



# RESOURCES FOR LGBTQ AND ALLIES

## Local Resources and Organizations

### Resource Center

Resource Center is a trusted leader that empowers the lesbian, gay, bisexual, transgender and queer/questioning (LGBTQ) communities and all people affected by HIV through improving health and wellness, strengthening families and communities and providing transformative education and advocacy. Last year, the Center's programs served over 60,000 people in Dallas and North Texas.

The Center is the primary LGBTQ and HIV/AIDS service organization in North Texas. The Center offers operates one of the largest LGBTQ community centers in the United States, with services from youth to seniors.

Through its health and medical services, the Center is a leader in HIV/AIDS education, prevention, and services, always putting itself at the forefront in the battle against this epidemic. The Center provides a full spectrum of STD prevention education, screenings and treatments. Other programs include a low-cost, fee-for service PrEP (pre-exposure prophylaxis) care clinic for HIV/AIDS prevention, and a transgender wellness clinic including visits with medical professionals, bloodwork and prescriptions.

A staff of over 50 part and full-time staff members are supported by over 1,100 volunteers. The Center's additional locations are the Nelson-Tebedo Health Center and the Simmons Foundation Health Campus. The Center is governed by a board of directors and operates through a combination of funds from individual donors, special events, private foundations, corporations and government grants. The Center is open 354 days a year.

Community Center, 5750 Cedar Springs, Dallas TX 75235. Phone: 214-521-5124

Simmons Foundation Health Campus, 2701 Reagan St., Dallas TX 75219. Phone 214.528.0144

Nelson-Tebedo Health Center, 4012 Cedar Springs, Dallas, TX 75219. Phone: 214-528-2336

Community Center Programs include:

- Information & Referral
- Mental Health Counseling
- Intensive outpatient behavioral health counseling
- FUSE for young gay and bi men ages 18-28
- United Black Ellument (UBE) for African-American gay, bi, & same-gender loving men ages 18-28
- Gay Bingo – 3<sup>rd</sup> Saturday of every month
- Youth First – LGBTQ youth ages 12-18
- Women with PRIDE - Women's group
- GEAR - Transgender support group ages 18-29
- Gray Pride – Seniors group 50+
- David Bohnett Cyber Center
- Meeting rooms for community organizations
- Transgender health program
- PrEP Care Clinic
- Volunteer Programs

Website: [www.myresourcecenter.org](http://www.myresourcecenter.org)



## **OTHER COMMUNITY ORGANIZATIONS:**

### **Collin County Gay and Lesbian Alliance (CCGLA)**

Advocates equal civil rights, achieve full participation in society and promote dignity and respect for Lesbian, Gay, Bisexual and Transgender individuals by providing education, political awareness and social interaction.

Contact: Bob Shimmin, President: [directors@ccgla.org](mailto:directors@ccgla.org) Website: [www.ccgla.org](http://www.ccgla.org)

### **Dallas Gay & Lesbian Alliance**

Advocates for equality at the local, state, and national levels.

Contact: Patti Fink, President 214-528-4233 Email: [info@DallasGLA.org](mailto:info@DallasGLA.org) Website: [www.DallasGLA.org](http://www.DallasGLA.org)

### **DFW BiNet**

A social and support group for bisexual, bi-curious and bi-friendly people in North Texas. All DFW BI NET functions exist to create a safe place for bisexual people to meet and freely express themselves.

Website: <http://dfwbi.net/>

### **Dallas Peace Center**

Promotes education, dialogue and action for peace and justice.

Contact: [office@dallaspeacecenter.org](mailto:office@dallaspeacecenter.org) Website: [www.dallaspeacecenter.org](http://www.dallaspeacecenter.org)

### **Fairness Fort Worth**

Fairness Fort Worth is comprised of individuals, business leaders and organizations from the Fort Worth area that are committed to ensuring everyone is treated fairly with dignity and respect.

