



ONE HEART
TWO HOMES



CoParenting[®]
INTERNATIONAL





Hello **NCFR 2018** –

We wanted to share with you all some powerful **professional handouts** to use in the important work you each do. Please reach out and **connect with us** if you are interested in collaboration on complex families. We love working with other organizations, other authors, other researchers – we are all in this together to bring HOPE to today's communities and into today's country!

One Heart, Two Homes – kids live in complicated families and we are here to help! In this NCFR 2018 handout you will find the following handouts:

1. Jay and Tammy Daughtry, Speaker Bios and Contact Information
2. What Co-parenting Is and Is Not
3. **The Top 10 Things Kids of Divorce Wish They Could Say to their Parents**
4. The Five Categories of Co-parenting
5. The Six Risks for Kids of Divorce (and how to counter act them)
6. Co-parenting Meeting Agenda
7. **Co-parenting Works! Helping Kids Thrive after Divorce** by Tammy Daughtry
8. General Feedback About Tammy Daughtry, Professional Endorsements
9. **One Heart, Two Homes Digital Resource** for Seminars, Counseling and Small Groups (included is an 8 page overview of the 33 guest speakers and the table of contents regarding the 31 short video vignettes) for use in counseling centers, universities, schools, churches, pregnancy centers and military bases.

This digital resource can be used in a variety of settings: groups, individual work and in seminars and training sessions. The Facilitator Guide helps leaders understand the many unique audiences that can be addressed with this one digital resource.

10. **Research Request:** We are looking for professionals and organizations who are interested in participating in future research on a variety of topics connected to complicated families. Please see this information and get in touch with us if you want to be considered for future participation.

Thank you for the important work you are doing in the effort of supporting today's complicated families and we hope to connect with you soon!

Tammy & Jay Daughtry

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SHORT BIOS: Jay and Tammy Daughtry

Tammy G. Daughtry, MMFT, is an author, speaker and Founder of **Co-Parenting International**, an organization launched in 2003 to help divorced and remarried parents raise healthy kids. She is author of ***Co-parenting Works! Helping Your Children Thrive after Divorce*** (Zondervan/HarperCollins 2011), co-author of the digital curriculum ***One Heart, Two Homes: Co-parenting Children of Divorce to a Positive Future*** and Co-Founder of The Counseling Center for Modern Family Dynamics. Tammy was raised in a non-traditional family impacted by divorce and co-parenting. As a young adult, Tammy married for eight years, deeply committed to the idea of marriage; however, in 2001 she went through a divorce and became a co-parent. With seventeen years of personal experience, Tammy is deeply committed to helping high conflict co-parents to work as team as they co-parent their children between two homes. She has been heard on over 50 radio and media outlets as a national “voice” on healthy co-parenting. In 2009 Tammy remarried and now, together with husband, Jay, they are raising a blended family of four kids and enjoy their two son-in-loves and three amazing grandchildren. Jay and Tammy lead seminars, marriage retreats, therapist trainings and events across the country for professionals, for parents and for those that create collaborative communities who care about complicated families.

Jay S. Daughtry, MMFT, is an author, and national speaker with a Masters of Marriage and Family Therapy. He serves as the Co-Founder of **The Counseling Center for Modern Family Dynamics**, CEO of **Co-Parenting International** and is co-author of the digital curriculum ***One Heart, Two Homes: Co-parenting Children of Divorce to a Positive Future***. Personally, Jay was happily married for 21 years and lost his first wife in a tragic car accident, becoming a single father of three for a season before meeting and marrying Tammy. Now, together with wife Tammy, Jay is raising a blended family of four in Nashville, TN and travels the country speaking and training on topics related to grief, single parenting, step parenting and bringing HOPE to hurting families.

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Co-parenting is.....

- On-going communication about the children's needs and interests
- On-going joint decision-making about the children's needs and interests
- Coming to terms with sharing time with children and parental responsibility

Co-parenting might be.....

- Being at the same event at the same time as the other parent
- Being at a family holiday event at the same time as the other parent

Co-parenting is not.....

- Getting your needs met rather than focusing on the child's needs
- Maintaining a level of conflict because you can't let go of the marriage relationship
- Going back to husband and wife roles
- Getting "back together" with the other parent

Taken from: *TransPARENTING, Families First: Making Families Last*, 1999

Co-parenting "Lingo" Adjustments:

- Primary parenting responsibility vs. custody
- Parenting time vs. visitation
- My child's mom or dad or other parent vs. my ex or even my former spouse because he/ she isn't your anything anymore
- Home with your mom/dad vs. my house/their house (creates a sense of home wherever they are)
- Child's room vs. guest room or another sibling's room (want kids to feel like they belong even if only a few nights)



Co-parenting Works! Helping Your Children Thrive after Divorce
by Tammy Daughtry, MMFT



TAMMY DAUGHTRY

Author, Speaker

Masters, Marriage & Family Therapy
 Founder, Co-parenting International
CoParentingInternational.com

Top 10 Things Kids Wish They Could Say to Their Divorced Parents

Co-Parenting Works! Helping Your Children Thrive After Divorce by Tammy Daughtry

1. Don't say mean things about my other parent. I want and need to love you both!
2. When you criticize my other parent, it makes me angry at YOU!
3. Don't make me pick who I want to spend time with—it's not fair and I will get hurt if you do that. And don't "keep track" of my time like I'm "on the clock." It can't always be 100% fair. Please just love me when we are together and don't make me feel bad about not spending the same amount of time with each of you.
4. Handle your financial conversations in private. I don't want to hear about it, and I don't want to be your messenger.
5. Don't use money to win my love. Be a stable and loving parent, and I will love you no matter who has the "most" money.
6. Don't keep me from seeing the other parent; if you do, I'll grow up to resent you.
7. Get a counselor to help you with your problems. I need you to be strong and stable for my well-being. I don't want to hear about your dating and your disappointments. I don't want to hear about your problems at work or how much we are struggling financially. Talk to someone else. I need you to be my parent and mentor and lead me in the way you want me to grow up. Don't make me be YOUR parent.
8. The harder you make it on my other parent, the harder you are making it on me.
9. Laugh and smile! I want to enjoy my life and your mood impacts my mood. Find a way to be happy and enjoy your life. I need to have fun and enjoyable memories with you.
10. Don't forget—I have a divided heart now. I live between two completely different houses, rules, traditions and attitudes. Be patient with me when I forget things or need some time to adjust from house to house. Please buy me enough stuff that I don't have to live out of a suitcase my whole life. If you want me to feel "at home" in both places, please set up a full home for me, even if I am only there a few days a month. Things like tooth brushes, shoes, clothes, my favorite cereal, and having cool décor in my room—these all help me feel welcomed and at home in both homes. Don't compete or argue about these things, just help me not have to feel like a visitor when I am with either parent. Make it as easy on ME as possible!

Resources from Co-Parenting International



Co-Parenting Works!
 Helping Your Kids Thrive after Divorce (book)



One Heart, Two Homes:
 Co-Parenting Kids of Divorce to a Positive Future (DVDs/workbooks)

Purchase these resources at our conference booth or online at coparentinginternational.com.

You may also find seminars and training events on the Events tab on our website.

