# On the Integration of Community and Cultural Engagement Experiences into Undergraduate Classes: Reflections and Lessons Learned

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## Overview of Three Projects

#### Patrick Cheek

 Scaffolding research, civic, and cross-cultural engagement assignments in undergraduate program curriculum

#### Jennifer Reinke

Three unique community engagement activities in the family science classroom

#### Catherine Solheim

• Rethinking learning abroad in a COVID environment

#### Overview and process:

- Program received internal grant Academic Programs of the Future (APOF) to revamp curriculum
- Goal was to redesign interdisciplinary Social Science major to incorporate research, cross-cultural, and civic engagement throughout the curriculum
- Involved remapping program checksheet, developing new courses, and updating course charters (e.g. PSY 100)
- Engagement is introductory/basic in lower-level courses but becomes more involved in upper-level courses

#### Goals:

- Students gain practical skills that give them comparative career advantage
- Develop deeper knowledge of subject matter
- Create networking and 'foot-in-the-door' opportunities
- Foster greater appreciation for diversity
- Increase self-efficacy

Social Science Capstone

Project Planning Course

Social Science Research Methods

Basic Research Methods

\*Intro to Psychology

#### Example:

- PSY 100: Psychology of X paper
- Integrate learning in course with subject of interest (e.g. homelessness, music, literacy, nicotine addiction)
- Spend at least a day doing an engagement experience
  - Online options
  - In-class solicitations
  - Social Science Clearinghouse

#### **Preliminary Findings:**

- Prelim data show students responding favorably
- Students are hesitant at first but feel accomplished after
- Improves understanding of the value of engagement
- Improves understanding of introductory psychology
- Students believe it will help improve job prospects

#### Barriers so far:

- Mainly sustainability issues
- Lack of institutional infrastructure
- Online options difficult to coordinate and verify (i.e. out-of-state students)
- Difficult to scale in large sections
- Difficult to support and get compliance from adjuncts
- COVID-19!

## Build Your Own Brochure Project

100-level couple relationships course

 Students work with a community partner of their choosing to develop a couple relationships brochure with "tips" for the couples the community partner serves

## Build Your Own Brochure Project

The B.Y.O.B. is comprised of ten steps. The following outlines the work of the student:

- 1. contact a potential community partner;
- 2. interview the potential community partner;
- 3. locate at least five peer-reviewed journal articles related to the topic;
- 4. write eight to ten tips that suggest things a couple can do to enhance their relationship based on the literature:
- 5. create the actual brochure;
- 6. share a rough draft with the community partner;
- 7. revise brochure given community partner and peer feedback;
- 8. complete a self-assessment;
- 9. present the final brochure in class and give a final copy to the community partner; and
- 10. write a reflection on their overall experience with the B.Y.O.B.

## Build Your Own Brochure Project

#### Examples:

- Investing in Your Relationship
  - Finance senior who partnered with a bank in his hometown; offered tips related to couple communication around money
- Keep Your Relationship Caffeinated
  - HDFS freshman who partnered with one of the local coffee shops; offered tips on how to keep the passion alive in a romantic relationship
- Parenting a Child with a Disability: Coping as a Couple
  - Vocational Rehabilitation sophomore who worked with the hospital she was already volunteering at

## Practice in Critical Cultural Competence

300-level cultural competence service-learning course

- Students participate in 25 hours of service-learning with one or more populations with which they do not culturally identify.
  - Food pantry
  - Assisted living facility
  - Domestic abuse shelter
  - Centers on campus
- Critical Reflection Journals
- Final Portfolio
  - Cultural Competence in Professional Development
  - Diversity Statement for Graduate School
  - Past, Present, and Future Cultural Competency Collages

## Making a Difference Project

400-level abuse and the family course

- Part I: Students write a series of five papers on a family violence-related topic
- Part II: Students develop a social action project in response to that topic
  - connecting with volunteer or advocacy opportunities at the state, local or national level; sending the newspaper an editorial letter;
  - sending a letter of support for a particular bill to a local representative;
  - o creating an informational presentation for a local high school or middle school;
  - creating a flyer or pamphlet for a local organization that works with family violence;
  - o posting flyers around the community with "pull tabs" for family violence resources
  - "welcome" kit for kids at a homeless shelter
- Part III: Connect the dots in a final Family Violence and Reflection paper

## Rethinking Learning Abroad in a COVID Environment

## Challenge and Opportunity

- COVID, COVID, COVID
- Need still exists
- Opportunity in the presence of challenge

## Rethinking Process

#### Thailand course:

- Thailand: Global Change, Communities, and Families
- Two-three week immersion experience in Thailand
- 3 credits offered in January or May

#### Minnesota-based course:

- SE Asia in the Twin Cities: Migration, Family Diversity, and Transnationalism
- Two-week intensive cross-cultural experience in Minneapolis/St. Paul
- 3 credits (?) offered during May Term

## Kept some elements of course; changed others

#### **Elements Kept:**

- Interdisciplinary, framed by social justice and human ecological lenses
- experience rich cultural traditions that shape family life

#### **Elements Changed:**

**Thailand:** examine global change that is occurring at the intersections among Thailand's natural environment, communities, families, and culture

**Minnesota:** examine how global change, migration, and immigration policy impacts transnational families with roots in SE Asia

## Changes continued

**Thailand:** interact with key community leaders, village leaders, elders, and students

**Minnesota**: interact with MN and Thai scholars and community leaders via Zoom or in-person

**Thailand:** develop a critical understanding of Thai culture and the contemporary issues faced by Thailand's families and communities

**Minnesota:** develop a critical understanding of the local-global nature of transnational SE Asian families in MN and how they are impacted by American contextual factors

## Tweaks to Learning Objectives

- LO1: Thailand course: Globalization impact on families is underlying contextual force
- **MN-based course:** Migration, transnational families, and acculturation impact on families is underlying contextual force

- LO 2: Thailand course: Multiculturalism expressed in families and communities in northern Thailand; Relationships of indigenous families and communities with dominant Thai culture; Threats to maintaining cultural traditions and language
- MN-based course: Multiculturalism expressed in families and communities in Minnesota;
   Relationships of immigrants families and communities with dominant white American culture; Threats to maintaining cultural traditions and language (including identity development); Current migration policy and practices (including deportation of Cambodian Americans) and impact on transnational SE Asia families

## Learning Objective Tweaks continued

LO 3: Thailand course: Make transnational connections between families in Thailand and Minnesota, specifically Hmong and Karen (due specifically to resettlement of refugees from SE Asia)

**MN-based course:** Make transnational connections between families in Minnesota and Southeast Asia due to migration, specifically refugee resettlement (Hmong, Karen from Burma, Laotian, Cambodian, Vietnamese)

**LO 4:** Both courses: Develop reflective and critical thinking skills through a writing journal to document; document learning about multicultural and transnational families and their own intercultural development through digital stories

## Next steps

- Syllabus draft (readings, specific local learning activities/speakers, tentative schedule)
- Budget development
- Multi-level course approval
  - Is this a College study abroad course (tuition waiver agreement in place) or department course?
- Recruitment

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### Thank you for watching!

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