Contact: [info@fairnessfortworth.org](mailto:info@fairnessfortworth.org) Phone: (682) 231-2322

### **Gay, Lesbian, & Straight Education Network (GLSEN)**

Dallas Chapter envisions a future in which every child learns to respect all people, regardless of sexual orientation or gender identity/expression.

Email: [dallas@chaptrs.glsen.org](mailto:dallas@chaptrs.glsen.org) Website: [www.glsen.org/dallas](http://www.glsen.org/dallas)

### **Journey: A Coming Out Workshop**

A safe environment to explore coming out to oneself, friends, family and at work.

Facilitated by Jim McBride, LPC and co-sponsored by Northaven United Methodist Church

Contact: 214-284-9194 or enroll at [www.comeout.org](http://www.comeout.org)

### **Lambda Alcoholics Anonymous (AA)**

LGBTQ friendly chapter of Alcoholics Anonymous

Contact: 214-267-0222

### **Lambda Legal**

A national organization committed to achieving full recognition of the civil rights of LGBTQ people and those with HIV through impact litigation, education and public policy work.

Dallas Office Contact: Chuck MarLett, Acting South Central Region Director

3500 Oak Lawn Ave # 500, Dallas, TX 75219 Phone: (214) 219-8585 Website: [www.lambdalegal.org](http://www.lambdalegal.org)

### **Lambda Weekly**

Weekly radio program on KNON 83.9 AM blends political talk, news that affects the gay and lesbian community and interviews.

Contact: [Lambdaweekly@aol.com](mailto:Lambdaweekly@aol.com)

Website: <http://www.geocities.com/lambdaweekly/>



### **League of United Latin American Citizens (LULAC) Rainbow Council (4871)**

The Dallas Rainbow Council of LULAC, has a mission to create dialogue between the Hispanic and LGBT community, which have a common goal: full equality.

Contact: Sunny Garza, president      Email: [LULAC4871@aol.com](mailto:LULAC4871@aol.com)      Website: [www.lulac4871.org](http://www.lulac4871.org)

### **Log Cabin Republicans**

Republicans who support fairness, freedom, and equality for gay and lesbian Americans.

Contact: President, Thomas Purdy, [dallas@logcabin.org](mailto:dallas@logcabin.org)

Website: [www.logcabin.org/logcabintexas/Dallas\\_home.html](http://www.logcabin.org/logcabintexas/Dallas_home.html)

### **North Texas Gay Lesbian Bisexual Transgender Chamber**

Empowers GLBT businesses and promotes economic development in North Texas.

Contact: Tony Vedda, president      Email: [tony.vedda@gltchamber.org](mailto:tony.vedda@gltchamber.org)      Website: [www.gltchamber.org](http://www.gltchamber.org)

### **Out & Equal™ Workplace Advocates**

Champions safe and equitable workplaces for LGBT people. Advocates building and strengthening successful organizations that value all employees, customers and communities by providing a variety of services to companies, HR professionals, employee resource groups (ERGs) and individuals.

Contact: Davien Anderson, Regional Council Chair      Email: [dfw@outandequal.org](mailto:dfw@outandequal.org)

Website: [www.outandequal.org](http://www.outandequal.org)

### **Parents, Families and Friends of Lesbians and Gays (P-FLAG)**

Promotes the health and well-being of gay, lesbian, bisexual and transgendered persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights.

Helpline 1: (972) 77-PFLAG      Helpline 2: (972) 777-3524

Dallas chapter contacts: Kathy Collier & Kathy Connell, Co-Presidents: [info@pflagdallas.org](mailto:info@pflagdallas.org)

Website: [www.pflagdallas.org](http://www.pflagdallas.org)

### **Promise House**

Serves homeless, runaway and at-risk teens.

