Family Life Education
Certification of Family Life Educators

- National Council on Family Relations (NCFR) sponsors the only program to certify family life educators.
Purpose

- The Academic Program Review recognizes schools offering undergraduate and/or graduate degree programs that include coursework that follows the Standards and Criteria needed for approval as a Provisional Certified Family Life Educator.
CFLE Standards and Criteria

• The Academic Program Review Committee of the National Council on Family Relations will approve programs that meet the CFLE Standards and Criteria.

• The CFLE Standards and Criteria are based on the Ten Family Life Content Areas.
Over 130 graduate and undergraduate programs have been approved as offering coursework that meets the CFLE Standards and Criteria.

Visit [www.ncfr.org](http://www.ncfr.org) for a complete list of approved programs.
Benefits of Academic Program Approval
Benefits of Program Approval

• Approval allows schools to offer their graduates the opportunity to apply for Provisional Certification using an abbreviated application process.

• Students receive comprehensive training in the ten content areas which make up family life education.
Benefits of Program Approval

continued

• Academic departments gain a competitive edge.

• As states, colleges and universities face budget cuts, department affiliations, accreditations, and designations are increasingly more beneficial.
Benefits of Program Approval

continued

• Students pay a reduced application fee ($110* vs. $190* for the CFLE Exam for Provisional Certification).

• Academic Program Review brings greater recognition to the profession of family life education and subsequently to family programs by defining standards.

• CFLE introduces family students and new professionals to NCFR, their professional home.

(* NCFR member rate)
“We feel that the CFLE Certification has increased our credibility and the desire for students to enter our program. We have been pleased with the support that we receive from NCFR as well as the professional opportunities it has afforded.”

Sylvia M. Asay, Ph.D., CFLE
University of Nebraska at Kearney
Family Life Content Areas

- Families and Individuals in Societal Contexts
- Internal Dynamics of Families
- Human Growth and Development across the Lifespan
- Human Sexuality
- Interpersonal Relationships
- Family Resource Management
- Parent Education and Guidance
- Family Law and Public Policy
- Professional Ethics and Practice
- Family Life Education Methodology
Individuals and Families in Societal Contexts

- Structures and functions
- Cultural variations
- Dating
- Courtship
- Marital choice
- Kinship
- Cross-cultural and minority families
- Changing gender roles
- Demographic trends
- Historical issues
- Work-family relationships
- Societal relations
Internal Dynamics of Families

- Internal social processes
- Communication
- Conflict management
- Normal family stresses
- Family crises
- Special needs in families
Human Growth & Development Across the Life Span

- Prenatal
- Infancy
- Early and Middle Childhood
- Adolescence
- Adulthood
- Later Adulthood
Human Sexuality

- Reproductive physiology
- Biological determinants
- Aspects of sexual involvement
- Sexual behaviors
- Sexual values and decision-making
- Family planning
- Sexual response
- Sexual dysfunction
- Influence on relationships
Interpersonal Relationships

- Self and others
- Communication skills
- Intimacy
- Love
- Romance
- Relating to others
Family Resource Management

- Goal-setting and decision-making
- Development and allocation of resources
- Social environment influences
- Life cycle and family structure influences
- Consumer issues and decisions
Parent Education & Guidance

- Parenting rights and responsibilities
- Parenting practices and processes
- Parent-child relationships
- Variation in parenting solutions
- Changing parenting roles over the life cycle
Family Law and Public Policy

- Family and the law
- Family and social services
- Family and education
- Family and the economy
- Family and religion
- Policy and the family
Professional Ethics & Practice

- Formation of values
- Diversity of values in pluralistic society
- Examining ideologies
- Social consequences of value choices
- Ethics and technological change
- Ethics of professional practice
Family Life Education Methodology

- Needs Assessment
- Planning and implementing
- Evaluation
- Education techniques
- Sensitivity to others
- Sensitivity to community concern
Internship/Practicum

- 2-3 credit field experience practicum/internship in family life education
- Minimum of 120 hours
• Application and renewal are made electronically with access codes supplied by the Academic Program Liaison.

• The Handbook for the application process can be downloaded from the NCFR website.
Requirements

- At least one CFLE faculty member on staff
- Institutional accreditation held by a regional accrediting association
- (MSA, NASC, NCA, NEASC, SACS, or WASC).
Application Contents

- A completed Application Form
- Program Description and Requirements (from catalog or bulletin)
- Completed worksheets for each content area
- Current course syllabi for all courses listed
- This information is submitted through an electronic portfolio process
- Academic Program Review Fee - $750 for each program.
Questions?

Deborah Gentry, Ed.D., CFLE
Debgmenty@ncfr.org
(309) 530-5690
Thank you for your time and consideration!