



The Oklahoma Council on Family Relations Annual Conference

Family Resilience and Hope in Times of Stress

April 16th, 2020

9:00–9:05 AM **Welcome and Introductory Remarks**
Dr. Laura Garrett, 2020 OkCFR President

9:05–10:05 AM **Keynote** – Dr. Abigail Gewirtz

10:05–10:15 AM **BREAK**

10:15–11:00 AM **Breakout Session 1** (Choose 1A or 1B)

1A Workshop:

Current Issues Young Children and Their Families Face in Health and Wellness– Janette C. Wetsel

OR

1B Paper Session:

- *Reports of the Perceived Effects of Pornography Use on Relational and Sexual Satisfaction*– Jordan Shuler, Matthew Brosi, Todd Spencer, & Daniel Hubler
- *The Utilization of I-messages to Facilitate Effective Co-parenting Communication* – Carli Wood, Matthew Brosi, Katey Masri, Ron Cox, & Shelby Sequira

11:00–11:15 AM **BREAK**

11:15AM–12:00 PM **Breakout Session 2** (Choose 2A or 2B)

2A Round Table:

- *Food Challenges and Stress*– Tawni Holmes
- *Public School-University Partnership to Expand Intergenerational Programming*- Glee Bertram, LaDonna Atkins, & Kaye Sears
- *Developing Strengthening Factors as a Path to Family Resilience*- Gwenda Sharp & Maureen Sharp

OR

2B Poster Session:

- *The Impact of Pornography on Relationship and Sexual Satisfaction: A Dyadic Study*- Salena King, Kayleigh Evans, & Brandon Burr
- *The effects of media use on relationship satisfaction in couples*– Hannah Handy, Bethany McRae, Kelsey Courts, & Brandon Burr
- *Impacts of Stress of Couple Relationships*- Alexia Converse, Darby Bracket, Hannah Flewig, & Dr. Brandon Burr
- *Recruitment Preferences for Relationship Education*- Brandon Burr & Nicole Traxler

12:00 PM–12:30 PM BREAK

12:30 PM–1:15 PM Breakout Session 3 (Choose 3A, or 3B)

3A Workshop: *The Impact of Family Environment and Parental Grief On Children’s Grief Reactions: A Family Perspective*– Bonnie Blauser

OR

3B Paper Session:

- *Reports of the Perceived Effects of Pornography Use on Relational and Sexual Satisfaction Ambiguous Loss, Role and Rule Ambiguity Amidst COVID-19*- Nadia Firdausya, Alex Bishop, & Matt Brosi.
- *Conducting Virtual Focus Groups During COVID-19: Lessons Learned and Future Uses*- Ben Jessell

1:15 PM–1:30 PM BREAK

1:30 PM–2:15 PM Breakout Session 4 (Choose 4A, 4B, or 4C)

4A Round Table

- *Still I Rise: Balancing the Roles of Professor, Wife, and Mother During a Global Pandemic*- Shannon Bert
- *Connecting to Families: How to Maintain a Successful Nonprofit*- Bobby Kern & Sarah Soeil
- *Romance and the Christian Challenge*- Jana Satzler & Brian Camp

OR

4B Workshop:

Current Issues Young Children and Their Families Face in Health and Wellness– Jannette C. Wetsel

OR

4C Poster Session:

- *Is There a Connection Between Relational Satisfaction and Communication and Child Attachment?*- Salena King, Kayleigh Evans, & Brandon Burr
- *Relationship Status, Relationship Length, and Relationship Education Attendance*– Bayli Robertson & Brandon Burr
- *The Importance of Connection During Times of Stress and Isolation*- Angela Knight & Alexandra Young
- *Differences in Attitudes Toward Social Support and Premarital Counseling by Relationship Status*- Jaden Murrin, Gabriella Bloomer, & Brandon Burr

2:15 PM–2:30 PM BREAK

2:30 PM–3:00 PM

Closing Remarks, Awards, Certificates of Attendance, and Evaluations

3:00 PM-3:45 PM OkCFR Board Meeting