Contact: Joshua Cogan, Community Outreach Liaison

Website: [www.promisehouse.org](http://www.promisehouse.org)      Phone: (214) 941-8578

### **Stonewall Democrats**

Registers lesbian, gay, bisexual and transgender voters and ensures LGBT turnout in elections to support LGBT-friendly Democrats.

Dallas contact: Lee Daugherty, president, Stonewall Democrats of Dallas

[president@stonewalldemocratsofdallas.org](mailto:president@stonewalldemocratsofdallas.org)      Website: [www.stonewalldemocratsofdallas.org](http://www.stonewalldemocratsofdallas.org)

Fort Worth contact: Carol Cappa, president, Tarrant County Stonewall Democrats

Website: [www.tarrantcountystonewalldemocrats.org](http://www.tarrantcountystonewalldemocrats.org)

### **Turtle Creek Choral**

Men's chorus with a mission to entertain, educate, unite and uplift our audiences and members through music that is distinguished for its innovation, diversity and artistic excellence.

Contact: Bruce Jaster, Executive Director: [dfisher@turtlecreek.org](mailto:dfisher@turtlecreek.org)      Website: [www.turtlecreek.org](http://www.turtlecreek.org)

### **Women's Chorus of Dallas**

Promotes the strength, diversity and joy of women by performing high quality music to entertain, inspire and serve the community.

Contact: 3630 Harry Hines Blvd., Suite 210, Dallas, Texas 75219

Phone: 214.520.7828      Email: [TWCDoffice@twcd.org](mailto:TWCDoffice@twcd.org)      Website: [www.twcd.org](http://www.twcd.org)



## **Local Welcoming Faith Communities**

Trans Faith ([www.transfaithonline.org](http://www.transfaithonline.org))  
Cathedral of Hope ([www.cathedralofhope.com](http://www.cathedralofhope.com))  
Metropolitan Community Church of Greater Dallas ([www.mccgd.org](http://www.mccgd.org)), Harvest MCC ([www.harvestmcc.org](http://www.harvestmcc.org)) and Agape MCC ([www.agapemcc.com](http://www.agapemcc.com))  
Horizon Unitarian Church ([www.horizonuu.org](http://www.horizonuu.org))  
Celebration Community Church ([www.celebration-community-church.com](http://www.celebration-community-church.com))  
Center for Spiritual Living ([www.csldallas.org](http://www.csldallas.org))  
Community Unitarian ([www.communityuuchurch.org](http://www.communityuuchurch.org))  
Congregation Beth El Binah (BethElBinah.org)  
TransMuslims Yahoo Group  
The Dina List connects trans Orthodox Jews ([starways.net/beth/dina.html](http://starways.net/beth/dina.html))

## **State Resources and Organizations**

**Equality Texas and Equality Texas Foundation: PO Box 2340, Austin, TX 78768, (512) 474-5475. Chuck Smith, executive director. [Info@EqualityTexas.org](mailto:Info@EqualityTexas.org)**

Equality Texas and Equality Texas Foundation envision a state where all Texans are treated equally, with dignity and respect. ET and ETF believe equality is a commitment to compassion, diversity, inclusivity, justice, respect, and responsibility. Equality Texas advocates and lobbies for the elimination of discrimination based on sexual orientation and gender identity/expression. Equality Texas Foundation educates and engages the public about policies and their effect on Texans of all sexual orientations and gender identities/expressions.

**Transgender Education Network of Texas: [info@transtexas.org](mailto:info@transtexas.org), (877) 532-6789. Lisa Scheps, interim executive director.**

The Transgender Education Network of Texas is an advocacy group dedicated to furthering the cause of gender diverse people in the State of Texas. TENTex works to accomplish this through advocacy and education in both public and private forums and strives to halt discrimination through social, legal, legislative and corporate education.

**Texas Gay-Straight Alliance Network. Website: [www.texasgsa.org](http://www.texasgsa.org)**

The alliance connects school-based Gay Straight Alliances (GSAs) to each other and community resources and empowers youth activists to fight homophobia and transphobia in schools.