For information on co-parent counseling please see: ModernFamilyDynamics.com



THE FIVE CATEGORIES OF CO-PARENTING

Co-parenting Works! Helping Your Children Thrive After Divorce

by Tammy Daughtry, MMFT

In the Binuclear Family Study (BFS), a national study funded by the National Institute of Mental Health and the University of Wisconsin Graduate School to explore how families change after divorce, Dr. Constance Ahrons concluded that five categories of co-parenting relationships exist.¹ Why is that important to you? Because understanding what category you and your co-parent are currently in, you can better strategize where you are going next, and how to get there. In Dr. Ahrons' book, *The Good Divorce*, she describes these five categories. Each of the descriptions below is condensed from the more complete description in *The Good Divorce*:



1. **Perfect Pals** (high interactors—high communicators). Perfect pals still call themselves good friends, even after divorce. Perfect pals stayed well connected, asking about each other's lives, activities, and feelings. They even asked for advice and helped each other out, as friends would. One couple in the study even continued to own a business together after the divorce. Perfect pals stayed connected with each other's extended families. All perfect pals had joint custody; some even spent many holidays together. A common pattern was that these couples followed this type of relationship early after the divorce, but grew more distant, though still friendly, as time passed.
2. **Cooperative Colleagues** (moderate interactors—high communicators). More of the couples in the study fell into this group than any other. Unlike perfect pals, cooperative colleagues did not consider themselves to be friends. Holidays were split according to a mutual agreement—not spent together. Cooperative colleagues talk often, always about the children or possibly extended family, not about their personal lives or feelings. In some cases, the dads had full custody, with the mother having visitation. Cooperative colleagues seem to have the ability to compartmentalize their relationship: They didn't confuse the issues connected to their marital relationship and those related to their parenting relationship. Their desire to provide the very best for their children trumped their own personal issues. Five years after divorce, 75 percent of these couples remained cooperative colleagues, even though most had remarried by that point.
3. **Angry Associates** (moderate interactors—low communicators). Twenty-five percent of the sample were angry associates. Instead of being able to compartmentalize their anger about the past, they let it spread into related and even non-related issues. With each other they were generally tense and hostile, or even openly conflictual. Most of the custody arrangements were for sole custody. Even five years after divorce most couples were dissatisfied with how things were going. By that time, one-third had transitioned into cooperative colleagues, one-third to fiery foes, and one-third remained angry associates.
4. **Fiery Foes** (low interactors—low communicators). Twenty-five percent of the sample were fiery foes—ex-spouses who rarely interacted. When they did talk, they usually ended up fighting. Their divorces tended to be highly litigious, and their legal battles often continued for many years after the divorce. They were not able to work out arrangements for the children without arguing, and many relied on third parties (lawyer, friend, or child) to settle their disagreements over each issue as it arose. Fiery foes were unable to remember the good times in their marriage; instead, they clung to the wrongs done to each other and even exaggerated them in order

¹ Ahrons, C. (1994). *The Good Divorce*. New York, NY: HarperCollins Publisher.

to keep building their case. Many of these ex-spouses exchanged their children at the door without saying a word.

5. **Dissolved Duos** (non-interactors—non-communicators). The study had no dissolved duos, since participants were required to be involved in their children's lives. In this category, ex-spouses are usually completely disconnected. The noncustodial parent is usually uninvolved and out of the picture, perhaps out of the geographical area. This creates true single-parent families; the other parent exists only in memories and fantasies.

Which category do you find yourself in?

Please date it and write it down here: _____ Date: _____

In which category do you think your co-parent would place the two of you today?

Date it and write it down here: _____ Date: _____

Which category do you think is best for your kids? _____

If the category you identified as best for your kids is not the one you think best describes the current place you and your ex occupy, how much effort are you willing to expend to move your “best parenting practices” with your ex to the level you identified in the final question above?

<u>Category</u>	<u>What Children Experience</u>
Perfect Pals	CONFUSION
Cooperative Colleagues	FREEDOM
Angry Associates	FEAR/STRESS
Fiery Foes	PARENTIFICATION
Dissolved Duos	ABANDONMENT

Experts agree that Cooperative Colleagues is the most healthy co-parenting style for children—and also for ex spouses. Some might have thought, at first read, that Perfect Pals seems ideal; but a Perfect Pals relationship between exes is confusing to the children—and, frankly, it’s also emotionally confusing to the ex spouses. If you and your former spouse have divorced, then your emotional needs should be met elsewhere, and your family traditions should be adjusted to your new lives. This is one of the hardest parts of starting new family legacies. We’ll come back to this subject in another chapter, but for now, just remember that your children will be confused after divorce if everything else seems “the same” but you live in two different houses. It might be easier for the parents at first, but not for the kids. Your kids will be hoping, openly or secretly, for everyone to get back together under *one* roof again, and if Mom and Dad seem to still love each other just as much as they used to, well ... why not? And imagine the confusion for everyone when one of the two of you begins to date someone new. Are you going to bring your ex spouse along on the date, too? I doubt it.

The key to successfully developing a Cooperative Colleagues relationship is for both co-parents to “compartmentalize” the relationship—to understand your reasons for working cooperatively. It isn’t so that the two of you can help meet each other’s emotional needs. It isn’t to give the two of you a chance to share the intimate personal details of your new lives. Your reason for cooperating is to co-parent your children forward into the most healthy and well-adjusted adults possible. To do so, you’ll need to discuss schedules and financial matters. You’ll need to have searching and thoughtful discussions of discipline and boundaries for each stage of life your children pass through, from potty training ideas to when they get their first cell phone or set of car keys. Co-parenting is real life, lived out in two homes by two caring co-parents who are committed to playing the game on the same TEAMM. The end adult matters most.

For more information please see: www.CoparentingInternational.com



ONE HEART, TWO HOMES

Co-parenting support for divorced parents, single parents and children of divorced families

As featured in the book: **Co-parenting Works! Helping Children Thrive after Divorce**

By Tammy Daughtry, MMFT / Founder, Co-Parenting International



SIX RISK FACTORS for Children of Divorce.

(Solutions to counteract added by Jay and Tammy Daughtry)

Researchers have identified six predictable risks for children after divorce¹. This information is helpful to share with parents so they can intentionally work against the risks with positive behaviors.

- **Parental Loss: Losing contact with one parent completely or having contact minimized drastically. Losing emotional connection with a parent.**
 - Increase time spent with each bio parent as much as possible. Children thrive when they have access to both parents, emotionally and physically. Encourage your child to spend time with the other parent. By respecting the other parent and supporting them you are helping heal your child.

If a parent is not active in the children's lives:
 - Enlist an intentional mentor. Find a man or woman who will walk with you and help fill in the gaps. Programs like the Big Brother/Big Sister organization can be a help.
 - Enlist a surrogate grandparent. Ask an older person in your church or community to be part of your family's life, helping to plug the hole left by an absent parent.
 - Enroll your child in a program that fosters community with other kids and leaders, such as Boy Scouts or Girl Scouts.
 - Talk to one or two of your kids' aunts or uncles in your immediate family. Tell them your concerns; ask them to step in and help. One young man I know of, Anthony, at the age of thirteen stepped into the role of being a male mentor to his nephew after his nephew's father walked out of his life. I don't know whether someone asked Anthony or he simply saw the need and moved to fill it, but either way, it's now eighteen years later and Anthony has been that young man's father figure all this time! He recently drove fourteen hours each way to enroll his nephew in college. He talks to his nephew every week to see how he's doing in college, what books he needs for class, who he's dating and what they're up to—and he challenges his nephew and holds him accountable. Anthony, age thirty-three, has been a father to the fatherless for eighteen years.
 - There are solutions. We owe it to our kids to be resourceful and find them. We can't be too prideful or too embarrassed. For the sake of our kids, we must look the obstacles straight in the eye and find a solution.
- **Economic Loss: Reduced cash flow in the household as well as less money for "fun" with kids.**
 - Don't overspend or try to "fix" things by buying more than you can afford.
 - Consolidate life and sell things that are not needed. Downsize!

¹ Amato, P. R. (1993). Children's adjustment to divorce: Theories, hypotheses, and empirical support. *Journal of Marriage and the Family*, 55, 23-38. / Kelly, J. B., & Emery, R. E. (2003). Children's adjustment following divorce: Risk and resiliency perspectives. *Family Relations*, 52, 352-362.

