

## Experiences of Trauma, Persecution, and Racism by Refugee Families

Vanja Lazarevic, San Diego State University

vlazarevic@mail.sdsu.edu

### Useful Websites and Online Reports

- American Psychological Association (2010). Resilience and Recovery after the War: Refugee children and families in the U.S. Washington, DC: Author. Retrieved from <https://www.apa.org/pubs/info/reports/refugees-full-report.pdf>
- APA Taskforce: Working with refugee children and families: Update for Mental Health Professionals. <https://www.apa.org/pubs/info/reports/refugees-health-professionals.pdf>
- Webinar series from the APA Division 56 (Trauma Psychology) <https://www.apatraumadivision.org/527/webinar-series.html>
- The United Nations Higher Commissioner on Refugees (UNHCR) <http://www.unhcr.org/en-us/figures-at-a-glance.html>
- Substance Abuse and Mental Health Service Administration (SAMHSA): Understanding Child Trauma <https://www.samhsa.gov/child-trauma/understanding-child-trauma>

### Journal Articles

Balkozar, A. (2017). Treating refugees from Syria and beyond: A moral and professional responsibility. *Journal of the American Academy of Child & Adolescent Psychiatry*, 56(10), 803-804. doi: <http://dx.doi.org.libproxy.sdsu.edu/10.1016/j.jaac.2017.07.785>

Betancourt, T. S., Abdi, S. Ito, B. S., Lilienthal, G. M., Agalab, N. Ellis, H. (2015). We left one war and came to another: Resource loss, acculturative stress, and caregiver–child relationships in Somali refugee families. *Cultural Diversity and Ethnic Minority Psychology*, 21(1), 114-125. doi: <http://dx.doi.org.libproxy.sdsu.edu/10.1037/a0037538>

Goodman, R. D., Vesely, C. K., Letiecq, B., & Cleaveland, C. L. (2017). Trauma and resilience among refugee and undocumented immigrant women. *Journal of Counseling & Development*, 95(3), 309-321. doi: <http://dx.doi.org.libproxy.sdsu.edu/10.1002/jcad.12145>

Lustig, S. L., Kia-Keating, M., Knight, W. G., Ellis, H., Kinzie, J. D., Keane, T., Saxe, G. N. (2004). Review of child and adolescent refugee mental health. *Journal of the American Academy of Child & Adolescent Psychiatry*, 43(1), 24-36. doi: <http://dx.doi.org.libproxy.sdsu.edu/10.1097/00004583-200401000-00012>

Pieloch, K. A., McCullough, M. B., & Marks, A. K. (2016). Resilience of children with refugee statuses: A research review. *Canadian Psychology*, 57 (4), 330-339. doi: <http://dx.doi.org.libproxy.sdsu.edu/10.1037/cap0000073>

Sangalang, C. C., Jager, J., & Harachi, T. W. Effects of maternal traumatic distress on family functioning and child mental health: An examination of Southeast Asian refugee families in the U.S. *Social Science & Medicine*, 184, 178-186. doi: <http://dx.doi.org.libproxy.sdsu.edu/10.1016/j.socscimed.2017.04.032>

Sangalang, C. C. & Vang, C. C. (2017). Intergenerational trauma in refugee families: A systematic review. *Journal of Immigrant and Minority Health*, 19(3), 745-754. doi: <http://dx.doi.org.libproxy.sdsu.edu/10.1007/s10903-016-0499-7>

### Videos

PBS Frontline documentary “Exodus” – “the epic, first-hand stories of refugees and migrants as they make dangerous journeys across 26 countries seeking safety and a better life.”

[http://www.pbs.org/wgbh/frontline/film/exodus/?utm\\_source=Video&utm\\_medium=Facebook&utm\\_content=Exodus](http://www.pbs.org/wgbh/frontline/film/exodus/?utm_source=Video&utm_medium=Facebook&utm_content=Exodus)