

## IN THIS ISSUE

### *Family Focus: Promoting Mental Health*

Prolonged periods of crisis can have detrimental effects on the mental health of individuals at all stages of the life span. As we continue to emerge from the COVID-19 pandemic, the deterioration in the mental health of so many youth and adults has become evident. In this issue of *Family Focus*, the contributors provide perspective on the various mental health needs of children, youth, adults, and families and offer insight into strategies that can meet those needs.

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## 2022 NCFR Annual Conference

Nov. 16-19, 2022

*Light and Shadow: Shifting Perspectives and Families*

**Registration is open!**  
[org/ncfr-2022](http://ncfr-2022.org)

## Congratulations to Our 2022 Elected Officers!

Two NCFR members were elected this spring to the NCFR Board of Directors, and many more were voted into other NCFR leadership positions. Here are your incoming NCFR Board representatives, who will take office after the 2022 NCFR Annual Conference in November:

### *New Board Members*

**Kevin Roy, Ph.D.**, Member-at-Large

**Yan Ruth Xia, Ph.D., CFLE**, Member-at-Large



**Kevin Roy**



**Yan Ruth Xia**

Turn to page 8 to view other NCFR members who were elected to leadership positions within the organization. ✨

## Student Access Grant Accepting Applications

Submissions are now open for Students of Color to apply for the **NCFR Student Access Grant**. The purpose of this grant is to include People of Color in the discipline of Family Science. **The deadline to apply is Sept. 20, 2022.**

This grant will cover registration fees and a travel stipend for the **2022 NCFR Annual Conference**. Grantees new to NCFR will also receive a one-year NCFR membership. At least 4 students will receive grants in 2022.

Generous donations from NCFR members will continue to ensure the inclusion of more students from historically marginalized racial communities in the discipline of Family Science. **Make a donation today** and help NCFR continue to address systemic racism and open doors where racial and ethnic barriers exist. Thank you to everyone who has contributed and made this grant possible for the third year in a row!

**Apply or make a donation** at [ncfr.org/access-grant](http://ncfr.org/access-grant). ✨

## Mission Statement for NCFR Report

NCFR Report, the quarterly newsletter of the National Council on Family Relations, provides timely, useful information to help members succeed in their roles as researchers, educators, and practitioners. Articles address Family Science issues, programs, and trends, including association news.

**President:** Norma J. Bond Burgess

**Board Members:** Bethany L. Letiecq, Ruben P. Viramontez Anguiano, Jennifer L. Doty, Veronica R. Barrios, Lyndal Khaw, Soyoung Lee, Shelley M. MacDermid Wadsworth, Robert Reyes, Roudi Nazarinia Roy

**Executive Director:** Diane Cushman

**News Editor:** Trip Sullivan

**Family Focus Editor:**

Ted G. Futris, Ph.D., CFLE

## How to contribute to the Family Focus section:

The Family Focus section of *NCFR Report* is member-written. Articles accepted for publication will be edited using standard editorial practice, and given priority based on

- 1) relevance to the Family Focus theme,
- 2) brevity due to space limitations, and
- 3) how articles form a complementary collection.

For information and guidelines, contact the editor,

Ted G. Futris, Ph.D., CFLE at [reporteditor@ncfr.org](mailto:reporteditor@ncfr.org).

**The contents of articles represent the views of their author(s), which may not represent the position of the entire organization.**

## How to advertise in NCFR Report

To advertise in *NCFR Report*, please see the specifications and price list at [ncfr.org/about/advertise-ncfr/ncfr-report](http://ncfr.org/about/advertise-ncfr/ncfr-report). NCFR reserves the right to decline any paid advertising at our sole discretion.

Deadlines for each of the quarterly issues are:

Spring issue—Jan. 1

Summer issue—April 1

Fall issue—July 1

Winter issue—Oct. 1

Send advertisements to Trip Sullivan at [tripsullivan@ncfr.org](mailto:tripsullivan@ncfr.org). For all submissions, please supply an email address to allow readers to contact you.

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# Seeking NCFR Fellows!

Maureen A. Perry-Jenkins, Ph.D. and Jennifer L. Hardesty, Ph.D., Co-chairs of the NCFR Fellows Committee

Greetings, NCFR Members! The Fellows Committee is seeking nominations for the 2022 Fellows Awards. Please help us by nominating members who have made significant contributions to the organization and the field. Below is a description of what it means to be awarded Fellow status in NCFR, the Fellows Award criteria for selection to Fellow status, and the procedure for submitting nominations. The Fellows Committee would greatly appreciate your assistance.

## What Is Fellow Status in NCFR?

Fellow status in NCFR is an honor awarded to living members of NCFR on the basis of their outstanding contributions to Family Science. Nominations of all family researchers and professionals who have made contributions to the family field are encouraged. Among the recognized areas of contributions are scholarship, teaching, outreach, practice, and professional service, including service to NCFR. By definition, outstanding contributions are those that have broad impact on the field and are enduring over time.

## What Are the Criteria for Fellow Status?

- A. Nominees must have made outstanding contributions to the field and to NCFR as an organization. Satisfying a combination of these criteria is required. Examples of outstanding contributions include:
  1. Published, refereed scholarship that has shaped or reshaped the field of Family Science
  2. A history of innovation in practice or outreach that has transformed the field, such as the development and implementation of novel or significant interventions or programs designed to promote healthy family relations.
  3. Recognition of teaching excellence through awards and mentoring
  4. The development and implementation of innovative curricula for training professionals in the area of Family Science

5. The development and implementation of innovative social policy relevant to families
  6. A history of innovation and publication about the methods and measurement strategies used in related Family Science arenas
  7. Outstanding contributions to NCFR as an organization, which may include a history of organizing conference symposia, editing or guest editing NCFR journals, or developing nationally distributed products or curricula that bridge Family Science and practice
- B. Nominees must have at least 10 years of professional experience after the receipt of the appropriate graduate or professional degree.
  - C. Nominees must have held NCFR membership continuously for the past five years at the time of nomination.

## What Is the Procedure for Nominations?

- A. Nominees **must be nominated by another NCFR member.\***
- B. Nominees **must have the endorsement of two additional individuals**, one of whom must be an NCFR member,\*\* describing the outstanding nature of the nominee's contributions.
- C. In general, nominees should not be aware that they are being considered for fellow status. For this reason, the NCFR office will not contact candidates for fellow status at the time of their nominations.
- D. Unsuccessful nominees for Fellow status will not be considered eligible again until after a 3-year waiting period.

\*Nominations from NCFR members involved in the nominee's academic preparation (e.g., major adviser, administrative head of the program from which the nominee graduated) or who have possible conflicts of interest (e.g., partner or family member) will not be accepted.

\*\*Endorsements from NCFR members with a potential conflict of interest may be

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# To Seek Peace, We Must First Teach Kindness

Norma J. Bond Burgess, Ph.D., NCFR President, [norma.burgess@lipscomb.edu](mailto:norma.burgess@lipscomb.edu)

In September 2001, the United States experienced a terrorist attack unlike any other on this soil. Surprise, shock, and sadness characterized the feelings of most of the citizens who were directly impacted by the event. What should the U.S. response have been to this tragedy, to the loss of life and distress that quieted the nation's airways? The decision was made to go to war with Afghanistan, and this decision brought about many changes whose effects last day. These actions led the U.S. into conflictual engagement in Afghanistan and around the world for decades.