- Consider a roommate who might live with you and help financially.
 - Use time creatively without spending money: walks at the park, play games at home, paint or draw with the kids, read together, write together, feed the ducks at the lake.
 - Ask for help when needed, don't be embarrassed.
- **Lack of Parental Competence: Not knowing what to do or how to handle crisis. No one to help in decision making. No backup system or other adult in the home to help with daily tasks.**
 - Attend classes to gain general parent-child information.
 - Don't parent out of guilt – children need strong boundaries and continued discipline. Don't stop being an engaged and concerned parent because of the divorce. Hold to your expectations with school, homework, chores, curfew, boundaries, etc.
 - Increase communication with the other bio parent and try to support each other. Even though you will parent differently, support each other's decisions and discipline efforts.
 - Read books on parenting and discuss with those "ahead of you" in the journey.
 - Enlist parenting mentors to help in decision making.
 - Seek counseling or support from a social worker or guidance counselor at child's school.
 - Don't try to be the favorite – that never works in the long run.
- **More Life Stress for Children: Transition from having one home to having two homes causes high anxiety in kids. Visitation is a stressful experience for children, especially with hostile parents.**
 - Keep the kids in the same school if possible, even if you have to move to accomplish that.
 - Make every effort to allow them to continue in their extracurricular activities: band, dance, swimming, scouting, sports, and so on.
 - Help them find someone to talk to: a guidance counselor at school, a children's counselor, another trusted parent with whom your child is comfortable, a youth pastor or coach. Kids always need an outlet other than parents, and kids who find a caring adult who can fill that role are blessed. Those relationships often extend well into adulthood. Be intentional—find someone they can air their pain and frustrations with.
 - Don't over-schedule your life. Allow time and space to relax and enjoy the children, to take walks around the park and be together. Even though you may find it's better for you to "keep busy" to keep your mind off the divorce, it's best to follow that pattern when the kids are at the other parent's house. When they're with you, try to slow down. Take time to bake cookies, plant flowers, walk the dog together, go hiking, and just relax.
 - If you do have to move, help the kids keep in touch with friends, either by arranging visits or weekly chats on Skype.
 - Let your kids grieve—they feel it, and they need to say it. Listen to them with love.
 - Keep as many "familiar" things in their environment—bedspreads, toys, etc.—as you can.
 - Remind them that you are a family, no matter what walls you live within.
- **Parental Adjustment to the Divorce: The better a parents adjusts the more likely a child will.**
 - DivorceCare – go to website www.DivorceCare.org and put in your zip code
 - DivorceCare4Kids – to website DK4K.org and find local classes by zip code
 - GriefShare – go to website www.GriefShare.org and put in your zip code
 - Find healthy-minded friendships - find at least three "3:00 AM friends!" These are people who can keep an eye on you and will be willing to ask hard questions along the way.
 - Eat healthy, exercise, stay active and do not isolate yourself emotionally or physically.
 - Avoid extensive alcoholic intake, drugs, numbing out sexual relationships
 - Be aware of the "rebound relationship" and how that could hurt you and your kids!
 - Give your heart and emotions time to heal and do the work necessary to not carry pain forward.

- **Inter-parental Conflict: High stress between parents is damaging to children.**
 - Leave the children out of the conversations. Never discuss issues at transition. Instead, coordinate a compartmentalized way to have co-parent meetings via phone or in person.
 - Attend co-parenting classes and seek advice from co-parenting coaches or counselors.
 - Schedule co-parenting meetings away from the child's observation or overhearing to do the hard work of co-parenting. Never put the children in the middle to do the work of parenting.
 - Put the children first in all decisions, schedules and interactions. What is best for the child?
 - Maintain self control in communication with the other parent. Put the effort into being parents not discussing the past or anything related to the failed marriage.
 - Use an agenda in the co-parenting meetings, to stay on task and table topics when needed.
 - If the conflict is too high enlist a mediator, counselor or pastor to help in communication.

Co-Parenting International has created resources to support communication and offer intervention strategies for divorced and remarried parents on the topic of “co-parenting.” We believe a child can adjust and thrive if co-parents communicate and work together as a cooperative colleagues. Resources are relevant for individual, conjoint and group counseling.

- ***Co-parenting Works! Helping Your Children Thrive after Divorce:*** Softback book by Tammy G. Daughtry, Founder of Co-Parenting International. Also available in audio and electronic formats. Chapter by chapter this unpacks the journey of co-parenting and helps parents have life-giving strategies to raise amazing kids. Table of Contents and extensive endorsements available on the website.
- ***One Heart, Two Homes CDs and DVDs:*** Content created to motivate co-parents from various perspectives – counselors, pastors, single dads, single moms, step parents and a panel of teens living between two homes – four hours of content, divided into ten unique segments. Available for purchase at conference or via on-line store at www.CoparentingInternational.com.
- ***One Heart, Two Homes Seminars and Group Classes:*** Curriculum for eight hour seminars as well as evening classes for individuals, conjoint co-parent meetings and small group discussions.
- ***Co-parenting Meeting Agenda:*** Designed to aid communication between co-parents on a monthly basis. Four versions are available: infant/toddler, school aged, teen, adults.

www.CoparentingInternational.com



A CO-PARENTING MEETING SAMPLE AGENDA

Co-parenting Works! Helping Your Children Thrive After Divorce

by Tammy Daughtry, MMFT

Here are some suggested topics. I've tried to make this list as complete as possible, so it undoubtedly includes many things you won't need to discuss at your first meeting, perhaps not even for years. If your child is five years old, for instance, you can breathe easy on the car-key issue for a few more years!



1. Children's Schedule
 - a. School activities: teacher meetings, award ceremonies
 - b. Extracurricular activities: sports, music, art, dance, etc.
 - c. Upcoming holidays or vacations
 - d. Other special events or activities coming up
 - e. Parent travel or other conflicts—adjustments to schedule needed?
2. Discipline
 - a. Current behaviors that may be cause for concern
 - b. Current methods of discipline—What's working? What's not?
 - c. Consider new consequences? Should they be consistent at both homes for serious offenses?
 - d. Parenting books to read and discuss; other resources
3. Finances Related to Needs of the Children
4. Life Details (regarding children)
 - a. School
 - b. Friends and social life
 - c. Emotional life: see any red flags?
 - d. Medical and physical concerns: overall health, exercise, diet, physical development
 - e. Spiritual life
 - f. Extended family: grandparents, etc
 - g. Life routine: homework, bedtime, chores
 - h. Internet use: how much, restrictions on content, etc.
 - i. Other electronic devices: iPod, cell phones, computer
 - j. Cultural media: music, movies, books
 - k. Car: driving concerns, car repairs, budget for gas
 - l. Other
5. Next Meeting Date, Time & Location: _____

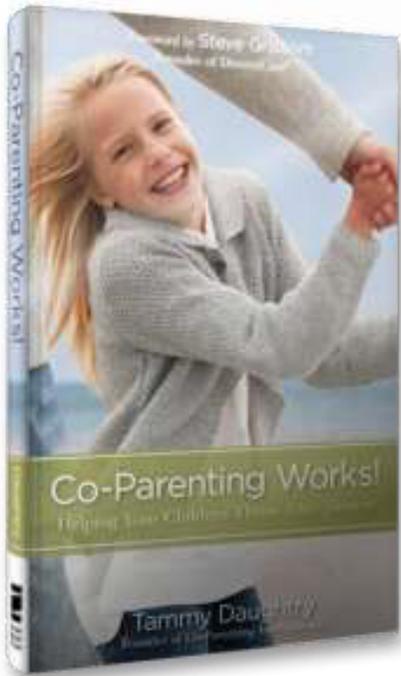
www.BeSociallySmart.com
www.FamiliesManagingMedia.com

Tips for Productive "T.E.A.M.M." Meetings: "The End Adult Matters Most!"

- ✓ *Lead gently, don't demand.*
- ✓ *Explain calmly, don't criticize.*
- ✓ *Listen more than you talk.*
- ✓ *Seek to understand, not just to be understood.*
- ✓ *When things get heated, STOP. Come back to unresolved issues at the next meeting.*
- ✓ *For more comprehensive information, please see Chapter 10 of "*Co-parenting Works! Helping Your Children Thrive After Divorce*" by Tammy Daughtry.*

www.OurFamilyWizard.com

For more information please see: www.CoparentingInternational.com



Co-Parenting Works!

Helping Your Children Thrive after Divorce

By [Tammy Daughtry](#)

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More information Available:

coparentinginternational.com/co-parentingworks

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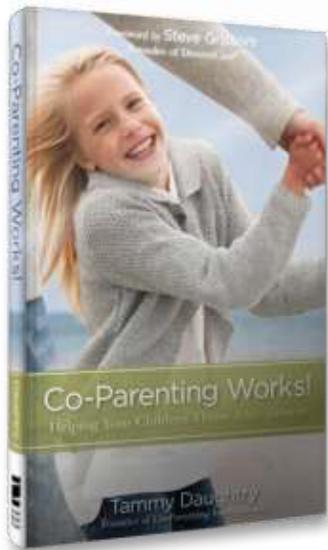
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Co-Parenting Works!

