that the organization provides to our professional lives. The energy of participating in the

conference in person is palpable and often carries us through the stress of the rest of fall semester, for those of us in academic jobs. I want to urge us to continue to have energy for being active participants in the organization throughout the year.

Spring is a time when we think about submitting to the conference in the coming year and a time when we think about nominating our colleagues (and ourselves) for awards. Spring might also be the time you are called on to carry out the tasks you volunteered for in the fall at the NCFR conference—so please remember to do those tasks and fulfill your commitments.

I know that the sped-up pace of modern life makes it challenging to devote time and energy to professional commitments, especially when there are many other demands on your time. My involvement in NCFR was prompted by deep gratitude to the people in the organization for the things they had done to help me in my career—mentoring within specific sections, journal editors taking time to encourage me, staff working to assist with arranging conference sessions, the joy of working closely with colleagues to advance families and relationships.

We Family Scientists know about bidirectional relationships, so I know we understand the need for mentoring and to be mentors throughout our professional careers. There are many opportunities to be involved in NCFR, and when you do so, you will be involved in mentoring as well. More than other professional societies, NCFR provides resources on mentorship and leadership. I am sure you all also got into this line of work because of a commitment to improve people’s lives at the most intimate level. What a privilege to be able to work in this field! ✨



The Delicate Balancing Act of Conference Financial Planning

Diane Cushman, NCFR Executive Director, dianecushman@ncfr.org

Thank you to everyone who played a role in making the 2018 NCFR Annual Conference in San Diego successful. Planning is now under way for the 2019 conference in Fort Worth, Texas. We thank you for your continued support of NCFR, which makes it possible to put on our conference each year and offer you the very best in family-related research, teaching, and practice.

In previous *NCFR Report* columns, I've detailed how NCFR conference locations are determined (see bit.ly/june2016ed). Many of you were unaware of many factors that are considered for selecting the host city for each annual NCFR gathering. Because of your positive feedback, I wanted to share some knowledge about the financial aspects of the NCFR conference.

NCFR is aware of the costs and logistics that you may face when participating in an academic conference, including registration, air and ground transportation, accommodations, food and beverage, and incidentals. If you need to provide care for your loved ones during the conference, additional arrangements need to be made, such as bringing children to stay with relatives, arranging for additional care at home, or bringing loved ones along on the trip. If you're self-employed, costs might also include the loss of income while away from clients. Twenty-two percent of the attendees at the 2017 conference in Orlando received no external funding for their conference expenses, whereas 47 percent received 75% to 100% funding from a source such as an employer or research grant. This considerable gap in resource availability is no doubt due in part to conference attendees' diverse array of employment situations.

The finances of planning a conference could be compared to planning a wedding, with expenses falling into four major categories: venue, travel, food and beverage, and audiovisual. In the case of NCFR, the venue costs include hotel rooms for staff and presenters, meeting-room rental, stages, lecterns, speakers, electricity (yes, some hotels charge to plug in), and more.

The finances of planning a conference could be compared to planning a wedding, with expenses falling into four major categories: venue, travel, food and beverage, and audiovisual.

Conference hotels often negotiate free meeting space if their sleeping rooms are fully booked by the conference attendees. This is the main reason NCFR selects host hotels that meet our 450–500 maximum per night sleeping-room needs. In exchange for “heads in beds,” a hotel will usually give NCFR the use of meeting rooms at no cost. It is because of this that we work very hard to keep room rates at the low end of market

for you and negotiate a discounted room block for students. We encourage everyone to stay at the conference hotel, because without these sleeping rooms reserved, NCFR would spend a substantial amount to rent the meeting spaces.

Travel costs are significant and can vary from anticipated budgets, which are set a year before each conference. NCFR has been budgeting for staff and plenary presenters to travel to and from the conference each year. Costs for both airfare and ground transportation are carefully considered. If the host city hotel is several miles from an airport, ground transportation can become another significant conference expense. For this reason, we look for conference sites with an international airport and numerous direct flights and proximity to the host hotel. Keeping Minneapolis–St. Paul in the rotation of host cities also lowers transportation and other costs, since it is the location of NCFR headquarters.

You may be wondering how food and beverage expenses enter in, since NCFR does not typically provide conference meals. Regardless, most of our negotiated

Executive Review continued on page 6

Thank You, NCFR Donors

July—September 2018

William D. Allen

Deborah P. Coehlo

Judith L. Fischer

William Michael Fleming

M. Janice Hogan-Schiltgen

Gerald F Hunter

Ralph LaRossa

Stephen Makofka

Jay A. Mancini

Wendy Middlemiss

Kennon Rider

Sandra Stith

Stacy Tangren

Britney Alissa Webster

Chapin Hall at the University of Chicago

Expanding NCFR's Webinar Program— Claire Kimberly Hired as Webinar Coordinator



Dawn Cassidy, M.Ed., CFLE, Director of Family Life Education, dawncassidy@ncfr.org

NCFR has made some exciting changes to our webinar programming with the creation of a webinar coordinator position. This added role will enable us to expand on the success we have had in providing webinars relevant to Family Science.

Since the spring of 2013, NCFR has offered more than 40 online learning sessions designed to provide current and research-based information relevant to Family Science faculty, practitioners, and students. Our first webinar, *Ethical Thinking and Practice*, was presented by Beth Gausman, Mary Maher, and Bill Allen, who shared information and insights about the ethical guidelines process developed by members of the Minnesota Council on Family Relations (MNCFR) Ethics Committee. Since that initial offering, we have gone on to offer webinars specifically designed for researchers, college faculty, Family Life Educators, and therapists. Topics have included research methodology and statistics, family policy, Family Life Education, family therapy, cultural engagement, and educational methodology.

The webinar program has also addressed two NCFR Global Ends:

- Global End Policy #1: NCFR will provide opportunities for professional development and knowledge development in the areas of family research, theory, education, policy, and practice and
- Global End Policy #2: NCFR will support the dissemination and application of research- and theory-based information about the well-being of families.

Family scholars and practitioners alike have benefited from this professional development that NCFR webinars provide, both as participants and as presenters. We are fortunate to have many NCFR members and Certified Family Life Educators (CFLEs)

who are willing to share their scholarship, skills, and experience with others through this online platform.

Jennifer Crosswhite, NCFR's director of research and policy education, and myself have been largely responsible for identifying topics and presenters for our webinar offerings and for moderating both the webinar rehearsals and live broadcasts. Staff members Allison Wickler, director of marketing and communications, and

We are fortunate to have many NCFR members and CFLEs willing to share their scholarship, skills, and experience with others through our webinar program.

Maddie Hansen, education and certification coordinator, have provided technical support. Over the years, we've researched best practices in identifying successful methods for webinar delivery and marketing strategies. With each webinar we've improved on how we present, the relevance of the topics, the preparation of the speakers, audience engagement, and the overall webinar experience. Attendance numbers have continued to increase, and so has the positive feedback we've received.

While there are unlimited topics and approaches for NCFR to provide online education, the capacity for NCFR staff has been limited to expand the webinar program. This is where the webinar coordinator position comes in. NCFR has had success in tapping in to the knowledge, expertise, and capacity of our members to provide NCFR programs and services through consulting positions. Examples include the creation of multiple consulting positions including Deborah

Gentry, Ed.D., CFLE, as academic program review liaison; Judy A. Myers-Walls, Ph.D., CFLE, as editor of Family Focus; and most recently, Elaine Anderson, Ph.D., as editor of NCFR's Research and Policy Briefs. This model of engaging active NCFR members to formally assist staff in carrying out the goals and objectives of the organization has proved very successful, and so it seemed a logical next step to apply this approach to the development and delivery of an expanded NCFR webinar program.

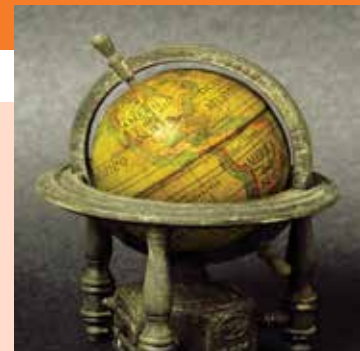
We are so pleased that Claire Kimberly, Ph.D., CFLE, accepted the position of webinar coordinator.

Dr. Kimberly's background in the family field, working in both the community and academia, is an asset to this position as is her history as an NCFR member and CFLE. Her involvement working with students and affiliates, and service to the NCFR Academic Program Review Committee has provided her with a familiarity and understanding of the structure of NCFR as an organization and of the needs of the membership. The opportunity to have a member representative in this role will be a great asset toward continued growth of the webinar program.

Similarly, members and CFLEs are encouraged to share their ideas and feedback about how NCFR can best use the webinar program to meet their needs. What topics do you want to hear about? Would you be interested in presenting a webinar through NCFR? Please reach out to Dr. Kimberly at clairekimberly@ncfr.org to share your ideas. ✨



**Claire Kimberly
Ph.D., CFLE**



Executive Review continued from page 4

contracts require NCFR to spend \$50,000 to \$75,000 on food purchased through the hotel catering department. NCFR would pay a shortfall if that food minimum isn't met. Thanks to our many receptions, these contracts are usually satisfied from purchasing food for the University Receptions, President's Reception, CFLE Reception, Newcomers Welcome, and Legacy Circle Reception.