**I often think about the impact that social science researchers could have if they were asked prior to, during, and at the end of military campaigns and war.**

When wars are declared, the Monday-morning quarterbacks become excited and note "If we just could have . . ." We then collectively move forward from the perspective of those who are the warmongers. Those who are in opposition may speak their peace and make their desires known to little avail, lest we forget Vietnam. I often think about the impact that social science researchers could have if they were asked prior to, during, and at the end

of military campaigns and war. For example, "What impact will this have on children and families? On the innocent lives that have already been taken and their families? And on those who remain?" The current crisis in Ukraine shows such fallout. Certainly, many situations might have been different if Family Science researchers were first consulted.

As a nation we learned hard lessons from the war in Afghanistan, and yet many of those lessons still escape those who advocate for war in the world. When we watch the loss of lives and homes by force in countries abroad, it is also a painful reminder of a U.S. history littered with similar tragedies, among them the forced migration of Native Americans, African slavery, and Japanese internment camps.

The United States receives many refugee families from all over the world. Everyone's journey is different, but so many refugees come here after long stays, sometimes of many years, in camps abroad, having lost their home and without their family. Others come more immediately, and from conditions that are equally unimaginable for most of us in the United States. We have so much to learn from refugees and their experiences. There is their culture, their language, their foods—and eventually we learn about the suffering and trauma that lead people to seek refuge outside of their countries, often leaving everything behind. Trauma-informed therapies are on the

rise, and they can help us fully analyze the depth of suffering so we can understand its significance and the way it manifests.

Our nation stands tallest when we use the vast knowledge and skills that our scholars produce—skills needed to teach our students how to better understand situations. Yes, there will always be war. However, peace is a solution that we will seek when we begin the process of looking out for our fellow brothers and sisters. Somehow, thinking of others seems to take us much longer than it should. Even though we take a long broad view into the future, peace is not the first thing we seek as inhabitants of the earth.

As educators we examine what families need and reexamine our curricula, perhaps a deeper dive into *humanity* might show the necessity of kindness to one another; how we teach our children might improve the quality of our lives and theirs. Perhaps this is the key to success for generations to come.

Maybe showing kindness will elude the current generation, and they will repeat the same mistakes 25 years from now. If we do not know our history, we are destined to repeat it. There is hope, though, as the current generations prepare to take charge of the world. Peace, joy, love, and happiness could be the new theme in Family Life Education so that the best of what we have and know remains. ✨

*Fellows continued from page 2*

included with the nomination packet but cannot be used to satisfy the requirement for endorsement by an NCFR member.

For complete information, NCFR Fellow Status Policies and Procedures, nomination form and sample letter of endorsement, please go to <http://www.ncfr.org/awards/ncfr-fellow-status/how-become-ncfr-fellow>.

Please send your nomination materials to NCFR at [rosemaryjohnson@ncfr.org](mailto:rosemaryjohnson@ncfr.org). **The deadline for nominations is September 15, 2022.** We are building this special recognition to further the legacy of outstanding members of NCFR. Let us hear from you! Thank you very much for your consideration. ✨



# Advancing Family Science: Exploring & Understanding Professional Identities

*Diane Cushman, NCFR Executive Director, dianecushman@ncfr.org*

As work continues on NCFR's Advancing Family Science (AFS) Initiative—to strengthen the identity, visibility, and perceived value of the discipline of Family Science—feedback from NCFR members remains invaluable to help our staff and organizational leadership better understand how those in Family Science view different identities: their professional identities, the identities of their academic units, and the identity of Family Science itself.

In the years leading up to the AFS Initiative, current and past members indicated a clear need to further define, clarify, and promote the identity and value of Family Science. This has been and remains our primary focus. Digging deeper into the work, however, has helped us discover additional questions and needs that are important to consider.

In my spring *NCFR Report* column, I hinted at a new area of exploration related to identity: the relationship between the areas of Family Science and human development. The two are commonly paired in academic units, often written as “Human Development and Family Science” and familiarly called “HDFS.” As the AFS initiative progressed, some members asked about how NCFR represents and conveys HDFS and the connection between the two areas, especially given that the HDFS label is increasingly used in academic program names.

One of our initial activities to “take the pulse” on this topic was to talk about it with members. NCFR staff members, in small-group conversations, listened to a number of members give their perspectives, which were full of important and nuanced insights. As I write this, staff are still synthesizing the conversation themes and what they mean for next steps at NCFR. The following, however, are a few early takeaways:

- The two areas of Family Science and human development fit well together. In a

practical sense, it's difficult for one to exist without the other.

- Among academic institutions and individuals, we see nuanced perspectives on the structure and extent of the relationship between Family Science and human development.
- Both Family Science and human development are growing and evolving in their identities. Even as we refer to “human development” as a singular concept, we also understand that different perspectives exist on the identity of the human development field.

## Both Family Science and human development are growing and evolving in their identities.

- NCFR is in a position to take “ownership” of the Family Science discipline and serve as its professional home (our Global Ends direct us to advocate for the discipline and professions of Family Science). NCFR is not in a position to “own” human development in the same way.

From the member conversations, staff also recognized connections between the topic of identity and other important matters on NCFR's radar—the training of Family Science students and exploration of standards for academic programs, the hiring of faculty in Family Science and HDFS units, and pathways to academic leadership, to name a few.

Ultimately, we recognize the prevalence of “Human Development and Family Science” in professional labels and identities, as well as the importance of each area to the other. We intend for NCFR to show the connection between Family Science and human development in the work of the AFS Initiative while continuing to focus on lifting up Family Science's unique and important

contributions, which are still unknown to many people outside of Family Science.

The critical task is weaving together insights from our members to determine what NCFR can do next to best serve its members and the Family Science discipline. If you have perspectives you'd like to provide, please feel free to contact me directly at dianecushman@ncfr.org, or submit your feedback online at [ncfr.org/family-science-feedback](https://ncfr.org/family-science-feedback).

### New Content and Resources

I hope you found time this spring to explore how the new Advancing Family Science resources I introduced in my previous column can help you promote your identity as a scholar, professional, or student:

- “How to Explain Family Science to Anyone” is a thorough, yet easy-to-understand guide for developing your Family Science elevator pitch ([ncfr.org/family-science-elevator-pitch](https://ncfr.org/family-science-elevator-pitch)). Note that it lays the groundwork if your major or background is HDFS, as well.
- The online Toolkit to Promote Family Science—full of free graphics, posters, articles, and more to help you spread the word about Family Science—has already grown since its launch, now containing more than 90 items ([ncfr.org/family-science-toolkit](https://ncfr.org/family-science-toolkit)). Check back regularly for new material.

Since that column, we've also added new career-exploration content to our cache of resources: the on-demand webinar *How to Find a Career in Family Science*, and new profiles of members in different practice careers. Find all our resources for exploring Family Science careers at [ncfr.org/family-science-careers](https://ncfr.org/family-science-careers).

