

## CFLE-Approved Program Checklist

Provisional Certified Family Life Educator (CFLE)

## California State Univ – Long Beach, Undergrad

**BA, Family & Consumer Sciences - FLE Option**  
*NCFR-approved program since 3/1998*

Submit this checklist with all other materials required for the CFLE-approved program (abbreviated) application process. Find information and forms at:  
<https://www.ncfr.org/cfle-approved-program>

**Instructions:** Confirm that the courses listed below appear on your transcript. For any course substitutions (maximum two), include course syllabi from the year you completed the course. Use the blank row at the bottom to indicate content area and course title.

✓	CFLE Content Area	CFLE-Approved Program (Abbreviated) Coursework
	1. Families & Individuals in Societal Contexts	CDFS 312 - Family & Personal Development <b>AND</b> CDFS 413 - Child and Family in the Community <b>AND</b> [CDFS 410 - International Families: Families in Cross Cultural Perspectives <b>OR</b> FCSE 490D - Child and Family in the Community: A Cross-Cultural Study]
	2. Internal Dynamics of Families	Prior to Summer, 2018: CDFS 319 - Family Stress and Coping <b>AND</b> CDFS 412 - Family Interaction  Summer, 2018 and beyond: CDFS 319 - Family Stress and Coping <b>AND</b> [CDFS 412 - Family Interaction (preferred) <b>OR</b> CDFS 408 – Transition to Parenthood]
	3. Human Growth & Dev across the Lifespan	CDFS 111 - The Preschool Child <b>AND</b> [CDFS 311 - Prenatal Development and Infancy <b>OR</b> CDFS 314 - The Older Child] <b>AND</b> CDFS 411 - Individual Child Study and Guidance <b>AND</b> [HDEV 357 - Approaches to Adulthood Through Aging <b>OR</b> GERN 400 - Perspectives on Gerontology]

	4. Human Sexuality	<p>Prior to Summer, 2018:  HSC 425 - Human Sexuality and Sex Education <b>AND</b> choice of one of these Biological Science courses:  BIOL 205 - Human Biology <b>OR</b>  BIOL 207 - Human Physiology <b>OR</b>  BIOL 208 - Human Anatomy</p> <p>Summer, 2018 and beyond:  HSC 425 - Human Sexuality and Sex Education</p>
	5. Interpersonal Relationships	CDFS 312 - Family and Personal Development <b>AND</b> [CDFS 412 - Family Interaction <b>OR</b> CDFS 408: Transition to Parenthood]
	6. Family Resource Management	CAFF 321 - Family Consumer Resource Management
	7. Parent Education & Guidance	CDFS 418 - Parent Education
	8. Family Law & Public Policy	CDFS 402 - Child and Family Law
	9. Professional Ethics & Practice	FCSE 299 - Themes and Issues in Family and Consumer Sciences <b>AND</b> FCSE 499 - Professionalism & Leadership in Family & Consumer Sciences <b>AND</b> CDFS 419 - Family Life Education
	10. Family Life Education Methodology	CDFS 419 - Family Life Education
	Internship/Practicum (minimum 120 hours)	FCSE 492B - Internship in Family Life Education