Military Families and Children Focus Group

NCFR 2023 Session #0002 October 30, 2023 12:30pm Eastern

Session hosted by Kayla Reed-Fitzke and Christine McCall. 28 members attended the meeting.

Agenda

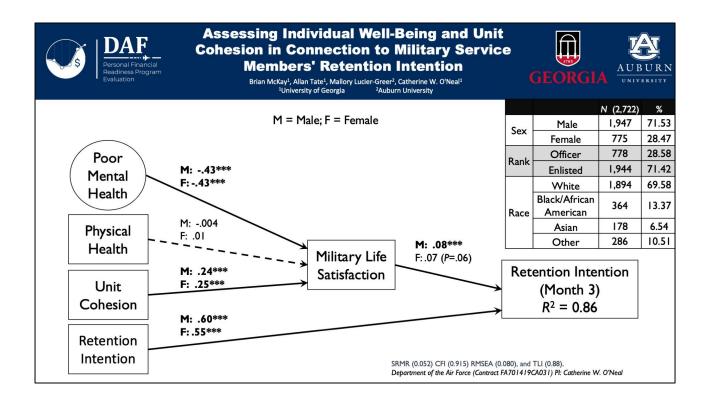
- 1. 2023 Focus Group Awards
- 2. Member Announcements
- 3. Military Family Scientists in Alt-Ac Positions: Advice for Students and Faculty
- 4. Looking Ahead

Outstanding Student and New Professional Proposal Award - 2023

Dr. Brian McKay

"Assessing Individual Well-Being and Unit Cohesion in Connection to Military Service Members' Retention Intentions"

Dr. Brian McKay is a Scientific Data Specialist in the Department of Human Development and Family Science at the University of Georgia. Dr. McKay's research is focused on advancing the understanding and treatment of infectious diseases. Today Dr. McKay is receiving an award for his work entitled, "Assessing Individual Well-Being and Unit Cohesion in Connection to Military Service Members' Retention Intentions"



Outstanding Professional Proposal Award - 2023

Dr. Deirdre Quinn

"Changes in Unhealthy Alcohol Use Prior to and During the COVID-19 Pandemic Among Women Veterans of Reproductive Age"

Dr. Deirdre Quinn is a Core Investigator at the VA's Center For Health Equity Research and Promotion and Adjunct Instructor of Medicine in the Division of Internal Medicine at the University of Pittsburgh. Dr. Quinn researches individual, relational, and structural influences on women's sexual and reproductive health. Today Dr. Quinn is receiving an award for her work entitled "Changes in Unhealthy Alcohol Use Prior to and During the COVID-19 Pandemic Among Women Veterans of Reproductive Age"

Changes in unhealthy alcohol use prior to and during the COVID-19 pandemic among women Veterans of reproductive age

Deirdre A. Quinn, PhD, MSc, MLitt, Caitlan A. Tighe, PhD, Karley E. Atchison, MA, & Rachel L. Bachrach, PhD

INTRODUCTION

- Women Veterans with unhealthy alcohol use may be highly vulnerable to adverse physical and mental health consequences.
- The pandemic negatively impacted physical, psychological, and financial well-being.
 Compared with men, women are more likely to use alcohol to cope with stress and anxiety

AIM: To explore unhealthy alcohol use among women Veterans of reproductive age, including individual- and system-level correlates of changes in unhealthy alcohol use during the pandemic.

METHODS

- Data Source: Department of Veterans Affairs (VA)
 electronic health record data
- · Population: National sample of women Veterans ages 18-45 with evidence of at least one primary care encounter/year and data for the entire study timeframe
- Study Period: Pre-pandemic: 3/11/18 – 3/10/20
 Pandemic: 3/11/20 – 3/10/22
- Outcome: Unhealthy Alcohol Use
 At least one relevant ICD-10 diagnosis code of Alcohol Use Disorder and/or a positive screen (≥3) on the Alcohol Use Disorders Identification Test (AUDIT-C)
- Veteran characteristics: age, race/ethnicity, history of COVID-19, history of COVID vaccination, rurality, history of military sexual trauma, history of depression
- · Analyses: Descriptive statistics and logistic regression



0	Time Period	Developed Unhealthy Alcohol Use	Remitted Unhealthy Alcohol Use	Maintained Unhealthy Use	Unchanged Low/No Use
	Pre- pandemic to during pandemic	16,195 (10.1%)	16,853 (10.5%)	23,186 (14.4%)	104,713 (65%)

Women Veterans ages 18-45 who developed unhealthy alcohol use during the pandemic were more likely to be younger, to live in urban areas, and to have a history of depression.