As always, I appreciate hearing your thoughts and ideas related to strengthening and promoting the Family Science discipline. Send your feedback anytime at [ncfr.org/family-science-feedback](https://ncfr.org/family-science-feedback). ✨



# Virtual Summit Designed Specifically for Family Life Educators— Supporting Practitioners Who Help and Strengthen Families

Dawn Cassidy, M.Ed., CFLE, Director of Family Life Education, [dawncassidy@ncfr.org](mailto:dawncassidy@ncfr.org)

As I try to absorb the pervasive dysfunction and cruelty in our world today, I find myself returning to my academic roots in psychology. I've always been intrigued by the motivations behind people's behaviors. I've mentioned in past articles the words of a CFLE who once said to me, "Dawn, it all comes down to unmet needs." When people behave badly, or act in ways that are not in their own best interest, I wonder, "What need is being met by this behavior?"

I believe that how we see and treat other people is often a reflection of how we see ourselves. The family is often where we develop our sense of self. The family is also where many people learn, or don't learn, much of what they need to

function effectively throughout their lives. Ideally, our family provides a positive and nurturing environment, and our role models demonstrate healthy and appropriate behaviors, but we know that this is often not the case.

**When people behave badly, or act in ways that are not in their own best interest, I wonder, what need is being met by this behavior?**

I recognize that there are many variables that influence how people and society function. It is not as simple as just ensuring that everyone

grows up in a healthy, nurturing environment (not that that is an easy thing to do). But it is certainly an important piece of the puzzle. I take solace in my belief in the effectiveness and importance of Family Life Education (FLE), both to prevent and minimize many societal problems and to provide individuals and families with the knowledge, skills, and tools they need for healthy family functioning.

Which is why I am so pleased that NCFR was able to host the **Second Family Life Education Virtual Summit on Friday, June 24**. This summit provided another opportunity for FLE practitioners to come together to share information about the important practice of FLE. The theme of this year's summit was *Evolving Best Practices in Family Life Education*. As with the first summit, the goal was to provide an opportunity for FLE practitioners to share information about the work they do directly with or for families. Additionally, collaboration between both practitioner presenters and those teaching about and doing research on FLE provided opportunities to increase the relevance of FLE research to practice and FLE practice to research. Submissions were encouraged to be grounded in theory or supported by research but also to reflect practical, lived experiences in providing FLE. The emphasis on incorporating creative presentation methods and interactive strategies for engaging participants reflects the desire to model best practices in FLE delivery.

The variety of topics and approaches included in the 2022 FLE Virtual Summit sessions (see sidebar) did an excellent job of reflecting the summit goals. The FLE Virtual Summit program also recognized the importance of taking some time to process the impact of the pandemic on both Family Life Education

*Virtual Summit continued on page 14*

## Sessions from the 2022 FLE Virtual Summit

**Keynote: Evolving Best Practices in Family Life Education amid the Pandemic's New Normal**

**When Words Fail: Working with Children and Families who have Experienced Trauma**

**Integrating Reflective Practice into Family Life Education Professional Identity**

**National Parenting Education Network (NPEN) Parenting Educator Competencies: Resource Documents for Professional and Paraprofessional Parenting Educators**

**Meeting Participants Where They Are: Novel Methods for Recruitment and Retention in Family Life Education**

**Reflective Dialogue Parent Education: Engaging Parents Through the Power of Video and Reflective Questioning**

**Trauma Informed Youth Mentoring Culturally Responsive Strategies to Increase Mental Health Awareness and Resources Among Immigrant and Refugee Youth and their Families**

**Can't We Write a Grant for That?**

**Practical Tools for Continuous Quality Improvement (CQI) of Family Life Education Programs**

**Utilizing Action-Oriented Methods to Systematically Implement a Couple Relationship Education Programs Across a State**

**Interventions to Mitigate Barriers to Mental Health Services Among Asian American Families**

Recordings of the entire 2022 Summit program are available for purchase including classroom and department license options. ✨



# Updates on NCFR's Educational Offerings

*Jennifer Crosswhite, Ph.D., CFLE, Director of Research and Policy Education, [jennifercrosswhite@ncfr.org](mailto:jennifercrosswhite@ncfr.org)*

I wear several hats as the director of research and policy education, and in that role, I collaborate with many amazing members in the creation and implementation of educational offerings. Dawn Cassidy, NCFR's director of Family Life Education has also been busy expanding virtual educational opportunities for Certified Family Life Educators (CFLEs) and other family practitioners, including the second annual virtual summit on June 24 (see page 5). We have so many great new and returning education programs this year that I wanted to highlight them in this column.

## 2022 Conference Local Programing

Now that we are headed back to an in-person conference, a Saturday local program is again being planned to build connections between local practitioners and researchers. Our first local initiative program was in 2019 under conference program chair Katia Paz Goldfarb, Ph.D. The idea of this program is to leave a positive impact in the conference host city, hear more from local practitioners to help inform research, and build connections between researchers and practitioners to enhance both research and practice. This program was set aside during the COVID pandemic, and we are excited to have it return in 2022.

Debra Berke, Ph.D., 2022 NCFR Conference Chair, determined the focus this year will be on youth and families; building connections between professionals who work directly with youth and their families, and researchers who study the same group. Working with a local arrangements committee to identify local agencies, we will invite 3-4 practitioners from the Minneapolis–Saint Paul metro to present during a special session at the 2022 NCFR Annual Conference on Saturday, Nov. 19, in Minneapolis. The goals of the program continue as was originally designed in 2019: Leave a positive impact on our host city by making connections between practitioners and researchers that will flourish into

collaborative relationships. We hope to learn from them more about their work to improve research that will in turn enhance programming.

We will extend an invitation to other local practitioners to join us for the Saturday event. The event will start with a meet-and-greet between practitioners and researchers whose area of expertise is youth and families. Participants will attend that day's plenary session with Derek Peterson who will discuss his work on creating strong supports for youth. After which, participants will attend

**We now offer more than 100 webinars available on demand, and are continually adding more online live events each year.**

the special session presented by the 3-4 invited local practitioners. After a 30-minute break, Derek Peterson will also lead a four-hour workshop on Saturday afternoon on creating a web of support for children and youth to increase their success in life. All in attendance are welcome to participate in any of these Saturday events.

## Webinars, Theory Thursdays, and More

NCFR online educational programming is growing! We now offer more than 100 webinars available on demand, and we are continually adding more online live events each year.

**Webinars:** Our webinar program began in 2013 with Dawn Cassidy offering a few webinars. Over the years, the webinar program has expanded—we now have a webinar coordinator and an education coordinator to run the program. We can now offer at least 18 webinars annually. Most of the 100+ on-demand webinars are free to members and CFLE, including all webinars that are a year past their live debut. Webinar topics include research methods

and statistics, skills development for Family Life Educators and other practitioners, and diversity, equity, and inclusion. We have also seen an increase in the webinars being purchased for use in the classroom ([ncfr.org/form/classroom-use-request](http://ncfr.org/form/classroom-use-request)). I encourage you to examine our webinar programs—perhaps some will be a great classroom resource for you!

