



Headline News



- Understanding risk and resilience are key to promoting well-being among military families across all stages of the lifespan
 - Individual factors play a part in relation to well-being outcomes
 - E.g., stress tolerance
 - Social factors play a part in relation to well-being outcomes
 - E.g., School opportunities
- So how do we help?
 - Promote not only individual well-being but also military family well-being as a whole
 - Promote continued efforts in both intervention and prevention