The final major expense relates to the hearing and seeing of conference proceedings using audiovisual technology. These costs used to be limited to microphones, speakers, and screens; however, internet access fees have become a significant expense. In addition to internet access by multiple devices (cell phone, tablet and laptop), hardwired connections are needed to enable access to the NCFR membership database at the registration desk and to broadcast our conference live-streaming event. Total costs for internet access can easily exceed \$20,000 for the four-day conference. When possible, we negotiate comped amenities such as free Wi-Fi in the sleeping rooms, something attendees have listed as important and that is typically not covered by their employer.

Other conference expenses, such as insurance, freight and moving costs, continuing education fees, marketing and communications, printing and signage, and plenary presenter honoraria, are significant, though less visible to attendees. A storm that one year resulted in widespread flight cancellations forced us to insure no-shows to cover potential losses for future conferences.

What may surprise you the most is that the NCFR conference has not, throughout its history, been profitable. We've worked very hard over the past 10 years to turn this around. Our goal is for conference income to cover conference expenses, which was achieved in three of the past five years: 2013 in San Antonio, 2014 in Baltimore, and 2016 in Minneapolis. Losses are typically covered by revenue from the NCFR journals, webinars, and other programs.

2018 conference attendees traveled to the U.S. from the following countries:

Australia	Colombia	Netherlands	Sweden
Brazil	Iceland	Qatar	Taiwan
Canada	Ireland	Republic of Korea	Turkey
China	Italy	Singapore	
	Japan	Spain	

The NCFR conference is a valuable forum for family scholars and professionals to develop and share knowledge, and to remain at the forefront of research, theory, and practice on families. You play an important role in the continued success of the conference. In addition to participating as a presenter or attendee, it is equally beneficial to invite and encourage participation from your students, colleagues, and others in your professional network. Registration remains the major source of conference income. Last-minute student walk-ins boosted registration in 2014 just enough to be in the black for the 2014 conference.

Advertising and sponsorships help to keep the conference affordable to you and your colleagues. We are thankful for the generosity of our plenary sponsors and, more recently, our conference host sponsors. Conference exhibitors cover the cost of renting the poster boards, registration booth, and plenary stage. Reception sponsors generously support much of the costs for our several receptions.

Each year NCFR compares its conference fees to those of sister societies. All these organizations have reduced costs for students, which means that, like NCFR, professional registration subsidizes student registration. Historically, NCFR conference fees have been less than those charged by the American Association of Family and Consumer Sciences (AAFCS), the Association of Marriage and Family Therapy (AAMFT), the Society for Research in Child Development (SRCD), and the Gerontological Society of America (GSA), and slightly more than those charged by the American Sociological Association (ASA) and the American Psychological Association (APA). Large associations like

ASA and APA have tens of thousands of members and thousands of conference attendees, making them appealing to potential sponsors and exhibitors.

Some members have inquired about NCFR providing more services and amenities to attendees, such as free or low-cost on-site child care, reduced registration costs, free Wi-Fi in all sleeping rooms, free coffee, and free registration to members who conduct workshops or other sessions. These requests have inspired us to design more sponsorship opportunities, rather than raising registration fees outright to cover additional services.

As you can see, the NCFR annual conference is a delicate balancing act. Many members have been working over a period of several years to improve all aspects of the conference. We are grateful for their time and invite you to share your ideas as well, either on the various conference surveys or directly, by emailing info@ncfr.org. We welcome all ideas, and this column only scratches the surface of the opportunities and challenges that lie ahead.

If you are someone committed to Family Science, love family research or practice, or desire to connect with others who share your passion for families, the NCFR conference is for you. We hope you will attend NCFR's 2019 conference in Fort Worth, Texas, Nov. 20–23. Conference program chair Katia Paz Goldfarb will lead the Conference Program Committee in examining the theme of Family Sustainability: Contextualizing Relationships Within Evolving Systems. Mark your calendar, submit a proposal, send us your ideas, and please plan to join us. ✨



Creating Effective Family Policies Begins With Involving the Families Most Impacted

Highlights from the Policy Panel at the Northwest Council on Family Relations (NWCFR) 2018 Conference

Jennifer Crosswhite, Ph.D., CFLE, Director of Research and Policy Education, jennifercrosswhite@ncfr.org

From time to time, I ask others to guest author my *NCFR Report* article in an effort to share what other individuals are doing with respect to policy. For this edition, I am happy to introduce **Sarah Feeney, Ph.D., CFLE**, past president of the Northwest Council on Family Relations (NWCFR), and **Jana L. Meinhold, Ph.D., CFLE**, current president of NWCFR, who helped organize their affiliate's 2018 conference around policy. They are guest writing this article. Drs. Feeney and Meinhold share what they learned about how individual well-being translates into community well-being; effective policies and programs that are currently in place to reduce health disparities and serve diverse families; and effective strategies for engaging in the policymaking process in support of family health and well-being. I hope you find the information valuable.

The 2018 conference theme for the Northwest Council on Family Relations was "Promoting Healthy Families Through Policy: Challenges and Opportunities." Approximately 75 students, faculty, and professionals attended the conference at Central Washington University in Ellensburg, Washington, on April 13.

The conference concluded with the engaging panel discussion "Current Perspectives on Policies for Healthy Families," facilitated by Elise Murowchick, Ph.D., CFLE, NWCFR board member. Panel members from across the Northwest

included the following:

- **Marilyn Watkins, Ph.D.**, policy director, Economic Opportunity Institute, and clinical assistant professor, University of Washington;
- **Cynthia Morrison**, manager of access systems and Coordination, Washington State Department of Health;
- **Jenna Kiser, M.S.W.**, intake/safety program manager, Washington State Department of Social and Health Services; and
- **Ann Riley, M.S.**, director, Kittitas County Community Network and Coalition

The 2018 NWCFR conference theme called for an exploration of the intersections of policy, health, and families. In the world

If you want to engage in policy change you need to do something that you are passionate about. Nobody is an expert in your experience the way you are an expert in your experience.

of policymaking, the focus is often to maximize benefits to the population as a whole. By contrast, health and human service professionals often work in ways that are focused on individual families or even individual members of families. To bridge these different perspectives, the three main goals of the panel discussion were to

- Identify the ways that supporting individual families can have a larger impact on the communities they live in;
- Identify what is working and what could be done better as far as policies and programs that are designed to promote

family health and well-being and reduce disparities; and

- Learn from our panelists' experiences in the policy world and what suggestions they have for those who are starting out in their careers.

Each of the four panelists was asked the same questions, followed by questions from the audience. Excerpts from the panel discussion follow below. A more detailed transcript, including the panelists' roles in policymaking, can be found at <http://bit.ly/NWCFR-2018-policy>.

In your perspective, how does individual family well-being translate into community well-being?

Watkins: "Communities, families, and individuals are interconnected in ways that when we do better everybody does better as well." She also noted that stress from economic inequality often has a negative impact on well-being. Policies that prevent families from being economically stressed help individuals be more prosperous and have more positive outcomes all around. "We want a society in which everyone helps each other up and rather than pushing others down," Watkins said.

Riley: "I think from a community perspective, family is really a foundation of our future health. Family well-being is a future indicator of what the child's health will look like in the future. Trying to mitigate the impact of childhood trauma, decrease the incidence, and to help build resiliency when trauma has happened—by doing this we are improving the well-being of the community."

Morrison: "People are more than the sum of their parts. We may find that in this

population or this community we see this rate of chronic diseases or poverty, but really this still focuses on an individual level. The community is greater than the sum of our parts. A community of good well-being is one that provides opportunities, and good health care, and a chance to contribute back to the community.”

Kiser: “It is vital to interact with families. Nobody wants us telling them how to parent and no one is joyful that CPS [child protective services] is knocking on the door. What we try to do is coordinate with the family around who their natural supports are. Our goal is to expand their connections so that they can build a support network. If individual families are educated on child abuse and neglect and they know how to access community services, they would never have to connect with the child welfare system.”

What are some effective policies and programs that are currently in place to reduce health disparities and serve diverse families, and what further steps do you see as necessary in order to improve health equity and family well-being?

Watkins identified four policies her organization has been working on. Starting with the Healthy Pregnancy Policy, she noted this new policy ensures that workers have the right to ask for resources to keep healthy during their pregnancy. She then mentioned paid sick leave and safe leave policies which allow workers to take paid time off not only for illness or injury but also for legal or safety concerns related to issues like domestic violence. The third policy is the Equal Pay and Opportunity Act, which went into effect in June 2018. Finally, 12–18 weeks of paid Family and Medical Leave will be available to all Washington workers in January 2020.