A new webinar series of note is the Quantitative Methods Webinar Series ([ncfr.org/quantitative-methods](http://ncfr.org/quantitative-methods)). Traditionally, courses that teach statistics cover multiple methods at a fast pace. These classes may or may not be held within a Family Science program potentially reducing the understanding of the concepts being taught for Family Scientists. Additional obstacles could be faced such as learning methods in multiple statistical programs that an individual may no longer have access to, or a delay in using the method in one's own research project, reducing the recollection of concepts learned.

This multi-year research webinar series—organized by Isaac Washburn, Ph.D., at Oklahoma State University—is focused on teaching and applying quantitative methods regardless of one's level of expertise. Foundational topics were covered first (i.e., probability, t-tests, odds ratio, and ANOVA), followed by advanced topics such as Survival Analysis and the four-part series on regressions ([ncfr.org/quantitative-methods](http://ncfr.org/quantitative-methods)). Materials and directions are included that allow one to practice the method in various statistical programs (e.g., STATA, MPlus, SPSS) both during and after the webinar. Stay tuned as more quantitative webinars will be released through 2023.

**Theory Thursdays.** One silver lining of the COVID pandemic is that society, NCFR members, and NCFR staff learned we could do more virtually. One outcome of this revelation is the conception of Theory Thursdays hosted by NCFR members

involved in the Theory Construction and Research Methodology (TCRM) workshop. Two highly involved members, Kari Adamsons, Ph.D., and Daniel Puhlman, Ph.D., host the free interactive conversations that focus on a specific theoretical model during each conversation and explore innovative uses of the theory in research and scholarship. To date, a large number of attendees have discussed symbolic interactionism, family systems theory, critical race theory, and Bronfenbrenner's ecosystemic Theory. Recordings ([nconf.org/tcrm/theory-thursdays](https://nconf.org/tcrm/theory-thursdays)) are available for these past conversations. I encourage you to listen and participate in future conversations.

**CFLE Conversations** was launched in 2021 as a new benefit for CFLEs (Certified Family Life Educator). The one-hour online networking sessions provide an opportunity

for CFLEs who work in specific areas to connect with each other. Each session—facilitated by an active CFLE—discuss challenges and successes and share ideas, tips, and advice with each other. These events are free to all current CFLEs. Please see [nconf.org/cfle-conversations](https://nconf.org/cfle-conversations) to learn about future CFLE conversations.

### Family Life Education Summit

The Family Life Education Summit (<https://www.nconf.org/fle-2022>) is a virtual event that began in 2021. The summit provides an opportunity for both experienced and new family practitioners to come together to share information and insights into this important practice. Read Dawn Cassidy's article on the success of the first summit to learn more ([nconf.org/directions-fall-2021](https://nconf.org/directions-fall-2021)). The CFLE Advisory Board played a significant role in planning and implementing the summit.

Cassidy wrote further about the 2021 event in an update about the second CFLE summit being organized for June 25, 2022 ([nconf.org/directions-spring-2022](https://nconf.org/directions-spring-2022)). The second summit is yet to occur at the time of this writing, but I am quite positive we will hear about the huge success the 2022 summit was in the future.

The pandemic has been interesting, to say the least, but NCFR members and staff found a way to enhance virtual opportunities for you, the NCFR members. I hope that you are finding value in these continued and new educational offers. NCFR staff are always considering new educational opportunities and would love to hear your ideas. Feel free to email me, Jennifer Crosswhite at [jennifercrosswhite@nconf.edu](mailto:jennifercrosswhite@nconf.edu), with any educational ideas. You, the members, make this organization great! Thank you for all your leadership and ideas. ✨

## Welcome to the Newest Members of NCFR

Please join us in welcoming these members who joined between Jan. 1 and March 31, 2022.

Katie Marie Anderson	Christina DeHaan DeHaan	Milagro D. Guardado	Ginger Lockhart
Lauren Andrus	Sarah E. DeMartini	Asia Shontay Guest	Tiyobista Maereg
Linda M. Angelillo	Claudia DeShay	Julianna Hair	Brianna Magnusson
Kyle Armon	Tia Dickerson	Danielle Sara Halle	Mamdouh Moustafa Mahmoud
Mairama Mbango Awudu Ngenge	Elizabeth Donnelly	Melissa RoseJoy Hinrichs	Ashlyn Marcotte
Olivia Rose Ayon	Deborah D. Drain	Sunghee Hong	Melissa Martineau
Logan Bales	Dominique Egbers	Thomas Ray Hopkins	Aniela Matei
Emily Beard	Brady Eisert	Lindsay A. Howard	Mallory McCrea
Tiffany Ann Burnette	Glen H. Elder	Crystal Dawn Hymas	Brian McKay
Tanya Calendo	Katrina Renee Ellis	Kallie Jackson	Morgan McManus
Jeremy Casey	Kimberly Eshleman	Jennifer Jacob	Haley Miranda
Natali Castillo Rodriguez	Sadara Fields	Autumn Ann Johns	Lily Grace Montgomery
Natalie Brooke Chandler	Heather Genee'a Ford	Rachel Katherine Jones	Dawne Mouzon
Ruthny Charles	Leilani Foulk	Samir Z. Kello	Evdoxia Mpras
Madison Claire Christensen	Heather Fuller	Greg Kovacs	Kelly Ngigi
Rebecca Cluev	Catherine Rogers Gaspar	Keelea Shaye Kromer	Renice Obure
Everette Coffman	Marie George	Emmanuel LaPorte, Sr.	Abigail Margaret O'Leary
Veronica Connard-Austin	Michelle Gerlach	Rachel Elaine Lauver	Merin Oleschuk
Casey Anne Cunningham	Aubrey Goode	Grace Katherine Leonard	Jaelen Owens
Sybil Cutler	Tara Green	Lambert Zixin Li	
	Katy Gregg	Benjamin Little	

*New Members continued on page 8*

## Meet Our 2022 Elected Officers

*continued from page 1*

The membership of the National Council on Family Relations voted in February 2022 and elected the following officers to take office beginning in November 2022, following the annual conference. Thank you to everyone who voted, and congratulations to these members!

### National Officers

#### NCFR Board of Directors

**Kevin Roy, Ph.D.**, Member-at-Large

Dr. Roy is professor of Family Science at the University of Maryland College Park School of Public Health. He is recognized as an expert in the field of fatherhood research, with two decades of experience working with low-income families and community-based parenting programs. His research focuses on the life course of young men on the margins of kin networks and the workforce, as they transition into adulthood and fatherhood.

At NCFR, Dr. Roy has served as chair of the Elections Council, chair of the Theory Construction and Research Methodology Workshop, and held offices in several other member groups. He is the 1999 recipient of the Margaret Feldman Policy Award. Dr. Roy served as a deputy editor for the *Journal of Marriage and Family (JMF)* and has published over 50 articles and chapters, in *JMF* and other leading Family Science journals.