**Texas Youth Hotline (800) 210-2278**

Provides information, referrals, and crisis counseling. A service of the Texas Department of Family and Protective services, [http://www.dfps.state.tx.us/YOUTH\\_Hotline/youth.asp](http://www.dfps.state.tx.us/YOUTH_Hotline/youth.asp)

## **National LGBTQ Resources and Organizations**

### **Gay and Lesbian Medical Association**

Gay and Lesbian Medical Association (GLMA) is a non-profit membership organization of 2,000 medical professionals working to end homophobia in healthcare. GLMA represents the interests of more than 70,000 LGBTQ physicians and medical students, as well as millions of LGBTQ patients throughout North America who seek equality in healthcare access and delivery. GLMA promotes quality health care for HIV positive people and supports members challenged by discrimination based on sexual orientation and gender identity.

- Healthcare Referrals Directory - Gay and Lesbian Medical Association  
<http://www.glma.org/index.cfm?fuseaction=Page.ViewPage&PageID=677>

Contact: 459 Fulton Street, Suite 107, San Francisco, CA 94102 415-255-4547

Email: [info@glma.org](mailto:info@glma.org) Website: [www.glma.org/](http://www.glma.org/)



## **Human Rights Campaign**

The Human Rights Campaign is America's largest civil rights organization working to achieve LGBTQ equality. Advocates for equal rights and benefits in the workplace, ensuring families are treated equally under the law and increasing public support among all Americans through innovative advocacy, education and outreach programs. Website: [www.hrc.org](http://www.hrc.org)

## **National LGBT Taskforce and NLGBTQTF Policy Institute**

Seeks to build the grassroots power of the LGBTQ community through training activists, equipping state and local organizations with the skills needed to organize broad-based campaigns to defeat anti-LGBT referenda and advance pro-LGBTQ legislation, and building the organizational capacity of our movement. Policy Institute provides research and policy analysis to support the struggle for complete equality and to counter right-wing lies. Website: [www.thetaskforce.org](http://www.thetaskforce.org)

## **The Trevor Helpline (866) 4-U-TREVOR**

The Trevor Project is the leading national organization focused on crisis and suicide prevention efforts among lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth. It operates the only accredited, nationwide, around-the-clock crisis and suicide prevention helpline for LGBTQ youth. Website: <http://www.thetrevorproject.org>

## **The Williams Institute, UCLA School of Law**

The Williams Institute is dedicated to conducting rigorous, independent research on sexual orientation and gender identity law and public policy. A national think tank at UCLA Law, The Williams Institute produces high-quality research with real-world relevance and disseminates it to judges, legislators, policymakers, media and the public. Experts at the Institute have authored dozens of public policy studies and law review articles; filed amicus briefs in key court cases; provided expert testimony at legislative hearings; been widely cited in the national media; and trained thousands of lawyers, judges and members of the public. Website: <https://williamsinstitute.law.ucla.edu>

## **Transgender Resources**

### **Local Resources:**

Peer Support: North Texas Gender Friends ([www.ntgf.org](http://www.ntgf.org)) – online support community  
Resource Center Gender, Education, Advocacy & Resources ([www.myresourcecenter.org/gear](http://www.myresourcecenter.org/gear))  
– online and community outreach for trans and gender-nonconforming people 18-29

Teen LGBT Support Groups: Youth First ([www.myresourcecenter.org/youth](http://www.myresourcecenter.org/youth)) and GALA Youth-Colin County ([www.galanorthtexas.org/youth](http://www.galanorthtexas.org/youth))

General Healthcare: Resource Center Nelson Tebedo Clinic – Transgender Health Clinic, 214-528-2336 (Clinic operates 4 days a month so there may be a wait, but active)

Housing: Genesis Women's Shelter – 214-389-7750 (Address is confidential)