Riley: “At a local level, it takes a long time to change people’s minds.” Riley went on to mention resources like the Center for Youth Wellness, headed by Nadine Burke. Riley stated, “Burke is the rock-star of an adverse childhood experiences (ACE) study and has great information about screening for ACEs,

care, and forming a multidisciplinary team to build resiliency.” Additional resources mentioned by Riley included federal level resources through SAMHSA, which focus on trauma-informed health-care practices.

Riley spoke to the importance of working with the community, building community resiliency, and educating the community about policy. Riley utilizes the Policy and Advocacy Guide, a step-by-step educational book about the difference between lobbying and advocacy, which is important to know about for funding purposes.

Communities, families, and individuals are interconnected in ways that when we do better everybody does better as well.

Morrison shared how her office has learned from their mistakes in building effective policy. In 2010 her office received funding for a program to provide support for pregnant teens. Initially, the assumption was that a teen pregnancy would be a problem to be fixed. However, once Morrison’s team learned more about the community’s views and values, they found that their needs were different than they had anticipated. The community didn’t have enough housing, and many teens were couch surfing. So, with grant funding, Morrison’s group implemented a program called Housing First: “[We] started with safety in a place to live, a way to get to school, and a class on how to not get pregnant again.”

Based on your roles and experiences, what do you see as effective strategies for engaging in the policymaking process in support of family health and well-being? What advice do you have for students or professionals who are new to the public policy field?

Watkins: “If you want to engage in policy change you need to do something that you are passionate about. Nobody is an expert in your experience than the way you are an expert in your experience.” She mentioned that it is important to find organizations that work with public policy that matters

to you and work with them and encourage them to get involved in changing policies that you seem to be interested.

Riley echoed that if you want to develop new policies and practices, you need to have the people who are most affected by the policy at the table and noted “You would be surprised at how often that doesn’t happen,” she said. She then added: “Relationship building is really important and policy practice is a marathon not a sprint. You’re going to take a long time to develop a policy and raise awareness and start to have a common language about an issue before you talk about what to do about it.”

Morrison: “I would say don’t underestimate small policy. If you change a little here and a little there then you will have the data to support your big idea. If you tweak this or change that, then next thing you know you have a pretty large body of data that you can hopefully move up the legislature. Chew away at it and you will be successful!”

Kiser: “When I started writing policy, I came in with the idea that I am content expert. A more effective strategy is to consider questions like, how it will impact diverse families? How does this impact other policies that are already in place? Is it written in a way that families understand? It is awesome to advocate for families, but you need to understand what it is you are trying to accomplish and how that is going to impact other people.” In Kiser’s view, writing policy requires a global perspective that takes into consideration how it is going to impact society.

Kiser ended with a bit of advice to the audience that was echoed by other panelists: “Get as much direct experience in whatever path you are choosing. When you get to the real world you want to have done practicums and internships. Get as much experience whether it is paid or not because it shows you what you want to do and what you do not want. Try different things because you can find a passion somewhere else. All the experiences you have turn you into a real well rounded professional!” ✨

Get Involved continued from page 2

**Elections Council (2019–2022)—
(2 Positions)**

Jessica Fish—MD
or Jenifer K. McGuire—MN
Lindsay Edwards—CO
or Lorey Wheeler—NE

**Fellows Committee (2019–2022)—
(2 Positions)**

Robert Hughes Jr.—IL
or Maureen Perry-Jenkins—MA
Francesca Adler-Baeder—AL
or Jennifer L. Hardesty—IL

**Inclusion and Diversity Committee
Member-at-Large (2019–2022)—
(2 Positions)**

Adrienne Duke—AL
or Shuntay Z. McCoy—VA
Lover L. M. Chancler—MO
or Jocelyn Smith Lee—NC

**Inclusion and Diversity Committee
Students and New Professionals
Representative (2019–2021)**

Shawn Mendez—NC
or Jasmine Routon—IL

**2. Nominate yourself or others for the
February 2020 slate** (due Jan. 31, 2019)

The Elections Council wants to encourage all members to nominate someone for the February 2020 slate. As you think about who would serve NCFR well, please give serious consideration to nominating yourself as well as others. Here are the selection criteria to help you decide whether you would be willing to be nominated and/or to identify potential candidates for the upcoming election:

Eligibility for Nominations

- Current membership in NCFR.
- NCFR members may not serve concurrent terms as board member, section chair, conference program chair, conference program chair-elect, journal editor, or member of the Fellows Committee, Elections Council, or Inclusion and Diversity Committee.
- Knowledge and/or experience in areas reflecting broad trends in human development, Family Science, marriage and family practice, sociology, and related professions.
- Knowledge and/or experience in

leadership roles through sections, affiliate councils, focus groups, conference planning, publishing, public policy, and/or other committee work.

Definition of Diversity

When identifying members to run for NCFR office, consideration should be given to a slate that is diverse in its representation of members, for example (in alphabetical order):

- Ability and disability
- Aboriginal, mixed, immigrant
- Age
- Bilingualism and multiculturalism, English-language learners
- Body size and condition
- Customs and traditions
- Educational, disciplinary, or career status
- Ethnicity, race, national origin, or cultural identity
- Gender, gender identity, and gender expression
- Geographical background and location
- Marital status, relational status (including singlehood), and family structure or identity
- Objective and subjective worldviews and standpoints
- Political ideologies and affiliations
- Religion or no religion, spirituality and affiliations, and faith
- Sexual orientation, identities, and expressions
- Socioeconomic status, residential status, social class, employment, and national service

Keeping this in mind, we invite self-nominations and nominations of others for the following positions for the slate to be elected in February 2020. The terms for these positions will begin in November 2020 at the end of the annual conference in St. Louis, Missouri.

**Board Member-at-Large—2020–2023
(3 Positions Open)**

NCFR board members are responsible for the overall governance of the organization on behalf of all NCFR members. They attend two face-to-face board meetings per year and have regular conference calls and email exchanges. They take responsibility for maintaining contact with

the membership and reflecting the needs of all NCFR members.

**Elections Council Member—2020–2023
(2 Positions Open)**

It is the responsibility of the Elections Council to prepare a slate of nominees for officers and members of the Board of Directors, Students and New Professionals Board Representative, Students and New Professionals Program Representative, Fellows Committee, Elections Council, and Inclusion and Diversity Committee positions, and to ensure that the policies on recruitment are followed as provided by the NCFR Bylaws and the Elections Council Policies and Procedures.

**Inclusion & Diversity Committee (IDC)
Member-at-Large—2020–2023
(3 Positions Open)**

IDC members-at-large will assist IDC in responding to the needs and desires of NCFR members. The members-at-large will help the IDC send updates on its work via web postings, *NCFR Report*, and other effective venues of communication.

**Students and New Professionals (SNP)
Program Representative—2020–2022**

The SNP program representative serves a 2-year term as a member of the Annual Conference Program Committee and member of the Student Award Committee, has several Annual Conference responsibilities, and assists in networking for students and new professionals.

Annual Conference Program Chair-Elect—2020–2021 and Program Chair for 2022 Conference—TBD

The NCFR Conference Program Chair-Elect is appointed by the NCFR Board of Directors. The Elections Council is interested in your suggestions for potential program chair appointees. Please feel free to suggest names along with your other nominations.

Again, become involved in leadership positions of our organization. Consider what your involvement will be. Send nominations to Jeanne Strand at jeannestrand@ncfr.org. For additional information, please review our website, www.ncfr.org.

Deadline for nominations is Jan. 31, 2019. *



Families and Health Section Update

Jerica Berge, Ph.D., M.P.H., LMFT, CFLE, Section Chair, jberge@umn.edu

I hope that you enjoyed the 2018 NCFR conference in San Diego, California!

Section Happenings at the NCFR Conference

The Families and Health (FH) Section had a great presence at the NCFR conference this year. We had a record high of 96 posters and 16 sessions, including nine symposia, six lightning paper sessions, and a workshop focusing on

various family and health topics, such as obesity, chronic illness, violence, trauma, aging, substance abuse, sleep,

aging, siblings and health, military families, and health disparities. We continue to lead NCFR sections with the most conference proposal submissions. Keep it up, submissions = presentation slots!

We also had changes in our Families and Health Section officers. Thank you, outgoing officers, and welcome incoming officers.

Paper Winners

At the FH Section meeting we announced the winners of our Outstanding Paper Awards for students or new professionals, and for professionals, at our section meeting. Winners received a plaque and \$200. The recipients are as follows:

Outstanding Student and New Professional Paper Award

“Relational Turbulence and Psychological Distress in Romantic Relationships in the Military”

First author: J. Kale Monk, Ph.D., Assistant Professor, Department of Human Development & Family Science State Specialist for Human Environmental Sciences Extension, University of Missouri

Coauthor: Bryan Abendschein, Ph.D., University of Illinois at Urbana-Champaign

Outstanding Professional Paper/ Publications Award

“Children of Mumbai’s Brothels: Investigating Developmental Prospects, Primary Relationships, and Service Provision”

First author: Rochelle L. Dalla, Ph.D., CFLE, Professor, Department of Child, Youth and Family Studies, University of Nebraska-Lincoln

Coauthors: Sarah Erwin, M.A., and Lee M. Kreimer, B.S., University of Nebraska-Lincoln

Outstanding Student and New Professional Poster Award

We continued this year with our section’s

new tradition of poster awards for students and new professionals. This year’s recipient was Deirdre Quinn, Ph.D., for her research, “Factors Associated with Emerging Adult’s HPV Behaviors.” She will receive \$100 and a certificate.