Dr. Roy is a current editor for the new *Sourcebook on Family Theories and Methodologies (2022)*. His book *Nurturing dads: Social initiatives for contemporary fathering* in the ASA Rose Series was published by Russell Sage Foundation Press in 2012. He received degrees in Human Development & Social Policy at Northwestern University (PhD 1999, MS, 1995) and in International Affairs with a focus on Soviet Studies at Georgetown University (BSFS, 1988).

“My research and practice have found a home at NCFR, where I have worked to expand the discipline of Family Science and to support equity, inclusion, and leadership among underrepresented scholars. I will continue to build a unique coalition of membership, board, and administration, with strengths in research, practice, and policy to confront urgent challenges within our own divided communities. As a board member-at-large, I will nurture a shared commitment to promote the health and well-being of all families.”

**Yan Ruth Xia, Ph.D., CFLE**, Member-at-Large

Dr. Xia is a professor in the Department of Child, Youth and Family Studies, University of Nebraska-Lincoln. Her research focuses on youth and families during socioeconomic transition and family migration, and she has

passions for research, teaching, and outreach to advance the well-being of families.

Dr. Xia is a Certified Family Life Educator (CFLE), earned her doctorate in Family Science from the University of Nebraska-Lincoln. She teaches courses in Family Intervention and Fieldwork, Human Development and the Family, Child and Family Policy, Immigrant Families and Program Design and Evaluation in Human Services. Dr. Xia is the author of her own book, *Chinese Adolescents in Social Transition*, and is the author or co-author of many book chapters and journal articles of her own research.

NCFR has been Dr. Xia’s professional home for 25 years. She has served as a member of the Inclusion and Diversity Committee and the CFLE Exam committee, chair for International Section, and inaugurating mentor of the NCFR Mentoring Academy. She is the 2017 recipient of NCFR’s Felix Berardo Scholarship Award for Mentoring; the 2017 Outstanding Service Award; and the 2020 Jan Trost Award for International Family Studies.

“I love working with communities. I am committed to helping achieve NCFR mission, promoting Family Science, and supporting NCFR members through collaboration and innovation.”

*Elected Officers continued on page 9*

### *New Members continued from page 7*

Lauren Parsons

Claire Pendleton

Holly Marie Peters

Kimberly K. Peterson

Lucy Olivia Phipps

Annette Pic

Natalie Porter

Brad Price

Hollis Cailyn Ratliff

Kate C. Riera

Ivy Grace Rogers

Kindall Ross

Megan H Ryan

Allison Sawatsky

Taylor Rose Schmidt

Elyse Schurg

Cynthia Jackson Small

Jessica Hannah Smith

Brittany Stahnke Joy

Angelica Steele

Kayla Stinson

George Brandon Swann

Shomarri Nevai Taylor

Amanda L. Thompson

Patricia Tulloch

Brittini N. Van

Elena van Stee

Bethany Van Vleet

Diane Walker

Hannah Leigh Whalen

Kailey White

Gabrielle F. Wilkinson

Ronee E. Wilson

Kiersten Wilson

Tina D. Winn

Brianna Jane Wisotzke

Weiman Xu

Katie F. Yokubaitis

# 2021 ELECTED OFFICERS

*Elected Officers* continued from page 8

## Fellows Committee Member-at-Large

Kimberly Updegraff, Ph.D.  
Catherine Solheim, Ph.D.

## Inclusion and Diversity Committee Member-at-Large

Yolanda T. Mitchell, Ph.D.  
Deadric T. Williams, Ph.D.

## Elections Council Member-at-Large

Sarai Coba-Rodriguez, Ph.D., CFLE  
Megan Haselschwerdt, Ph.D.

## Students and New Professionals Program Representative (2022-2024)

Allen B. Mallory, Ph.D.

## Section Officers (2022-2024)

### Advancing Family Science Section

Jaimee L. Hartenstein, Ph.D., CFLE, Chair-elect  
Robin G. Yaure, Ph.D., Secretary/Treasurer  
Seonghee Hong, M.A., Students and New Professionals Representative



Kimberly Updegraff



Catherine Solheim



Yolanda T. Mitchell



Deadric T. Williams

## Families and Health Section

Daphne C. Hernandez, Ph.D., M.S.Ed, FAAHB, Chair-elect

Ali Hurtado, Ph.D., Secretary/Treasurer

Rebecca Renegar, M.S., CFLE, Students and New Professionals Representative

Alison Chrisler, Ph.D., Communications Specialist



Sarai Coba-Rodriguez



Megan Haselschwerdt



Allen B. Mallory

## Family and Community Education Section

Sarah Kuborn, Ph.D., CFLE, Chair-elect  
Katie Gerst, Ph.D., CFLE, Secretary/Treasurer  
Shelby Astle, M.S., CFLE, Students and New Professionals Representative

## Family Therapy Section

Alyssa Banford Witting, Ph.D., Chair-elect  
Carissa D'Aniello, Ph.D., Secretary/Treasurer  
Josh Boe, Ph.D., Students and New Professionals Representative

## Racial and Ethnic Diversity in Families Section

Denzel L. Jones, Ph.D., Chair-elect  
Renée Wilkins-Clark, M.S., CFLE, Students and New Professionals Co-Representative  
Briana Lanier Daniels, M.A., Students and New Professionals Co-Representative  
Chang Su-Russell, Ph.D., CFLE, Communications Specialist ✨

## Thank You, NCFR Donors

Donations made to NCFR from Jan. 1 to March 31, 2022.

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# Addressing Mental Health Needs Through Prevention & Intervention

## Member Q&A With Alexander Chan



Alexander Chan

*Family Science Impact* highlights how NCFR members are making a difference through their Family Science work and showcases their career journeys. See more about the many careers and professions of Family Science at [nconf.org/family-science-careers](https://nconf.org/family-science-careers)

**Name:**

Alexander Chan, Ph.D., LMFT

**Job Titles:**

- Extension Specialist, University of Maryland Extension
- Marriage and Family Therapist, The Sibley Group DC

**Tell us a bit about your current work and why it's important.**

In my role as an Extension specialist, I develop and implement programs for the community related to mental health issues. I learn from community stakeholders what the population around them is asking for or needs, then I think about the kinds of public educational programs I could create to meet that need: who to involve, whether to work with other Extension areas (such as agriculture or 4-H youth development), what materials we can generate, and more. The work is always research based.

My Extension role can address many topics. During the COVID-19 pandemic, common topics have included grief and loss, family communication, and general stress management. Much of my recent work has been around mental health needs in the farming community (visit [go.umd.edu/farmfamily](https://go.umd.edu/farmfamily)). We've also created programs that address mental health stigma, including showing individuals how they can overcome their own barriers to seeking help.

Extension represents the prevention side of my work, whereas marriage and family therapy is the intervention side. I like that I can occupy both roles—my Extension work is wide reaching and provides skills to prevent additional mental health challenges, while as a therapist, I work with clients on a more personal basis to help them overcome the specific issues they're facing. The roles also feed into one another. I may use an educational intervention I developed with my therapy clients and translate a lesson from clinical practice into something digestible via a public educational program.

