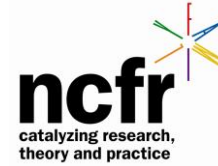


Sample Questions for the Certified Family Life Educator (CFLE) Exam



1. Whether an event is stressful depends on a family's

- (a) ethnicity
- (b) perception
- (c) life cycle stage
- (d) composition

FLE Content Area: II. *Internal Dynamics of Families*

(d) *Evaluate family dynamics in response to normative and non-normative stressors*

2. During adolescence, the human brain goes through a period of

- (a) pruning
- (b) dormancy
- (c) slowing down
- (d) ineffectiveness

FLE Content Area: III. *Human Growth and Development across the Life Span*

(a) *Identify developmental stages, transitions, tasks, & challenges throughout the lifespan*

3. In human reproduction, fertilization of the egg takes place in the

- (a) uterus
- (b) fallopian tube
- (c) vagina
- (d) ovary

FLE Content Area: IV. *Human Sexuality*

(a) *Recognize the biological aspects of human sexuality*

(2) *Reproductive Health*

4. A family in the launching stage of the life cycle may be experiencing

- (a) children entering college
- (b) an adjustment to pregnancy
- (c) energy depletion and lack of privacy
- (d) adaptations to the needs of preschool children

FLE Content Area: V. *Interpersonal Relationships*

(b) *Recognize the developmental stages of relationships*

5. Which of the following can help reduce the chances of credit mismanagement?

- (a) making the minimum credit card payment every month
- (b) maintaining at least four credit cards
- (c) paying off the credit card with the lowest APR first
- (d) keeping a list of credit card purchases

FLE Content Area: VI. *Family Resource Management*

(g) *Apply basic financial management tools and principles*

Key:

1)b, 2) a, 3)b, 4) a, 5)d