Helping Your Children Thrive after Divorce

By Tammy Daughtry, MMFT

Founder, Co-parenting International

Co-Founder, The Center for Modern Family Dynamics

www.CoparentingInternational.com

www.ModernFamilyDynamics.com

Endorsements

“As a counselor, I’ve seen the challenges of co-parenting wreck havoc on parents and children alike. What Tammy Daughtry does in this book is deal head-on with these challenges while giving loving parents a different way of relating to each other and their child that’s sorely needed. If you’re ready for wise counsel, biblically based tools,

and loads of practical encouragement that will help you relate well to your co-parent and to bless your child—read this book!”

—John Trent, Ph.D., author of *The Blessing* and president of StrongFamilies.com and The Blessing Challenge

“Let’s face it. Many in the culture, both inside and outside the church, are suffering through divorce. I can personally relate to this sensitive topic. My mom and dad divorced when I was five, and there was a lot of pain there. In my case, I would have benefited from a little more thought from my parents as to how I was feeling. The memory of that anguish motivates me today. The well-being of children is at stake, and Focus on the Family is committed to being there for those who are dealing with broken hearts and broken dreams. God can redeem the most difficult of circumstances, including divorce and the children from those broken homes, and we want to be able to offer His hope to help those who are struggling.”

—Jim Daly, Focus on the Family President and Radio Host

“As a co-parent, one of my main interests for my daughter is for her to lead a balanced life filled with love and support. I know with the guidance and practical advice given in this book, and the commitment of both parents to work together, that this can and will be achieved. I definitely recommend this book to all parents willing to work together so their child can lead a well-adjusted life.”

—Therese M. Byrne, CLE and meetings director of the Tennessee Bar Association

“Children need the best their parents have to give. *Co-Parenting Works!* helps divided parents find common ground for the benefit of their child. You already love your kid—now give them your best. Read this book.”

—Ron L. Deal, author of *The Smart Stepfamily* www.SmartStepfamilies.com

“Tammy realizes the importance and value of fathers! This is a well-researched guide that provides excellent advice for those struggling through some of the most difficult circumstances in life.”

—Rick Johnson, founder of www.BetterDads.net and bestselling author of *That’s My Son, Better Dads—Stronger Sons, and Becoming Your Spouse’s Better Half*

“When marriages fail, children inherit sorrow in proportions for which their tender souls are unfitted. *Co-Parenting Works!* helps divorced parents give the love and stability their children need and helps the wounded retreat from the war.”

—Wes Yoder, author of *Bond of Brothers: Connecting with Other Men beyond Work and Weather and Sports*

“We write our wisdom from the trenches of experience. Tammy Daughtry has lived in those trenches when it comes to raising children following divorce. She has done this with grace, purpose, and humor. For families going through the worst chapter of their existence, this book offers help and hope.”

—Dan Boone, president of Trevecca Nazarene University

“I love Tammy Daughtry! And I especially love that she is a beautiful voice equipping this generation for healthy co-parenting after divorce. *Co-Parenting Works!* is a book that has been needed for so long. Let us all learn from Tammy and, for the sake of our children, apply this teaching to our hearts and our lives.”

—Angela Thomas, bestselling author and speaker

“Finally! An excellent book that offers wisdom and practical insight into the complex maze of parenting after divorce! *Co-Parenting Works!* is a comprehensive, informative, and enlightening resource. Tammy Daughtry offers a superb gift of hands-on help for parents, family members, teachers, support group leaders, and church staff who desire to ease a child’s pain. A must-read for anyone who cares about today’s family.”

—Laura Petherbridge, author of *When “I Do” Becomes “I Don’t”* and *The Smart Stepmom*

“*Co-Parenting Works!* is both a treasure map and a compass that guides parents navigating the waters of co-parenting past snares and pitfalls in order to discover the beautiful treasure of happy children who will become confident adults. Tammy’s work as the co-parenting coach is valuable, necessary, and appreciated.”

—John Mark “Journey” Johnson, president and CEO of the YMCA of Middle Tennessee

“When divorce has brought your life to the lonely place where you need basic practical advice that works to help you and your children heal and move forward, then you just found it in *Co-Parenting Works!*”

—Steve Hayes, minister of biblical counseling for First Baptist Church, Naples, Florida

“Excellent ... a much needed resource. Very encouraging and sure to be a great help to those considering co-parenting. Love the personal stories, makes it real!”

—Robert D. Rabon, President, National Center for Youth Issues

“Tammy’s presentation in the chapel service at Hope International University raised our awareness of a critical need among so many families today. Her personal testimony was a powerful message that communicated how important it is to be sensitive to the impact divorce has on innocent children. The passion she has for the ministry of Co-parenting International is contagious and we were blessed to have her on campus sharing her vision with our students and faculty. We are proud to have her as one of our alumni making a difference in the world.”

—Dr. John Derry, president of Hope International University, jderry@hiu.edu

“Tammy knows how to connect with University students. She is able to speak intelligently to the head, but also emotionally to the heart. Her life experience is stirring. Her insights about family, especially family after divorce, encourages and challenges young people to overcome the brokenness they have experienced and determine to make their families different. Tammy uses a narrative approach that captivates her audience with humor and seriousness.”

—Dr. Joseph C. Grana II, Dean, Pacific Christian College of Ministry & Biblical Studies
Hope International University, jgrana@hiu.edu

“*Co-Parenting Works!* is a must read for every parent looking to enhance the relationship with their child. Through experience and a wealth of factual information, Daughtry will lure you into a world that will give every parent amazing insight into the heart of their child. Whether a divorced parent or just a parent seeking to find better ways to communicate with your child, this book will make a positive change in who you see in the mirror as well as the little one holding your hand!”

—Mitzi L. Dorris, President, LifeBridge, Inc. Parenting Seminars

“Tammy is writing about a subject that is near and dear to my heart. I'm the product of a permanent separation, and I can proudly say I got to experience, as a child, what two adults behave like when they realize their differences don't matter when they still have a family that needs parenting. Tammy is doing a service to all of us...especially co-parents that need to know there is hope for their children.”

—Joey Elwood, president of Gotee/Mono vs Stereo Records gotee.com

“*Co-Parenting Works!* is a wonderfully practical and wise book for divorcing parents who want to insure that their children thrive after divorce. If you are considering divorce, in the midst of the process and even if you have been divorced for a few years, this book will show you how to navigate your course to a “good divorce”. In her clear step-by-step approach, Tammy Daughtry provides parents with a very readable guide to co-parenting that is certain to have lasting benefits for you and your children.”

—Constance R. Ahrons, Ph.D., Psychologist / Author, *The Good Divorce* and *We're Still Family* / Professor Emerita, University of Southern California

"Tammy came to speak to the students at Hope International University's weekly chapel service. Our student body expected a predictable, uplifting Christian message--the kind that so many speakers had presented to our faith-based, "emerging-adult" audience. Tammy virtually turned the tables on their expectations as she redefined the term "Uplifting Christian Message." Students found a role-model in Tammy's testimony; she gave them courage to begin the healing journey from past scars by reaching out to the caring, Christian community that surrounds them. There were cheers and tears as Tammy concluded her message; long lines of students waited to share their stories and their personal thanks for speaking directly to them and for showing them what a journey from trauma to triumph looks like when you surrender your life to God. It was a chapel service that none of us will ever forget."

