

CFLE-Approved Program Checklist

Provisional Certified Family Life Educator (CFLE)

California State University - Sacramento/UG

BS and Certificate Program / Family Studies & Human Development

NCFR-approved program since 2/2005

Submit this checklist with all other materials required for the CFLE-approved program (abbreviated) application process. Find information and forms at:
<https://www.ncfr.org/cfle-approved-program>

Instructions: Confirm that the courses listed below appear on your transcript. For any course substitutions (maximum two), include course syllabi from the year you completed the course. Use the blank row at the bottom to indicate content area and course title.

✓	CFLE Content Area	CFLE-Approved Program (Abbreviated) Coursework
	1. Families & Individuals in Societal Contexts	FACS 050 - The Family and Social Issues
	2. Internal Dynamics of Families	FACS 150 - Family Stress and Coping: Multicultural Focus
	3. Human Growth & Dev across the Lifespan	FACS 052 - The Child and the Family AND FACS 152 - Adolescent Development AND FACS 159 - Adulthood/Aging in Human Development
	4. Human Sexuality	NURS 160 - Human Sexuality OR PSYC 134 - Psychology of Human Sexuality OR HLSC 134 - Understanding Human Sexuality
	5. Interpersonal Relationships	FACS 108 - Family Communication OR COMS 143 - Theories of Interpersonal Communication
	6. Family Resource Management	FACS 140 - Family Resource Management
	7. Parent Education & Guidance	FACS 154 - Issues in Parenting OR CHDV 130 - Parent Education
	8. Family Law & Public Policy	FACS 050 - The Family and Social Issues

	9. Professional Ethics & Practice	FACS 168 - Senior Seminar AND FACS 100- Research: Methods and Application Family and Consumer Sciences
	10. Family Life Education Methodology	FACS 155 - Family Life Education
	Internship/Practicum (minimum 120 hours)	<p><u>Prior to Summer, 2020:</u> FACS 195C - Internship (3 Units only)</p> <p>OR</p> <p>[FACS 162 – Family Support Services AND FACS 195C – Internship (2 or 3 Units)]</p> <p><u>Summer, 2020 and beyond:</u> [FACS 195C - Internship (3 Units only) OR FACS 195F – Practicum in Family Life Education]</p> <p>OR</p> <p>[FACS 162 – Family Support Services AND FACS 195C – Internship (2 or 3 Units)]</p>