**What was your path to your current role? What shaped or influenced that path?**

My original plan was to get a master's degree in marriage and family therapy and work as a clinician. I learned early in graduate school about Extension and thought it was interesting, and I was convinced by faculty to stay for the Human Development and Family Science (HDFS) Ph.D. program.

It was the right choice because I determined that I didn't want to do therapy full time. In the Ph.D. program, I was able to explore different academic paths, working in a research lab, teaching undergraduate courses, and doing Extension work. The Extension work was my final experience and ultimately the best fit for me. I liked delivering programs in the community backed by the science I had studied, and I preferred applied research to basic research.

I was hired as a 4-H youth development educator with University of Maryland Extension, and I had planned to stay in that role. But then my current mental health specialist role was created early in

the pandemic, and it was a dream job for me—my specific expertise combined with outreach and Extension work. I couldn't say no; I applied and got the job.

All the while, I've maintained my clinical licensure for marriage and family therapy and have continued to see clients.

While the path to Extension was winding, I'm very happy about where I've ended up. It's such a specific match to my personality, interests, and the skills I developed in graduate school.

**How do you use Family Science knowledge or skills in your current work?**

Family Science is critical to being a marriage and family therapist. You're drawing on knowledge about families and the stressors they face and how to look at things from a systems perspective. Other clinicians may have that lens but not to the extent of someone trained in Family Science; that makes me valuable to my therapy colleagues.

In Extension and education pertaining to mental health, people often talk about individual skill building. My HDFS background taught me to think about multiple ecological levels—individual, family, and community. Our HDFS courses drew from many disciplines, and that integrative perspective has helped me think beyond my mental health expertise and be open to collaborations.

For example, recently I presented a workshop to a group of farmers about family communication and estate planning for farm succession in collaboration with a legal specialist in agricultural resource economics. I started with a primer about bringing up

these conversations effectively, and my collaborator presented the complex legal issues. That integration is really helpful.

### What is most rewarding or makes you proudest about the impact of your work?

In Extension, it takes a long time to build a foundational network of community partners. What makes me proud is when, over time, people remember and call on you because you're a trustworthy, impartial source of good information that enhances their lives. And you're in Extension, so it's free or very cheap. You're reliable, accessible, and approachable.

A good example is that I've presented numerous times to medical staff through a program addressing stress and burnout in the medical community. I started with the grief topic, and because of the response, they've continued to invite me back. I'm able to get directly to the people who need the information, and I'm also indirectly helping the patients they serve.

In therapy, the relationship-building component is also rewarding. Sometimes it's not a specific intervention that creates the greatest change but the long-term development of a safe relationship where someone can explore and develop their own ways of managing problems.

### What do you wish you would have known along your education or career path?

While I wish I had learned about Extension earlier, having experiences in other areas ultimately made me stronger. I've learned that I needed to experience things and that it's OK to learn by doing. You don't have to be on a particular timeline. While there is pressure to finish your degree in a certain amount of time—and I wouldn't suggest languishing for years—it's OK to need more time to explore.

### What do you want the world to know about your work or Family Science?

Family Science generates unbiased information because it's based on decades of observation. People should trust the knowledge that Family Science researchers generate, and the practice work done by people like family therapists and Extension professionals.

Sometimes people want to assert that their instinctive knowledge about families is superior to the decades of work of Family Scientists. I want the world to know that many Family Scientists spend their whole lives looking closely at family issues. Family Scientists are scientists with heart, and their goal is to support healthy, thriving families. Their work, focusing on relationships and family systems in an integrative way, leads to more nuanced and complete views of issues that affect families in society. ✨

## Congratulations to NCFR's Honors Graduates for Spring 2022

NCFR awarded honors to 28 college and university students who completed their academic programs in spring 2022. Thank you to our members who reviewed applications!

**NCFR Honors Student Recognition** is awarded to students who demonstrate outstanding achievements in academics, leadership, and community service in the discipline of Family Science.

Graduating soon? The deadline to apply for honors for fall 2022 graduates is Oct. 1.

### Spring 2022 Recipients

#### Auburn University

Menglin Wei

#### Florida State University

Kasey Longley

#### Indiana State University

Danielle Halle

Olivia Rose Ayon

#### Iowa State University

Maya Bartel

Alison C. White

#### Johnson University

Thomas Ray Hopkins

#### McNeese State University

Julianna Hair

Thmyra Gregglyn Pattum

Baylor Willett

Katie Frances Yokubaitis

#### Messiah University

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Lily Grace Montgomery

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#### Mississippi University for Women

Benjamin V. Little

#### Samford University

Anna Jones

Lucy Olivia Phipps

#### Texas Tech University

Yufei Wu

#### University of Central Oklahoma

Hannah K. Handy

#### University of Minnesota - Twin Cities

Sloan Okrey Anderson

Anne Williams-Wengerd

#### University of North Carolina at Greensboro

Indya Alyssa Walker

#### University of Southern Mississippi

Charity Green

#### University of Wisconsin - Stout

Taylor Schmidt

#### Virginia Tech

Evdoxia Michael Mpras

Abigail O'Leary

#### Weber State

Mellissa RoseJoy Hinrichs ✨

## NCFR's Feminism Section Updates Its Name to Include 'Family Science'



The National Council on Family Relations (NCFR) section devoted to feminism has updated its name from *Feminism and Family Studies* to **Feminism and Family Science**. The section members held a vote during the 2022 section elections.

NCFR members have the opportunity to connect and communicate through its 10 sections, each formed around professional interest topics. Section participation provides opportunities for conference participation, leadership and service, awards, and more. NCFR members may add sections to their membership at any time by visiting <https://my.ncfr.org>.

The Feminism and Family Science (FFS) section works to integrate feminist

scholarship and perspectives into theory, research, and applied work with families. Two awards in honor of Jessie Bernard are presented annually to students and new professional NCFR members.

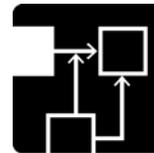
This name change reflects NCFR's initiative to support the name and disciplinary identity of *Family Science* for the scientific study of families and close interpersonal relationships. More than 150 academic degrees and departments use the Family Science name for their curricula because it is the clearest and most accurate label for this discipline.

Using the term 'Family Science' expands visibility of programs among prospective

students, their families, and other institutions. It increases credibility by demonstrating support of a proven scientific discipline that has developed a rigorous base of scholarly knowledge and an evidence-based foundation for graduates in their careers. It also allows faculty and graduates to adopt a respected professional identity of Family Scientist, and to make an even greater impact in their work by uniting under the Family Science umbrella. \*

*If your department is considering a name change, NCFR has sample documents and resources available for you that other schools have successfully used. Visit [ncfr.org/fs-name-change-form](https://ncfr.org/fs-name-change-form).*

## Present Your Late-Breaking Research at NCFR 2022



NCFR's Research and Theory (RT) Section is excited to announce that we will be hosting a **late-breaking poster session** during the 2022 NCFR Annual Conference RT Section meeting. This session will be reserved for high-quality research findings that were not available at the time of the general March 1 proposal submission deadline.

**Submissions are due on Thursday, Sept. 1** via email to Dr. Beth Russell, Chair of RT ([beth.russell@uconn.edu](mailto:beth.russell@uconn.edu)).

