

2023 Section Work Plan

Section: Families and Health

Chair: Jeremy Yorgason

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Chair-elect: Daphne Hernandez

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Complete the following questions:

1. What are your section's major 2023 goals/projects/aspirations?
 - a) Organize a "Special Session" for the 2023 Conference in Orlando
 - b) Communicate better with Section members throughout the year, including encouraging submissions for Section awards
 - c) Help organize symposia for the 2023 annual conference
2. What is your section's plan to further NCFR's inclusion and diversity initiatives?
 Consider inclusion and diversity in conference presentation submissions and in award review criteria
3. What assistance do you need from NCFR staff in the upcoming year?
 As we plan a special session, we may need help with arranging travel and support for a special speaker. We will need help with award plaques. We transitioned to new leadership this year, and so might benefit from some guidance on upcoming reports or other things the organization requires
4. Have any concerns or questions come from your section annual meeting at the annual conference?
 We have several members of the Section that participate in the annual meetings for the Gerontological Society of America. Apparently, their conference and NCFR's conference will overlap exactly next year (both conferences will occur during the same week). Members of the section may need some flexibility with the scheduling of sessions to be earlier in the week (including the Section meeting if possible) so that people can attend parts of both conferences

Attach your **annual meeting minutes** and **2023 Section Work Plan** and return by **Thursday, December 1** to membership@ncfr.org

Notes from 2022 Annual Families and Health Section Meeting

Amber: Past Chair (Special Sessions, and Practitioner Award)

Jeremy: Chair (Program and Meetings; Annual Section report; newsletters; Call for proposals)

Daphne: Chair Elect (Paper awards; helps organize regular symposium)

Rebecca: S/NP (poster awards; fact sheet - resources for students and new professionals)

Ali H: Secretary/Treasurer (quarterly and annual budget, meeting minutes)

Ali C: Communications (Quarterly report - with Chair; Social media)

Special Session ideas (let Past Chair run with this)

Julia Bernard?

Mental health: Trauma informed living, practitioner/faculty burnout, work/family/life balance (co-sponsor with Family Therapy, and Family Science Sections)

Symposia ideas

1. Mental health and technology (Jen)
2. Aging, illness, zooming with grandchildren, dementia prior to the pandemic and subsequent loneliness
3. Illness in the pandemic (Adolescents - Rosie; Delay health care - Hana; Couples across covid - Jeremy)
4. IPV in the pandemic
5. Life course
6. Sibling relationships across the life course (maybe connect with the siblings focus group to address mental health in adolescence)
7. Biobehavioral health and stress
8. PTSS - families during the transition to parenthood, parenting in adolescence, and military couples (Rosie or Christy?, Purdue student, Penn State student)
9. Mental Health in rural places, fragility (benefits from the pandemic like telehealth; apps that support mental health) Silver linings of the pandemic for families
10. Post-traumatic growth: How have we changed from the pandemic (work life, fully remote work, job flexibility, health better? Cooking, gardens, backing bread, etc.
11. Food insecurity across the context

Communications

- a. Various social media platforms were discussed. In the end, NCFR listserv may be the less complicated and most feasible for the membership.

Awards Need to promote these a little better this year. Start earlier and multiple times.

1. Excellence in Professional – Clinical Practice Award – Due June 1st.
 - a. No submissions this year.
 - b. It was suggested to roll over applicants from the previous year
2. Outstanding Poster Awards
 - a. No submissions this year.

3. Outstanding Student and New Professional Paper Awards
 - a. Rosie Shrout, Doctoral student, University of Minnesota
4. New Professional Paper Awards
 - a. Christy Rogers, Assistant Professor, Texas Tech University

Bring back the S/NP Fact Sheet and information specifically guided for S/NP.

Are we ok with the budget? Do we want to do anything special at next year's conference to spend some of the budget (Special Session, Food for Section meeting)

1. Section swag – Pens, stickers