> Take a picture to download this poster @MsContraception @VAequity .

KEY FINDINGS N=160,947 women Veterans ages 18-45 had evidence of VA primary care and data for all 5 years

- Overall rates of alcohol use in this population were similar prior to and during the pande
- 24.8% (n=40.039) had evidence of unhealthy alcohol use pre-pandemic
 24.4% (n=39.381) had evidence of unhealthy
- alcohol use during pandemic

However, there was substantial variability in women Veterans' patterns of unhealthy alcohol use over the course of the study timeframe

10.1% of women Veterans (N=16,195) developed unhealthy alcohol use during the pandemic, while 10.5% remitted

14.4% of women Veterans endorses drinking at unhealthy levels across the study timeframe

IMPLICATIONS

Women Veterans of reproductive age may benefit from targeted interventions focused on unhealthy alcohol use in the context of coping with external life stressors Targeted interventions may also want to focus on discussing the links between unhealthy alcohol use and physical health problems specific to women

Acknowledgements: This project was supported by a Veterans Health Foundation Medical Education and Patient Safety Award (Fr23; MPIs: Bachrach & Tghe), Drs. Juins Bachrach are supported by YA MRS&D Career Development Award. Dr. Tghe was supported by a VA RR&D Career Development Award.



U.S. Department of Veterans Affairs Veterans Health Administration VA Pittsburgh Healthcare System



Shared the link to the NCFR Flyer:

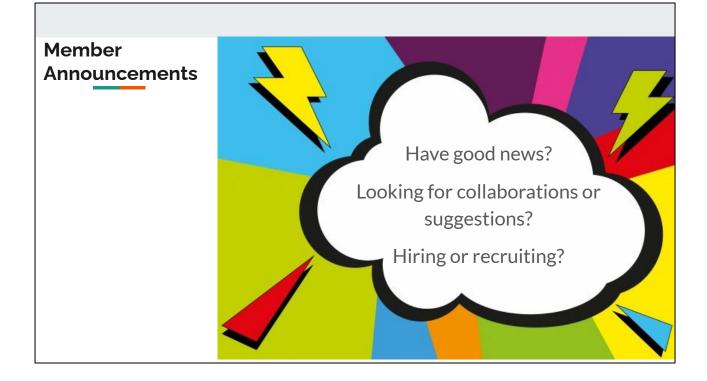
https://drive.google.com/file/d/1AbhIM_T8k1-KmfLfbk3TZwMXQG332qKH/view?usp= drive_link

Military REACH is focused on bridging the gap between research and practice to provide high-quality support to military families. They create TRANSLATING RESEARCH INTO PRACTICE (TRIP) REPORT. Visit their website monthly newsletters

Highlight: Special Session								
<u></u> #232	Crand Ballroom C – Onsite and Remote Acces 3:15 pm - 4:30 pm SPECIAL SESSION: How to Elevate the Impact of Your Research and Programming: How Family Military Scholars Make an Impact on Their Communities and Inform Policy Elizabeth C. Coppola, Ph.D., Purdue Univ; Catherine Walker O'Neal, Ph.D., Univ. of Georgia; Mallory Lucier-Greer, Ph.D., Auburn Univ; Shelley MacDermid Wadsworth, Ph.D., Purdue Univ; Galina Portnoy, Ph.D., IPV Center of Innovation and Research, Connecticut VA Healthcare System, and Yale Univ. Sch. of Medicine Discussants: Silvia K. Bartolic, Ph.D., Univ. of British Columbia; Anthony J. Ferraro, Ph.D., Kansas State Univ; Sarah A. Kuborn, Ph.D., Southeast Missouri State Univ. Chair: Elizabeth C. Coppola, Ph.D., Purdue Univ. (Made Possible by the Family Policy, Family and Community Education, International, and Advancing Family Science Sections and the Military Families and Children Focus Group)							

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Liz Coppola presented about the upcoming special section at the NCFR conference.



Members shared updates about an upcoming textbook and shared open job postings.

