

## American Indian Cultural Differences Test

- 1) Scalping was a common Indian practice. T or F
- 2) The political leaders of Indian Nations were known to their people as "Chief." T or F
- 3) Indians were primarily nomadic people. T or F
- 4) Prior to European invasion, cancer, syphilis, and tooth decay were virtually unknown on the North American continent. T or F
- 5) IHS stands for Indian Health Services. T or F
- 6) The Native American church worships mescalito, the spirit God of peyote. T or F.
- 7) A "snowsnake" is a reptile indigenous to cold climates. T or F
- 8) AIM refers to "Allied Indian Manufacturers." T or F
- 9) Of the 371 major treaties signed by the U.S. government and Indian Nations, 371 have been broken. T or F
- 10) Chicle, the chewy ingredient in bubble gum, was first introduced by Indians. T or F
- 11) The BIA (Bureau of Indian Affairs) was once a branch of the War Department. T or F
- 12) A "vision quest" involves the use of peyote as a rite of passage for Indian children. T or F

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## Historical Trauma Impact Factors

### Educational

Boarding schools

Military regimen

Family separation

Loss of language

Dehumanization

Authoritarianism

Denigration of way of

life and culture

Poor parenting skills

### Religious

Loss of unity of faith

Religious proliferation

Traditional rituals  
destroyed

Religious values  
denigrated

### Social

Highest rate of institutionalized  
children

Racial Prejudice

Loss of Tribal identity

Rural/urban dichotomy

Technology

Loss of land, rights/power

Legal problems

## The Power of Culture and Resiliency: Strength-based Assets

The Principle of Self-Reliance

The Principle of Non-Interference

The Principle of Non-Confrontation

The Principle of Diversity

The Principle of Respect for Elders

The Principle of Extended Family