

## CFLE-Approved Program Checklist

Provisional Certified Family Life Educator (CFLE)

## Central Washington University, Undergraduate

**B.S., Child Development and Family Science,  
Family Science Specialization**  
*NCFR-approved program since 7/2008*

Submit this checklist with all other materials required for the CFLE-approved program (abbreviated) application process. Find information and forms at:  
<https://www.ncfr.org/cfle-approved-program>

**Instructions:** Confirm that the courses listed below appear on your transcript. For any course substitutions (maximum two), include course syllabi from the year you completed the course. Use the blank row at the bottom to indicate content area and course title.

✓	CFLE Content Area	CFLE-Approved Program (Abbreviated) Coursework
	1. Families & Individuals in Societal Contexts	CDFS* 234 – Contemporary Families
	2. Internal Dynamics of Families	<b>Prior to Fall 2023:</b> FCL 320 - Theories of Family Dynamics  <b>Fall 2023 Onward:</b> CDFS/COM 403 – Family Communication
	3. Human Growth & Dev across the Lifespan	CDFS 232 - Child Development CDFS 339 - Adolescence and Emerging Adulthood CDFS 345 - Adult Development, Aging, and Family Life
	4. Human Sexuality	CDFS 237 – Human Sexuality
	5. Interpersonal Relationships	CDFS/PSY 235 – Relationships and Personal Development
	6. Family Resource Management	FCS 371 – Real World Finance
	7. Parent Education & Guidance	CDFS 236 – Parent Education and Guidance
	8. Family Law & Public Policy	CDFS 439 - Families and Public Policy

	9. Professional Ethics & Practice	CDFS 405 – Professional Obligations and Responsibilities
	10. Family Life Education Methodology	CDFS 433 – Family Life Education
	Internship/Practicum (minimum 120 hours)	CDFS 492 – Child Development and Family Science Practicum

\*FCL is also an approved prefix for these courses.