

**CFLE-Approved Program Checklist**  
 Provisional Certified Family Life Educator (CFLE)

**American Public University System, Undergraduate**  
**B.A., Human Development & Family Studies**  
*NCFR-approved program since 07/2008*

Submit this checklist with all other materials required for the CFLE-approved program (abbreviated) application process. Find information and forms at:  
<https://www.ncfr.org/cfle-approved-program>

**Instructions:** Confirm that the courses and internship/practicum experience listed below appear on your transcript by placing a checkmark in the box to the left of the content areas. For any course substitutions (maximum two), include course syllabi from the year you completed the course. Use the blank row at the bottom to indicate content area and course title.

✓	CFLE Content Area	CFLE-Approved Program (Abbreviated) Coursework
	1. Families & Individuals in Societal Contexts	CHFD 225 – Introduction to the American Family
	2. Internal Dynamics of Families	CHFD 348 – Marriage and the Family
	3. Human Growth & Dev across the Lifespan	CHFD 342 – Human Life Span Development
	4. Human Sexuality	CHFD 220 – Human Sexuality
	5. Interpersonal Relationships	CHFD 445 – Family Communication
	6. Family Resource Management	CHFD 360 – Family Resource Management
	7. Parent Education & Guidance	CHFD 331 – Parenting
	8. Family Law & Public Policy	CHFD 446 – Families and Social Action
	9. Professional Ethics & Practice	CHFD 446 – Families and Social Action <b>AND</b> CHFD 498 – Senior Seminar in Child and Family Development
	10. Family Life Education Methodology	CHFD 350 – Family Life Education

	<p>Internship/Practicum (minimum 120 hours)</p>	<p>APU does not offer an official internship course. Students wishing to pursue the CFLE designation must complete at least 120 hours of work experience in family life education. The work experience can be from paid employment, volunteer work, or a self-arranged internship. It must have been completed within the past <b>3 years</b>, and must be relevant to at least <b>one</b> of the ten FLE content areas.</p> <p>Applicants must submit a <b>Practicum Internship Substitution</b> form and an <b>Employer Assessment &amp; Verification</b> form. Contact Kathleen Mangeri (<a href="mailto:Kmangeri@apus.edu">Kmangeri@apus.edu</a>) for information on the documentation process.</p>