Thank you to all who submitted papers and posters for awards, as well as those of you who reviewed for our section in 2018. The success of our section depends on your engagement. In the upcoming months, please consider submitting a proposal to the FH Section for the 2019 conference in Fort Worth, Texas.

Free Trial Membership

In our preconference newsletter and at the Newcomers Welcome, we gave out a coupon to try out the FH Section for one year. Those of you who took advantage of this opportunity will be receiving an email soon about your free year of FH membership. We hope you find membership advantageous and stick around after the first year is up. ✨

Officer Position	Outgoing Officers	Incoming Officers
Chair	Jerica Berge	Kimberly Greder
Chair-elect	Kimberly Greder	Amber Seidel
Past chair	Karina Shreffler	Jerica Berge
Secretary/treasurer	Amber Seidel	Erin Yelland
Students and New Professionals representative	Brianna Routh	Carolyn Sutter
Communications specialist	Christina Marini	Sarah Feeney

Families and Health Section Spotlight

Dina Izenstark, Ph.D.,
Assistant Professor at San José State University



Dina Izenstark, Ph.D., is an assistant professor in the Department of Child and Adolescent Development at San José State University. Her interdisciplinary program of research looks at the impact of family-based nature activities on mental health and family relationships. Dr. Izenstark was the recipient of the Families and Health 2017 Outstanding Student and New Professional Poster Award for her research “Impact of Childhood Experiences in Nature on Adults’ Mental Health and Family Relationships.” Dr. Izenstark infuses classes she teaches with her research findings, highlighting how exposure to the natural environment can influence all domains of health and development. She received her Ph.D. in human development and family studies from the University of Illinois at Urbana-Champaign. Although her Midwestern roots are strong, she enjoys California’s year-round outdoor recreation opportunities, especially tennis, hiking, and playing ball with her dog Benji.

International Section Update



Mihaela Robila, PhD., CFLE, Section Chair, mihaela.robila@qc.cuny.edu

The International Section strives to create better understanding of families around the world by promoting international family research, facilitating communication among scholars, and sponsoring conference programming and presentations.

2018 NCFR Conference

We hope that you enjoyed the 2018 NCFR Annual Conference in San Diego! The International Section received 75 proposals for the 2018 conference from scholars who conducted research in countries around the world, including Australia, Barbados, Brazil, Burundi, Cambodia, China, Columbia, Cuba, Ecuador, Finland, Ghana, Grenada, India, Jamaica, Japan, Jordan, Kenya, Malawi, Mexico, Nicaragua, Qatar, Saudi Arabia, South Korea, Tanzania, Trinidad and Tobago, Tunisia, and Turkey.

We thank our conference proposal reviewers for their support and we invite submissions for the 2019 conference! Find 2019 conference information online at our website, ncfr.org/ncfr-2019.

Congratulations to the 2018 International Section Award Recipients!

Jan Trost Award

Dominic Richardson, Ph.D., Senior Education Specialist, UNICEF Office of Research-Innocenti, Florence, Italy

Annual Conference Travel Scholarship

Gizem Erdem, Ph.D., LMFT, Assistant Professor, Koç University, Istanbul, Turkey

Student and New Professional Conference Travel Scholarships

Cheong-Ah Huh, Ph.D. Candidate, Seoul National University, Seoul, South Korea
Ahyeong Kim, Graduate Student, Seoul National University Seoul, South Korea

In Memoriam: Jan Trost, Ph.D.

We were saddened this year by the passing of a prominent scholar and member of our section, Jan Trost, Ph.D., emeritus professor

of sociology, Uppsala University, Uppsala, Sweden. He was a founding member of NCFR's International Section (1977) and a past section chair (1979–1981). In his honor, the Jan Trost Award was established in 1999 to recognize outstanding contributions in international Family Science. The award honors an individual for their achievements in research, teaching, and service to international families, and is meant to further internationalize the culture and influence of NCFR.

International Section Newsletter

To facilitate the sharing of information about international research and educational projects, we developed the International Section newsletter, which presents member news and highlights, such

as study abroad experiences, international research projects, awards, books, and more. The 2018 edition is posted on the International Section web page at ncfr.org/sections/in. We invite our members to submit news related to their international research and projects for the 2019 spring newsletter to mihaela.robila@qc.cuny.edu.

Finally, many thanks to the International Section's officers for their support of section activities:

- Past-chair: Yan Ruth Xia, Ph.D., CFLE (2019)
- Chair-elect: Grace H. Chung, Ph.D. (2019)
- Secretary/treasurer: Jane Rose Njue, Ph.D., CFLE (2019)
- SNP representative: Cagla Giray, M.S. (2019) ✨

Congratulations to NCFR's Honors Graduates for Fall 2018

NCFR awarded honors to 20 university students who completed their academic programs in fall 2018. Thank you to our members who reviewed applications!

NCFR Honors Student Recognition is awarded to students who demonstrate outstanding achievements in academics, leadership, and community service in the discipline of Family Science.

The deadline to apply for honors for spring 2019 graduates is March 1, 2019.

Fall 2018 Recipients

Illinois State University

Danielle C. Tenca

Stephen F Austin State University

Jaycie J. Case

Samford University

Maigan J. Jenkins
Wimberly F. Underwood

Texas Tech University

Holly R. Jessen
Matthew M. Koehl

Texas Women's University

Carole G. Blackmon
Kara M. Shade
Rachael Spriggs Clews

University of New Mexico

Becky L. Grelle

Weber State University

Sarah L. Barker
Kelly E. Burke
Bryan A. Henrie
Rebecca R. Morley
Georgette D. Ramirez
Savannah Shapiro
Katrina J. Sonderegger
Ashley C. Vandenberg
Emma M. Watson

Winthrop University

Ashia M. Holmes

Family Policy Section Update

Anne Farrell, Ph.D., Section Chair, afarrell@chapinhall.org



By the time you read this, another annual conference will have passed. We have recruited candidates for section officers, and we are busy in another semester and (soon) a new year. Many thanks to all who led, facilitated, attended, and participated in Family Policy (FP) Section events in 2018. Our section is vibrant, and the need for research to inform policy and practice has never been clearer.

The FP Section works to expand our efforts to translate and disseminate policy-relevant research to FP members who can use it to benefit individuals, families, and communities. Following an enthusiastic discussion at our 2017 FP Section meeting at the annual conference, we have made

good progress! The FP Section officers and others worked to design a template for brief, engaging summaries of policy-relevant research studies in accessible terms. We are now preparing to launch this series of briefs, which will be called *Family Connections: Research to Policy Briefs*. We think these 1- to 2-page briefs are ideal means for sharing information about your work with community leaders, parents, educators, students, and policymakers. Each brief will feature a short summary of a specific research study and its potential implications for policies and practices. Now, we need your work!

We are looking for authors, articles, and translational writers! If you have recently (in the past year or two) published an article (or will publish one going forward) that is relevant to family policies, please submit your work for review. The articles do not need to feature research designs that are embedded in or that emerge from policies; we are looking for a range of papers relevant to policy. Following the summary of your research article as a brief, a review committee will work with you to include or suggest other policy relevant considerations, as the case may be.

The brief feature of your article will summarize your research succinctly; highlight how methods and findings might inform public policy; reference policy-relevant outcomes (e.g., access, cost, well-being); explain how findings might affect prevention or intervention programs; or articulate implications for policies and practices that affect individuals, families, and communities in the United States or globally. Note that the briefs are based on single articles. They won't make specific policy recommendations, but they will highlight ways in which research might inform policy.

The briefs can be used for instructional purposes (to support students in understanding original work); to get your

findings to decision makers, colleagues, and practitioners; and as models of succinct translational writing.

To submit an article for consideration (or to volunteer as reviewer), follow these steps:

1. Contact Erica Jordan, FP Section secretary and treasurer, at efjordan@central.uh.edu to receive a submission link.
2. Upon receiving the link, submit the basic information about the article you would like considered (author name, names of any coauthors, article title, journal title, abstract, and a few sentences explaining about how the article is policy relevant).
3. Your submission will be reviewed by the FP Section officers (and volunteers), and you will be contacted within approximately 30 days with a decision. (Please note that the first round of these will have a longer review period.) If accepted for a brief, you will be invited to submit a summary of the article in terms easily accessible to the public. The review committee can assist you in identifying potential policy implications.
4. Acknowledge final approval of the copy of the brief featuring your work before the collaborative completion of the brief. The brief will contain a citation of the original article, the first author's contact information, and a permalink to the original research.
5. Share the brief through a range of dissemination channels. The FP Section will provide authors a handy dissemination guide to help authors disseminate their work and will distribute the brief through the NCFR FP Section discussion board.

