

National Council on Family Relations Post Conference Workshop
Sponsored by the Department of Family Social Science, University of Minnesota

Title: Application of Ambiguous Loss Theory: Advanced Training for Family Therapists and Educators

Date: Saturday, November 19, 2022; 11:00 am to 5:00 pm, lunch included

**Workshop Co-Organizers: *Pauline Boss, PhD, & Chalandra M. Bryant, PhD*, University of Minnesota,
Department of Family Social Science, College of Education and Human Development**

Workshop Presenters

Pauline Boss, PhD, Professor Emeritus, University of Minnesota; LMFT Emeritus; Affiliations: Fellow and Clinical Member of AAMFT; Fellow in APA, Section 43 (family and couples psychology); NCFR

Chalandra M. Bryant, Professor; BS, MA, PhD, CFLE, PREP (Prevention and Relationship Education Program) Certification; Family Social Science Pauline Boss Faculty Fellow in Ambiguous Loss, University of Minnesota; Former National Science Foundation Program Director; Affiliations: NCFR, IARR (International Association for Relationship Research)

Armeda Stevenson Wojciak, PhD, LMFT; Associate Professor, Couple & Family Therapy Program Director, Department of Family Social Science, University of Minnesota; Affiliations: NCFR; Clinical Member and Approved Supervisor, AAMFT

Alyssa Maples, PhD; Affiliations: NCFR, AAMFT, SCRA (Society for Community Research and Action)

Jessica Simpson, MS; Affiliations: NCFR, AAMFT, SRCD (Society for Research in Child Development)

Kadija Mussa, MS, PREP (Prevention and Relationship Education Program) Certification, PREPARE/ENRICH Certification, Infant and Children’s Mental Health Certification; Affiliations: AAMFT, MAMFT

Workshop Timeline

11 -11:30 am	Introduction to application of ambiguous loss theory, emphasizing commonalities and differences between guidelines for community-based interventions, and guidelines for clinical therapy, and why we need to be aware of both. <i>Pauline Boss</i>
11:30 am – 12:15 pm	Case #1: Community-based Intervention for <u>psychological ambiguous loss during pandemic</u> . Presentation with genogram followed by group questions and discussion. <i>Chalandra Bryant & Kadija Mussa</i>
12:15 - 1:15 pm	Lunch
1:15 - 2:00 pm	Case #2: Clinical Therapy with genogram for <u>physical ambiguous loss due to foster care</u> . Presentation with genogram followed by group questions and discussion. <i>Alyssa Maples and Jessica Simpson</i>

2:00 – 2:45 pm Case #3: Community-based intervention for physical ambiguous loss due to immigration. Presentation with genogram followed by group questions and discussion. *Chalandra Bryant & Kadija Mussa*

2:45 – 3:15 pm Break

3:15 – 4:00 pm Case #4: Clinical Therapy with genogram for psychological ambiguous loss due to child with severe autism or parent with mental illness and substance abuse. Presentation with genogram followed by group questions and discussion. *Alyssa Maples and Jessica Simpson*

4:00 – 5:00 pm Self-of-the therapist/educator; increasing our own tolerance for ambiguity; small group experiential reflections with guiding questions. *Pauline Boss*

Group Discussion: *Pauline Boss, Chalandra M. Bryant, Alyssa Maples, Jessica Simpson, Kadija Mussa*