

### 2024 Conference Theme

## *Building Resilience Among Individuals, Families, and Communities*



**Program Chair**  
**Karina M. Shreffler,**  
**Ph.D.**  
University of Oklahoma  
Health Sciences Center

The goal for the 2024 NCFR Annual Conference is for it to be a national model for building resilience and unity following heightened societal strain, division, and political tension that accompanied the global pandemic. The pandemic has been linked to myriad consequences for children and families such as increased economic strain and food insecurity; increased depression and suicide ideation; increased substance abuse and drug overdose deaths; and increased violence. Moreover, existing disparities in areas including education and wealth, family formation, and health and life expectancy widened during the pandemic. The long-term impacts of the pandemic on physical health, mental health,

educational attainment, family formation, and so forth are not yet fully known, and families and communities with historical disadvantages might be particularly at risk for long lasting and severe implications. The long-term impacts of the pandemic might have profound consequences that will shape generations.

This is a time of crisis for many families. NCFR is **the** national professional organization that contains top researchers and practitioners with the expertise needed to address these multifaceted adversities and to help foster resilience among families and communities. We have learned much about the state of families and communities in a post-pandemic world, and now is the time to focus on healing, hence the theme, *“Building Resilience among Individuals, Families, and Communities.”* NCFR has historically been an organization of diverse voices and viewpoints with a shared mission to understand and strengthen families. The need for a professional organization with this lens has potentially never been greater. The 2024 conference will be a critical time for NCFR members to come together for the benefit of society. It is essential that Family Science theory, research, and practice inform efforts to support families and communities to heal and be resilient. NCFR members are encouraged

**Wed.–Sat., Nov. 20–23, 2024**

*Preconference workshops: Tues., Nov. 19*

Bellevue, Washington | Hyatt Regency

**Proposal Deadline:**

**March 4, 2024 at 11:59 p.m.**

**Pacific Standard Time**

### PLENARY PRESENTERS



**Cynthia Clark**  
Boise State University



**Jennifer Hays-Grudo**  
Oklahoma State University

to consider engaging in civil discourse on polarizing topics for the benefit of society.

The conference theme allows for a wide variety of topics. Of particular interest are those that focus on healing from the pandemic and societal division. Plenary speakers will present evidence-based solutions on topics including bridging ideological divides, implementing restorative practices, and honoring cultural differences when conducting research or delivering programs.

To that end, **Jennifer Hays-Grudo, Ph.D.**, director of the Center for Integrative Research on Childhood Adversity, will discuss the lasting impacts of adversity in childhood and restorative practices to promote healing. **Cynthia Clark, Ph.D.**, founder of Civility Matters™ and a nurse scientist with decades of experience in practice and academia, will share best practices to transform culture and foster healthy work environments. Stay tuned for more information on two additional plenary presenters.

**Continued on next page >**

## Conference Goals

1. To be the national model for building resilience and unity following heightened societal strain and division.
2. To feature high-quality research focused on resilience among individuals, families, and communities.
3. To demonstrate how the work of practitioners, Family Life Educators, family therapists, and others can foster resilience among families and communities
4. To encourage discussion and networking throughout the conference

## Criteria for Proposals

The proposal describes work that meets BOTH of the following criteria:

- (a) The work is sufficiently developed.
- (b) Regardless of focus (e.g., research, practice), an appropriate, rigorous approach is used.

The proposal is written clearly, logically organized, and includes references.

Proposals can be based on qualitative, quantitative, or mixed methods; literature reviews; or analyses of a theoretical, pedagogical, or policy nature, and must include:

- (a) A strong connection to existing research
- (b) A strong connection to theory
- (c) The potential to stimulate new knowledge and or innovative practices

## Submission Questions

### ***May I submit a previously published/presented paper?***

No. Papers that have been published or previously presented are not accepted.

### ***When will I know if my proposal has been accepted?***

You will be notified by June 1, 2024.

### ***If my proposal is accepted, what is expected of me?***

At least one author of accepted proposals must attend the conference, register, and pay the registration fee to present.

Upload your PowerPoint slides being used during your presentation before the conference begins.

If your presentation is accepted as a paper, symposium, or lightning paper, a copy of your presentation must be sent to the session facilitator/discussant by Oct. 28, 2024.