Submissions must include the following: a title; 2-3 keywords; a 250-word proposal that emphasizes research methods

and findings; a 250-word statement of timeliness of the proposal (e.g., why the proposal was not submitted during the traditional NCFR submission period); and author information (names, affiliations, email addresses).

Proposals will be rigorously peer-reviewed by the RT Section executive team and **a select number** will be invited to present during the section meeting. Lead authors of proposals will be notified with selection decisions by Oct. 1, 2022.

We welcome submissions from **all family scholars. You do not need to be an NCFR member or RT Section member to submit.** Our goal is to ensure the timely dissemination of cutting-edge family-based research. Please contact Dr. Beth Russell if you have questions. \*

## Letters to the Editor

You may submit letters to the editor to *NCFR Report* on topics and activities relevant to NCFR member interests. The following guidelines apply:

- Only letters submitted by members will be accepted.
- Length is limited to 250 words; letters may be edited for space and clarity.
- Letters must be signed and include author contact information; submissions are verified.
- Letters that are deemed libelous, malicious, or otherwise inappropriate will not be published.

**Email letters to the editor to:**

[tripsullivan@ncfr.org](mailto:tripsullivan@ncfr.org)

**Or mail to:**

NCFR

Attn: NCFR Report

661 LaSalle Street, Suite 200

St. Paul, MN 55114

## Racial and Ethnic Diversity in Families



Kayley Davis McMahan, Ph.D., Communications Specialist, [kdmcmahan@utk.edu](mailto:kdmcmahan@utk.edu)

Greetings REDF Members,

We hope that this correspondence finds you well. We wanted to update you on a few things:

- Currently we are working hard to prepare for NCFR 2022 (Nov. 16-19, 2022, Minneapolis, MN, at the Hilton Minneapolis). We hope to see you there!
- As it relates to the conference, we are planning to hold another mentoring session during our Oral History Session, like we did way back in 2019 in Fort Worth (see below for the topics from that session).
- We continue to work on ways to enhance the preservation of the section's history and culture. Please stay tuned for more information in future correspondence.
- We are planning a T-shirt fundraiser to celebrate our coming back together and to raise funds for the section. At the end of the summer, keep an eye out for information on how to order your T-shirt so that you can have it well before the conference.
- We will have a special election this summer for the position of Secretary/Treasurer.

Thanks for your attention. Have a wonderful rest of your summer, and we hope to see you in a few short months.

Sincerely,

REDF Leadership Team

Anthony James, Chair (2020–2022)

Shardé McNeil Smith, Chair-elect (2020–2022)

Sarai Coba-Rodriguez, CFLE, Secretary/  
Treasurer (2020–2022)

Sadguna Anasuri, CFLE, Communication  
Specialist (2020–2022)

Ijeoma Opara, Students & New Professionals  
Representative (2020–2022)

Lorena Aceves, Students & New Professionals  
Representative (2020–2022)

Yolanda Mitchell, Past Chair (2020–2022)

### Topics From Fort Worth

#### 1. Being intentional with your time in graduate school

This discussion is designed for beginning graduate students. As a graduate student, it can be difficult to decide which activities are most helpful in successfully advancing through graduate school and making oneself marketable when it comes time to go on the job market. Possible discussion points can include but aren't limited to: different types of publications (and their weight in tenure and promotion decisions), the importance of conference attendance and presentations, tips for receiving internal grants, effective teaching practices, and helpful advice from former graduate students or advice one would give their own graduate students or mentees.

#### 2. Job negotiation and career mapping

This discussion is designed for advanced graduate students who will soon enter the academic job market. Possible discussion points can include, but aren't limited to: things to consider when negotiating new job terms (e.g., what to ask for, how to ask), helpful tips for intentionally mapping your career to create a clear path to navigate your new position, considerations about lifestyle options where the job is

located, how to gauge the culture of the department, and advances to help with moving and research expenses.

#### 3. How to navigate spaces as a faculty member of color in academia

This discussion is designed for new professionals and may be of interest to advanced graduate students. Possible discussion points can include, but aren't limited to: personal experiences (if comfortable sharing), how to locate and access resources designated for certain groups, and strategies used to navigate being a person of color in a department, college, or town.

#### 4. Tips for tenure success

This discussion is designed for new professionals. Possible discussion points can include, but aren't limited to: tips from one's own journey to tenure, being intentional in engaging in activities important for obtaining tenure, self-care strategies, the role of mentoring for the tenure and promotion journey, understanding the different "players" (i.e., the people within the institution who are important to know for the tenure track), protection of time, developing a continuous program of research, and the importance of understanding the tenure process at a given institution. ✨

## Advertise in NCFR Report

Looking to promote your university's programs to potential students or faculty candidates? Want to advertise an event or workshop you're organizing? Get the message to your NCFR colleagues by advertising in NCFR Report, NCFR's quarterly member magazine.

Each issue of Report — which includes organizational news and the popular "Family Focus" section made up of translational, research-based articles — goes out to the entire NCFR membership.

Space is available for advertising in every issue of Report. Rates start at \$350 for a quarter-page ad (with volume discounts available). Interested? Find more details about rates, deadlines, and specs at [nconf.org/advertise-nconf-report](https://nconf.org/advertise-nconf-report)



## Add Workshops to Your NCFR Conference Registration

**Registration is now open** for the 2022 NCFR Annual Conference scheduled for Nov. 16–19, 2022, in Minneapolis, Minnesota.

This year NCFR will host several new preconference workshops before the main conference starts on Nov. 16 — as well as a postconference workshop.

Add any workshop when you register for the conference ([ncfr.org/register](https://ncfr.org/register)) or add it to your registration separately. **Log in at [my.ncfr.org](https://my.ncfr.org)**, click the Events menu item, then click Edit next to the conference event for which you'd like to modify your registration.

- **Theory Construction and Research Methodology (TCRM) Workshop**

*Tuesday, Nov. 15 and Wednesday, Nov. 16 — \$50 for professionals and \$35 for students*  
A longstanding tradition within NCFR. During several workshop sessions, participants review, discuss, and strengthen research works in progress in an interactive environment.

- **Broader Impact Bootcamp: Translating Your Research for Social Change**

*Tuesday, Nov. 15, 1-5 p.m. CT — \$40 for professionals or students*  
This hands-on workshop will present a spectrum of public scholarship activities along a continuum of involvement that can accommodate the constraints, roles, and goals of emerging through

experienced scholars.

- **KAIROS Blanket Exercise: Exploring Relationships among Indigenous and Non-Indigenous Peoples**

*Tuesday, Nov. 15, 5:30 – 8:30 p.m. CT — \$30 for professionals or students*  
A unique interactive and experiential teaching tool that explores the historic and contemporary relationships between Indigenous and non-Indigenous people in North America.