All NCFR members (including those not currently in the Family Policy Section) are invited to submit articles for briefs, and all briefs will be nonpartisan, with the precise goal of communicating research findings and potential policy impacts. ✨

NCFR Report: A Member Forum

NCFR Report is a quarterly magazine for members designed to encourage member-to-member dialogue, to inform colleagues about our research, and to discuss research application for practitioners and policy professionals. Through *Report*, NCFR also builds our community by reporting on people, events, and organizational news.

Unlike the content of our scholarly journals, the articles in *NCFR Report* have not been peer-reviewed. In the spirit of open debate and academic freedom, *NCFR Report* is a member forum for exchanging ideas. The opinions or findings expressed are those of the author(s), which may or may not represent the official position of NCFR as an organization nor the prevailing scientific consensus on the topic. Author email addresses are provided to encourage readers to offer comment to writers.

Announcing the 2019 Conference of the Texas Council on Family Relations



The Texas Council on Family Relations (TXCFR) will hold its 2019 Annual Conference Feb. 28 through March 1, 2019, at the Holiday Inn Midtown in Austin, Texas.

The annual TXCFR conference brings together practitioners, researchers, students, and others working to serve Texas families. Join us for networking, professional development, and best practices for serving our communities. We are excited about our lineup of practitioners who are working at the forefront of strengthening families, and about our researchers who are engaging in innovative research to inform intervention

with families. Join us for conversation and collaboration!

In addition, following our successful and very popular event at the 2017 conference, we are repeating the Capitol Connection preconference event Feb. 27–28, 2019.

Come join us as we visit with legislators to educate them about Family Life Education and family professionals serving in Texas. To make our visit to the Texas Capitol successful, TXCFR will sponsor a public policy boot camp on Wednesday, Feb. 27, from 1–5 p.m. On Thursday, Feb. 28, we will post a breakfast briefing to meet legislators

and staff members, and we'll present our 2019 Family Champion Award. Afterward, we will visit legislators' offices from 9:30–11 a.m. Learn more by reading about our 2017 Capitol Connection event at tx.ncfr.org.

There is a \$40 registration fee for the 2019 preconference event. It includes the training boot camp and materials, refreshments during the boot camp, breakfast on Thursday morning, and bus transportation to and from the hotel and the Texas Capitol. If you have questions about this event, please contact Joanne Roberts, Capitol Connection chair, at jroberts@hsutx.edu. *

Announcing the 2019 Conference of the Southeastern Council on Family Relations



Theme: "The Evolution of Relationships: Changing Social Roles"

The Southeastern Council on Family Relations (SECFR), an affiliate of NCFR, has planned its 2019 Annual Conference in Bentonville, Arkansas, April 11–13, 2019, with a focus on the evolution of relationships and changing social roles within families.

SECFR—which includes the states of Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, North Carolina, South Carolina, and Tennessee—is accepting proposals for conference presentations through Dec. 15, 2018.

Proposals are not limited to those residing within member states. Organizers seek proposals that

- have diverse presenters (with varying levels of experience in the field; of

different nationalities; or from different institutions and geographic regions);

- are based on or supported by research;
- contain original, innovative ideas;
- stimulate and provoke discussion; and
- have strong connections to practice and/or policy.

The SECFR conference presents a great professional and continuing-education opportunity for professionals, students, practitioners, and counselors. There also will be four student awards presented as part of the conference.

Keynote Speaker

Kayla Reed Fitzke, Ph.D., LMFT
Project co-manager of *Emerging Adult Healthy Relationships Study (2013–2016)*
Co-chair of the NCFR Military Families and

Children Focus Group
University of Iowa Old Gold Fellow

Find more information about the conference, student awards, and sponsorship opportunities at the SECFR website: southeastern.ncfr.org/secfr-conference-2019

If you have other questions or are interested in sponsorship opportunities, please contact SECFR President James M. Duncan, Ph.D., CFLE, DAV, at jmduncan@uark.edu. *

Felix Berardo Scholarship Award for Mentoring

Shelley M. MacDermid Wadsworth

Shelley M. MacDermid Wadsworth, Ph.D., is the 2018 recipient of the Felix Berardo Scholarship Award, which is given, following a rigorous review process, to an NCFR member who has demonstrated excellence in mentoring junior colleagues or students. Felix Berardo, the namesake of this award, was a beloved professor at the University of Florida who went beyond expectations in his mentoring of many students who became leaders in the family field.

Dr. MacDermid Wadsworth is a professor in the Department of Human Development and Family Studies at Purdue University, where she also directs the Military Family Research Institute and the Center for Families. Dr. MacDermid Wadsworth holds an M.B.A. in management and M.S. and Ph.D. degrees in human development and family studies from Pennsylvania State University. Her research focuses on

relationships between job conditions and family life, with special focus on military families, and has been supported by a variety of federal, state, and philanthropic organizations.

She has served on federal advisory committees for the Department of Defense and the National Academy of Medicine and has testified in the U.S. Congress regarding military and veteran families. In 2016, Purdue University received the Kellogg Award from the Association of Public and Land Grant Universities and the Higher Education Civic Engagement Award from the Washington Center in recognition of the work of the Military Family Research Institute.

Dr. MacDermid Wadsworth was named an NCFR Fellow in 2005 and is a recipient of the Work Life Legacy Award from the Families and Work Institute. In recognition

of outstanding career achievements that have had an impact on society, she received the Morrill Award, Purdue University's highest faculty honor.

In her nomination letter, Christina M. Marini, Ph.D., writes that Dr. MacDermid Wadsworth "is a champion of the next generation of scholars. She constantly leverages her success to provide enriched learning and professional development opportunities for students and junior faculty because she is committed to not only her mentees, but the field of Family Science as a whole." ✨



Shelley M. MacDermid Wadsworth

Jessie Bernard Outstanding Contribution to Feminist Scholarship Paper

Kimberly A. Crossman

Kimberly A. Crossman, Ph.D., is the 2018 recipient of the Jessie Bernard Outstanding Contribution to Feminist Scholarship Paper, which is given to a graduate student or new professional who has demonstrated excellence in research and potential contribution to feminist scholarship. Her paper is titled "Placing coercive control at the center: What are the processes of coercive control and what makes control coercive?"

Dr. Crossman is an assistant professor of human development and family studies at California State University, Monterey Bay. She earned her bachelor's degree in

psychology from Florida State University and both her master's and doctorate in human development and family studies from the University of Illinois at Urbana-Champaign. She has been an active NCFR member since 2009 and currently serves as the Students and New Professionals representative on the NCFR Board of Directors. Dr. Crossman's research focuses on intimate partner violence and its impact on the safety and wellbeing of women and their families. In particular she is interested in understanding the nature and consequences of coercive control for women currently in or separating from abusive relationships.

This award is presented in memory of Jessie Bernard, former NCFR board member and pioneer in the field of feminist family studies. Jessie Bernard declared herself a feminist in 1970 and is known for her celebrated description of "his" and "her" marriages. She was a board member of the American Sociological Association, the Groves Conference on Marriage and Family, and NCFR. ✨



Kimberly A. Crossman

NCFR Student Award

Caroline M. Sanner

Caroline M. Sanner, Ph.D., is the 2018 recipient of the NCFR Student Award, which is given to an NCFR graduate student member who has demonstrated excellence as a student and shows great potential for contributing to Family Science.

Dr. Sanner is a postdoctoral fellow in the Department of Human Development and Family Science at the University of Missouri. Her program of research uses qualitative methods and feminist frameworks to explore resilience and functionality in complex families. Since becoming a member of NCFR in 2013, her work has been disseminated across 22 presentations at the last five annual

conferences. She has co-authored seven peer-reviewed journal articles and five book chapters, including first-authored publications in *Journal of Marriage and Family*, *Journal of Family Theory and Review*, and *Journal of Family Psychology*.

Marilyn Coleman, Ed.D., Curator's Distinguished Professor Emerita in the Department of Human Development and Family Science (HDFS) at the University of Missouri praises Dr. Sanner in her letter of recommendation as "the best student researcher" the department has ever had, "and we have had many outstanding student researchers who have gone on to outstanding scholarly careers." Dr. Coleman describes the high quality of her

work as being on par with faculty at major universities, and her research, teaching, mentorship, presentation and service to the university as all being exemplary. Dr. Coleman notes that the fact that her master's thesis was published in *Journal of Marriage and Family* as "an amazing accomplishment" for a graduate student and that her current body of work already "would qualify her for tenure in many departments." *



Caroline M. Sanner

Reuben Hill Award

Paul R. Amato and Sarah E. Patterson

Paul R. Amato, Ph.D., and Sarah E. Patterson, Ph.D., are the 2018 recipients of the Reuben Hill Award, which is given to the author(s) of an outstanding article or book that combines theory and methodology to analyze and interpret a significant family issue. Their article is titled "The Intergenerational Transmission of Union Instability in Early Adulthood."

