

**NCFR 2023 Sibling Relationships Focus Group: Minutes**  
Zoom option: <https://texastech.zoom.us/j/94202911714>

- A. Introductions of panel and attendees
  - a. Presiders: Gabrielle C. Kline & Christy R. Rogers, Focus Group Co-Chairs
  - b. Attendance sheet passed around and signed by attendees
  - c. Announcement:
    - i. Why Siblings Matter symposium – Dec. 5 and Dec. 6
    - ii. More information to come, check out their Twitter:
- B. Honoring of student awards (Dr. Christy Rogers)
  - a. **Best Student Poster Award: Jessica Simpson**
    - i. *What Is Useful For Sibling Interventions in Foster Care? Perspectives and Ideas From Those With Former Foster Care Experience*
  - b. **Best Student Paper Award: Derek Morgan**
    - i. *The Role of Siblings in Emerging Adult Mental Health in the Face of Stressful Life Events*
- C. Reviewers for student awards (Dr. Christy Rogers)
  - a. Recognition of 2023 reviewers
    - i. Co-Chairs: Christy Rogers & Gaby Kline
    - ii. Nicole Campione-Barr, Lori Wheeler, Samantha Jones, Xiaoran Sun
  - b. Call for reviewers for next year (July 2024)
    - i. Mamta Saxena, Samantha Jones, Sahitya Maiya, Wei-miao Zhou
- D. New leadership (Dr. Christy Rogers)
  - a. Call for new leader positions
    - i. One Co-Chair, 2-year term (to replace Dr. Gabrielle Kline)
    - ii. One Communications and Media Specialist, 1-year term (to replace Derek Morgan)
  - b. Notify Christy Rogers ([christy.rogers@ttu.edu](mailto:christy.rogers@ttu.edu)) by 11/19/23
    - i. Nominees will write a one-paragraph bio with ideas for focus group activities related to role
  - c. Christy Rogers will send out an anonymous survey for voting: 11/20/23-11/27/23
  - d. New leadership will be announced by Christy Rogers on 11/29/23
- E. Social media updates (Derek Morgan)
  - a. Website: <https://sites.google.com/view/siblingresearchers/home>
    - i. Contains a list of some facts and interesting topics
    - ii. Pictures of previous conference happenings
    - iii. Siblings in the news! - not just academic journals but also grey literature
    - iv. Leadership positions
    - v. Link to resources
  - b. Twitter: @SibResearchers
  - c. Email Derek Morgan ([dermorga@ttu.edu](mailto:dermorga@ttu.edu)) if you:
    - i. Want your work featured on website
    - ii. Have pictures/updates from NCFR 2023 for website/twitter
- F. Ideas to further NCFR's Diversity and Inclusion Goals (facilitated by Dr. Christy Rogers)
  - a. Utilize website to note which samples we are using
    - i. Possibly connect OSF page to share resources about our samples/data

- ii. Make it easier to collaborate for PIs and trainees
    - iii. Greater open access to measures on sibling relationships
  - b. Goal for NCFR 2024 symposium(s) that captures underrepresented siblings
    - i. Or even as a roundtable
    - ii. Possibly collaborating with other focus groups (i.e., LGBTQIA, Asian-American, Korean)
  - c. Reaching out to international collaborators to broaden global perspectives
    - i. Possibly reach out to International Section to facilitate these collaborations
    - ii. Also, International focus groups like Asian-American and Korean families
  - d. Disseminating the idea that sibling relationship definitions are quite variable and dependent on social, political, and cultural structures
- G. Symposium ideas for NCFR 2024 (facilitated by Dr. Christy Rogers)
  - a. General initiatives
    - i. Being more intentional about what populations we are serving
    - ii. Collaborating within/outside of our focus groups
  - b. Sibling caregiving symposium
    - i. Risk and Resilience context
    - ii. Strength-based perspective based on support between siblings
    - iii. Possible speakers: Gaby, Samantha, Mamta, Hye-Jin
  - c. Sibling/family estrangement and loss symposium
    - i. Due to foster care, distance, and/or death
    - ii. Ambiguous loss theory
    - iii. Possible speakers: SaraKay, Sarah, Nicole, Reihonna
  - d. Parenting siblings symposium
    - i. Wanting to parent a child as they are and maintaining fairness and equity across children
    - ii. Navigating differential parenting experiences, coparent communication about treatment
    - iii. Possible speakers: Nicole, Shawn/Wei-miao
  - e. Siblings as identity socialization agents symposium
    - i. Ethnicity-race, sexuality, gender
    - ii. Possible sibling differentiation to avoid living in sibling's shadow
    - iii. Duality of the relationship; multisystemic household
    - iv. Possible speakers: Reihonna, Christy/student
  - f. Bringing siblings into therapy roundtable
    - i. Siblings as entry point to family therapy; providing guidelines
    - ii. SMARTS program: builds healthy relationship skills with 9<sup>th</sup> graders that results in improvements in their familial relationships
    - iii. Multisystemic therapy: juvenile youth and trickle-down effect with siblings
    - iv. Possible speakers: Reihonna
      - 1. Bring folks in from family therapy focus group
      - 2. Invite: a counseling/clinical psychologist, a prevention/applied researcher
  - g. Sibling communication and relationship quality symposium
    - i. Possible speakers: Wei-miao

Attendees:

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