

Parenting Profiles and Associations with Psychological Adjustment among Korean College Freshmen

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INTRODUCTION

- **Transition to college** introduces new developmental tasks and challenges for freshmen and their parents as new college students adjust to college life (Kerr et al., 2004).
- Parenting differs both across and within cultural contexts (Darling & Steinberg, 1993).
- The **purpose** of this study is to identify the latent profiles of parenting during the transition to college in Korea based on parenting styles.

METHOD

- Sample: 1,191 college freshmen in 2017
 - Korean Children and Youth Panel Study
 - Age: 19-21 yrs; Female 53%
- Measures
 - Four dimensions of parenting: Warmth, monitoring, over-expectation, and over-control (Huh, 2004)
 - Psychological adjustment: (1) Depressive symptoms: Subscale of the Symptom Checklist-90-Revision (Kim et al., 1984), (2) self-esteem (Rosenberg, 1965), and (3) life satisfaction (Kim et al., 2006)
- Analysis: Latent profile analysis using Mplus 8
 - Automatic 3-step procedure



We identified three parenting profiles: **Warm monitoring**, **warm helicopter**, and **average** based on **Korean college freshmen's** responses.

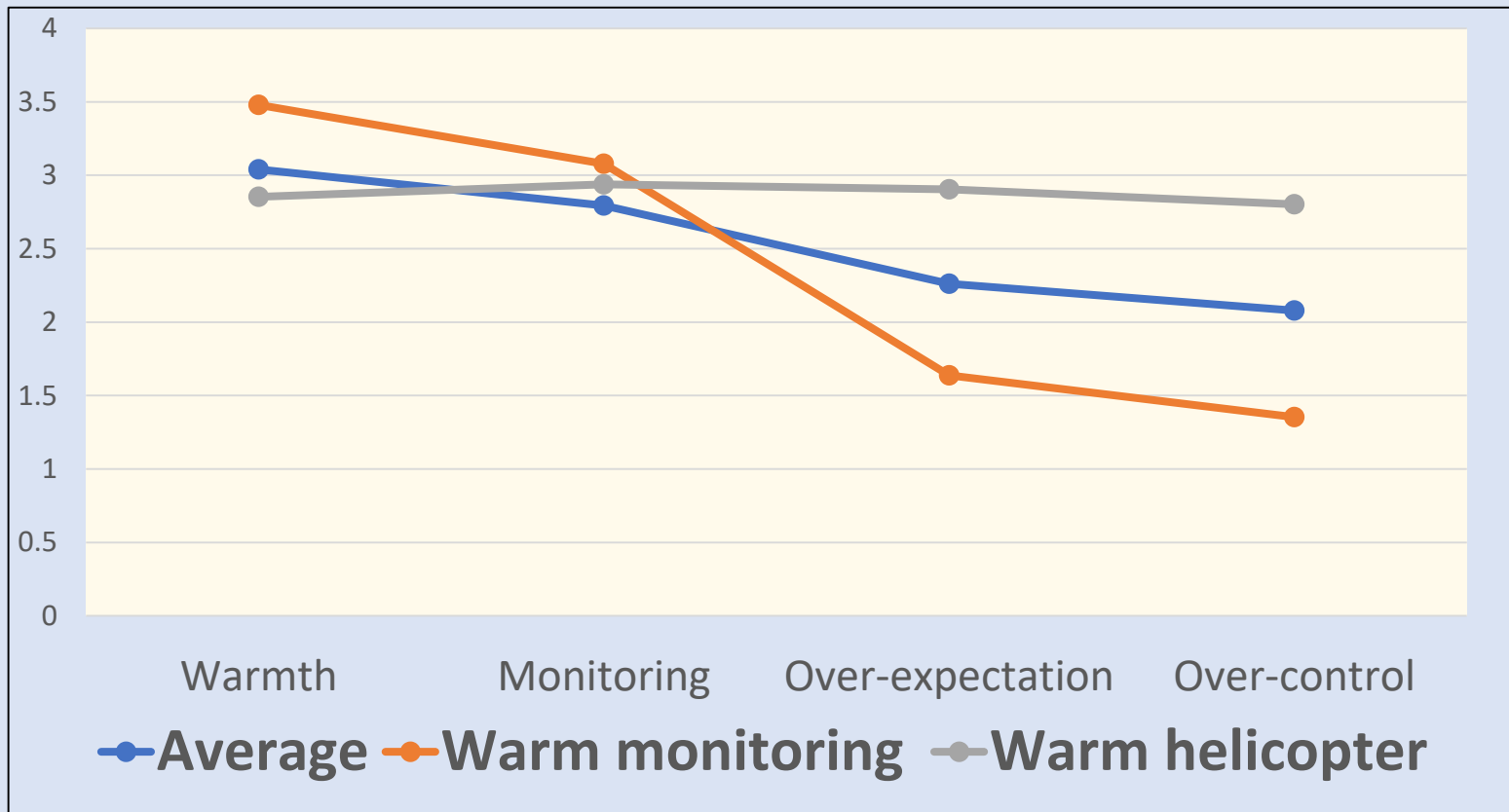


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RESULTS

- We identified three parenting profiles:
 - **Average (56.3%)**
 - **Warm monitoring (22.9%)**
 - **Warm helicopter (20.8%)**
- The “warm monitoring” group reported the best psychological outcomes.

Three Parenting Profiles Based on Korean College Freshmen's Report



Psychological Adjustment across the Three Parenting Profiles

	Profile 1. Average	Profile 2. Warm monitoring	Profile 3. Warm Helicopter	Total (N = 1,191)
	M (SE)	M (SE)	M (SE)	M (SE)
Depressive symptoms (1-4)	1.883 (.023) _b	1.509 (.043) _a	1.885 (.042) _b	1.800 (.530)
Self-esteem (1-4)	2.019 (.027) _b	1.339 (.039) _a	2.245 (.054) _c	1.918 (.674)
Life satisfaction (1-4)	2.814 (.022) _a	3.099 (.042) _b	2.775 (.047) _a	2.872 (.564)

Note. Subscript letters show the results of testing group differences in psychological adjustment using a three-step approach in Mplus.