Dr. Amato is the Arnold and Bette Hoffman Professor Emeritus of Family Sociology and Demography at Pennsylvania State University. He has published 155 journal articles and book chapters, written five books, and edited three scholarly volumes. According to Google Scholar, his publications have been cited more than 40,000 times. He has received the Distinguished Career Award from the Family Section of the American Sociological Association, the Stanley

Cohen Distinguished Research Award from the American Association of Family and Conciliation Courts, and the Ernest W. Burgess Award from NCFR. In 2010 he was elected chair of the Family Section of the American Sociological Association, and in 2011 he was elected president of NCFR.

Dr. Patterson is a postdoctoral fellow on the "Care, Retirement and Wellbeing of Older People across Different Welfare Regimes" project with Rachel Margolis at the University of Western Ontario. She is also a 2017-2018 Work and Family Researchers Network Early Career Fellow. In August 2017, Sarah earned a dual Ph.D. in sociology and demography from Pennsylvania State University (PSU). While attending PSU, she was a Eunice Kennedy Shriver National Institute of Child Health and Development Predoctoral Family



Paul R. Amato



Sarah E. Patterson

Demography Trainee. Her work has been published in the *Journal of Marriage and Family*, *Journal of Family Issues*, *Gender & Society*, *Social Science Research*, and *Child Indicators Research*.

The award is given in memory of Reuben Hill, who had a distinguished career as a university professor and pioneered the scholarly study of family. Dr. Hill is remembered for his determination to promote high-quality research and advance theory about families with the intent of producing practical benefits for families.*

John L. and Harriette P. McAdoo Dissertation Award

Ijeoma Opara, M.P.H., LMSW

Ijeoma Opara, M.P.H., LMSW, is the 2018 recipient of the John L. and Harriette P. McAdoo Dissertation Award, which provides support for the recipient to complete an approved doctoral dissertation with a focus on issues impacting ethnic minority families. Her paper is titled “Exploring the role of social support, ethnic identity, and psychological empowerment on drug use and sexual risk behavior among urban Black and Hispanic female adolescents”

Ms. Opara is a Ph.D. candidate in the Department of Family Science & Human Development at Montclair State University and is a research fellow for two programs

funded by the U.S. Department of Health and Human Services. Ms. Opara received her Master of Social Work from New York University, Master of Public Health in epidemiology from New York Medical College, and bachelor’s in psychology from New Jersey City University. Before pursuing her doctorate, Ms. Opara worked as a youth and family therapist for an alternative-to-incarceration agency in New York City where she primarily served urban youth of color and their families. Ms. Opara is also a lecturer at Columbia University School of Social Work where she teaches adolescent development and human behavior and social environment courses.

Earlier this year, Ms. Opara received a training grant from the National Institutes of



Ijeoma Opara

Health, National Institute on Drug Abuse to fund her dissertation and research on drug abuse prevention among adolescents of color. Through this grant, she is a fellow in the Behavioral Sciences Training in Drug Abuse Research Program at New York University where she receives training on grant writing and strategies for drug abuse prevention. Ms. Opara has received numerous national awards including the AcademyHealth’s Population Health Scholar Award, The New Writers Fellowship by the Family Process Institute, and was named POZ Magazine’s Top 100 Women Dedicated to ending the HIV/AIDS Epidemic.

Ms. Opara’s dissertation focuses on examining protective factors for sexual risk behavior and drug use among Black and Hispanic girls. Ms. Opara utilizes a strengths-based approach in her research which focuses on highlighting the resiliency in ethnic minority families and their role in HIV/AIDS and drug use prevention.

Robert J. Reid, Ph.D., who presently serves as Ms. Opara’s dissertation chair, writes in his letter of recommendation, “Ms. Opara’s dissertation proposal ... is a timely topic and extremely relevant to the current health crisis that is impacting adolescent girls of color. Her dissertation truly fits the criteria of the award and exemplifies the work that Drs. John L. and Harriette P. McAdoo have effortlessly worked towards—to highlight the strengths of ethnic minority families that can impact family processes.” ✨

Ruth Hathaway Jewson Award

Hyanghee Lee

Hyanghee Lee, Ph.D., is the 2018 recipient of the Ruth Hathaway Jewson Award, which funds the best dissertation proposal submitted by a doctoral candidate in Family Science. Her paper is titled “Toward a Culturally Robust Measure to Assess Marital Relationships.”

Dr. Lee is a postdoctoral scholar in the Department of Human Development and Family Studies (HDFS) at Colorado State University. She earned a Ph.D. in HDFS with a concentration in quantitative methods at the University of Connecticut, and her master’s in child development and family studies from Seoul National University. Her dissertation focused on creating and using a marital assessment that is culturally sensitive, as well as conceptually grounded and psychometrically sound. Additionally, she has a strong interest in translational scholarship—particularly program evaluations focusing on protective factors

for at-risk youth at the individual, family, and community levels.

In a letter nominating Dr.

Lee, her adviser Ronald M. Sabatelli, Ph.D., writes that Dr. Lee “has the breadth and depth of knowledge and methodological skills that will result in her dissertation being an example of scholarship that impacts on researchers in the U.S. and countries around the world.”

Ruth Hathaway Jewson, the namesake of this award, was NCFR’s second executive director. While working full-time at NCFR, she earned her master’s and doctorate degrees, writing her dissertation in the 1970s on what was at the time a small group: “The Retired Professional Woman.” ✨



Hyanghee Lee

Jessie Bernard Outstanding Research Proposal from a Feminist Perspective Award

Natasha Amanda Cox

Natasha Amanda Cox, M.A., is the 2018 recipient of the Jessie Bernard Outstanding Research Proposal from a Feminist Perspective Award, which is given to a graduate student or new professional who has demonstrated excellence in research and potential contribution to feminist scholarship. Her paper is titled "Becoming a Black man: A qualitative examination of identity management, sense of belonging, and informal support systems of Black transmen"

Named one of the "100 Black LGBT emerging leaders to watch" by the National Black Justice Coalition, Ms. Cox is currently a doctoral candidate in the Department

of Human Development and Family Science at Virginia Tech. She competed her master's degree in marriage and family therapy from Syracuse University as a Ronald E. McNair Graduate Fellow and graduated with honors from Elizabeth City State University with a bachelor's degree in psychology and a minor in Spanish. In 2015, the Consortium of Higher Education LGBT Resource Professionals presented Ms. Cox with their Promising New Professional Award citing her ability to revamp student programming at the LGBTQ Resource Center at Penn State. Her research has focused on the "becoming" and "belonging" processes of Black queer and transgender people.

This award is presented in memory of Jessie Bernard, former NCFR board member and pioneer in the field of feminist family studies. Jessie Bernard declared herself a feminist in 1970 and is known for her celebrated description of "his" and "her" marriages. She was a board member of the American Sociological Association, the Groves Conference on Marriage and Family, and NCFR. ✨



Natasha Amanda Cox

Ernest W. Burgess Award

Maureen A. Perry-Jenkins

Maureen A. Perry-Jenkins, Ph.D., is the 2018 recipient of the Ernest W. Burgess Award, which recognizes an NCFR member's outstanding scholarly achievement in the study of families. The recipient is chosen in recognition of continuous and meritorious contributions to theory and research in the family field.

Dr. Perry-Jenkins is director of the Center for Research on Families and a professor of psychology at the University of Massachusetts Amherst, where she received her bachelor's degree in psychology. She earned her master's and doctorate in human development and family studies from Pennsylvania State University. Dr. Perry-Jenkins is nationally

and internationally recognized for her research on the intersection of work and family and, in particular, the challenges facing low-income and working poor families as they cope with work-family life demands and with the transition to parenthood. Throughout her career, her work has been disseminated in high-impact journals, she has received extramural support from the federal government for her research, and she has been invited to Washington D.C. to discuss workplace legislative issues.

Dr. Perry-Jenkins was named an NCFR Fellow in 2014 and served as a member of the NCFR Board of Directors and as program chair of the 2017 NCFR Annual Conference. She is also a member of the Conference Planning Committee for the Work and Family Research Network, a new

organization aimed at highlighting the cross-disciplinary research on work and family.



Maureen A. Perry-Jenkins

Dr. Perry-Jenkins was recognized for her achievement at the 2018 NCFR Annual Conference, Nov. 7-10 in San Diego, California, where she gave the Burgess Award Address.

Ernest W. Burgess, the namesake of this award, cofounded NCFR and was the organization's fourth president. He was a pioneer in his contributions to marriage and family research. ✨

Margaret E. Arcus Outstanding Family Life Educator Award

Francesca Adler-Baeder and Ted G. Futris

Francesca Adler-Baeder, Ph.D., CFLE, and Ted G. Futris, Ph.D., CFLE, are the 2018 recipients of the Margaret E. Arcus Outstanding Family Life Educator Award, which recognizes NCFR member(s) who have made significant contributions to the field of Family Life Education through research, theory, publication, practice, program development, and/or training.