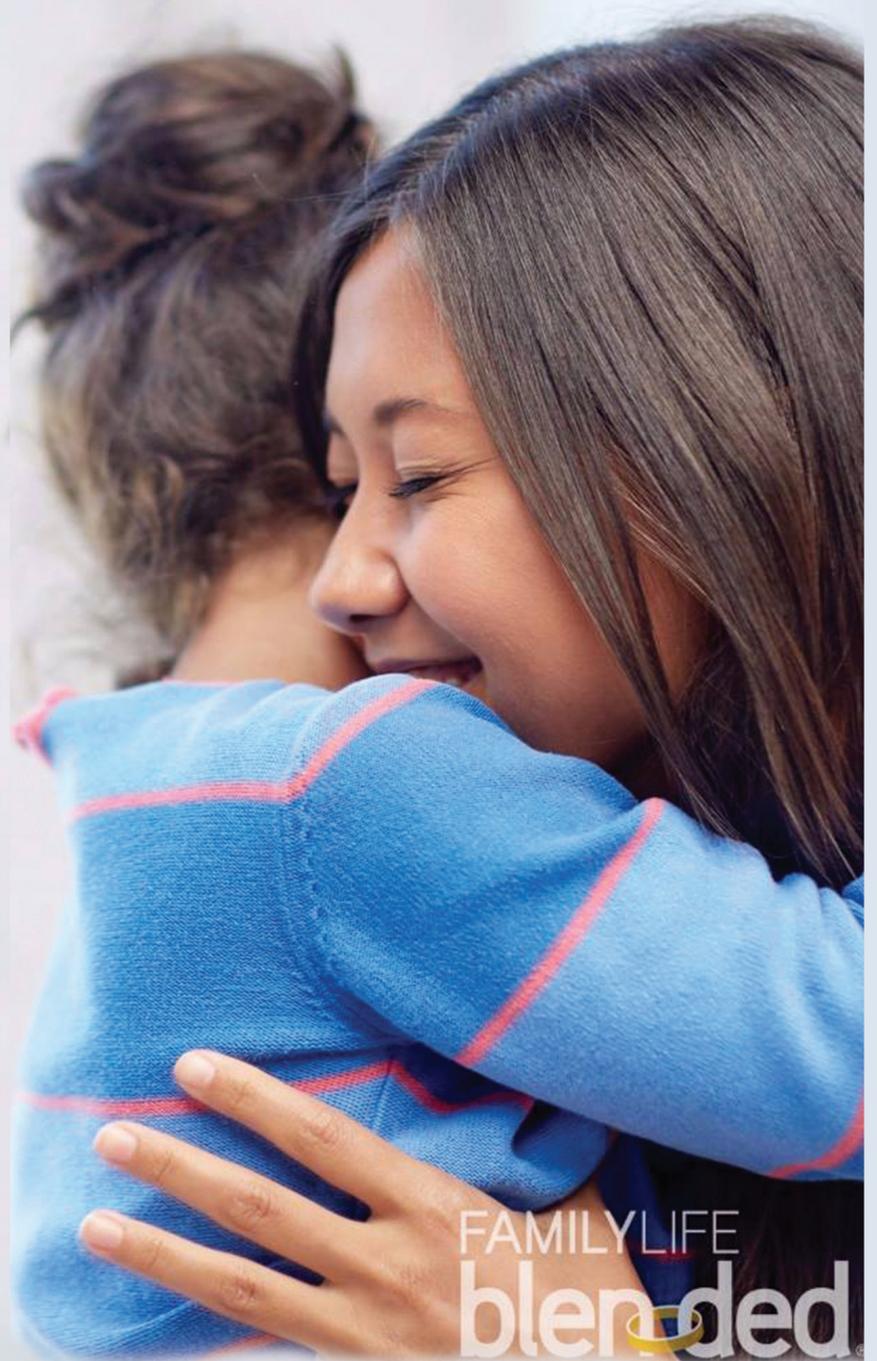
—Cora Alley, Chair: English Department, Hope International University, calley@hiu.edu

I recently discovered the "One Heart, Two Homes" program. It is exactly what I have been searching for, and for a very long time! "One Heart, Two Homes" excellently captures what parents and children deal with when making their way through the divorce process. This helps in co-parenting their children and insuring their children's mental wellness.

– Dr. William Steele LMFT, AAFC, ACP Collaborative Professional
Over 35 years' experience in the mental health field

It's not
about
tearing
down the
other
parent—it's
about
building up
the child.

*Tammy Daughtry,
Summit Speaker*



FAMILY LIFE
blended.



ONE HEART TWO HOMES

CO-PARENTING CHILDREN OF DIVORCE TO A POSITIVE FUTURE



- Meet the needs of single and remarried clients, either one-on-one or in small groups.

- Enhance your curriculum and DVD library. Specific 10-minute segments designed for counselors!

- Create a source for on-going funding with no long-term cost.

The One Heart, Two Homes Series is designed to be led by a volunteer group facilitator who will oversee the meeting, show the DVD and facilitate small group discussion questions following each segment. The 10 week seminar features nationally accredited authors, counselors and leaders, parenting experts and everyday co-parents who are currently on the journey. There are breakout segments that include information for specific developmental stages (toddler, school age, teenage and adult). Discussions from actual children of divorce and adult children of divorce are included as well as role-playing examples that help parents understand life from the child's perspective.

Each attendee will receive a workbook that includes areas for note taking as well as extensive information and resources that reinforce the topics of discussion. Leadership training resources and publicity materials are included in the Starter Kit as well as promo videos, radio spots, a press release template, print advertising templates and a recommended publicity timeline. This "all in one" starter kit will serve 20 people initially; additional workbooks can be ordered in packets of 10 or 20.



One Heart, Two Homes Kit Includes:

- Ten 30-minute sessions for small group classes and seminar formats
- Each session offers 3 ten-minute chapter segments for use in one-on-one counseling. (See Session Topics)
- Leader's Guide and DVD
- 20 participant workbooks (additional workbooks can be ordered in packets of 10 or 20)
- Press release templates (Word documents)
- Print advertising templates (PDF and jpg formats)
- Recommended publicity timeline (Excel document)
- Videos (includes :30 & :60 video promo spots)
- Radio spots (includes :15, :30 & :60 promotional spots)
- Pre-designed publicity brochures and posters (easy to customize)
- DVD with promotional graphics, video and audio for website and social media campaign
- "Find a Group" listing on our website (free service to help promote your classes)

One Heart, Two Homes equips you with the tools needed to serve parents who are raising children between two households. The information is designed for step parents, single parents, extended family members, caregivers, therapists and teachers/guidance counselors who work with parents.

Initial Investment: \$467.00 (Plus shipping) Ordering Information on page 8.

Suggested program fee of \$25 for each attendee.
Twenty workbooks will generate \$500 from participant fees.



There is Hope!

- Tammy Daughtry Introduction Story / Definitions of Co-parenting
- Jay Daughtry Introduction Story
- Greg Garrett Introduction Story
- Why is Co-parenting Important by Ron Deal

Stable Parent, Stable Home

- Creating Stability
- The “I Factor” and Understanding the Power of our Words
- Encouragement for Single Dads
- Encouragement for Single Moms

Co-parent Communication

- Understanding the 5 Categories of Co-parenting and their Impact on Children
- Indicators of Healthy Co-parenting
- Learning a New Lingo for the Sake of the Children

Co-parenting Meetings and Handling the Handoff

- Co-parenting Meetings and Planning Agendas
- Handling the Handoff
- Understanding the “Heart of the Child”

Risky Business, Understanding the 6 Risks for Children after Divorce and How to Counteract Them with Protective Behaviors

- Parental Loss and Economic Loss
- Lack of Parental Competence and More Life Stress
- Parental Adjustment, Inter-parental Conflict

Holidays, Special Occasions and School

- Helping Kids Plan for Holidays and Special Occasions
- School, Chores and Consequences
- The “Top 10 Things” That Kids of Divorce Wish They Could Say to their Parents!

Critical Issues

- Finances - Single Parent Finances / Co-parenting Finances / Blended Family Finances
- Emotional Needs of Children after Divorce / Understanding Developmental Stages and Ages of Kids

Abuse, Addiction and Abandonment

- Understanding Abuse
- Understanding Addiction
- What if I am Abandoned and Parenting Alone?

Moving Forward in Dating and Remarriage

- Relationships after Divorce, the First Year Focus / Introducing the New Partner to the Ex-Spouse, Introducing the Kids and More
- Encouragement for Stepdads
- Encouragement for Stepmoms

Co-parenting Beyond Child Support

- Adult Children of Divorce Reflect on their Childhood, What Can Co-parents of Today Learn from their Experiences?
- Understanding the Emerging Adult and How Co-parenting Impacts Kids after Age 18
- Graduation, College, Weddings and “Co-Grand Parenting” - Planning Ahead for Peace and Stability



ONE HEART TWO HOMES

GUEST EXPERTS

Hear from nationally accredited authors, counselors and leaders, parenting experts and everyday co-parents who are currently on the journey.

AMY ALEXANDER, LMFT **Executive Director**

The Refuge Center for Counseling

Amy, co-founder of The Refuge Center for Counseling, is also an AAMFT Approved Supervisor. Her areas of clinical focus include trauma, domestic and sexual violence, women's issues, and traumatic bereavement. Amy is trained in EMDR, brainspotting, and trauma-focused cognitive behavioral therapy. Amy is also a member of the American Association of Marriage and Family Therapy and the Nashville Area Association of Christian Counselors.