- **Linking Local Practitioners & Global Researchers in Minneapolis**

*Saturday, Nov. 19, 12:30 – 4:30 p.m. CT*  
\$75 for Professionals or Students if not registered for the conference  
\$40 for Professionals or Students if registered for full conference or Sat. 1-day attendance

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### *Virtual Summit* continued from page 5

and Family Life Educators. The keynote address, *Evolving Best Practices in Family Life Education amid the Pandemic's New Normal*, presented by **Judy Myers-Walls, Ph.D., CFLE**, was the perfect start to the summit, allowing participants to “look at the roles of grief and resilience as processes both to be used by the educators themselves and to be applied in educational settings with families.”

Preliminary evaluation survey results indicate that the 2nd FLE Virtual Summit was successful on several fronts. Eighty-

eight percent of those that responded to the summit survey rated the summit as excellent (56%) or very good (32%). Attendees appreciated the virtual format (including the Whova app), the variety of topics, opportunities for interaction and connection, the quality of the presentations, and the fact that the sessions were recorded and available for viewing later. Respondent's comments regarding the summit's format (several suggested expanding into two shorter days to provide longer sessions with more interaction and longer breaks between sessions) and program content will be helpful in planning next year's event.

This summit was designed specifically for Family Life Education practitioners and included special CFLE pricing. All sessions were recorded so registrants can view sessions they weren't able to attend live. Recordings of the entire 2022 summit program are available for purchase including classroom and department license options.

The 2nd Family Life Education Virtual Summit would not have been possible without the work of the FLE Summit Task Force and members of the CFLE Advisory Board. Please contact me at [dawncassidy@ncfr.org](mailto:dawncassidy@ncfr.org) if you are interested in serving on the 2023 Task Force. We welcome your thoughts and ideas! ✨

NCFR is excited to devote Saturday, Nov. 19—part of the 2022 NCFR Annual Conference—toward Linking Local Practitioners and Global Researchers in Minneapolis, the conference host city. The purpose of this Saturday event is to connect practitioners who work with youth and their families and researchers who study youth development and families. Registration for this postconference afternoon workshop also includes admittance to morning sessions including the Closing Plenary, a Special Session presented by local practitioners, and time for practitioners and researcher to mingle and get to know one another. Stay tuned for more information about the full day's events. ✨

### Thank You!

Thank you to the FLE Summit task force members for their work in planning and carrying out NCFR's 2nd FLE Summit: **Anita Armstrong, Deb Berke, Mary Bold, Kelly DaCunha, Chinatu Gladrich, Joyce Mayberry, Karen Shirer, and Barbara Sweeney.**

An added thanks and appreciation to the CFLE Advisory Board members who served as proposal reviewers and/or session facilitators: **Ashley Barksdale, Dorothy Berglund, Robyn Cenizal, Kelly Frisch, Lisa Krause, Jennifer Reinke, Michael Walcheski, and Cindy Wilson.**

# Congratulations to Our New Certified Family Life Educators

The following is a list of Certified Family Life Educators (CFLEs) designated between Jan. 1 and March 31, 2022.  
*Provisional unless otherwise noted.*

## Alabama

Elizabeth Anne Hentz  
Lisa Kathryn Lupinacci

## Arizona

Tamara Passey

## Bahamas

Ulric Vivian Smith

## California

Anthony Martin Costa FULL  
Heather Genee'a Ford  
Edith Victoria Menchu-Alejandre  
Mary Ordonio

## Colorado

Trinity Burns

## Connecticut

Mikayla Rose Patterson

## Delaware

DeShanna U. Neal FULL

## Florida

Jean Louise B. Custodio  
Marietha Destin FULL  
Shela Michel-Alouidor  
Olivia Jeanne Oropeza

## Georgia

Kecia Lurie Ellick FULL  
Shannon D. Pickett

## Iowa

Madison Marie Rial

## Illinois

Allison Lauren Barron  
Taylor Adrianna Bastian

## Indiana

Saeko Kudo Bagley  
Elyse Schurg  
Jessica Hannah Smith

## Kansas

Kennedy K. Clark FULL  
Jennifer Smith FULL

## Louisiana

Kathryn J. Rozas

## Maryland

Eleana Ferrer  
Judy C. Obieke FULL

## Michigan

Kayla Gilland  
Katelyn Rodriguez FULL

## Missouri

Macy L Hagenhoff  
Kathryn McFarland

## Mississippi

Hailey Dayl Bertucci  
LaDoris Raquell Howie

## North Carolina

Matthew Aaron Thomas-Reid

## Nebraska

Chance A. Bell

## New Jersey

Allegra Helene Addeo  
Mariella Angelina Beck FULL

## New Mexico

McKenzie Marie Hunt

## Nevada

Jordan Lynn Cromie

## Ohio

Paige Elizabeth Broka  
Danielle Aleece Kess  
Katie R Mendenhall  
Alyssa Anne Musolino  
Sarah Elizabeth Nenadal  
Alicia Vanscoder  
Jennefer Flynn Walden

## Oklahoma

Zitlali Torres

## Oregon

Gwendolyn Collver  
Karianna Mann

## Pennsylvania

Elisabeth H. Dainton

## South Carolina

Brie-Ann Holley  
Abigail Stephan FULL

## Tennessee

Kendall Nikole Diggs  
Brandy Thixton FULL

## Texas

Katrina M. Carter-Harris FULL  
Sakina Dixon FULL  
Victor Joel Juarez  
Destiny Riles  
Addell Elizabeth Thornhill  
Ruhama M. Tollossa

## Utah

Cara Mortensen  
Angela Joy Struhs

## Virginia

Asia Shontay Guest FULL

## Washington

Taprina Kay Milburn FULL  
Kimberly K. Peterson

- 1 Define It
- 2 Develop It
- 3 Illustrate It
- 4 Contrast It
- 5 Affirm It

## Guide: How to Explain Family Science to Anyone

Develop your short, simple, and memorable Family Science elevator pitch using NCFR's guide.

Walk through 5 easy steps to craft a persuasive answer to the question "What is Family Science?" Includes sample language, a blank template, FAQ, and more.

Use individually or in the classroom with your students!

Visit [nconf.org/family-science-toolkit](https://nconf.org/family-science-toolkit)

**Your Elevator Pitch Should Be...**

- Easy to understand
- Concise — 90 seconds or 200 words at most
- Conversational
- Interesting & memorable
- Targeted to your audience's interests



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**in this issue:**

*Family Focus on Promoting Mental Health*

The poster features a background image of a city skyline at night with a bridge. The ncfrcatalyzing research, theory and practice logo is in the top left. The main title 'LIGHT & SHADOW' is in large, bold letters, with 'LIGHT' in white and 'SHADOW' in green. Below it is the subtitle 'Shifting Perspectives and Families' in white. Four circular portraits of speakers are arranged horizontally. Below each portrait is the speaker's name and credentials. At the bottom, there is a yellow banner with 'REGISTER TODAY!' and the dates and location 'Nov. 16-19, 2022 Minneapolis'.

**ncfr**  
**2022**

**LIGHT & SHADOW**  
*Shifting Perspectives and Families*

 Kao Kalia Yang, MFA

 Yasser Arafat Payne, Ph.D.

 Deadríc Williams, Ph.D.

 Derek Peterson

**REGISTER TODAY!**

**Nov. 16-19, 2022** **Minneapolis**