Dr. Adler-Baeder is a professor of human development and family studies at Auburn University. She has worked for over two decades in the active bridging of research and practice and garnered national and international recognition for youth and adult relationship education program design, resource development, community-focused capacity-building, and participatory research. Her efforts resulted in an invitation to present at a White House Roundtable on innovative university-community partnerships and at a forum for the National Governors' Association on Best Practices. She has over 70 academic publications and has secured over \$33 million in competitive grants. She is the director of the National Stepfamily Resource Center and the director and principal investigator of the Alabama

Healthy Marriage and Relationship Education Initiative. Dr. Adler-Baeder was named an NCFR Fellow in 2015 and in 2016 was awarded the Association for Public and Land-Grant Universities' Outstanding Engagement Award.

Dr. Futris is an associate professor in human development and Family Science (HDFS) and a state extension family life specialist at the University of Georgia (UGA). Since earning his Ph.D. in HDFS from the University of North Carolina at Greensboro in 2000, he has provided statewide and national leadership in creating resources to inform best-practices in relationship education program development and implementation. As the director of the Couples and Relationship Enrichment (CARE) laboratory at UGA, his current work is focused on community capacity building to support healthy couple and marital relationships, youth-focused relationship education, and evaluating the efficacy of educational programming on couple, parenting, and child well-being. Dr. Futris' work, which integrates research with outreach programming, has been funded in excess of \$19 million from federal and state grants.



Francesca Adler-Baeder



Ted G. Futris

Together, Dr. Adler-Baeder and Dr. Futris are co-directors of the National Extension Relationship and Marriage Education Network (NERMEN), a multi-state extension team focused on developing resources and best practices for extension work in marriage education. They have also co-authored several models to guide marriage education curricula development, most notably *The National Extension Relationship and Marriage Education Model (NERMEM): Core Teaching Concepts for Relationship and Marriage Enrichment Programming*.

In a letter nominating the recipients, Jay A. Mancini, Ph.D., writes: "the sustained Family Life Education work of Professors Adler-Baeder and Futris is theoretically sound, stands up to evaluation, is innovative programming for individuals and families, and perhaps above all, is consequential in its impact on families in communities. Their collaborative work in Family Life Education aligns well with the work of my colleague, Professor Arcus, and continues the tradition of NCFR members who conduct the best of applied family science theorizing, research, and professional practice."

The recipients were recognized for their achievement at the 2018 NCFR Annual Conference, Nov. 7-10 in San Diego, California, where they gave the Arcus Award Address.

Margaret E. Arcus, the namesake of this award, made remarkable contributions to Family Life Education during her career. She helped create the NCFR Certified Family Life Education program, setting standards for the field. ✨



Drs. Adler-Baeder and Futris gave a thoughtful and humorous presentation at the Margaret Arcus Award Address during the 2018 NCFR Annual Conference.



DEPARTMENT OF
Family Social Science

UNIVERSITY OF MINNESOTA
Driven to Discover™



UNIVERSITY OF
MARYLAND



ILLINOIS

Human Development &
Family Studies

COLLEGE OF AGRICULTURAL, CONSUMER
& ENVIRONMENTAL SCIENCES



**Human Development
& Family Science**

College of Family and Consumer Sciences
UNIVERSITY OF GEORGIA

Thank You to Our Conference Supporters!

Thanks to all who attended the 2018 NCFR Annual Conference and volunteered to help make it a success.

NCFR especially would like to acknowledge and thank the organizations and people who generously supporting this year's conference through NCFR's sponsorship program!

2018 CONFERENCE HOST

University of Nebraska-Lincoln,
Department of Child, Youth and Family
Studies

PRESIDENT'S RECEPTION SPONSOR

Wiley

PLENARY SPONSORS

Regents of the **University of Minnesota**, through its Department of Family Social Science

University of Georgia Human Development and Family Science

University of Illinois at Urbana-Champaign

University of Maryland - Department of Family Science

CATALYST SPONSOR

University of Missouri, Human Development and Family Science

NEWCOMERS WELCOME SPONSOR

Texas Tech University

CAPTIONING SPONSOR

Florida State University

SPECIAL SESSION SPONSOR

Regents of the **University of Minnesota**, through its Department of Family Social Science

CFLE RECEPTION MAJOR SPONSOR

Miami University

RELAX AND RECHARGE ROOM SPONSOR

University of Arkansas
Cooperative Extension Service

TCRM SUPPORTER

Journal of Family Theory & Review

SPECIAL CONTRIBUTORS

The Meeting Connection, Inc.

Johnson Printing Company

2018 Section Award Winners

Advancing Family Science Section

Outstanding Scholarship of Teaching and Learning (SoTL) Paper Award

Anthony Blake Walker, Ph.D., Indiana State University

“A Qualitative Examination of Male Enrollment in Family Science Classes - *Family and Consumer Sciences Research Journal*”

Wesley Burr Graduate Student Scholarship Award

Jessica D. Cless, Ph.D., LMFT, Kansas State University

“Experiential Learning Theory as a Resource for Shifting Student Bias”

Veronica R. Barrios, Ph.D., Montclair State University

“The Intersection of Teaching and My Identity”

Education & Enrichment Section

Student Proposal Award

Kevin Smith, University of Iowa

“Attachment in Emerging Adulthood: Personal Relationships and Well-Being”

Nathan Stoddard, M.S., University of Missouri

“The Role of Concept Application and Enrollment Motivation in Improvement After a CRE Program”

Ethnic Minorities Section

New Professional Best Paper Award

Sarai Coba-Rodriguez, Ph.D., CFLE, University of Illinois at Urbana-Champaign

“Making the Invisible Visible: Low-Income, Latina Mothers and Photo Elicitation Interviewing”

Student Best Paper Award

Denzel L. Jones, Ph.D., LMFT, Kansas State University

“The Impact of Ethnic-Racial Socialization Messages on Black Emerging Adults’ Ethnic-Racial Identity”

Families & Health Section

Outstanding Professional Paper/Publications Award

Rochelle L. Dalla, Ph.D., CFLE, University of Nebraska-Lincoln

“Children of Mumbai’s Brothels: Investigating Developmental Prospects, Primary Relationships, and Service Provision”

Outstanding Student and New Professional Paper Award

J. Kale Monk, Ph.D., CFLE, University of Missouri

“Relational Turbulence and Psychological Distress in Romantic Relationships in the Military”

Outstanding Student and New Professional Poster Award

Deirdre Quinn, Ph.D., University of Maryland

“Factors Associated with Emerging Adult’s HPV Behaviors.”

Family Policy Section

Feldman Best Conference Proposal Award

Brittany P. Mihalec-Adkins, M.S.Ed., Purdue University

“Parental Visitation and Foster Youth Adjustment: A Secondary Data Analysis”

Family Therapy Section

Best Research Paper Award – Student

Amy A. Morgan, M.S., LMFT, Virginia Tech

“From Private Practice to Academia: Integrating Social and Political Advocacy Into Every MFT Identity”

Best Poster Award – Student

Hunter Stanfield, M.S., Kansas State University

“There May Be a Problem, But I’m Not Going Because...: Examining Classes of Men and Their Rationales for Not Seeking Mental Health Treatment”

Feminism and Family Studies Section

Alexis Walker Award for Lifetime

Achievement in Feminist Family Studies

Ramona Faith Oswald, Ph.D., University of Illinois at Urbana-Champaign

International Section

Jan Trost Award

Dominic Richardson, Ph.D., UNICEF, Office of Research-Innocenti

Annual Conference Travel Scholarship

Gizem Erdem, Ph.D., LMFT, Koç University

Student and New Professional Travel Scholarship

Cheong-ah Huh, Seoul National University
Ahyeong Kim, Seoul National University

Religion, Spirituality, and Family Section

Outstanding Paper Award

Bernice Dodor, Ph.D., East Carolina University

“Exploring the Relationships Among Authoritative Parenting, Religiosity, and Adolescent Internalizing Behaviors”

Student and New Professional Outstanding Paper Award

Jenna R. Cassinat, Utah State University

“Couples that Pray Together... Are Better Parents Together? Exploring Mindfulness as a Mediator Between Couple Prayer and Parenting Behavior”

Research & Theory Section

Best Abstract by a Student and New Professional Award

Megan Haselschwerdt, Ph.D., University of Tennessee, Knoxville

Unpacking “Intergenerational Transmission of Violence” ✨

2018 Focus Group Awards

Family Economics Focus Group – Best Family Economics Paper of the Year

E. Jeffrey Hill, Ph.D., CFLE, David B. Allsop, and **Ashley B. LeBaron**, Brigham Young University

“How Do Money, Sex, and Stress Influence Marital Instability?”