ANGELIA BENNETT*

Angelia is a freshman in high school and has been raised by divorced co-parents since she was one. She is the daughter of Tammy Daughtry, founder of Co-parenting International and step-daughter of Jay Daughtry, Co-Founder of The Center for Modern Family Dynamics. Both of her biological parents have remarried, resulting in her having four parents, six step siblings and six family pets between the two homes. She is an active athlete and enjoys volleyball, swimming and basketball. She also plays guitar and enjoys various creative activities at school and church. Her participation in "One Heart, Two Homes" is to be a voice for kids of divorce and help parents understand a kids' perspective. "My parents have never put me in the middle or made me feel like I have to choose; I want to help other parents have that same commitment to just let their kids love both sides of the family and not feel caught in the middle."



BRIAN BLOMBERG **Chief Development Officer**

The National Center for Fathering

Brian is responsible for all business and donor development and currently serves on the board of the Fatherhood CoMission. With a passion to reach and support fathers, Brian works alongside a great team dedicated to reaching dads where they are at. The National Center for Fathering impacts over one million dads each year. Prior to joining the National Center for Fathering, he served at Promise Keepers, Pedus Services, Fluor Corporation and Lockheed Martin. Brian earned his BA from Azusa Pacific University, where he was a student athlete in football and track, and an MBA from Pepperdine University. Brian and his wife Marnie have been married for 27 years, reside in Parker, Colorado, and have two sons, a daughter and a daughter-in-law.



JILLIAN CHAMBERS **Co-Founder, The Oasis**

Jillian is the Senior Pastor alongside her husband, Danny Chambers, at The Oasis Church in Nashville, TN. The vision of The Oasis Church is "Loving God, Loving People and Serving the World." Aligning the Culture and Values of The Oasis Church with its Vision throughout every department is both her passion and role as Chief Culture Officer (CCO). Her fierce passion leads her all over the world bringing awareness to the social injustice of human trafficking as well as bringing resources to the impoverished and hope to those in need. She travels and speaks worldwide to multi-racial and multi-generational audiences. Helping people understand their value and training them to



make strong life choices is essential to her own personal mission. With singing, modeling and television in her background, she communicates with humor as well as authentic love for her audience. She is the proud mother of five amazing children and has been a "bonus mom" for over 23 years.

AMY COLEMAN* **Owner, ColemanArt Photography**

Growing up as a pastor's kid in the Midwest, Amy became a child of divorce at the age of 13. Now an ordained pastor herself, she and her husband lead the marriage ministry of The Oasis Church in Nashville, TN. Through weekly mentoring and teaching, they equip pre-marital and newly married couples to make the most of their relationships. Amy has been married for over 20 years and resides outside of Nashville with her husband Tim and their four children.



LEEANN COURVOISIER **Founder, Re-Route**

LeeAnn is the founder and CEO of the nonprofit ReRoute (www.ReRoute.info) that provides personal support and a network of resources for those facing life's detours. Having walked through the difficult journey of divorce and being a single mom, LeeAnn is passionate about bringing hope and encouragement. She has travelled extensively, speaking at conferences and local churches for over 20 years. She graduated from Anderson University with a BA in Psychology, Sociology and Religious Studies. She resides in Franklin, TN. Her greatest joy is being a Mom and Gammy.



JAY DAUGHTRY, MMFT* **Co-Founder, The Center for Modern Family Dynamics**

Jay has a Masters in Marriage and Family Therapy, a pastoral background of over twenty years and a personal encounter with life-altering grief, having lost his first wife in an accident. His passion for hurting families comes authentically as he has walked many painful pathways of grief and loss. Jay has been a father, a single father and a stepfather over the years of his parenting and has a deep understanding of complex family. He and his wife, Tammy, are raising a blended family that includes four children, three dogs and a recent new addition, their first grandson! Jay is a member of the American Association for Marriage and Family Therapy.



TAMMY DAUGHTRY, MMFT* **President & CEO, Co-parenting International** **Co-Founder, The Center for Modern Family Dynamics**

Tammy is the founder of Co-Parenting International, an organization launched in 2003 to help divorced parents raise healthy kids. She is the Co-Founder of The Center for Modern Family Dynamics, a counseling based organization in Nashville, TN. Tammy is a national author of *Co-parenting Works! Helping Your Children Thrive After Divorce* (HarperCollins, 2011) and has extensive media experience with radio, television and professional seminars on the matter of co-parenting and its impact on children. She was raised by divorced parents and she herself has been a co-parent since 2001. She is on the YMCA Board of Directors, the International Committee for the YMCA, the Program Director for the NAACC, a member of the American Association of Marriage and Family Therapists and the TN Commission on Children and Youth. She and her



*Child of Divorce

husband, Jay, are raising a blended family of four kids, two day timers and more love and laughter than she ever dreamed possible!

TREVIN DAVIS*

Trevin is 22 years old and currently attending Trevecca Nazarene University where he is part of the National Praise and Worship Institute, a program that is training up the next generation of worship leaders. He was born and raised in Louisiana, in a small town between New Orleans and Baton Rouge. Trevin has three brothers and two sisters and was raised by his single mother along with the help of his grandmother. Trevin admires his mother, saying, "She was able to raise us up to be strong-minded and smart. With my mother's strong will and her desire to see her kids with a better life than her own, she made sure we had what we needed so that we could be the best that we could be."



LEE DAVIS*

Lee is 23 years old and a student at Trevecca Nazarene University in the National Praise and Worship Institute. He is one of six kids raised by a single mom. Lee says, "I have seen the effects of a one-parent home and how hard it is for parents to communicate to their kids effectively what is going on. I have seen firsthand the effects that this has on kids and learned that without effective communication no one will be able to grow from these particular circumstances. I honestly believe that it is important for kids as well as parents to be able to reach a place where they can be a whole family again and not feel separated. I believe sharing my story will help others take one step closer to a place of healing and restoration."



RON DEAL, LMFT

Author, *The Smart Stepfamily* Director, FamilyLife Blended™

Ron is a family ministry consultant and conducts marriage and family seminars around the country; he specializes in marriage education and stepfamily enrichment. Ron is author of the Amazon bestselling book *The Smart Stepfamily* (and DVD curriculum), *The Smart Stepdad*, and *Dating and the Single Parent*, and coauthor of *The Smart Stepmom* and *The Remarriage Checkup*. He is a licensed marriage and family therapist and has extensive experience training pastors, ministry leaders, and counselors. He has appeared on dozens of national and international radio and TV broadcasts including The 700 Club, Focus on the Family, FamilyLife Today, WGN-TV, Fox News, and ABC Nightline. Ron is considered a leading voice in stepfamily education, ministry, and preventing divorce and is one of the most widely read authors on stepfamily in the U.S. He and his wife, Nan, have been married since 1986 and have three boys.



ANDY DUNN, J.D., MMFT

Andy Dunn Counseling

Andy sees clients as a Staff Counselor at AGAPE in Nashville, TN, a non-profit, Christian counseling center. He earned his Bachelor's degree from Stanford University and his Master's degree in Marriage and Family Therapy from Trevecca Nazarene University in Nashville. He works with clients in a broad spectrum of areas including Emotionally-Focused Therapy (EFT) for couples and families, Adolescent Issues, Pre-Marital, Men's Issues, Parenting and Co-Parenting after divorce, Divorce Adjustment, Grief and Loss, Life transition/Adjustment issues, Trauma/PTSD, Depression, and Anxiety. He is trained in Level II EMDR (Eye Movement Desensitization and Reprocessing) through the EMDR Institute. Andy also has been a licensed, practicing attorney in Nashville for the past 20 years, and with his diverse experience, brings a unique perspective to the counseling work he does with clients. Andy is also raising a son between two homes and is deeply committed to being a cooperative and positive co-parent with his son's mother. His website is www.AndyDunnCounseling.com.