Pediatric medicine: GENECIS Program at Children's Health, 2350 N Stemmons Fwy. The GENECIS Program at Children's Health focuses on helping children and teens with issues surrounding gender dysphoria—the distress that may occur when an individual does not identify with the gender they were assigned at birth. Gender dysphoria is frequently associated with mental health conditions such as depression, anxiety and a very elevated suicide attempt rate at 41 percent. Gender dysphoria also causes clinically significant distress or impairment in social, occupational, or other important areas of functioning. The GENECIS Program recognizes the need for comprehensive care including prescribing puberty blockers and hormone replacement therapy when appropriate, to gender non-conforming adolescents. This is recognized as Standard of Care treatment by the Endocrine Society Guidelines for the medical care of transgender adolescents. Contact: Dr. Ximena Lopez 214-456-5959 Web: <https://www.childrens.com/specialties-services/specialty-centers-and-programs/endocrinology/programs-and-services/genecis-program>



## **National Resources:**

### **NCTE – National Center for Transgender Equality**

The National Center for Transgender Equality is the nation's leading social justice advocacy organization winning life-saving change for transgender people. NCTE was founded in 2003 by transgender activists who recognized the urgent need for policy change to advance transgender equality. With a committed board of directors, a volunteer staff of one, and donated office space, we set out to accomplish what no one had yet done: provide a powerful transgender advocacy presence in Washington, D.C. Today, NCTE has grown to a staff of 17 and works at the local, state, and federal level to change laws, policies and society. Website: [www.transequality.org](http://www.transequality.org), 202-642-4542 phone, email [ncte@transequality.org](mailto:ncte@transequality.org)

### **Transgender Law Center**

Transgender Law Center works to change law, policy, and attitudes so that all people can live safely, authentically, and free from discrimination regardless of their gender identity or expression. We envision a future where gender self-determination and authentic expression are seen as basic rights and matters of common human dignity. Website: [www.transgenderlawcenter.org](http://www.transgenderlawcenter.org), 510-587-9696 phone, email [info@transgenderlawcenter.org](mailto:info@transgenderlawcenter.org)

### **WPATH – World Professional Association for Transgender Health**

WPATH is a professional organization devoted to the understanding and treatment of gender dysphoria. The organization was originally named after Harry Benjamin, one of the earliest physicians to work with transgender people. WPATH is best known for publishing the Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, but also provides information for professionals and consumers, sponsors scientific conferences and offers ethical guidelines for professionals. Website: [www.wpath.org](http://www.wpath.org)

### **Transmasculine Resources**

The Transitional Male [www.thetransitionalmale.com](http://www.thetransitionalmale.com)  
Transcendence International – On Facebook and on-line

### **Transfeminine Resources**

Lynn Conway's site <http://ai.eecs.umich.edu/people/conway/conway.html>

### **Trans POC Resources**

Black Trans Men [www.blacktransmen.org](http://www.blacktransmen.org)  
Still Black [www.stillblackfilm.org](http://www.stillblackfilm.org)  
Trans Women of Color Collective <http://www.twocc.us>  
Asian Pacific Islander Queer Women and Transgender Community [www.apiqwtc.org](http://www.apiqwtc.org)

**Trans Deaf** Planet Deaf Queer [www.planetdeafqueer.com](http://www.planetdeafqueer.com)

### **Other Resources**

Gender Odyssey, Gender Spectrum, Gender Infinity, WPATH & Philly Trans Health – conferences  
Camp Aranu'tiq ([www.camparanutiq.org](http://www.camparanutiq.org)) - a summer camp for gender creative kids  
TransActive ([www.transactiveonline.org](http://www.transactiveonline.org)) & Transforming Family ([www.transformingfamily.org](http://www.transformingfamily.org)) – parent support

### **Advocates**

Leslie McMurray, Resource Center – 214-770-5348 (cell); Youth First – Johnny Humphrey 214-540-5950 (office)