Issues in Aging Focus Group Award – Students and New Professionals

Annie K. Johansson, University of Minnesota, and **Bryan Cafferky, Ph.D., CFLE**, Loma Linda University

“Risk Markers Associated With Caregiver Elder Abuse: A Meta-Analytic Study”

Issues in Aging Focus Group Award – Professional

Laurie Meschke, Ph.D., University of Tennessee – Knoxville

“The Role of Family in the Self-Management of Type 2 Diabetes in Appalachia”

Latino(a) Research Focus Group – Best Student Paper Award

Diana Cedeño, M.A., Montclair State University
 “Mexican-American Adolescent Fatherhood and Gender: A Transnational View”

Latino(a) Research Focus Group – Best Student Poster Award

Chia-Feng Chen, M.Ed., Iowa State University
 “Family Social Climate and Observed Behavior During a Parent-Adolescent Collaborative Task: Gender and Ethnicity”

Men in Families Focus Group – Best Research Article Award

W. Justin Dyer, Ph.D., Brigham Young University
 “Self-perceived Coparenting of Nonresident Fathers: Scale Development and Validation”

Men in Families Focus Group – Best New Professional Research Article Award

Jin-kyung Lee, Ohio State University
 “Resident Fathers’ Positive Engagement, Family Poverty, and Change in Child Behavior Problems”

Men in Families Focus Group – Diversity and Inclusion Research Article Award

Jay Fagan, Ph.D., Temple University
 “Maternal Gatekeeping: The Associations Among Facilitation, Encouragement, and Low-Income Fathers’ Engagement With Young Children”

Military Families and Children Focus Group – Outstanding SNP Proposal Award

Davina Quichocho, M.A., Auburn University
 “Interparental Conflict and Adolescent Siblings’ Anxiety in Military Families”

Military Families and Children Focus Group – Outstanding Professional Proposal Award

Catherine Walker O’Neal, Ph.D., University of Georgia
 “Military Contexts, Coping Processes, and Well-Being: The Case of Military Members and Their Civilian Spouses”

Inclusion and Diversity Committee

Social Justice Award for Contributions to Family Science

Lee Ann De Reus, Ph.D., Domestic

Violence Legal Empowerment and Appeals Project (DV LEAP)

Theory Construction and Research Methodology (TCRM)

TCRM Best Student/Early Career Presentation Award

Brooke M. Tuttle, M.S., Oklahoma State University

Certified Family Life Educator (CFLE) Advisory Board

CFLE Special Recognition Award

Justin M. Petkus, M.S., CFLE, CCLS *

2018 Affiliate Councils Awards

Affiliate Grant Awards

Southeastern Council on Family Relations

Affiliate Councils Student and New Professional President-For-A-Day Award

Gizem Erdem, Ph.D., LMFT, Koç University *

Congratulations to Our New Certified Family Life Educators

The following is a list of Certified Family Life Educators (CFLEs) designated between July 1 and September 30, 2018. *Provisional unless otherwise noted.*

California

Melissa Villanueva Soriano

Connecticut

Katihuska Aliaga

Florida

Amanda Leigh Aiken

Georgia

Lindsey Taylor Nix

Illinois

Kathryn Marie Moore
 Angelina Rizzi

Iowa

Tracy L. Morgan

Kansas

Cruz Joel Isaac
 Falcon-Campos
 Tiffini L. Vlieger

Kentucky

Ilya A. Okhotnikov

Louisiana

Ashley Elizabeth Faulk FULL
 Ashlyn Marie Lege

Michigan

Valerie Hope Albright
 Shelby Reid Bates
 Nathan Carrera
 Marlee Ketelaar
 Kati L. Komorosky

Minnesota

Lisa Elizabeth-Ann Marshall FULL
 Darcy Mealoy FULL
 Lydia Rochelle Paradysz
 Stephani A. Smith FULL
 Alexandra Stroeters

Minnesota

Laura Jean Waldvogel FULL

Nevada

Jenna Sheree Melton
 Kimberly Janette Prokosch FULL

New Jersey

Tiffany Lyn Gallo FULL

North Carolina

Eleanor Susan Beeslaar

Ohio

Kayla Jean DeMuth
 Stephen Makofka FULL
 Emily Poling
 Shelby Smith

Oklahoma

Alicia Nicole Johnson

Oregon

Courage Chikomborero
 Mudzongo FULL
 Rachel Marie Riehl

Pennsylvania

Morgan Louise Luce
 Michele Mayger-Skwirut FULL

Rhode Island

Barbara A. Sweeney FULL

South Carolina

Jamie Dowdy Alexander FULL

Tennessee

Taylor Blair Hargis
 Leslyne Watkins

Texas

Anne T. King
 Jared King
 Sydnee Michele Nichols

Utah

Caitlin Baker
 Caitlyn Alyssa Garrett
 Michael S. Sitton FULL

Virginia

Bailey Drinkard

Wisconsin

Theresa Ann Grimes FULL

Save the Date for the 2019 NCFR Conference

On the heels of our 2018 conference in San Diego in November, we're already well into the planning for the 2019 NCFR Annual Conference, to be held on Nov. 20-23 in Fort Worth, Texas.

In fact, you can already review the call for proposals (ncfr.org/ncfr-2019) and start thinking about your proposal submission. The online system for proposal submissions will open in January.

For the 2019 event, Conference Program Chair Katia Paz Goldfarb, Ph.D., Montclair State University, has selected the theme "Family Sustainability: Contextualizing Relationships within Evolving Systems" with three goals in mind:

1. To highlight strength-based research on diverse families and their relationships within their context.
2. To feature innovative evidence-based best practices, programs, and pedagogies that promote family resiliency and well-being for diverse families in a variety of context.
3. To draw attention to and critically analyze policies that strengthen or are of detriment to relationships for all types of families.

Family sustainability is defined as the relationships among family members that maintain the well-being and resilience of the family unity across generations. Family sustainability is developed and strengthened by the continuous and various relationships with which the family engages as those relationships are influenced by social and physical environments. Family sustainability is seen as a process, not as a static goal.

The 2019 NCFR Annual Conference theme focuses on understanding the ever-complex reality of family relationships. The theme stresses the importance of acknowledging and working with supports



that already exist within and outside diverse families. Of particular interest are proposals that stress the importance of looking at the what, the how, and the why of family relationships within their specific contexts and evolving systems.

The goal is to embrace and extend the theme of family sustainability to all families, with relationships as the focus. Proposals should frame conversations on strengths, not deficits, and focus on relationships that are normative to specific family systems and their context rather than focusing on a comparative paradigm.

The theme allows for a wide variety of topics, debates, and policy analyses, including these examples:

- The current state of strength-based empirical research on family relations
- The intersection of social class, gender, ethnicity, and race and family sustainability
- The use of technology in maintaining and disrupting family relations
- The impact of human made and natural disasters on family relations
- The effects of immigration and migration issues on transnational and transregional families

- The multiple ways of incorporating family diversity and complexity into qualitative and quantitative research
- The experiences of military families in sustaining relationships
- The impact of death and violence in the reconfiguration of relationships
- The implication of policies focusing on family separation and reunification in sustaining family relationships
- The reconfiguration and strengthening of family relations during and after divorce
- The connection of popular movements such as #MeToo on policy development and implementation
- The cultural variation in human development across the life span
- The marriage, cohabitation, and parenthood attitudes and practices of millennials
- The impact of disAbilities on family relationships among siblings and parents

Find preliminary details about the conference at ncfr.org/ncfr-2019 and review the call for proposals to start planning your submission! ✨

Confirmed 2019 Plenary Presenters



Stephanie Coontz, M.A.
Director of Research and
Public Education Council on
Contemporary Families



Valerie Maholmes, Ph.D.
Chief, Pediatric Trauma and
Critical Illness Branch
NICHD at the National Institutes
of Health



Rubén Parra-Cardona, Ph.D.
Associate Professor and Co-
Director, Institute on Domestic
Violence and Sexual Assault,
Steve Hicks School of Social Work,
University of Texas at Austin

Additional plenary presenters to be announced soon.

CALL FOR PROPOSALS

2019 NCFR Annual Conference

ncfr.org/ncfr-2019

National Council on Family Relations (NCFR) 2019 Annual Conference

Wed.–Sat., Nov. 20–23, 2019 (preconference workshops Tues., Nov. 19)
Fort Worth, Texas | Omni Fort Worth Hotel

Proposal Submission Deadline:
11:59 p.m. Pacific Standard Time
March 1, 2019

Program Chair:
Katia Paz Goldfarb, Ph.D.
Montclair State University



Conference Theme
**Family Sustainability: Contextualizing Relationships Within
Evolving Systems**



661 LaSalle Street
Suite 200
St. Paul, MN 55114
www.ncfr.org

Non-Profit Org.
U.S. Postage
PAID
Rochester, MN
Permit No. 289

in this issue:
Family Focus on...
Understanding Gun Violence
from a Family Perspective



Scenes from the 2018 NCFR Annual Conference in San Diego. See more at ncfr.org/ncfr-2018.