***Child of Divorce**

GREG GARRETT*

Diversity and Inclusion Manager

Greg started with State Farm® as an intern in the Corporate Purchasing Department in 1994 while still in college. After graduating, he returned to the company full-time as a Procurement Specialist. Over the past 19 years, Greg has worked in State Farm's Corporate Purchasing, Corporate Recruiting, Human Resources and Marketing in the states of Illinois, Georgia, Virginia and Tennessee. In 2009, he was promoted to Diversity and Inclusion Manager for the states of Ohio, Kentucky and Tennessee. In June 2014, Greg was asked to lead the newly formed Enterprise Diversity and Inclusion (EDI) team. A native of Knoxville, TN, Greg has a Bachelor's of Science degree in Marketing from the University of Tennessee at Chattanooga and a Strategic Marketing Certificate from Emory University's Goizueta Business School. He has been married to his beautiful bride for 18 years and they have a 14-year-old son.



CHRIS GONZALEZ, LMFT*

Professor of Marriage & Family Therapy

Chris is the director of Lipscomb's Masters of Marriage and Family Therapy program. He earned a PhD in Family Social Science from the University of Minnesota in 2010 and a Masters of Marriage and Family Therapy from Abilene Christian University in 1999. He works with couples, stepfamilies and families with teens, supervises masters students and post-masters therapists. His research interests include the spiritual lives of emerging adults as well as ambiguous loss with children in Ghana and Kenya. Chris' parents divorced when he was in college; although this was a very difficult experience, Chris now enjoys sharing his story with the hopes that it can help others going through the same pain. Chris is married with two teenage children. He loves time with his family, especially when everyone gets to laughing. He believes that a good sense of humor is one of the most adaptive and healing disciplines a person can develop.



REBECCA GRIFFITH, MA, LPC-MHSP

Licensed Professional Counselor / Certified Play Therapist

Rebecca is currently in private practice in the Nashville area. Rebecca counsels individual adults, adolescents, and children, as well as working with couples and families. Previously, Rebecca was Senior Program Director for the Restore Counseling Center of the YMCA of Middle Tennessee (January 2006 – June 2014). She received her MA in Clinical Psychology from Wheaton College and worked as a counselor in private practice for 9 years in Columbia, SC before moving to Nashville in 1998. She has been a single mother to her four daughters, ages 15-25, for the past 8 years and recently added a son-in-law to the mix. Rebecca is a member of the American Association of Christian Counselors and the Association of Play Therapy. Rebecca's favorite age group to work with is young children (ages 2-8). She has been trained in child centered play therapy and is fluent in "play speak" - the language children are most comfortable with when expressing emotions.



SHARON & WENDELL HAMILTON

Marriage Mentors, The Oasis

As a certified Prepare Enrich Facilitator for post and premarital couples, Sharon is founder (alongside her husband) of 2ForeverLove Ministries (www.2foreverlove.org). Sharon candidly ignites, inspires and fortifies couples, equipping them with the necessary tools needed to experience a victorious life in Christ. She enjoys hosting study classes and speaking at conferences, seminars, church events, radio, rehabs, homeless shelters, prisons, and more. Her journey includes being a single mom years ago and she is passionate about offering hope to other single moms! A native of Kansas City, KS, Sharon and her family relocated to Nashville, TN in 2000. Married to her amazing husband Wendell, she is blessed with five fantastic children and the most incredible grandchildren ever.



Wendell, as a man of integrity and a devout believer in the word of God, prizes his wife and his family with much honor and value. He has been

servicing in ministry for the last 30 years and his passion for teaching, preaching and life coaching has grown immensely as he witnesses lives become radically changed. As founder of 2ForeverLove Ministries (alongside his wife), Wendell offers pre- and post-marital mentoring and disciplining with much enthusiasm, fortifying couples to have strong and lasting marriages. Wendell also enjoys working with senior pastors to help instill growth for the advancement of the Kingdom of God. Years ago, Wendell was a single father, and then he became a step-father when he married Sharon. He has a strong passion to encourage single fathers and step-fathers to invest in their children and stay present in their lives. As a native of Kansas City, KS, Wendell relocated to Nashville, TN in 2002 where he now resides with his wife and four of his five children.

MATT HAVILAND

Founder, The Father's Walk / Single Father Network

Matt, founder and director of the single dad network "A Father's Walk," is also the co-founder of the Grand Rapids Single Parenting Expo, the author of *A Father's Walk: A Christian-Based Resource for Single Fathers*, and the co-author of *The Daddy Gap*. He lives in his hometown of Grand Rapids, MI and is a single father to an amazing daughter. Most importantly, he is just an ordinary guy who loves and serves an extraordinary God. For more information, please visit www.afatherswalk.org.



KATERINE HERNANDEZ

Katerine was born in Santa Tecla, El Salvador. At the age of seven, her family immigrated into the United States making a home in Nashville, TN. Katerine graduated from Glencliff High School in 2012 and is currently a third-year student at Trevecca Nazarene University. She is a marketing major and hopes to one day help the Latino community, locally, and at-large. Katerine has a huge passion for people, service, disabilities rights, community development, mentoring, and culture. Following her passions, she serves as President for the Trevecca Chapter of Best Buddies and has served as an officer for Futuro at Trevecca, as a Freshman Peer Mentor, and as translator, media tech, and youth group leader for her church, Bethel Hispanic Church of the Nazarene. Katerine is being raised in a traditional family with both loving parents. Because she cares about kids of divorce, she volunteered her talent to the "One Heart, Two Homes" project and she has worked with Tammy Daughtry for years at conventions and events with Co-parenting International.



EBONI* & EVERTON HERON

Co-parents, Blended Family, Stepfather Managing Partner, TheBibleBookcase.com

Everton and Eboni live in Nashville, TN. They met in 2009 and united as a family in 2010. Eboni came into the union with two boys (ages 10 and 16). Their biological father was already an active parent in their lives, therefore they worked together to establish a healthy co-parenting relationship. They spent a great amount of time talking about various scenarios and how each parent could make it a positive and loving situation for the children. By putting God first and having the important conversations, they have been able to stand and are very happy with their decisions and family.



**JEFF KEMP
NFL Quarterback**

Former NFL quarterback for 11 seasons, Jeff received a Bachelor's degree in Economics from Dartmouth College and an MBA with honors from Pepperdine University. He entered the NFL as a free-agent quarterback in 1981 and played for the Rams, 49ers, Seahawks, and Eagles. He served on the Executive Committee of Pro Athletes Outreach, which trains professional athletes to be responsible role models and leaders. Jeff and his father, Jack Kemp (the former Vice-Presidential candidate and Secretary of Housing and Urban Development), were the first of only six sets of father/son NFL quarterbacks. Jeff founded and led Stronger Families in the Pacific



Northwest from 1993 to 2010. In 2012, Jeff joined FamilyLife as Vice President and HomeBuilder Catalyst. He speaks and trains for men's and marriage events, as well as corporate conferences, Governors and Community Prayer Breakfasts, youth, and athletic events. Jeff and his wife Stacy live in Little Rock, AR. They cherish family time, especially skiing with their family. They have four sons (Kyle, Kory, Kolby, and Keegan) and two daughters-in-law. Jeff and Stacy enjoy time mentoring and encouraging newlywed and young married couples.

**BRUCE KOBLISH*
President/CEO of The Worship Network**

Bruce Koblisch has had a distinguished career spanning more than 35 years in the field of Christian music and entertainment. His 30 plus years in the Christian music field was highlighted by his being President of The Gospel Music Association and then President of Reunion Records. He has also been involved in the broadcast television industry which has helped to expand his knowledge of how content can be effectively distributed across all media platforms. Bruce is currently the President/CEO of The Worship Network (worship.net) and serves in multiple roles in the creation of content and distribution of digital media to public schools through SchoolnSites.com and to the church & faith-based community via a new soon to be released video platform Worship.tv. He enjoys working in collaborative relationships where each entity wins by being part of the whole. Bruce currently lives with his wife of 39 years, Julie, in Franklin, TN, and they have two children—Kelly, an attorney in Jacksonville, FL, and Kevin, a screen writer in Los Angeles, CA.



