

## CFLE-Approved Program Checklist

Provisional Certified Family Life Educator (CFLE)

## Portland State University, Undergraduate

### B.A./B.S., Child, Youth, and Family Studies

*NCFR-approved program since 02/2009*

Submit this checklist with all other materials required for the CFLE-approved program (abbreviated) application process. Find information and forms at:  
<https://www.ncfr.org/cfle-approved-program>

**Instructions:** Confirm that the courses and internship/practicum experience listed below appear on your transcript by placing a checkmark in the box to the left of the content areas. For any course substitutions (maximum two), include course syllabi from the year you completed the course. Use the blank row at the bottom to indicate content area and course title.

✓	CFLE Content Area	CFLE-Approved Program (Abbreviated) Coursework
	1. Families & Individuals in Societal Contexts	<p><b>Prior to Summer 2024:</b>                      CFS 385U – Working with Diverse Families <b>OR</b>                      [CFS 488 – Structural Oppression <b>AND</b>                      CFS 391 – Family Theories]</p> <p><b>Summer 2024 onward:</b>                      CFS 391 – Family Theories <b>AND</b>                      [CFS 385U – Working with Diverse Families <b>OR</b>                      CFS 488 – Structural Oppression]</p>
	2. Internal Dynamics of Families	CFS 381U – Families, Stress & Change <b>AND</b> CFS 391 – Family Theories
	3. Human Growth & Dev across the Lifespan	PSY 311U - Human Development <b>OR</b> CFS 312U – Families in Life Course Perspective
	4. Human Sexuality	CFS 390U - Sex and the Family
	5. Interpersonal Relationships	CFS 487 – Examining Bias and Belief <b>AND</b> CFS 488 – Structural Oppression

	6. Family Resource Management	CFS 393U - Community Resources and Family Support <b><u>AND</u></b> CFS 381U – Families, Stress, & Change <b><u>AND</u></b> CFS 486 - Parent and Family Life Education
	7. Parent Education & Guidance	CFS 486 - Parent and Family Life Education <b><u>AND</u></b> CFS 410 – Parent Development
	8. Family Law & Public Policy	CFS 489 – Activism for Social Change <b><u>AND</u></b> CFS 492 – Family Law and Policy
	9. Professional Ethics & Practice	<p><b>Prior to Summer 2024:</b> CFS 487 – Examining Bias &amp; Belief <b><u>AND</u></b> CFS 495 – Professional Self: Identity <b><u>AND</u></b> CFS 496 – Professional Self: Integration</p> <p><b>Summer 2024 onward:</b> CFS 487 – Examining Bias &amp; Belief <b><u>AND</u></b> CFS 496 – Professional Self: Integration</p>
	10. Family Life Education Methodology	CFS 486 - Parent and Family Life Education <b><u>AND</u></b> CFS 493 – Professional Self: Ways of Knowing
	Internship/Practicum (minimum 120 hours)	CFS 497 – Practicum I <b><u>OR</u></b> CFS 498 – Practicum II