Military Family Scientists in Alt-Ac Positions: Advice for Students and Faculty

Dr. Meredith Farnsworth, Prevention Evaluation Specialist Integrated Prevention Advisory Group U.S. Army Reserve Command, G-1 Services and Support Division <u>meredith.l.farnsworth.civ@army.mil</u>

Dr. Elizabeth Coppola, Biomedical Informatics and Data Science Postdoctoral Fellow U.S. Department of Veterans Affairs Yale School of Medicine <u>elizabeth.coppola@yale.edu</u>

Dr. Christine McCall, Senior Scientist

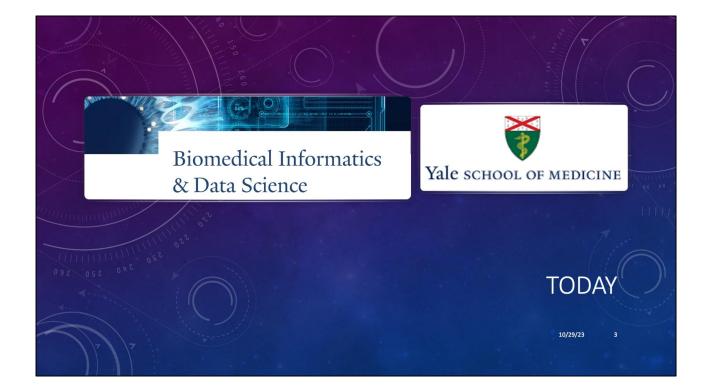
Military Workplace Climate Research, Fors Marsh Health & Resilience Research Division, Office of People Analytics <u>cmccall@forsmarsh.com</u>

We asked speakers to touch on what they do and for what organization, how they found their position, what the interview process was like, what advice they have for students, and what advice they have for faculty supporting students who might be interested in research positions outside of academia



Liz Coppola presented about her professional experiences.

POSTDOC IPV CENTER FOR INNOVATION AND RESEARCH	SHIP	001 001 000 000 000 000 000 000 000 000
Veteran-centered, trauma-informed	and Research (IPV-CIR)? rogram Innovation Hub, located in and /A Connecticut Healthcare System. , and evaluate innovative, high-quality, , and recovery-oriented practices for ction, prevention, and treatment, with	
THE EXPERIENCE		
2-year research fellowship (75% research 25% Tailored research and career mentoring by IPM Building skills and experience with manuscript Advancing research, practice, and policy relat Working with stakeholders + operations partne Developing expertise in implementation science intervention development, program evaluation		
FOCUS AREAS	START DATE	
Intimate partner violence (IPV) Other interpersonal violence (e.g., sexual assauli, MST, and harassment) Relationship health and safety Trauma / PTSD Disclosure and help-seeking Systemic and cultural factors of interpersonal violence risk and resilience Intervention and program development Implementation science	Summer / Fall 2023 LOCATION This position requires you to be 25% on-site in West Haven, CT to provide clinical care SALARY Stipends are according to fixed VA OAA rates for PhD fellows. Fellows must be U.S. citizens.	
For more info, please contact Dr. Galina Por Director, or Dr. Candice Presseau (candice.p	tnoy (galina.portnoy@va.gov), IPV-CIR	10/29/23 2
The IPV-CIR seeks candidates with innovative ideas systemic oppression, and promoting social justice at in have been historically underrepresented in contributi and People of Color (BIPOC); Veterans; individuals diverse individuals, are especially encouraged to apply	dividual and systemic levels. Individuals who ng to research, including Black, Indigenous, with disabilities; and LGBTQIA+ and gender	





Christine McCall presented about her professional experiences.

Advice for Students

- Informational Interviews
- LinkedIn
- Ask, ask, ask!
- Trust and believe in yourself

Advice for Faculty

- Exposure to different career opportunities in the department / graduate training
- Support work and family goals

Dr. Meredith Farnsworth, Prevention Evaluation Specialist Integrated Prevention Advisory Group U.S. Army Reserve Command, G-1 Services and Support Division <u>meredith.l.farnsworth.civ@army.mil</u>

Meredith Farnsworth presented about her professional experiences.

Dr. Meredith Farnsworth, Prevention Evaluation Specialist Integrated Prevention Advisory Group U.S. Army Reserve Command, G-1 Services and Support Division meredith.I.farnsworth.civ@army.mil Dr. Elizabeth Coppola, Biomedical Informatics and Data Science Postdoctoral Fellow U.S. Department of Veterans Affairs Yale School of Medicine elizabeth.coppola@vale.edu Dr. Christine McCall, Senior Scientist Military Workplace Climate Research, Fors Marsh Health & Resilience Research Division, Office of People Analytics cmccall@forsmarsh.com

Panelists answered questions from members.

Looking Ahead

Any questions, concerns, or feedback for Focus Group leadership?

Looking for new Communication Specialist

Any ideas for our session at the 2024 conference?

2024 NCFR Conference — Bellevue, Washington

Wednesday, Nov. 20 – Saturday, Nov. 23 Hyatt Regency, Bellevue, Washington Conference Program Chair: Karina M. Shreffler, Ph.D.

No questions or concerns or feedback for Focus Groups leadership.