**LISA DONNELLY O'CONNOR
Co-parent of 23 years**

"I was married for 13 years. In spite of efforts by both parties, that marriage ended in divorce. The one thing my ex-husband and I agreed on was that we did not want our children to suffer. It was the hardest thing I ever did, but every effort, ever sacrifice was well worth it. Our children know without a doubt that they are loved by both parents and both extended families. We made mistakes, but overall, I think we made the best of a bad situation. I am not a professional in this area, but I hope our experience will give hope to other families facing this situation. Both of our daughters are grown with families of their own now and are without a doubt the best Mothers in the world! I am a native Nashvillian. I have worked in Sales Administration for over 30 years. After the divorce, I remained single for over 20 years and remarried just this past year. The journey continues as we now work to 'blend' our families."



DANIEL SASSER*

Daniel is a high school junior and is being raised by a single mom with two older brothers. He has a passion for the culinary arts and hopes to one day be a full-time professional chef. He has played football in high school and has a great sense of humor; he loves to watch comedy shows and participate in youth group events at church. He is helping raise his young nephew, Evan, and has a great sense of maturity and responsibility.



**MELANIE SCOTT*
Creative Director, Kids on the Block**

Melanie Scott is the child of a two incredible people who happened to divorce when she was 12 years old. Although a divorce is never easy, her parents always kept their children's needs and happiness at the forefront of their decisions which in turn helped both Melanie and her sister to end up being, somewhat, well-adjusted individuals. Melanie now directs Kids on the Block, an educational puppetry program for children in elementary schools. Divorce is one of the many topics she helps children to understand in a fun and kid-friendly way. She's married, which is the hardest and most rewarding experience of her life. She also has a little girl who helps her to understand the meaning of it all.



***Child of Divorce**

JEFF SHEARS**Author & Professor
University of North Carolina**

Jeffrey Shears is a joint appointed professor in the Social Work departments at North Carolina Agricultural & Technical State University and UNC Greensboro, where he is also the Director of the Joint Masters Social Work Program (JMSW). Dr. Shears earned his BSW and Masters in Education Administration from North Carolina A&T State University and his PhD in Social Work from the University of Denver. His research interest is men (fathering, multicultural issues, HIV and AIDS) and quantitative research with an emphasis on data sharing among social service agencies. In addition, Dr. Shears has an extensive list of academic publications on fathering featured in national and internationally refereed journals. He is co-author of the acclaimed *What all Dads Should Know* (Createaspace Publishers, 2011).

**DR. ROY SMITH****Knights of the 21st Century
Pennsylvania Counseling Center**

Roy has been a psychologist/counselor for more than 30 years and founded the Pennsylvania Counseling Center to help hurting people. Now the organization has grown to include 17 mental health clinics across the state of Pennsylvania. He also founded the Knights of the 21st Century, a program developed to help men grow and lead effectively, in order to change our culture. The tools provided through The Knights of the 21st Century are designed to help the men involved begin to see the beauty of their design and to develop their giftedness. Roy authored the book *Bull*, which was written for young men and fathers. Learn more at www.pacounseling.com.

**JOHN (KEN) STEGALL, M.ED., NCC
Licensed Professional School Counselor
Harpeth Valley Elementary School**

Ken has been a teacher and counselor at every grade level. He has interacted extensively with families and children in his years of working in public mental health and currently runs multiple support groups for children of divorced families. With more than 26 years' experience, Ken strives to improve student success as well as to develop and maintain positive rapport with parents, students and staff. He is a member of the American School Counselors Association, the Tennessee Counseling Association, the Middle Tennessee Counseling Association, and the Golden Key International Academic Honour Society, as well as the Council for Exceptional Children, the Council for Children with Learning Disabilities and the Council for Children with Behavior Disorders.

**RHONDA TEMPLE*
Fatherhood CoMission**

Rhonda grew up in the home of a pastor and missionary, and at the age of 16, her parents went through a divorce. She was later blessed with a wonderful stepfather who is an important part of her life story. Rhonda married a pastor and has spent more than 25 years in full time ministry. She travels and speaks extensively with her husband, Mitch, who founded and Directed Focus on the Family's Marriage Initiative, The Fatherhood CoMission and authored five marriage books. They have been married for 32 years and have three grown children—and one granddaughter who she thinks is really awesome!

**DR. JOHN TRENT*
Author *The Blessing*
President, Strong Families
Gary Chapman Chair of Marriage and Family Ministry,
Moody Theological Seminary**

Dr. Trent is also the founding president of StrongFamilies.com, an organization committed to strengthening marriage and family relationships worldwide. John has spoken in churches and conference settings to over 100,000 people in more than 65 major cities in the past five years alone, as well as to over 750,000 men at Promise Keepers conferences. He often speaks in



corporate settings, including Interstate Battery, Chick-fil-A, YPO Chapter events and YPO Family Universities, The United State Military Academy at West Point, The United States Coast Guard Academy, Restaurant Leadership Conference, and many more. He has authored and co-authored more than 25 books including *The Language of Love*, *Heartshift*, *The 2 Degree Difference*, *The Treasure Tree for Children*, and the million-selling book with Gary Smalley, *The Blessing*. John and his wife Cindy live in Scottsdale, AZ, and have been married since 1979. They have two adult daughters.

**DR. TONY WHEELER, PRESIDENT*
Director, Family Ministry Institute
Executive Director, Dr. John Trent Institute for the
Blessing at Barclay College**

Dr. Tony Wheeler is an expert on family strengths and family dynamics. He is the Director for the Family Ministry Institute based on the campus of Barclay College in Haviland, KS. He also serves as the Executive Director for the Dr. John Trent Institute for The Blessing. He is a professor in both the undergraduate and graduate programs at Barclay College. He has also been an instructor at Kansas State University, Manhattan Christian College, and Phoenix Seminary. In the past, Dr. Wheeler has been a youth pastor, an associate pastor, a church planter, a senior pastor, the director of counseling, and a marriage and family pastor. He has also been a counselor for 23 years, a speaker for 14 years, and, by the grace of God, he has seen many relationships repaired and individuals healed through his counseling and seminars. Tony has worked with Dr. John Trent (author of *The Blessing* with Gary Smalley) for the last fourteen years—teaching seminars and helping individuals, marriages and families find hope and healing. Dr. Wheeler holds a Master's in Family Therapy Studies from Friends University and a PhD in Family Life Education and Consultation from Kansas State University.

**NOAH ZAPF, LPC-MHSP
The Refuge Center**

Noah Zapf is a licensed professional counselor in the state of Tennessee. He holds a Master's degree in counseling from Trevecca Nazarene University, and has specialized training in Emotionally Focused Therapy (EFT) for couples and Eye Movement Reprocessing Desensitization (EMDR). His areas of clinical focus include sexual addiction, trauma, and marital therapy. He is currently conducting research on sexual addiction as he seeks to complete a PhD in clinical counseling. Noah is a staff therapist at The Refuge Center for Counseling in Franklin TN and has a private practice in neighboring Brentwood, TN. You can learn more about Noah at www.noahzapf.com.

**MAYRA ZIMMER*
Vice President of Multicultural Marketing
AIG Financial Network**

Mayra develops and provides marketing initiatives directed at growing Emerging Markets for the AIG's nationwide offices. This includes strategic planning, collaborative partnerships, recruiting, advertising, special events and consumer-focused in-language collateral and DVDs. She has diverse experience in operations, marketing, recruiting and training within the insurance industry. She has an Associates Degree in Paralegal Studies and a Bachelors of Science in Business Administration from Aquinas College. She was born in New York and is bilingual—fluent in English and Spanish. A single parent of a college freshman, she loves to travel and is the current Board President of TLACC (TN Latin American Chamber of Commerce).

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RESEARCH REQUEST

Hello **NCFR 2018** –

Research Request: We are looking for professionals and organizations who are interested in participating in future research on a variety of topics connected to complicated families. Please see this information and get in touch with us if you want to be considered for future participation.

We are going to be looking for leaders interested in being part of a nationwide study in 2019. The areas for involvement include:

1. Anonymous Survey as the following:

- a. **Adult Child of Divorce**
- b. **Step Parent**
- c. **Bio Parent**

2. Universities – survey with young adults

3. Facilitators Needed to Lead a 10-week One Heart, Two Homes Group

If you are interested, please email us and include NCFR RESEARCH REQUEST in the “Subject” of the email and we will be back in touch to simply find out which area you are interested in and the timeline associated with each.

Thank you for the important work you are doing in the effort of supporting today’s complicated families and we hope to connect with you soon!

Tammy & Jay Daughtry

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www.ModernFamilyDynamics.com

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