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## 2024 Conference Program Committee

### *Program Chair:*

**Karina Shreffler**, University of Oklahoma Health Sciences Center

### *Program Chair-elect:*

**Sadguna Anasuri**, Alabama A & M University

### *Advancing Family Science Section Chair:*

**Silvia Bartolic**, University of British Columbia

### *Families and Health Section Chair:*

**Jeremy Yorgason**, Brigham Young University

### *Family and Community Education Section Chair-Elect:*

**Sarah Kuborn**, Southeast Missouri State University

### *Family Policy Section Chair:*

**Sharon Obasi**, University of Nebraska-Kearney

### *Family Therapy Section Chair:*

**Nathan Hardy**, Oklahoma State University

### *Feminism and Family Science Section Chair:*

**Erin Lavender-Stott**, South Dakota State University

### *International Section Chair:*

**Gizem Erdem**, Koç University

### *Racial and Ethnic Diversity in Families Section Chair:*

**Shardé McNeil Smith**, University of Illinois Urbana-Champaign

### *Religion, Spirituality, and Family Section Chair:*

**Andrew Rose**, Texas Tech University

### *Research and Theory Section Chair:*

**Isaac Washburn**, University of Oklahoma Health Sciences Center

### *Students and New Professionals Rep:*

**Allen Mallory**, Ohio State University

### *Affiliate Councils Program Chair:*

**Janis Henderson**, J. Henderson Education Services

### *TCRM Chair:*

**TBD**

### *Inclusion and Diversity Committee Rep:*

**Yolanda Mitchell**, University of North Texas

### ***Ex Officio:***

### *NCFR Executive Director:*

**Diane Cushman**

### *NCFR Senior Director of Research, Family, and Policy Education:*

**Jennifer Crosswhite**

### *NCFR Conference Consultant:*

**Cindy Winter**

### *NCFR Conference and Meeting Planner:*

**Judy Schutz**

# NCFR 2024

# SAVE THE DATE!

## 2024 NCFR Annual Conference

*Building Resilience Among  
Individuals, Families,  
and Communities*

CONFERENCE PROGRAM CHAIR

**Karina M. Shreffler, Ph.D.**

University of Oklahoma Health Sciences Center

**Wednesday, Nov. 20 - Saturday, Nov. 23**

Hyatt Regency | Bellevue, Washington

## SUBMIT A PROPOSAL

Information about the 2024 call for proposals is inside this book on pages 44 and 45. The submission system will open in January 2024.

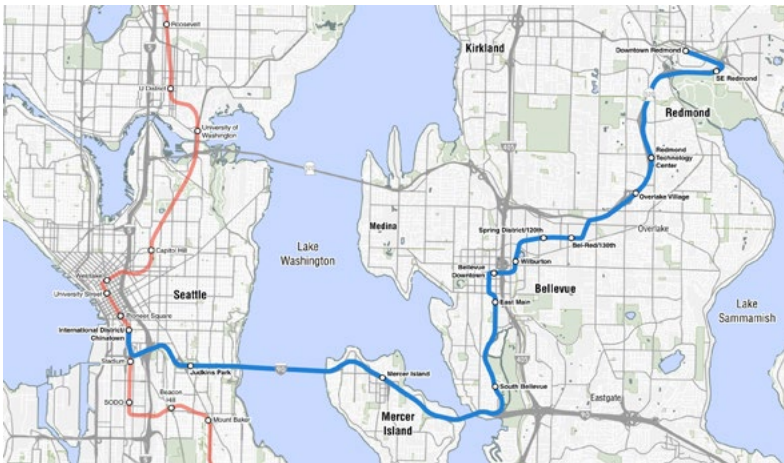
Full details at [nfr.org/nfr-2024](https://nfr.org/nfr-2024).

**Deadline for submissions is  
March 4, 2024.**

**Bellevue, Washington, is located across  
Lake Washington from Seattle**

Bellevue is the fifth largest city in Washington, home to some of the world's largest technology companies, and the retail center of the Eastside, with a downtown skyline of gleaming high-rises.

While business booms downtown, much of Bellevue retains a small-town feel, with thriving, woodsy neighborhoods and a vast network of trails. With nearly 100 parks, Bellevue is known as "a city in a park."



Bellevue skyline: Tiffany Von Armin; Hotel: Miosotis Jade. Map: SounderBruce; Licensed under the Creative Commons Attribution-Share Alike 4.0 International license.

